



SREE NARAYANA COLLEGE, CHATHANNUR

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SECOND CYCLE NAAC ACCREDITATION 2023

CRITERION 3

Research, Innovations and Extension

3.4.3. Number of extension and outreach programs conducted by the institution through NSS/NCC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years

Submitted to



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL

EXTENTION ACTIVITIES

2021-22

YEAR	2021-22	2020-21	2019-20	2018-19	2017-18
NUMBER	60	48	84	62	47

EYE CHECKUP CAMP

On 19 th March 2022, NSS unit of Sree Narayana College, Chathanoor in association with District Mobile Ophthalmic unit Kollam organised a free eye checkup camp for college students and commmunity at college Seminar Hall. This programme was coordinated by NSS programme officers Nisha T V and Rasmi Kundencheri. Students actively participated in the programme.



 **Sree Narayana College,
Chathannur, Kollam
NSS UNIT 36(A&B)** 

**District Mobile Ophthalmic unit
Kollam in associated with Sree
Narayana College, Chathanoor
organizes a free Eye checkup camp for
college students and community**

TIME: 10.00AM **Venue: Seminar Hall**

Date: 19.03.2022

**NSS PROGRAM OFFICERS;
SMT. NISHA. TV
SMT. RASMI KUNDENCHERI**

**PRINCIPAL
DR.MS LATHA**



OLDAGE HOME VISIT (10/03/2022)

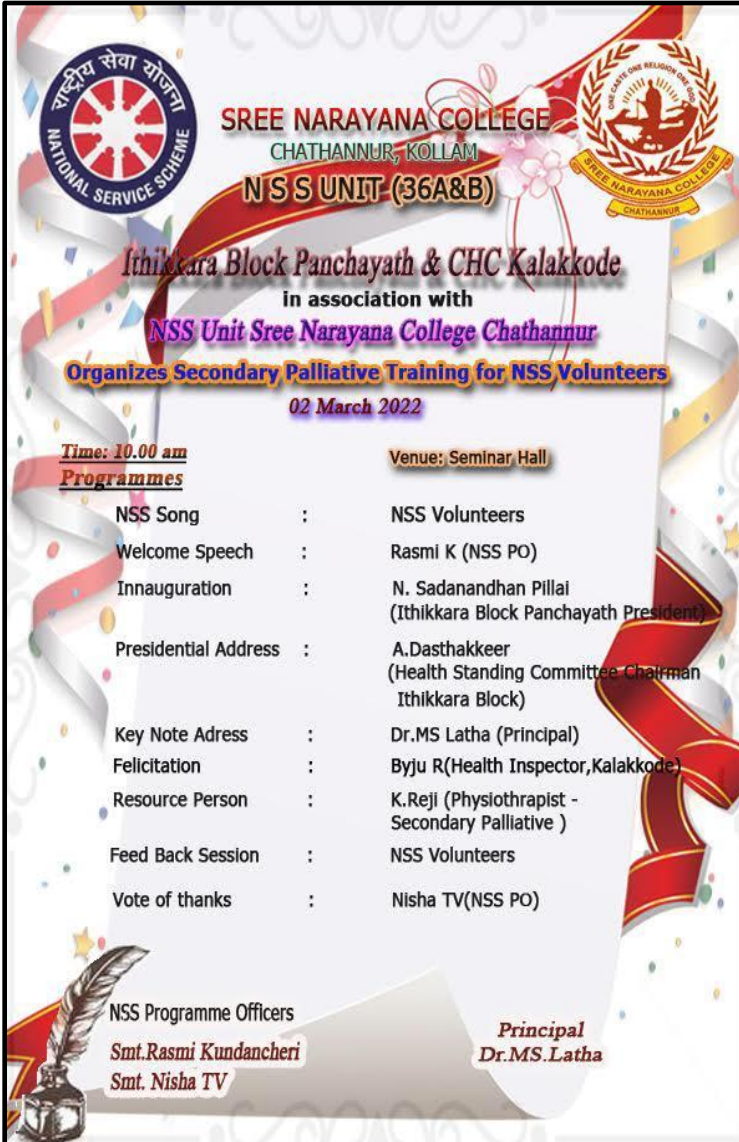
10 volunteers from NSS unit of Sree Narayana College Chathanoor visited a Old Age Home on 10th March 2022 and distributed meals to the inmates.



DISTRIBUTION OF MEALS TO THE INMATES

SECONDARY PALLIATIVE TRAINING

On 2 March 2022 , NSS unit of Sree Narayana College, Chathannur in association with Ithikkara Block and CHC Kalakkode organized secondary palliative training for NSS volunteers. Ithikkara block health standing committee chairman A. Dasthakker presided over the meeting and Ithikkara block panchayath president Sadanandan Pillai Inaugurated the programme. College Principal Dr. MS Latha gave Key note address and kalakkode health inspector Byju R gave felicitation for the programme. Secondary palliative physiotherapist K.Reji handled the session very interestingly. NSS programme officers RasmiKundancheri delivered welcome speech and Nisha TV gave vote of thanks for the programme.100 volunteers were actively participated in the programme .Some of the volunteers expressed their willingness to cooperate in all the palliative care activities with them and some of them accompanied them for home visit.



The poster features the National Service Scheme (NSS) logo on the left and the Sree Narayana College logo on the right. The text is centered and includes the following details:

SREE NARAYANA COLLEGE
CHATHANNUR, KOLLAM
NSS UNIT (36A&B)

Ithikkara Block Panchayath & CHC Kalakkode
in association with
NSS Unit Sree Narayana College Chathannur
Organizes Secondary Palliative Training for NSS Volunteers
02 March 2022

Time: 10.00 am
Venue: Seminar Hall

Programmes

NSS Song	:	NSS Volunteers
Welcome Speech	:	Rasmi K (NSS PO)
Innauguration	:	N. Sadanandhan Pillai (Ithikkara Block Panchayath President)
Presidential Address	:	A.Dasthakkeer (Health Standing Committee Chairman Ithikkara Block)
Key Note Adress	:	Dr.MS Latha (Principal)
Felicitation	:	Byju R(Health Inspector,Kalakkode)
Resource Person	:	K.Reji (Physiothrapist - Secondary Palliative)
Feed Back Session	:	NSS Volunteers
Vote of thanks	:	Nisha TV(NSS PO)

NSS Programme Officers
Smt.Rasmi Kundancheri
Smt. Nisha TV

Principal
Dr.MS.Latha



FELICITATION AND ORIENTATION PROGRAMME

On 24 February 2022 NSS unit of Sree Narayana College, Chathannur arranged a felicitation programme for Akhil S Raj who participated in Republic Day Parade in 2022 from our college. College Principal Dr. MS Latha inaugurated the programme and college ward member Vinitha Dipu and Commerce department head Dr. MG Biju gave felicitation speech. College principal honoured Mr. Akhil with memento and NSS higher secondary technical advisor Ajaysreedhar honoured him with Ponnada. Akhil S Raj shared his experience of attending Republic Day parade very proudly and volunteers inspired from his words. NSS Programme officers Nisha TV delivered the welcome speech and Rasmi Kundancheri expressed the gratitude for this programme.

On the same day we arranged an orientation class for NSS volunteers. Higher secondary technical advisor Mr. Ajay Sreedhar conducted class with lot of activities. Volunteers were actively participated in all activities and they expressed their happiness and gratitude at the end of the programme.

SREE NARAYANA COLLEGE
CHATHANNUR, KOLLAM
NSS UNIT (36A&B)

FELICITATION CEREMONY & ORIENTATION PROGRAMME
24th February 2022

Time: 1.00 pm
Venue: Seminar Hall

Programmes

NSS Song	:	NSS Volunteers
Welcome Speech	:	Nisha TV (NSS PO)
Inauguration	:	Dr. MS.Latha (Principal ,SN College Chathannur)
Felicitation Speech	:	Vinitha Dipu (College Ward Member)
	:	Dr. MG Biju (HOD, Dept. of Commerce)
	:	Haridev H(College Union Chairman)
Experience Sharing	:	Akhil S Raj (Participant of Republic Day Pardade - 2022)
Vote of Thanks	:	Rasmi K (NSS PO)
Orientation Class		
Resource Persons	:	Ajaysreedhar SV (Technical Advisor) National Service Scheme Higher Secondary Education, Thiruvangthapuram)

NSS Programme Officers
Smt.Rasmi Kundancheri
Smt. Nisha TV

Principal
Dr.MS.Latha

We Request your Esteemed Presence

BLOOD DONATION CAMP

As a joint venture of the NSS Unit of Chathannoor, SN college, All Kerala Blood Donors Society, Govt. Medical College Kollam, a blood donation camp was conducted in the college campus on 22/2/22 at 9.30 am. Over a 100 students volunteered to donate their blood. From those students, after screening, blood was collected from 50 of them. The program was led by the NSS POs Nisha TV, Resmi K, the doctors, nurses and volunteers of Medical College, Kollam. The blood donation camp was a grand success.

**Sree Narayana College
Chathannur, kollam
NSS UNIT (36A&B)**

BLOOD DONATION CAMP

**In Association with
All Kerala Blood Donors Society (KEBS)
&
Govt. Medical College, kollam**

**DATE: 22.02.2022
TIME: 9:30am
VENUE: SEMINAR HALL
SNC CHATHANNUR**



POTHICHORU(10/02/2022)



REPUBLIC DAY PARADE

In the Republic day parade at Delhi, Akhil S Raj, 3rd year B.Com student of SN College ,Chathannoor represented Kerala.





Fifth day of NSS camp was started with NSS song followed by Yoga .The main programme of this day was ‘Eye checkup Camp’. NSS Programme officer welcomed the officials of the eye checking camp. Dr.Sini ,District hospital Kollam gave an awareness class. NSS volunteers visited nearby houses and gave awareness class about eye care and importance of eye donation. People from college ward came to the NSS camp to check their eyes and essential medicines were provided. Actually our camp was a blessing to the college ward inmates.



Eye check-up camp

After cleaning of college campus cultural programme was started. All the NSS volunteers shared their talents, ambitions. They actively participated in cultural programmes.

Fourth day of the NSS camp began by NSS song followed by yoga. Then volunteers were grouped for field work and one group took charge of kitchen work. Refreshments were provided in between the field work.

After the field work students were gathered at seminar hall and actively participated in debate “Social media – a boon or a bane “. Athira U from History department acted as debate moderator. Involvement of all the volunteers were ensured by programme officers.

After lunch students got a workshop by Saraswathy madam. She demonstrated mat making technique and all volunteers engaged in making different kind of mats. We provided upma and tea as an evening snack.



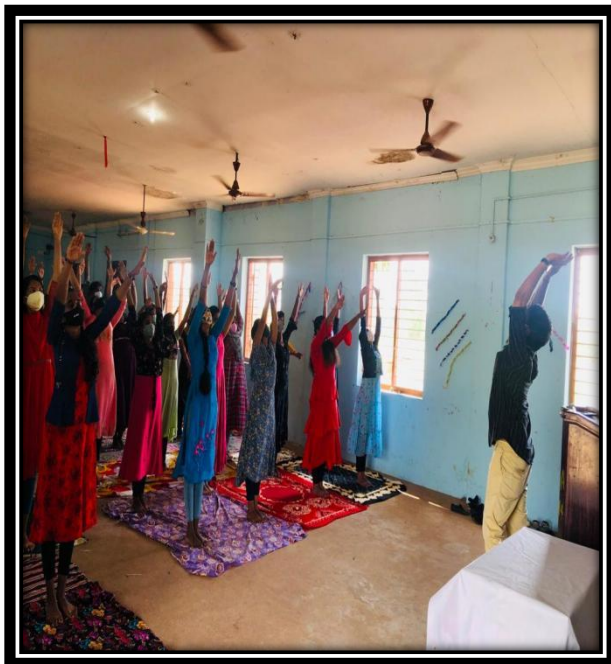
Mat making camp


FIRE AND SAFETY

The programme began with the NSS song by the volunteers'. As per the officials instruction the chairs were arranged in semi-circular shape. Fire and Safety officer Sri. Domanic took the classes very interestingly with the help of dummies. Students and teachers were actively participated in demonstration session. They gave Some First Aid class also. After this session refreshments were also provided for fire and safety officers and volunteers.



