

SREE NARAYANA COLLEGE ,CHATHANNUR

*WOMEN CELL
ANNUAL REPORT
2022-23*

PROGRAMME 1

Women Study Unit in association with Women Cell of Sree Narayana college organized a seminar on the topic “*Gender Equality and Social Justice*” on 21-12-2022 at 11 AM. The session was handled by Ms. Beena R, District Programme Manager, Kumbasree Mission Kollam. The seminar was aiming at highlighting gender equality as a matter of social justice, allowing equal access to rights, resources and opportunities thereby making our societies richer and more secure. She spoke about the need of gender equality for sustainable peace and security and concluded that the benefits of which are perceived by the entire community as a whole .



PROGRAMME 2 : VISIT TO ORPHANAGE

The Student Members of Women Cell along with the Women Cell Co-ordinator and library assistant Revathy visited the Karunalayam orphanage, Chathannur on 16, February 2023. The purpose of this visit was to make the students realize their social responsibilities towards senior citizens and orphans. Such visits also activate the student's thought process to realize the agony and pain which the people go through in their life while living away from their dear ones. We distributed lunch to all inmates. The visit intended to teach them how to interact with those have poor hearing and understanding along with other health problems as a result of old age. Most of them had their families in some place in the city or adjacent towns. They bid us good bye with tearful eyes but with a promise to revisit them frequently.



Food supplied to inmates of Karunalayalam

PROGRAMME 3

A seminar on '*Healthy Relationship*' was organized by Women Cell on 22nd February 2023. The resource person for the seminar was Adv. Sudheer C, Advisor, Jaihind & Legal adviser, Medicity Hospital, Kollam. It was a fun based activity with live interaction between students and the coordinator. The coordinator conveyed the necessity of maintaining healthy relationship in our life as it plays an essential role in every turn of the life which is highly significant in individual's happiness and well-being. It helps us to grow well, increase our awareness, improve our talents and so many activities necessary to live healthy and happy life.

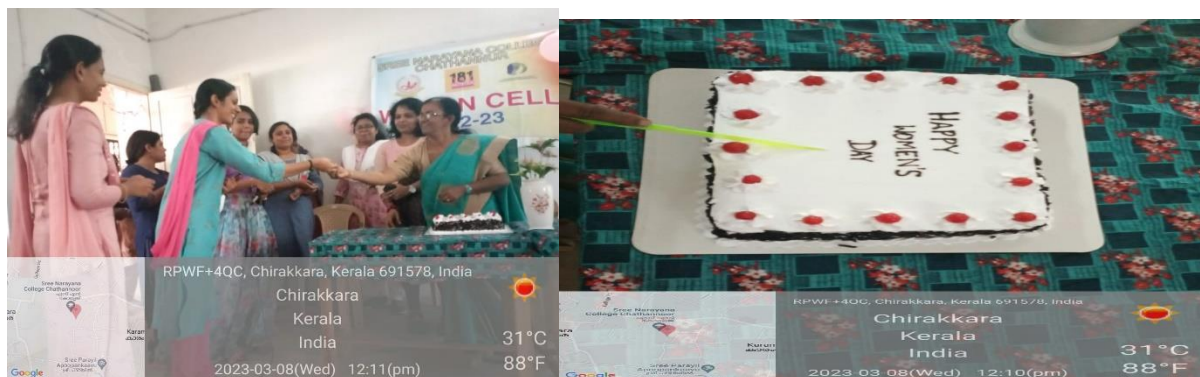


PROGRAMME 4

WOMENS DAY CELEBRATION

In order to raise an awareness about the status and dignity of women among students, an International Women's Day Celebration was organized by the Women's cell of S N College, Chathannur on 8th March 2023. The programme commenced with a welcome address by Smt. Jiji, Women Cell Co-ordinator. The chief guest of the programme was none other than our Principal Dr. M S Latha, the most renowned research guide in Chemistry.

The students of Sree Narayana College, Chathannur celebrated the Women's Day in a unique way by showcasing their talents, conducting cultural programmes, cake cutting and a live presentation of the successful moments and lives of successful women all over the world. The program was appreciated by all the students by a standing ovation.