The third day of the camp began with yoga class under the guidance of yoga instructor Dr.Sreeraj S R, AyushGramam, Ithikkara National Ayush mission at 8.30 am. The yoga instructor took the yoga class with great dedication. The Volunteers participated with great enthusiasm, interest and eagerness. The session was refreshing and reviving and conveyed the importance of making yoga an integral part of our daily life. After this session the campus. The students were provided lunch at 12.30pm. students were engaged in shifting unused asbestos sheets to unused areas of the college





SREE NARAYANA COLLEGE
 CHATHANNUR, KOLLAM
NSS UNIT (36A&B)

SEVEN DAYS ANNUAL CAMP
പ്രായശ്ചിത്തം
 Youth For Prevention, & Mitigation of Covid-19
Yoga in Daily Life
 27th December 2021

Time: 9.00am **Venue: Seminar Hall**

Programmes

NSS Song	:	NSS Volunteers
Welcome Speech	:	NSS Volunteers
Class Led By	:	 Dr. Sreeraj S R (Ayushgram Ithikkara, National Ayush Mission)
Vote of thanks	:	NSS Volunteers

Principal
Dr.MS.Latha

NSS Programme Officers
Smt. Nisha TV
Smt. Rasmi Kundancheri




SREE NARAYANA COLLEGE
 CHATHANNUR, KOLLAM
NSS UNIT (36A&B)

National Health mission Kollam & District Medical Office (Health)
 In association with
NSS Unit Sree Narayana College Chathannur
 Organizing an Awareness Programme on **Tobacco Abuse**
 On 20th December 2021

Programme Schedule
 (9am to 12pm)

NSS Song	:	NSS Volunteers
Welcome Speech	:	Rasmi Kundancheri(NSS PO)
Presidential Address	:	Dr. MS.Latha (Principal, SN College, Chathannur)
Resource Persons	:	Byju R(Health Inspector, Kalakkode) Jency (Block Palliative Coordinator) CB Vijayakumar(Rtd. Excise Officer, De-addiction Counselor)
Feed Back Session	:	NSS Volunteers
Vote of thanks	:	Nisha TV(NSS PO)

NSS Programme Officers
Smt. Rasmi Kundancheri
Smt. Nisha TV

Principal
Dr.MS.Latha

AIDS DAY- (DECEMBER 1,2021)

On 01/12/2021 we celebrated NSS Day by taking pledge to 'End Inequalities'. Students gathered in college ground and made themselves like the shape of 'Red Ribbon'. The NSS volunteers made AIDS day posters ,conduct awareness classes, and also conduct a discussion in each department about HOW TO BE TO BE SAFE FROM AIDS .



PALLIATIVE CARE ACTIVITIES





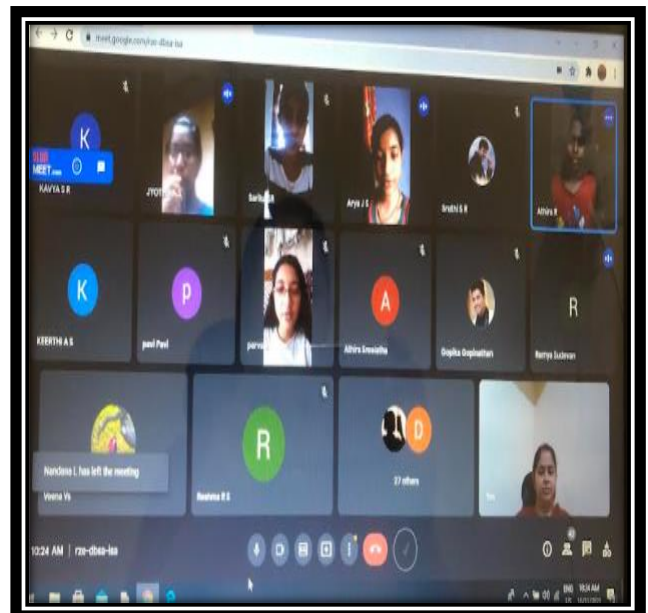
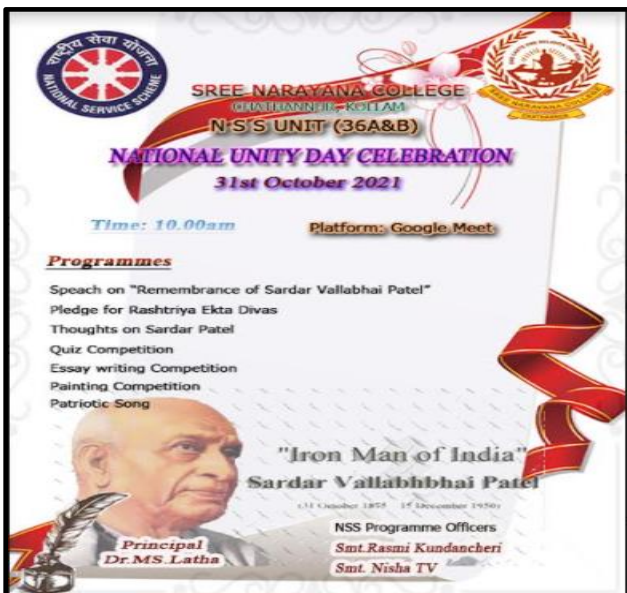
HARVEST FESTIVAL (01/11/2021)

Harvest Festival was celebrated in Chathannoor, SN College. Paddy cultivation, which was a joint venture of Krishibhavan, Panchayath, and NSS Unit, of our college, was harvested on November 1. Panchayath President Suseela Devi inaugurated the harvest festival. The program was presided by College Principal Dr. M S Latha. ChirakkaraGaramapanchayath member, VineethaDeepu, and Krishibhavan officers Unnikrishnapillai, Rajesh R, College lecturers Nisha TV (NSS Progrqm Officer), Dr. Vishnu, Smt. Jiji P, Ardra R, Hostel Staffs Jagdeesh, Deepa, Geetha, and numerous students participated in this Harvest festival. The program started with everyone singing the NSS Song and later on moved on to harvest songs. All these gave even more energy to the people who took part in the program

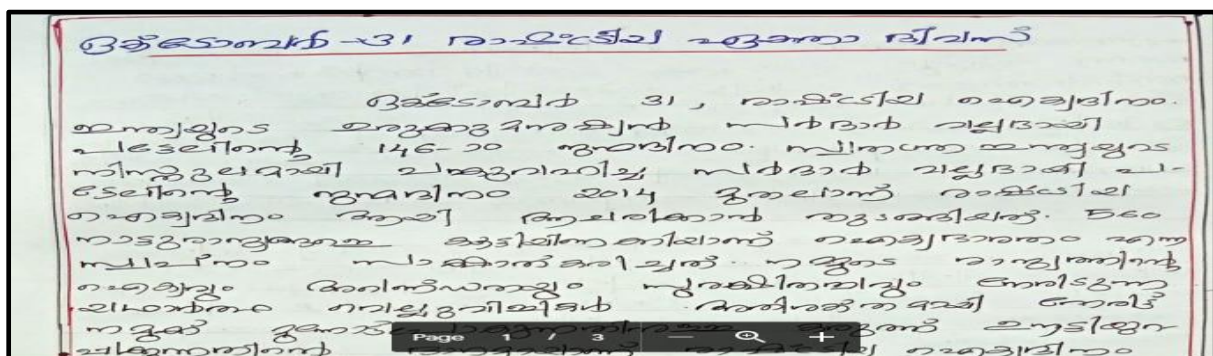


NATIONAL UNITY DAY

To honour Sardar Vallabhai Patel 's contribution to India's Independence and unity, the union ministry of home affairs in 2014 declared that the National Unity Day will be celebrated on his birth anniversary. As a part of this celebration NSS unit of Sree Narayana College Chathannur conducted variuos programmes. We started our programme with NSS Song. NSS Volunteers Aswathy PB and Keerthi AS made a speech on the topic 'Remembrance of Sardar Vallabhai Patel' and we took the Pledge for Rastriya Ekta Divas. Some of the volunteers presented the thoughts of Sardar Patel. One of the first year volunteer Ardra R Udayan from first year B.Sc. Mathematics prepared and conducted a quiz about Sardar Patel and Gopika GS reached at the first position. Athira R from third year B.Sc Mathematics sung a beatiful patriotic song in the online programme through Google



Meet. We also conducted an essay writing competition on the topic 'Importance of Unity in the development of a Country' and Nandana P from first B.Com secured the first prize. First year B.Com student Sabarinath P made a nice drawing which depicts the strength of unity. The Programme officers addressed the volunteers and shared their views on National Unity Day celebration. Jyothika from first year B.com welcomed the students and Sreelekshmi Antharjanam delivered the vote thanks for the programme.



THANALORUKKAM VILAVEDUKKAM PROGRAMME

Nature Club of Sree Narayana College Chathannur and NSS Unit in association with 'Thanalorukkaam Vilavedukkaam' Programme of City Police planted fifty cashew trees on 29th October 2021 at College Campus. City Crime branch Sub Inspector Mr. Rajesh inaugurated the function. College Principal gave presidential address and planted cashew trees.

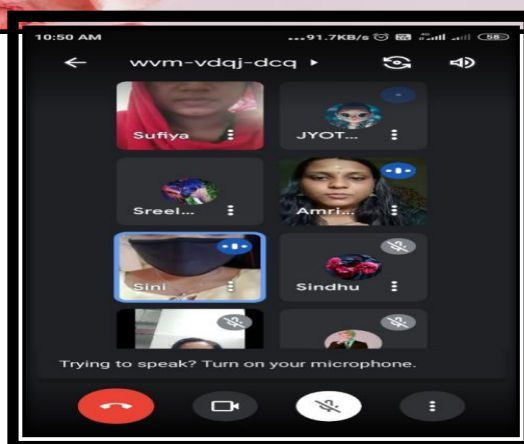
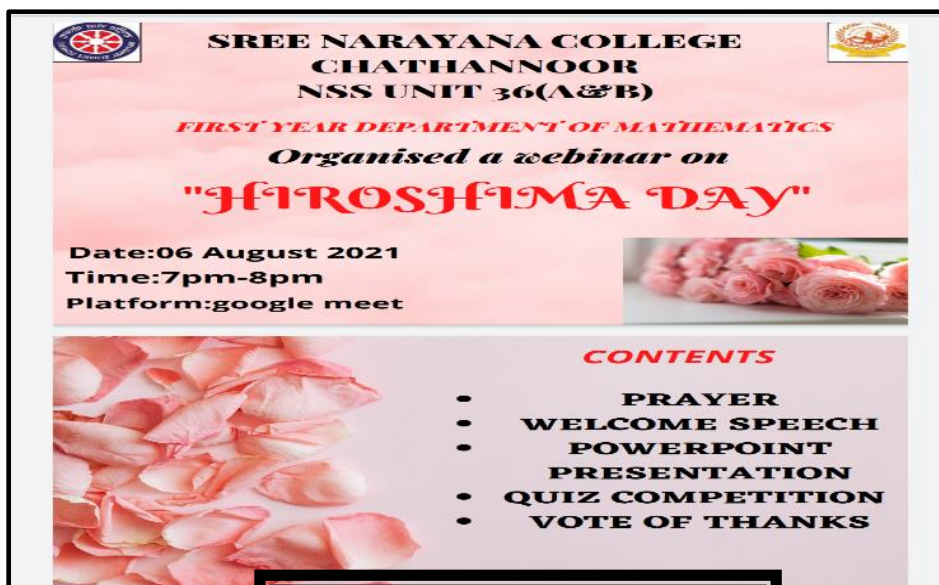
❖ INDEPENDENCE DAY CELEBRATION (AUGUST 15, 2021)

The Independence Day programs began with the NSS prayer. The welcome address was given by NSS P.O, Nisha.T.V, and the program was officially inaugurated by College Principal Dr. MS. Latha. Gurukulam dance team performed dance and the Gurukulam music group conducted patriotic song competition in which Sarika.SR from 1st year B.Sc. Maths grabbed the first place. Drawing competitions were also conducted in which the first place was bagged by Amrita. G from 1st year BSc Maths. A pledge of NASH MUKTH BHARATH was done against drugs. Vote of thanks was delivered by NSS programme officer Rasmi K.

❖ NAGASAKIDAY(AUGUST 9, 2021)

Sree Narayana College Chathanoor along with NSS unit observed Nagasaki Day on 9th August 2021. A video based on atom bomb blasting was premiered during the program, followed by a speech on the importance of Nagasaki day.





❖ **HIROSHIMA DAY (06/08/2021)**

S.N College, Chathannur along with NSS Unit, on Aug 6th between 7pm and 8pm celebrated the Hiroshima Day. Sarika SR of 1st year BSc Maths lead the prayer and Devika Shankar C delivered the welcome address. A video based on atom bomb blasting was premiered during the program, followed by a speech on the importance of Hiroshima day, the working of atom bombs it's after effects, and the way they overcame the adversities. The program concluded with the vote of thanks proposed by Jisha UM.

INTERNATIONAL TIGER DAY(July 29,2021)

As part of International tiger day celebration our unit conduct essay writing competition and drawing competition.



❖ KARGIL VIJAY DIWAS (July 26,2021)

As part of Kargilvijay divas NSS volunteers lightened the lamp and prayed for the martyrs of the Kargil war.



NATIONAL PARENTS DAY (July 25,2021)

As part of parents' day celebration NSS volunteers took photos with the family and posted in the NSS whatsapp group.



AGRO PARK PROJECT (July 10,2021)

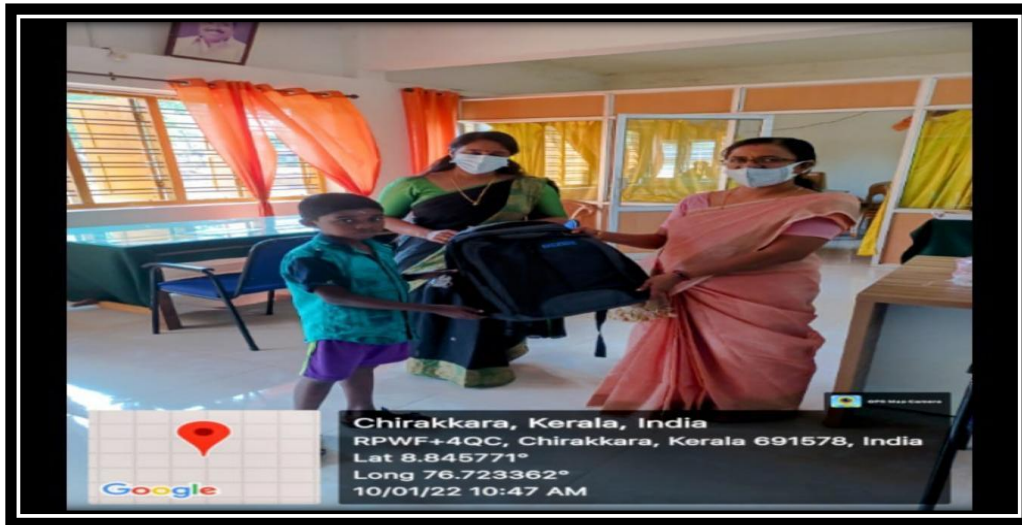
Chathannur, SN College, as part of the Agro Park project, sowed seeds for the Land Paddy Cultivation. The program is the joint venture of The College, together with the "KrishiBhavan" and Chirakkara Grama Panchayat. The inauguration was done by Sri. NK Premachandran MP. College Principal Dr. MS Latha, Chirakkara Panchayat President Smt. Suseela Devi and many other distinguished guests blessed the venture with their presence.



ONE DAY ONE RUPEE PROJECT(JULY 5,2021)

SUPPLYING STUDY MATERIAL FOR FINANCIALLY BACKWARD STUDENT





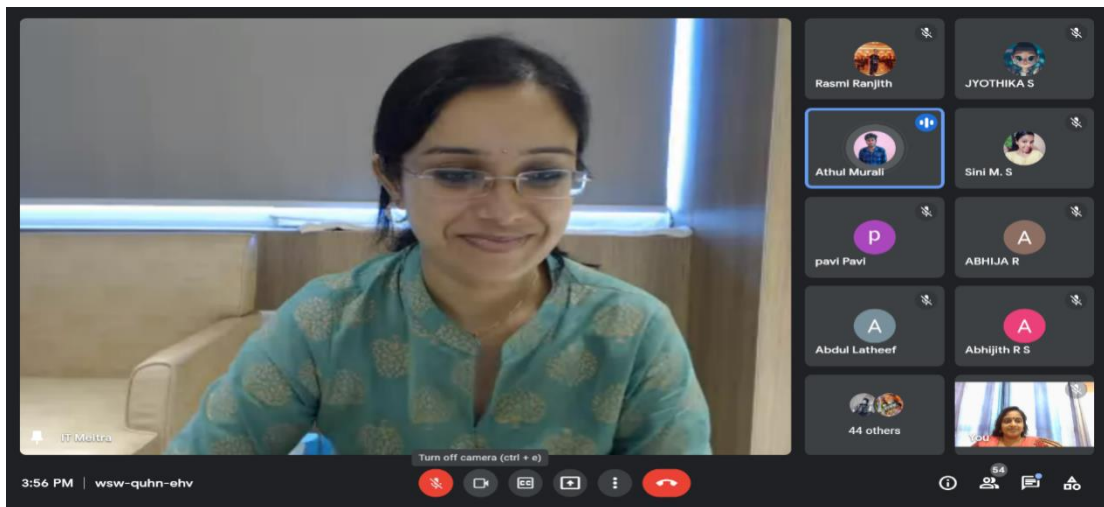
INTERNATIONAL PLASTIC BAG FREE DAY (July3, 20

ALL NSS Volunteers made paper bags and cloth bags and distributed in college.



❖ INTERNATIONAL ANTI DRUGS DAY (July 2, 2021)

Sree Narayana College, Chathannoor along with the NSS Unit and De-addiction club organised a webinar on the topic SUBSTANCE ABUSE AND BEHAVIOURAL ADDICTION which was conducted by Dr.Padmavathy R, who is a consultant pulmonologist at Meitra Hospital, Calicut, as part of the International Anti-drugs Day on 2nd July 2021 from 3.00 pm to 4.00pm. The webinar was very informative and helpful for the students and also the teachers who participated.



❖ CELEBRATION OF DOCTOR'S DAY (July 1 ,2021)

[https://drive.google.com/file/d/1bvIetDkzFOnj-](https://drive.google.com/file/d/1bvIetDkzFOnj-A9thn1wL2xqsToIEP3t/view?usp=drivesdk)

[A9thn1wL2xqsToIEP3t/view?usp=drivesdk](https://drive.google.com/file/d/1bvIetDkzFOnj-A9thn1wL2xqsToIEP3t/view?usp=drivesdk)


NSS volunteers created a video which shows the importance of doctors in society.

**SREE NARAYANA COLLEGE
CHATHANNOOR**

**International Antidrug Day
26 June 2021**

Organized by
**NSS (UNIT 36 A&B)
&
De-Addiction Club**

WEBINAR

Resource person
**Dr Padmavathy R
Consultant Pulmonologist
Meitra Hospital, Calicut**

TOPIC : SUBSTANCE ABUSE AND BEHAVIOURAL ADDICTION

**Date : 2 July 2021
Time : 3 pm to 4 pm**

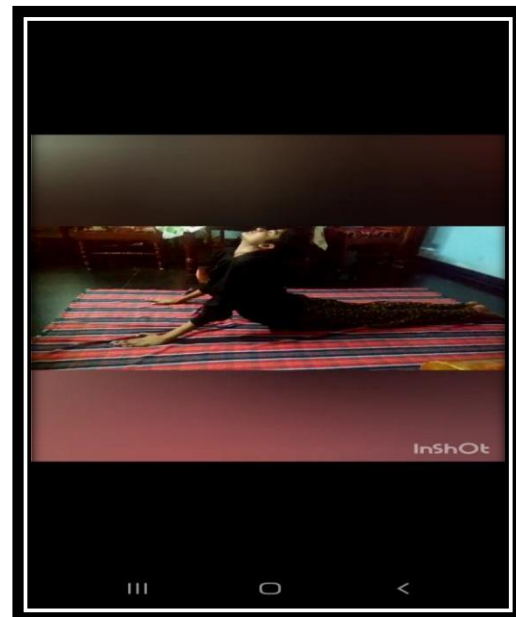
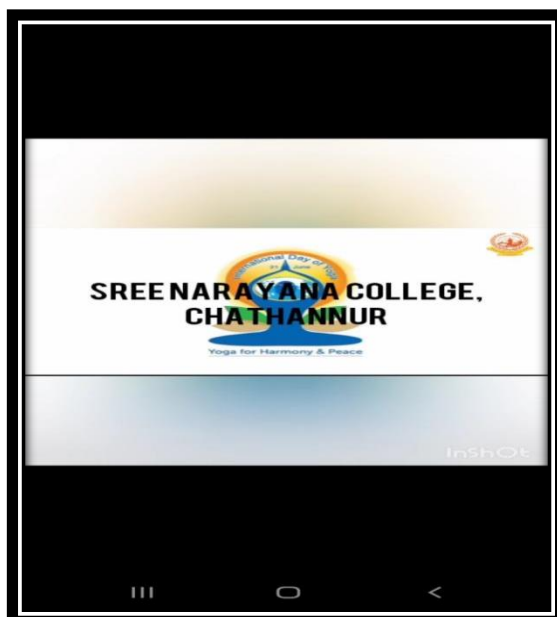
GURUKULAM FEST ,GURUVANDHANAM

NSS unit and Ethics Committee of Sree Narayana College Chathanoor organised Gurukulam Fest 2021, Guruvandhanam on 24th June 2021. 120 students actively participated in this programme.



INTERNATIONAL YOGA DAY CELEBRATION ON ONLINE- 21 JUNE 2021

NSS unit of Sree Narayana College Chathanoor celebrated International Yoga day on 21st June 2021. Online Yoga class was organised and 90 volunteers participated in the class.



NATIONAL CADETS CORPS(NCC)

NCC ANNUAL REPORT 2021-2022

The National Cadets Corps unit of Sree Narayana College, Chathannur aims at inculcating value education, patriotism, a secular outlook and selfless service. Various activities of the academic year 2021-2022 include the following:

As a part of the celebration of Republic Day and Independence day in our College, Principal Dr. M.S. Latha hoisted the National flag in the presence of NCC Cadets, NSS Volunteers, faculties and students.

Selected Cadets attend special camps. Devi Biju attended RCTC, Krishna V attended EBSB, Adwaith S. Kumar attended the IGC firing camp and Akhil V.S, Akashwa V.J, Sreejith T.S, Linesh M and Arya Sasi attended the online EBSB camp. Our cadet Aiswairya B.S got 3rd prize in the firing competition (7 Kerala Bn NCC Kollam) and our Cadet Giriraj G.R won 2nd prize in the drill competition (7 Kerala Bn NCC Kollam).



FLAG HOSTING

MASS AWARENESS RALLY

Mass awareness rally conducted on 15 August 2021 in connection with Independence day celebration. 45 cadets participated in this programme



Flag hosting and Republic day celebration on 26 January 2022. Principal Dr.M S Latha hosting the flag. NCC officer Maj. Dr. Subash Chandran and 40 cadets participated.

VEGETABLE PLANTS PLANTATION

Vegitable plants plantation on 26 January 2022. Principal Dr. M S Latha inaugurated the programme and 40 cadets participated





**SN COLLEGE CHATHANNOOR
7K BN NCC KOLLAM GP**



SELECTED FOR INDIAN ARMY (GD)



**CQMS GIRIRAJ G R
KL/20/SDA/115021**

CONGRATULATIONS

CQMS Giriraj G R selected for Indian Army GD



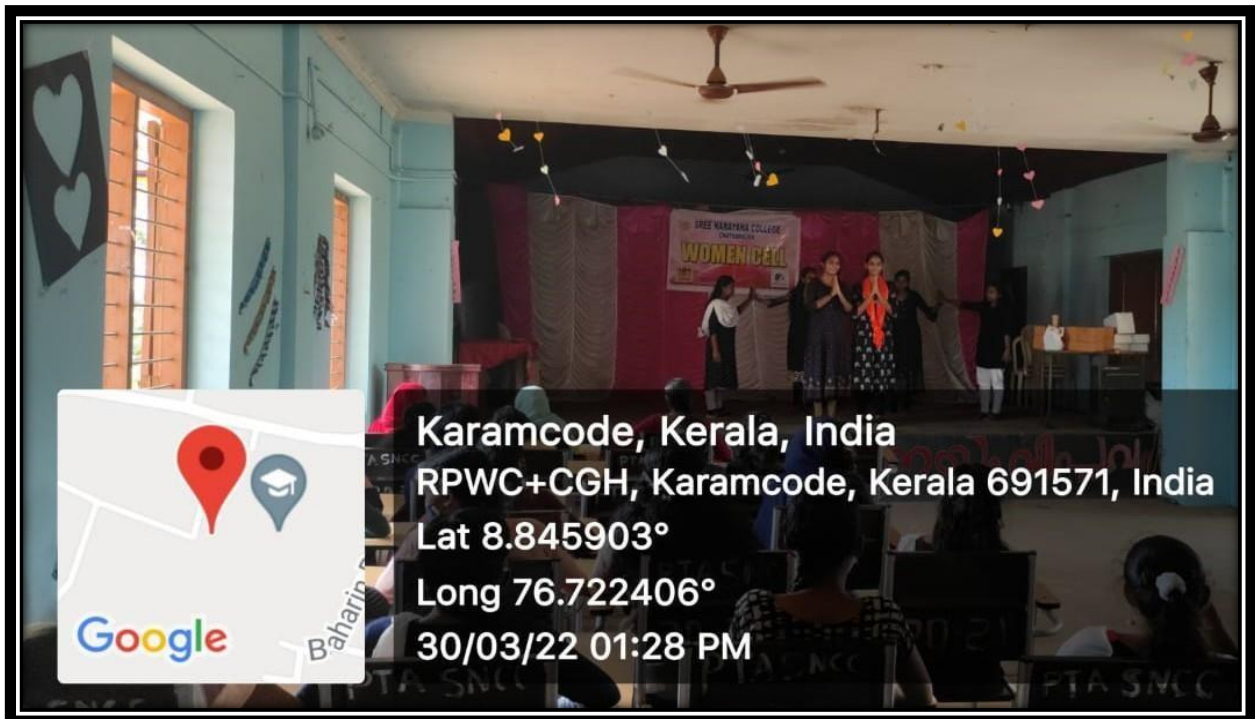
UO Adhwaith S Kumar participated IGC Firing camp and awarded medel for the best performance.