PROGRAMME 5

Organised an awareness programme on 181 Women Helpline on 14 March 2023 at 10.30 AM. The session was handled by Adv.Sabitha ,Team Member,181Women Helpline.This session gave a clear idea about the details of various Acts that protects Women from crimes and atrocities faced by them. The seminar gave students a complete outlook on the various objectives and 24x7 services rendered to support adolescent girls and women facing domestic violence. The helpline creates an infrastructure of support for women at all times and for varied purposes with the principles of efficiency and continuous feedback mechanisms at its core.She explained that anybody can give their complaint even without revealing their identity and concluded that the helpline will at its best be accessible, responsive and effective in its objective of creating a safe and secure state for them.



PROGRAMME 6

A seminar on the topic Effective Communication was conducted on 21 March 2023 by Women Cell in association with Kerala State Women Development Cooperation. Dr. Anu R. Kumar, Assistant Professor, Sree Narayana College Women was invited as the Resource Person. The Seminar threw light into different aspects of communication and was highly informative. The students got exposure to various scenarios in daily life where they need to communicate effectively in English. The feedback session was interactive and helped to clarify the doubts of the participants.



PROGRAMME 7: SEMINAR SERIES “GENDER SENSITISATION”

Organized a seminar as part of Seminar Series on Gender Sensitisation on 22 March 2023. Ms. Bushra, Community Counsellor, Gender Resource Centre, Chathannur was invited as resource person. She spoke about gender, gender equality and inequality, problems of gender inequality, major reasons for gender discrimination, sexual harassment prevention etc.



PROGRAMME 8: SEMINAR SERIES “GENDER SENSITISATION”

Women Cell organized another seminar as part of Seminar Series on Gender Sensitisation on 27 March 2023. Dr.AnuVandana, Clinical Psychologist,College of Engineering and Technology,Trivandrun. was invited as resource person .The seminar increases awareness about gender sensitivity, understanding and to attain knowledge about gender equality, promotion and to encourage a general understanding on gender-related challenges, and violence against women. Subsequently there was an interactive session and the students lively participated in it.



PROGRAMME 9: SEMINAR SERIES “GENDER SENSITISATION”

Women Cell in association with KSWDC runs out a series of awareness programme on the topic Gender Sensitisation. As part of it, another seminar was conducted by Mr. Rakesh Chandran, Academic Counsellor, IGNOU. The seminar opened the eyes of students by explaining the power of education that can make a great social change in the society at large by promoting the gender equality in education access, learning the process and educational outcomes.



PROGRAMME 10

Prevention is always better than cure .So avoidance of danger is always a better alternative than to fight. Self Defence Training Programme is a strengthening programme for girls so that they can defend themselves from a danger to their lives, to their property etc. It also sparks various benefits to them in everyday life.The session included learning of techniques and its application through practical demonstration as well as practicing it with the police crew.



PROGRAMME:11

Women Cell organized its last seminar as part of Seminar Series on Gender Sensitisation on 29 March 2023. Adv Lekshmi Priya.S, Centre Administrator, SAKHI, Kollam was invited as resource person. The seminar sensitized the participants on gender issues, and imparted an awareness of gender biases, helped them resolve interpersonal conflicts arising from gender issues and to enable them to act assertively and respond to challenges they face.



PROGRAMME 12

MANUSCRIPT MAGAZINE RELEASE & THEME DANCE

On 31-03-2023 Women Cell members of Sree Narayan College released its manuscript magazine named “Ujjwala”. It consists of articles, in Malayalam and English which expressed their views in the form of essays, poems and drawings. It was released by Sri.Gopakumar management representative, SN Trust. He appreciated the effort made by the Women Cell team to make such a wonderful magazine.



Manuscript Magazine Release



Theme Dance

During this academic year ,Women Cell could provide different levels of empowerment to the students of our institution by organizing various programmes for imparting awareness, knowledge and skills in different areas especially in womanhood.