WOMEN CELL

PROGRAMME 1

THEME DANCE ON ANTI DOWRY & MANUSCRIPT RELEASE

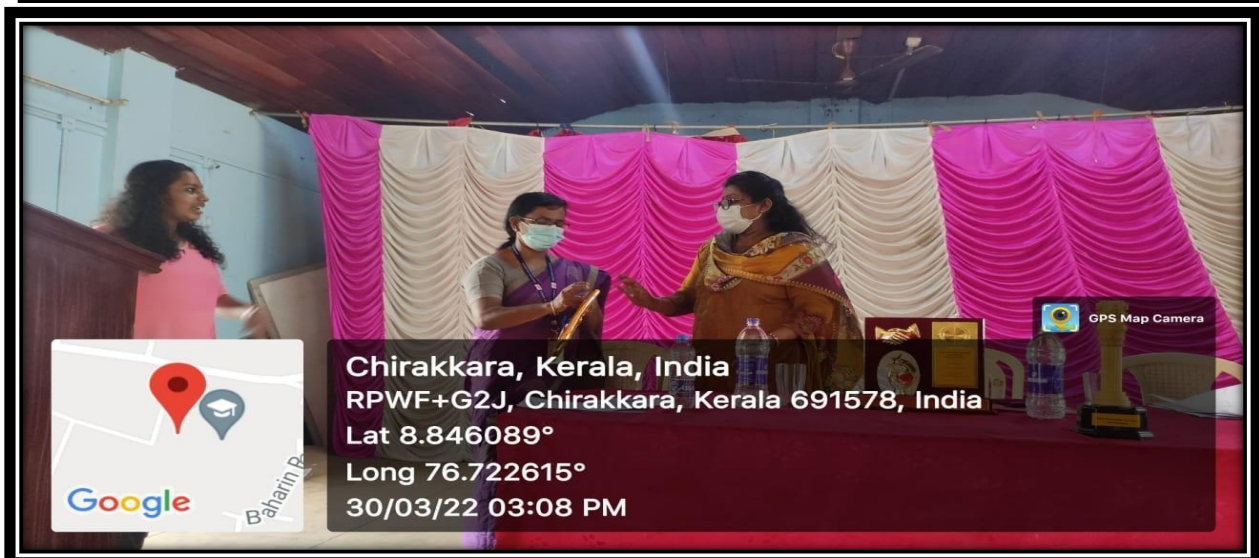
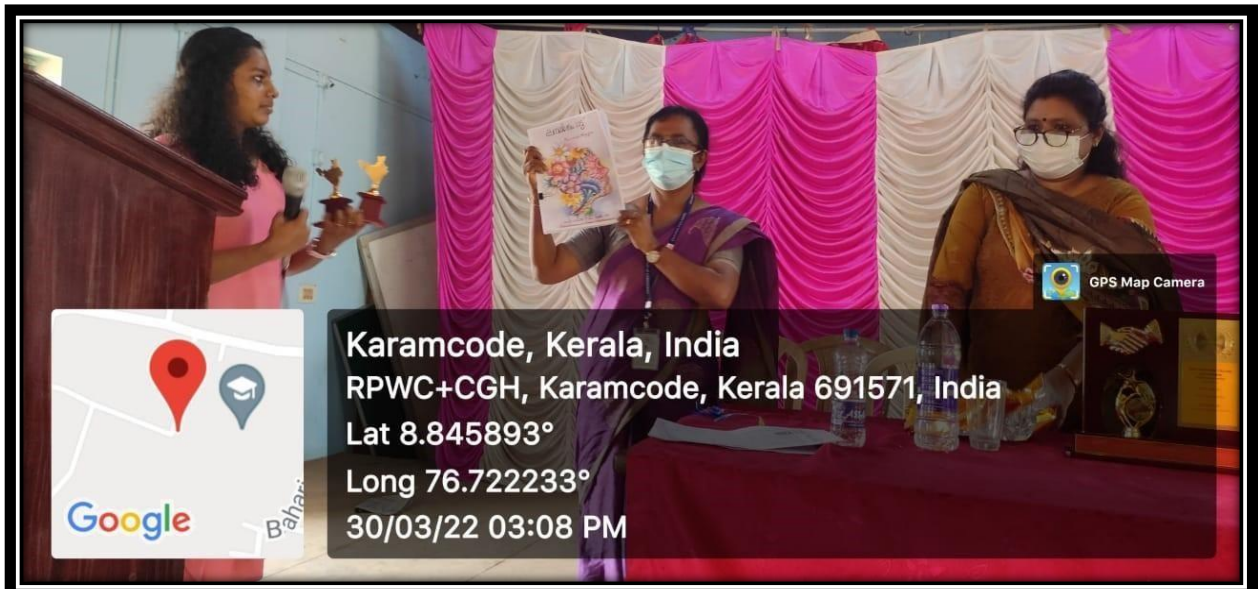
Women Cell member conducted a theme dance on anti dowry on 30/03/2022 on College seminar hall. The Dance drama performed by the UG students displayed abuse faced by women and the courage to fight back against such social evils and injustices.





MANUSCRIPT MAGAZINE RELEASE

On 30-03-2022 Women Cell members of Sree Narayan College prepared Manuscript magazine named “Kanal pottu”. It consists of articles, in Malayalam, English and expressed also their views through essays , poems and drawings. It was released by our College Principal Dr M S Latha ,she appreciated the effort made by the Women Cell team to make such a wonderful magazine.

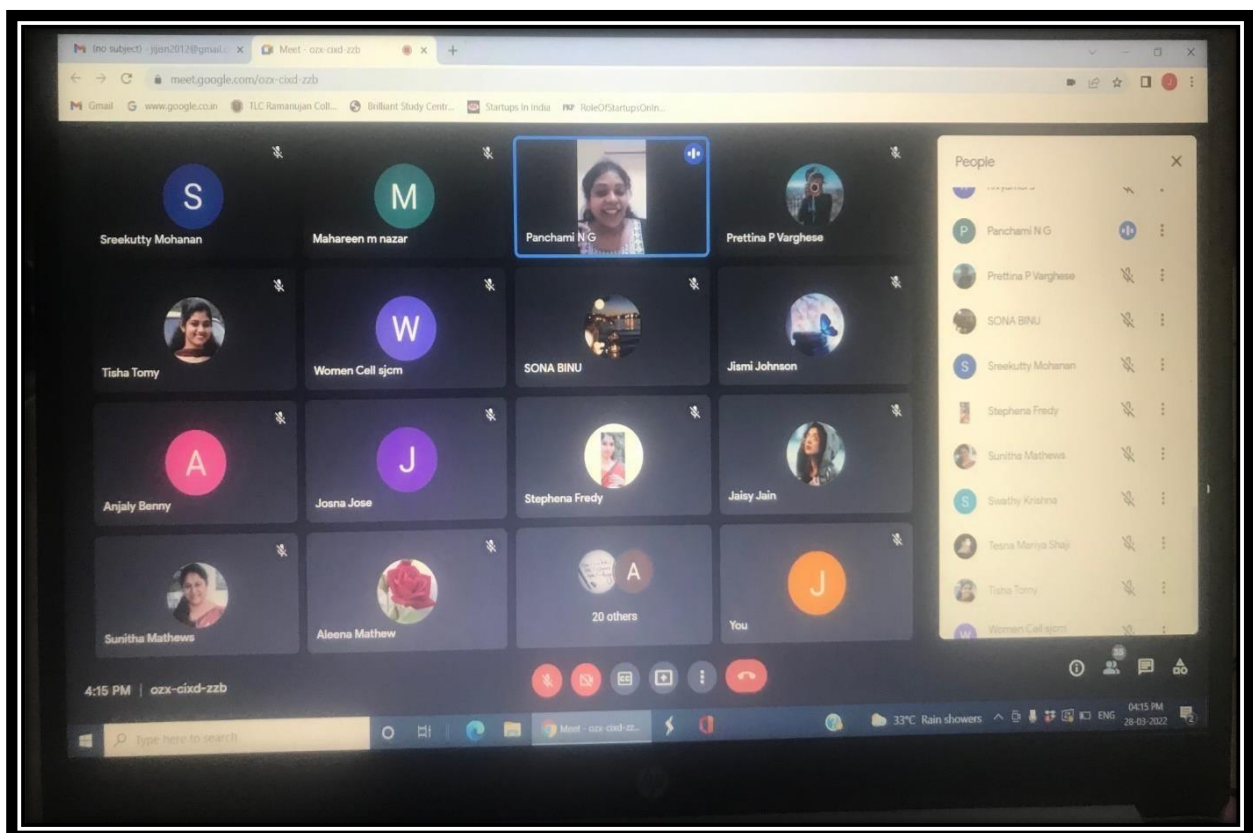


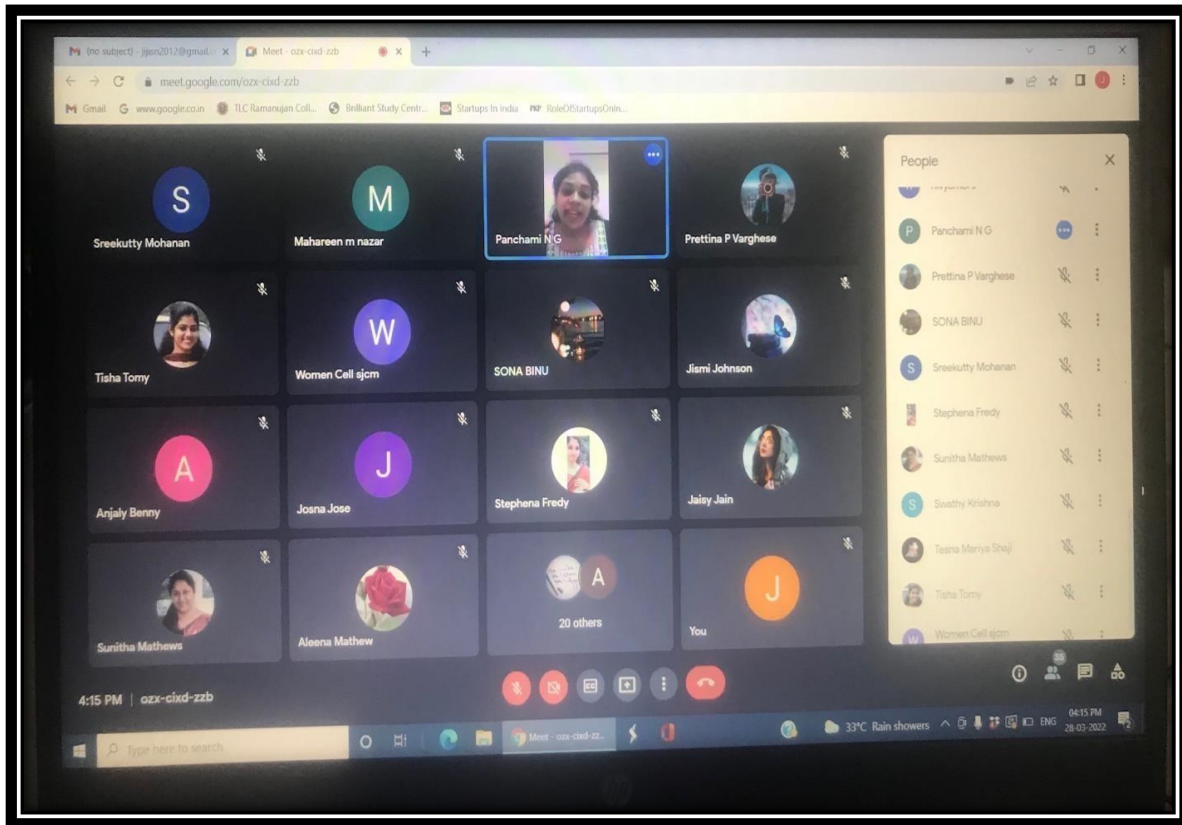
Women Cell plays an active role in the institution by empowering the girls, fostering cordial relations among the student community and thus creating an ambiance of amity and cordiality in the campus. Women Cell provides motivation, instills confidence, creates awareness regarding legal and gender rights and empowers them to take the right decisions in life and career, thereby molding them into resilient individuals and responsible citizens

PROGRAMME 2

WEBINAR ON WOMEN LAWS AND MITHRA 181 HELPLINE

Women Cells of Sree Narayana College and St Joseph's College, Moolamattom organised webinar on the topic Women Laws and Mithra 181 Helpline on 28 March 2022 @ 4 PM. The session was handled by the Smt. Panchami, team Member of 181 Helpline. The webinar helps to inform the participants that various objectives and 24/7 services rendered to support adolescent girls, women facing domestic violence or can avail the 24/7 services of Mithra 181 WHL. Also explained that anybody can give their complaint even without revealing their identity. She explained in detail the various Acts that protect Women from various crimes and atrocities faced by them. She concluded that the helpline will at its best be accessible, responsive and effective in its objective of creating a safe and secure state

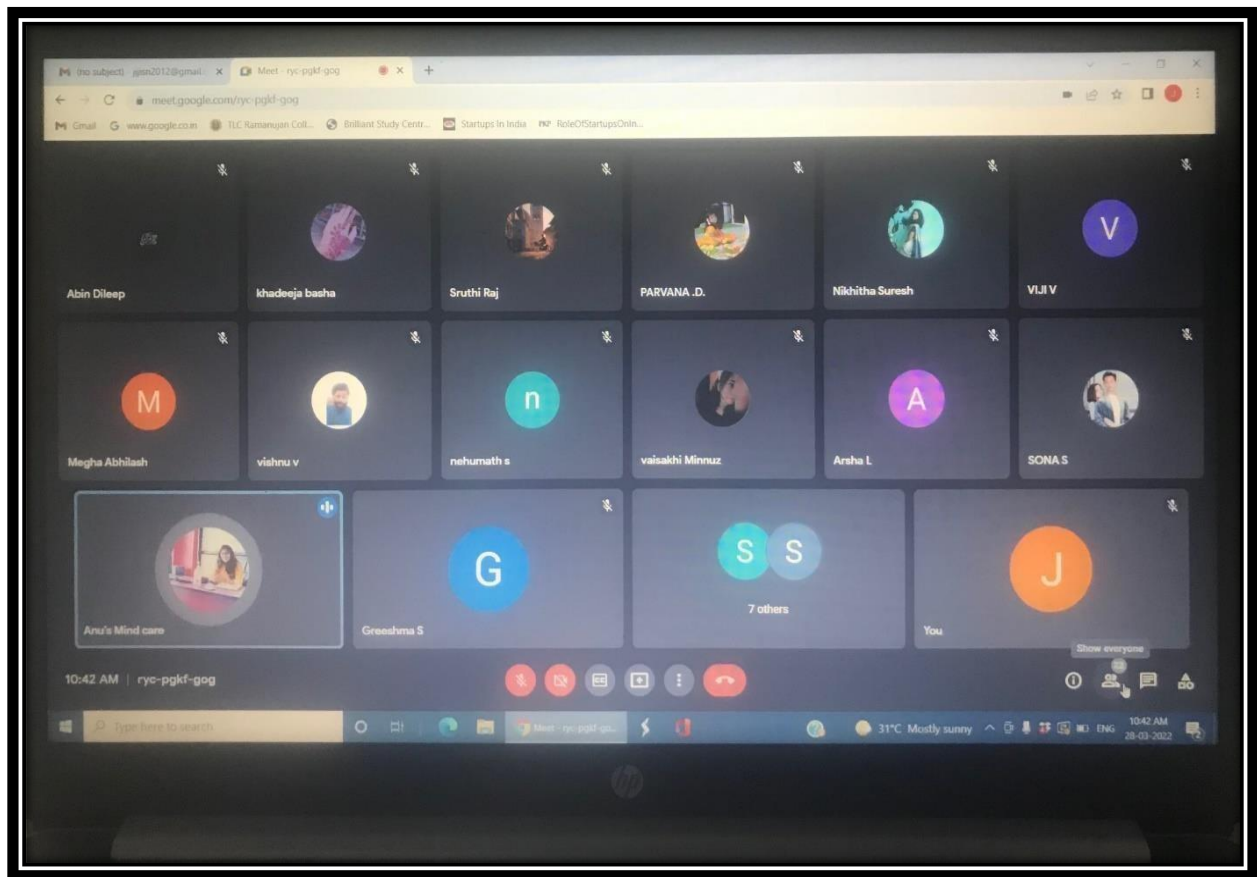
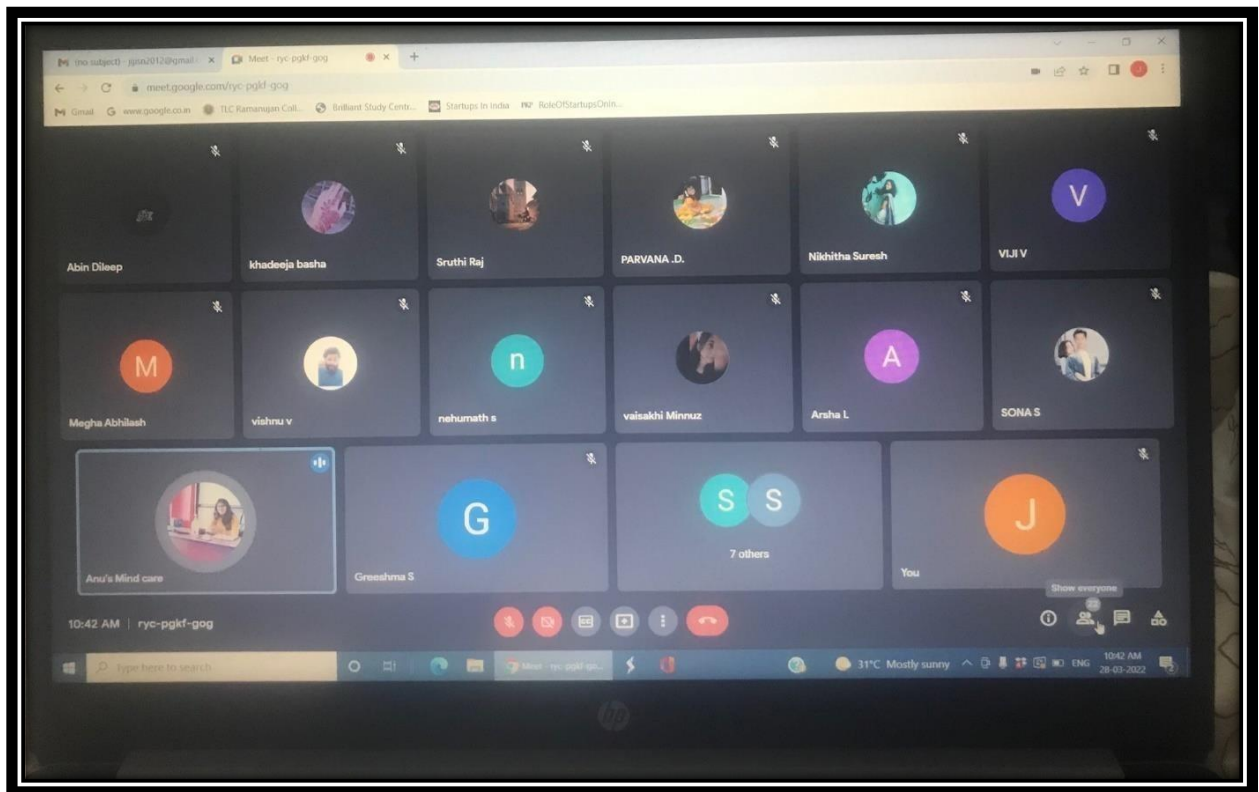




PROGRAMME 3

WEBINAR ON TEAM BUILDING

Women Cell of Sree Narayana College, Chathannur in association with Kerala State Women Development Corporation organised a Webinar on ***“Team Building”***. The webinar was held on 28th March 2022, 10.30 AM – 11.30 AM in Google Meet. ***Smt. Anu. U V, Clinical Psychologist, College of Engineering, Trivandrum*** was the Resource Person. Nearly 32 participants (Faculty & students) joined the webinar virtually. The webinar started with an introduction to team building of human and explained how it helps in achieving our targets. Also explained the how to formulate a team, when to use a team, usual phases team building and the various responsibilities of a team leader and the effectiveness of team building. It was a very informative session which helped everyone to imbibe knowledge of team building and how it helps us in an effective decision making.

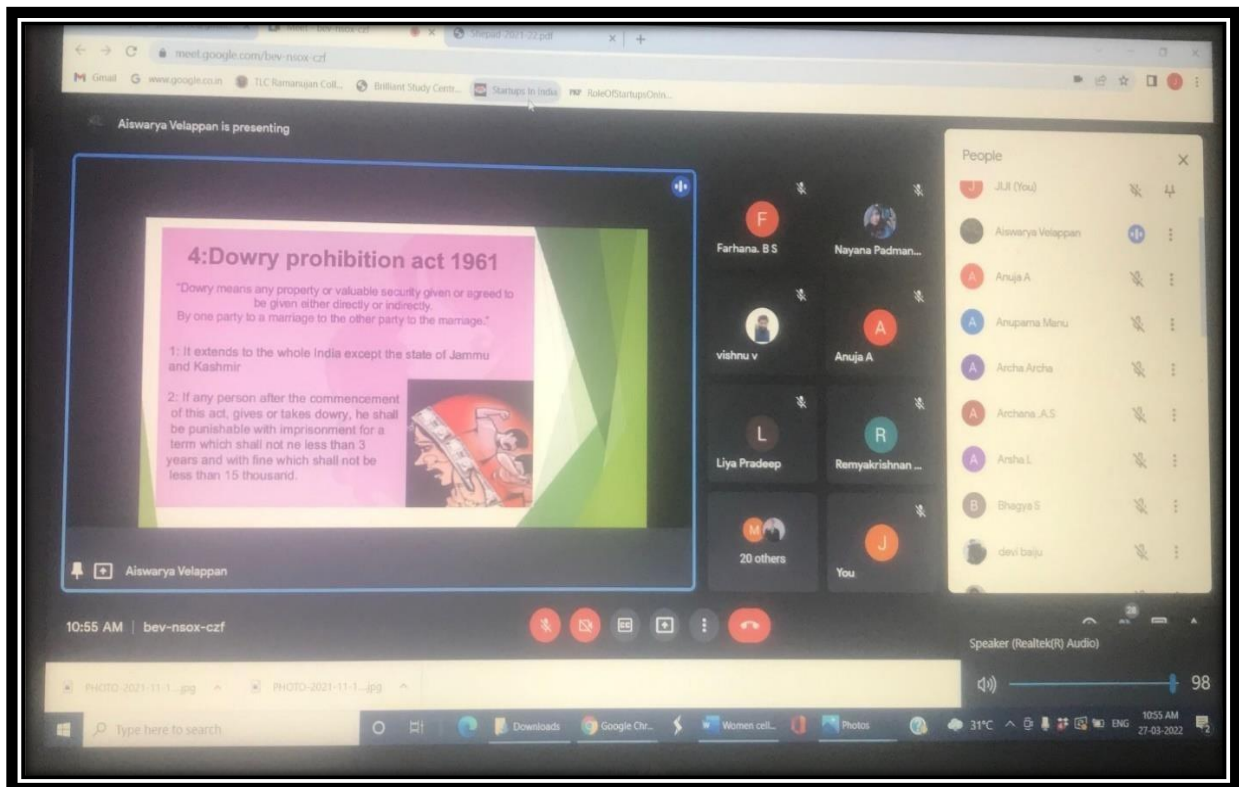


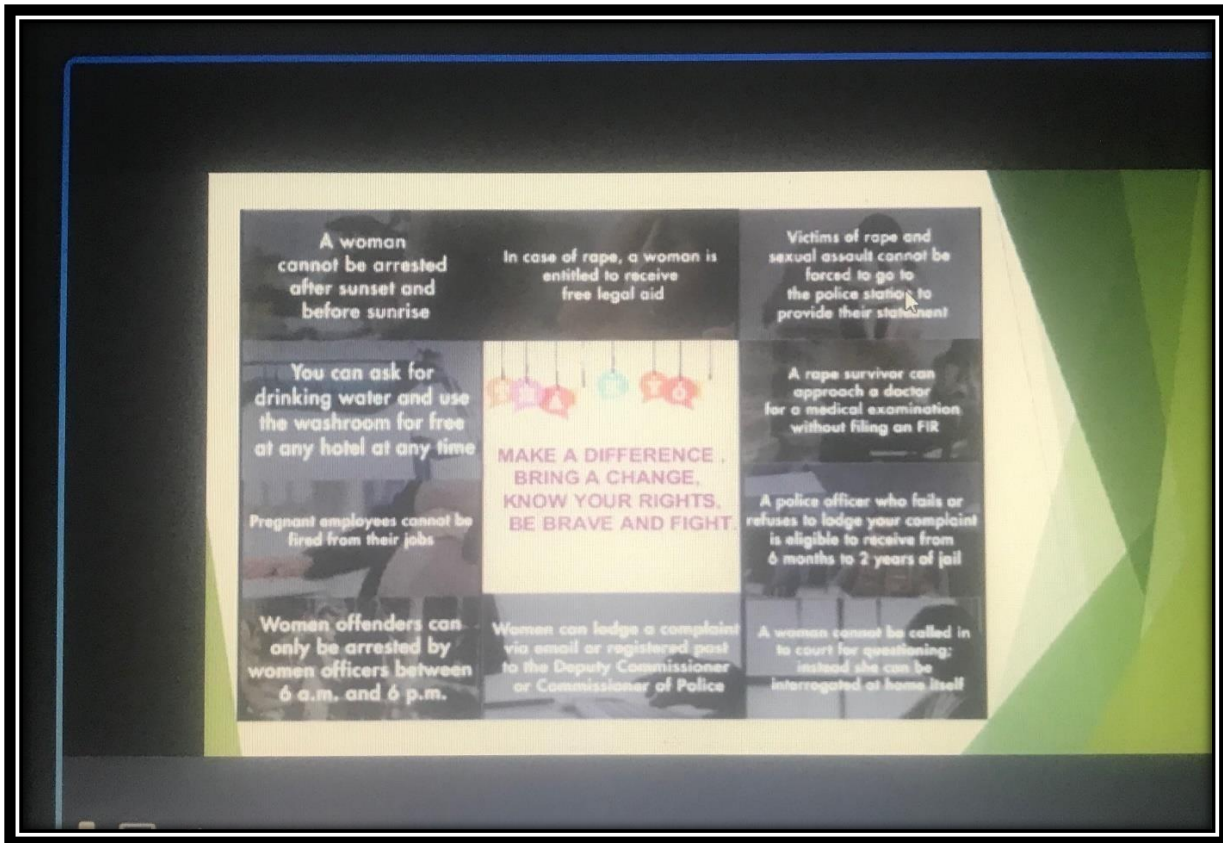
Dr.Anu U V handling the webinar

PROGRAMME 4

WEBINAR ON WOMEN AND HUMAN RIGHTS

Women Cell conducted a webinar on the topic entitled ‘*Women and Human Rights*’ . The webinar was held on 27 th March 2022,10.30-11.30 AM in Google Meet platform. Smt.Meenakshi Vishnu(Aiswarya Velapan) was the resource person who is currently pursuing her Masters in Education. The webinar helps to the participants to get a clear picture on Human rights and the various Acts that provides legal protection to the women . She also spoke about the various schemes introduced by the government that provides temporary accommodation to the girls and women who are homeless,.And also explained the various maintenance and rehabilitative services to women and girls who are suffering from family discord,crime,violence,mental stress etc. And also elucidate the various rights of women which most of participants were not familiar like a woman can ask water and use the washroom free of any hotel at any time,permanent employees cannot be fired from the job,a police officer who fails or refuses to lodge your complaint is eligible to receive from 6 months to 2 years of jail etc .She concluded the webinar by introducing the well renowned female human activists in the world. The webinar was very informative and well organised

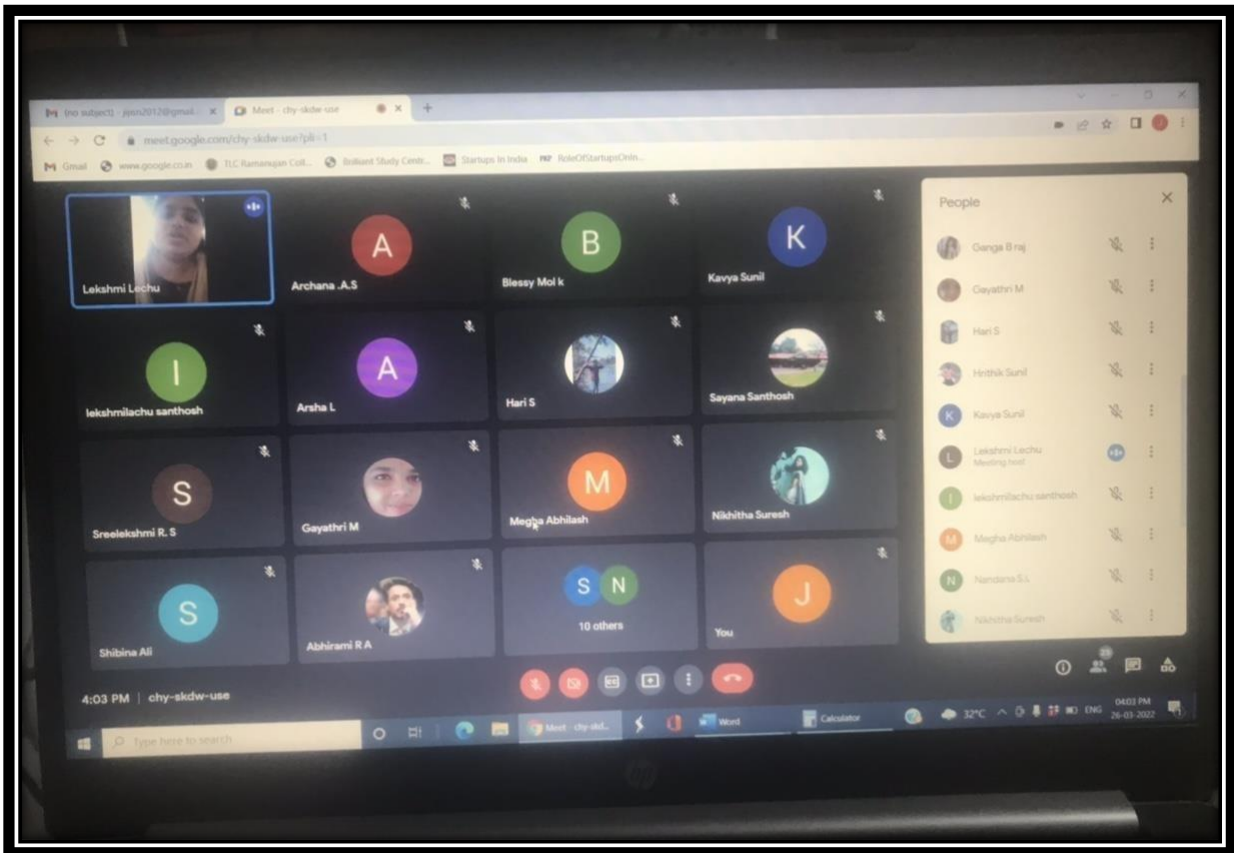
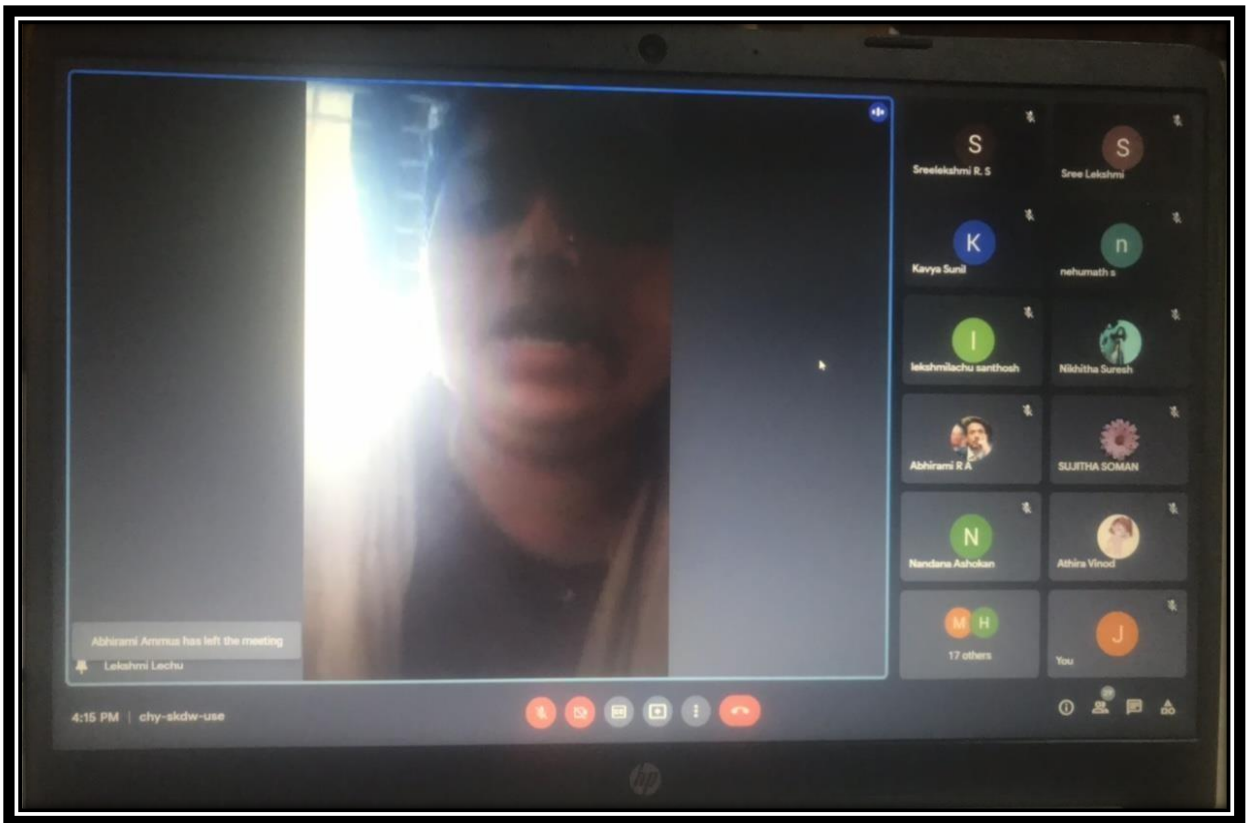




PROGRAMME 5

WEBINAR ON CHANGING ROLE AND STATUS OF WOMEN IN FAMILY

Women Cell of Sree Narayana College organised its webinar in the topic **“CHANGING ROLE AND STATUS OF WOMEN IN FAMILY”** on 26 th March 2022 at 4.00 PM via Google Meet platform. The webinar was handled by Adv.Lekshmi Priya, Centre Administrator, SAKHI One Stop Centre. She discussed that women have more freedom than earlier however it’s not true in many respects because prejudice still remains in the society. She also pinpointed the how the stories of brave, bold and self dependent ladies in Indian movies helps to make a change in role and status of women. Though the status of today’s modern women in Kerala is high, the overall picture of women’s position in Kerala is not satisfactory. And she also explained that we should not forget that progress of a nation cannot be achieved until and unless there is active participation of its mothers, wives, sister and daughters. So each and every man should thoughtfully decides to bring a revolutionary transformation in his attitude towards women and accept the women to be the equal participants in the country’s progress. After the presentations, the resource person responded to all questions from the participants.



PROGRAMME 6

SELF DEFENCE TRAINING

This programme was organised in collaboration with Crustfit International Academy of Kick boxing on 21, March 2022 which helped a lot in boosting the confidence of college girls to defend themselves. This session help the students to be confident about her abilities to protect from any unforeseen dangers. The trainers start with the basics of kickboxing ,then moved on the various self- defence techniques



PROGRAMME 7

PERSONALITY DEVELOPMENT

Women Cell has organised Personality development programme in association with Kerala State Women Development Corporation on 17 March 2022. The session was taken by Adv. Sudheer C. (Advisor, Jaihind, Kollam), a well-known motivational speaker. Various group activities were conducted by the students which creates an enthusiasm and team spirit among them. The seminar section was really useful and lively with the active participation of the students. The resource person discussed the significance of personality development as it helps not only in professional success but also in overall behaviour and attitude in one's life.





Adv.Sudheer handling the session through games

PROGRAMME 8

COMPLAINT BOX INSTALLATION

As per the instructions from the KSWDC, a Complaint Box was installed in the main office building(ground floor). Installation of complaint boxes on college premises help female students to drop their complaints. Afterwards its installation on Fridays (every week) the committee members check the complaints of the students and try to find the solutions.

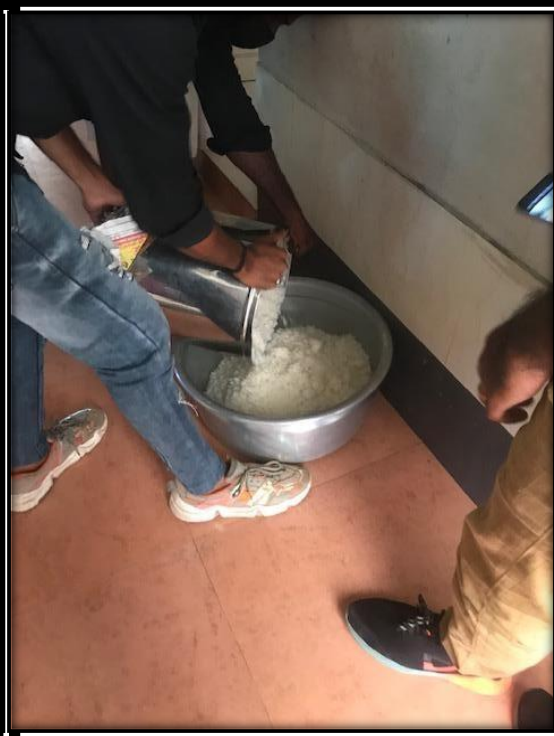




PROGRAMME 9

COMMUNITY VISIT (OLD AGE HOME)

The Student Members of Women Cell along with the Women Cell Co-ordinator and library assistant Revathy visit the Old Age Home at St Vincent Perumpuzha on 10, March 2020. The purpose of this visit was to make the students realise their social responsibilities towards Senior Citizens. Such visits also activate the student's thought process to realise the agony and pain which the people go through in their old age while living away from their dear ones. We distributed lunch to all inmates. The visit intended to teach them how to interact with the elderly who may have poor hearing and understanding along with other health problems as a result of old age. Many matured individuals remaining here were not destitute. They had their families some place in the city or adjacent towns. They were left there to spend whatever remains of their lives in light of the fact that their families didn't need them any longer. We distributed lunch to all members. They bid us good bye with tearful eyes but with a promise to revisit them frequently.





LUNCH DISTRIBUTION



COMMUNITY VISIT @ ST VINCENT OLD AGE HOME,KOLLAM

PROGRAMME 10

INTERNATIONAL WOMEN'S DAY CELEBRATION

In order to raise an awareness about the status and dignity of women among students, an International Women's Day Celebration was organized by the Women's cell of S N College, Chathannur on 8th March 2022. The programme commenced with a welcome address by Smt.Jiji, Women Cell Co-ordinator. The chief guest of the programme was none other than our Principal Dr.M S Latha, most renowned research guide in Chemistry.

Our principal in her address appreciated the efforts of the women's of the society and highlighted that mere equality doesn't matter, power must be given in addition to equality to build the nation. She shared her dreams while her childhood days and her experiences in USA while doing her Post-Doctoral Fellowship in Chemistry

The celebration was highlighted with a a tribute offered to the Nightingale of India, the late **Lata Mangeshkar**. Students of our college came up with outstanding performances where they sang the most memorable and loved songs

Devu-a third year B.com student shared her before and after marriage life and inspired the students by telling them that she become financially independent from her age of 16 by taking tuition while she become a plus two student.Gouri,a third year students shared her dreams to become a photographer.Malu,a first year B.Com shared her experience of how she fulfilled her dream of riding in a bike of Lata Ji as a token of their love and respect to the late legendary singe and how her father support her in achieving her dream

Quote writing competition were also conducted .15 students participated in the contest. Nikhitha, second year UG student won the contest. A theme song on

“Athijeevanam “ was rendered by Bindhuja,a Third year B.Com Student. Debate

on Gender equality were conducted as it is one of the most important aspects of life, where women and men receive equal opportunities and responsibilities in various spheres of life.

The programme ends with a pledge that we will strive to be the enlightened women of power and source of infinite strength and stand together in one voice to be the strongest in the world

The programme ended by a vote of thanks proposed by Sreelekshmi,First year B.Com Student.







PROGRAMME 11

FIRE AND SAFETY TRAINING

Women Cell has organised Fire Safety Demo Programme in association with Fire Station, Paravur, on 04-03-2022. Women Cell members, students, teaching and non-teaching staffs were attended the session. He speaks about the importance of fire and safety classes in these era. The session was handled by Sri Yesudas T, Assistant Station Officer .He said fire safety training for youth is one of the best investments that could provide for youth. This session may provide knowledge and skills they need to prevent fires and get out of burning building and other infrastructure. The trainer explained about how to act safely in the event of an emergency fire situation using fire extinguisher and how to avoid cylinder blast. The session adjourned by 4.00 PM after refreshment.



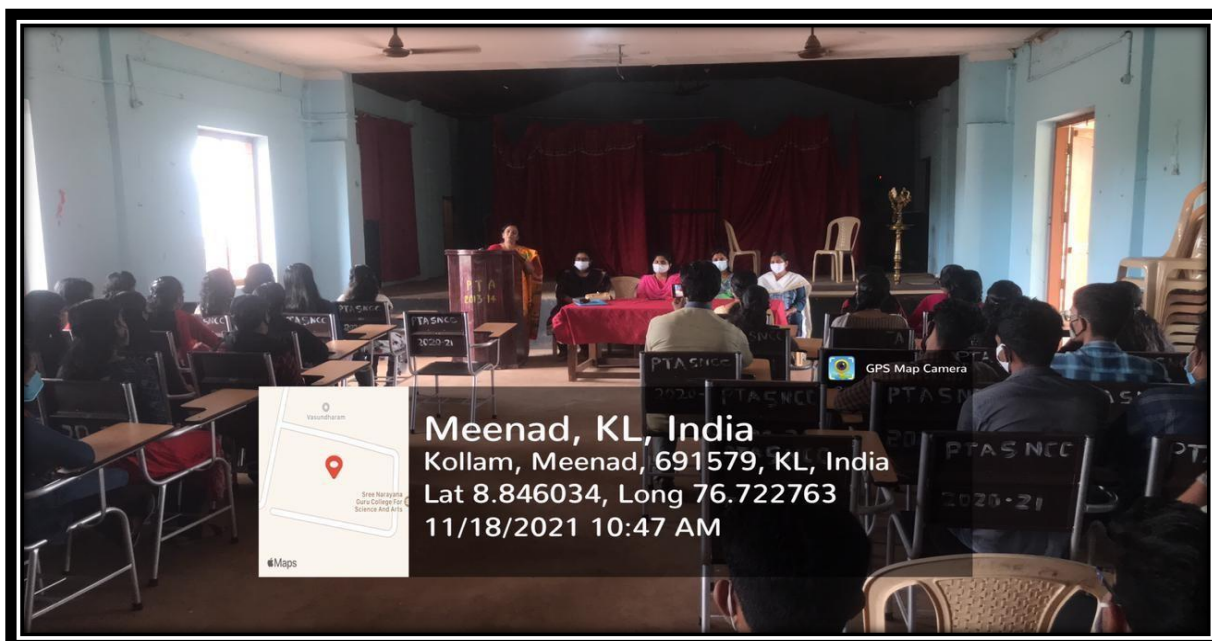


DEMONSTRATION OF CARDIO PULMONARY RESUSCITATION CPR

PROGRAMME 12

SEMINAR ON STRESS MANAGEMENT TIPS FOR COLLEGE STUDENTS

On 18 November 2021, a seminar on Stress Management tips for College Students was conducted by Adv Lekshmi Priya.R, a well known counsellor of SAKHI One Stop Centre. Ms Lekshmi shared her expertise on the subject- how to live a stress free life in today's competitive and demanding society. The session was interactive where the students were explained how to identify the stress and various hurdles and blocks in one's personal growth to minimize the impact on their academic life. She give some tips to manage and to cope with the events or situations which find stressful especially during exam time. After that she took a meditation class for students. The programme was very fruitful and was attended by 45 students and 5 teachers.



SCIENCE CLUB ACTIVITY REPORT

WORLD ENVIRONMENT DAY 2021 CELEBRATION ON 5TH JUNE 2021.

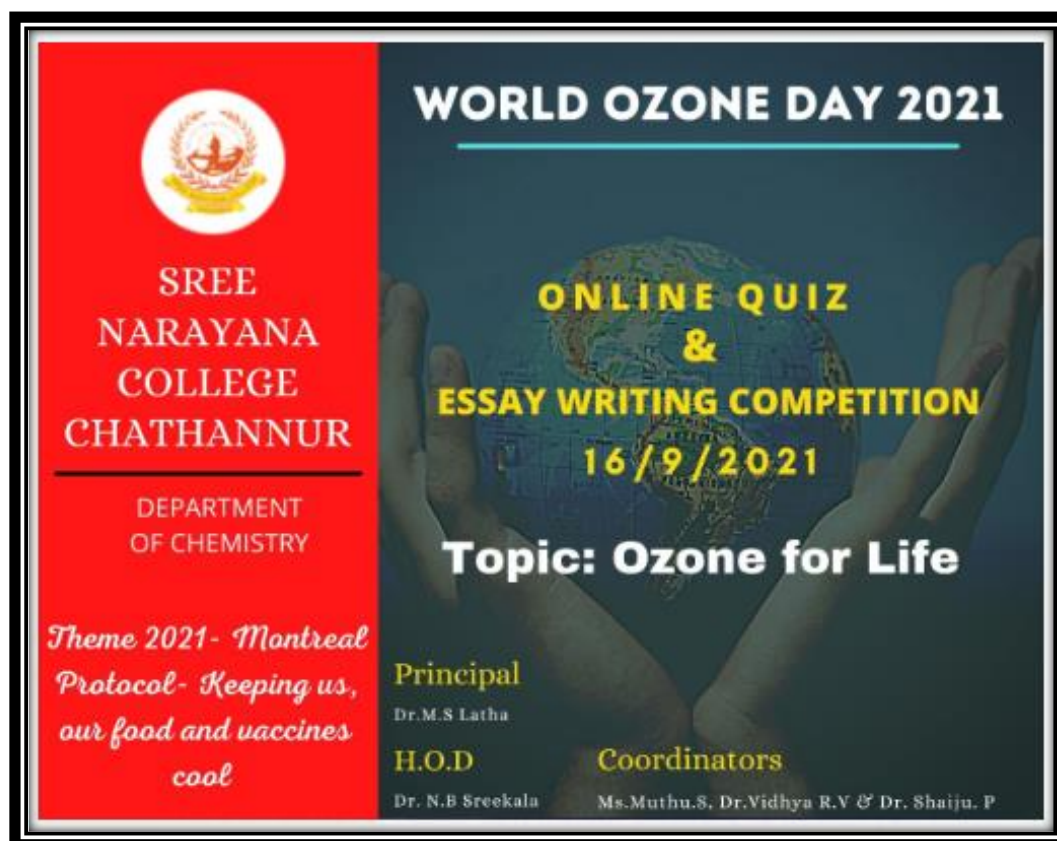
Science club and Department of Chemistry jointly organized a webinar on World Environment day, 5th June 2021. The theme of this year's World Environment Day was Ecosystem Restoration. On this regard, a webinar was organized on this day to provide awareness among students for the need of restoring and recovering ecosystems. The Resource person for the event was Dr. C. T. Aravindakumar, Pro Vice- Chancellor, Mahatma Gandhi University. Professor, School of environmental sciences and the webinar was conducted through Google Meet platform. Dr. M S Latha, Principal, and Dr. N B Sreekala, the head of the chemistry department, spoke at the event. The resource person, Dr. Aravindkumar delivered the talk on the topic "Sustainable Development in Ecosystem Restoration".

SREE NARAYANA COLLEGE, CHATHANNUR
Department of Chemistry
WORLD ENVIRONMENT DAY CELEBRATIONS 2021
A webinar on
"Sustainable Development in Ecosystem Restoration"
RESOURCE PERSON
Dr. C. T. ARAVINDAKUMAR
Pro Vice-Chancellor, Mahatma Gandhi University
Professor, School of Environmental Sciences
on 05-06-2021
at 11.00 am
Platform Google Meet
ORGANIZING COMMITTEE
Dr. M . S LATHA (PRINCIPAL), Dr. N . B SREEKALA (Convener), Ms. MUTHU . S & Dr. VIDHYA R . V (Co-ordinators)

OZONE DAY CELEBRATION ON 16TH SEPTEMBER 2021

World ozone day is being celebrated on 16th of September every year by Science club of Sree Narayana College Chathannur, to spread the awareness in young minds about the importance of ozone layer, what are the factors that cause its depletion and what may be the possible solution for protecting our ozone layer. Every year, Science club organizes the activities for the ozone day, in such a way to instil scientific temperaments and research attitude among students regarding possible preventive measures and solutions for ozone layer

protection. In 2021 also Science club in association with Department of chemistry organized science day celebration and theme for the program was “Montreal Protocol -'Keeping us, our food and vaccines cool”’. Online quiz and Essay writing competition were conducted in this regard on the topic “Ozone for Life”, and received many thought provoking and interesting ideas through their essays. Science club always attempts to support students by organizing such type of events in order to inculcate ideas and improve scientific views among the students.



LA REVEUSE: THE NOBEL TALKS-2021 ON 5TH JANUARY 2022

Science club in association with Department of Chemistry hosted a seminar titled "NOBEL TALKS-2021" on 05/01/2022 at Sree Narayana College Chathannur. The purpose of the seminar was to introduce and educate students about the works won 2021 Nobel Prizes and life and journey of the Nobel laureates that led to this prodigious achievement. The program was inaugurated by Dr. Achuthahankar S Nair, Professor, Department of Computational Biology & Informatics, University of Kerala, with an enlightening opening talk through which students got introduced to many great science research works and minds behind the works that won Nobel prizes. Dr. M S Latha, Principal, and Dr. N B Sreekala, the head of the chemistry department, spoke at the event. Ms Nivya M, Ms Ardra S., Ms. Sukama S., Mr. Jithin Raj R., Ms. Lakshmi S., Ms. Anagha A. L., Ms. Naufia M., Ms. Remya R., Ms.

Abhirami, Ms. Anjana A. S., Ms. Sneha S, and Ms. Aishwarya, first-year PG students, gave presentations on 2021 Nobel awards. The event was attended by teachers, undergraduate and post graduate students.

LA RÊVEUSE
THE NOBEL TALKS 2021
 Organized by - DEPARTMENT OF CHEMISTRY & SCIENCE CLUB
 SN COLLEGE CHATHANNUR

NOTABLE HIGHLIGHT

NOBEL PRIZE 2021

CHEMISTRY - "New Way of Building Molecules"
 PHYSICS - "The Physical Modelling of Earths Climate Quantifying Variability and Predicting Global Warming"
 PEACE - "Courageous Fight to Uphold Freedom of Expression"
 Literature - "The Uncompromising and Compassionate Penetration Effects of Colonialism"

VENUE
 @ SEMINAR HALL
 ON 05- 01- 2022
 @ 10 am

COORDINATORS
 MSc 1st Semester Students
 DEPARTMENT OF CHEMISTRY
 HOD :- Dr. N.B. Sreekala
 PRINCIPAL :- Dr. Latha.M.S

PROGRAMME CHART

PRAYER	:- ARDHRA S
WELCOME SPEECH	:- AVANI PRATHAP
FELICITATION	:- AMBILY P
TOPIC PRESENTATION	:- NOBEL PRIZE2021
CHEMISTRY	1. NIVYA M 2. ARDHRA S
PHYSICS	1. SUKAMA S 2. JITHINRAJ R 3. LEKSHMI S
PEACE	1. NOUFIYA M 2. ANAKHA. A.L
LITERATURE	1. FARHA S
MEDICINE	1. REMYA.R
ECONOMICS	1. RIFANA.A
VOTE OF THANKS	:- ANJANA.A.S

Webinar_ Research methodology on 15th January 2022

The Science Club and Department of Chemistry, Sree Narayana College, Chathannur have jointly organized a webinar on Research Methodology by Dr. Achuthsankar S Nair, Professor, Department of computational Biology & Informatics, University of Kerala, on 15th January 2022. Dr. Acuthsankar gave an enlightening speech on Research methodology discussing various steps in research process and how to write research articles, its publication procedures etc. Dr. M S Latha, Principal, and Dr. N B Sreekala, the head of the chemistry department, spoke at the event. The event was coordinated by Science club members Dr. Vidhya R V, Assistant Professor, Department of Chemistry and Ms. Muthu S, Assistant Professor, Department of Chemistry. The vote of thanks was proposed by Dr. Shaiju P, Faculty, Department of Chemistry. Faculties of all departments, undergraduate and graduate students attended the webinar held via Google Meet.



NATIONAL SCIENCE DAY CELEBRATION ON 28TH FEBRUARY 2021

As like every year, for commemorating the discovery of Raman Effect by the Indian veteran Nobel laureate Sir. C V Raman, this year also Science club of Sree Narayana College Chathannur celebrated National Science day on 28th February 2021. The theme of 2022 National science event was 'Integrated Approach in Science and Technology for a Sustainable Future'. As per the theme, this year's science day events were organized to impart scientific thinking among students for a sustainable future by integrating science and technology. Essay writing and on line poster design competition were conducted in this regard. Students presented many interesting and innovative ideas through their creative works.

SREE NARAYANA COLLEGE CHATHANNUR

Science club organizes

**NATIONAL SCIENCE DAY
CELEBRATION**

Program Highlights:

- Essay Writing & Poster Design Competition on 28. 02.2022
- Talk on the topic "Chemistry of Fragrance- Sustainable Utilization of Plant Diversity for Human well being" by Dr. Sruthy B on 09.03.2022 @ 11 am, Venue: Seminar Hall

Theme for Essay writing & Poster Design
"Integrated Approach in Science and Technology for a Sustainable Future"

Participants can submit their Essays & Posters from 28.02.2022, 10 am onwards to the email id: [<snccnrchemistry@gmail.com>](mailto:snccnrchemistry@gmail.com).
 Essay & poster submission closes @ 10 pm on 01.03.2022.

Coordinators & Science Club Members:

• Dr. Vidhya R.V.	Dr. M. S. Latha	Dr. N. B Sreekala
• Ms. Muthu S.	Principal	HoD
• Ms. Bhavyasree P.G.		Dept. Of Chemistry

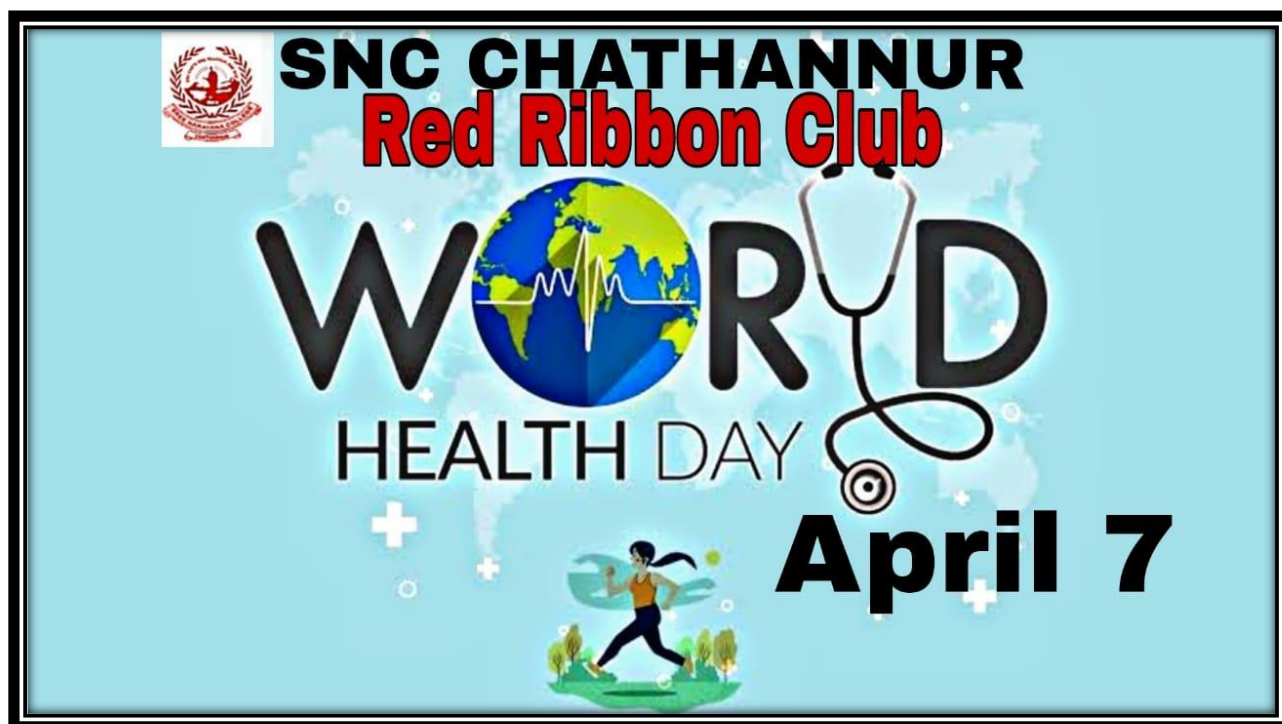
Talk on “Chemistry of Fragrance- Sustainable Utilization of Plant Diversity for Human well-being” on 9th March 2022.



The Science club of Sree Narayna College Chathannur, coordinated a talk on the topic “Chemistry of Fragrance- Sustainable Utilization of Plant Diversity for Human well-being” on 9th March 2022. The speaker for the event was Dr. Sruthy B, Phytochemistry and Phytopharmacology Department, KSCSTE- JNTBGRI, Palode, Thiruvananthapuram. Dr. Saiju P. delivered the inaugural address, Dr. M S Latha, Principal, and Dr. N B Sreekala, the head of the chemistry department, spoke at the event. Dr. Sruthy discoursed about sustainable utilization of plant diversity, overview of photochemistry and its application in diverse filed and chemistry related to fragrance.

WORLD HEALTH DAY

As part of World Health Day on 07/04/2021, students also was given awareness via the online platform through poster making. 1



GANDHI JAYANTHI

REPORT ON GANDHI JAYANTHI CELEBRATIONS 2022

The Gandhi Jayanthi Celebrations under the auspicious of the Centre for Gandhian Studies & Department of History,

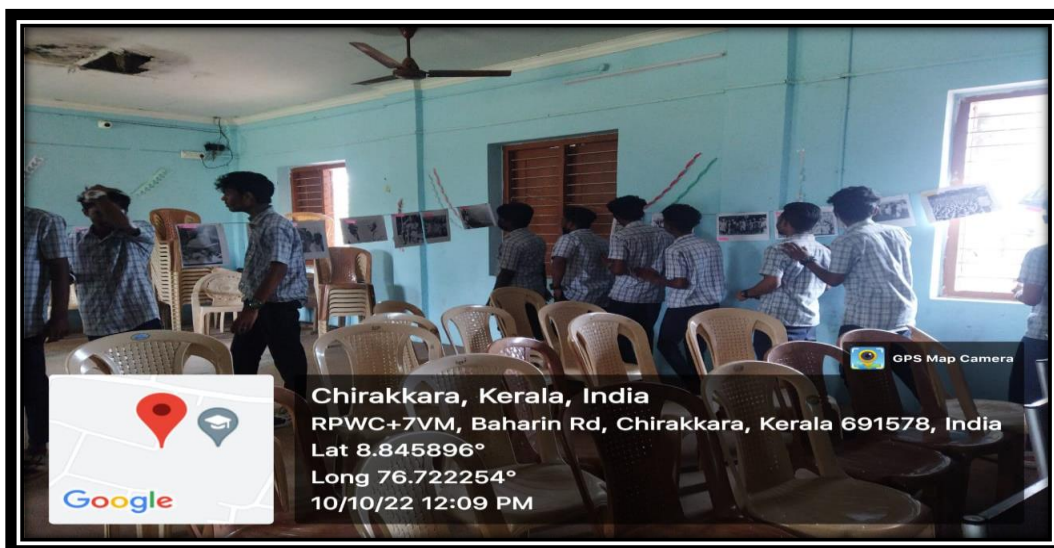
Sree Narayana College ,Chathanoor was held on 10.10.2022 in the Seminar Hall at 10.30 am. The highlight of the celebration was a well curated Historical Exhibition titled 'Gandhi's Tryst with Destiny' showcasing the life and moments of the Mahatma thrusting on the lesser known moods and memories. The pictorial exhibition portrayed about 100 specially sorted photographs of the father of the nation ,with an emphasis on imparting students one of the several ways of understanding history - the Visual history. The visualizations themselves points at the decisive moments in the shaping of the Mahatma and his engagements with the making of Independent India.

The event was designed as an Out-reach programme to impart knowledge to the community at large and it was materialized by an active participation of over 120 students

from the Sree Narayana Higher Secondary School, Chattanoor viewing exhibition and listening to lectures. About 250 students from various departments in the college attended the event.

Student's Paper Presentation on a topic of relevance- 'Role of women in Indian independence movement, as part of the Celebration too sparked curiosity and lively debate among the students providing a new experience altogether.

The Gandhi Jayanti Celebrations was inaugurated by the Principal, Dr. Latha. M. S, who in her address stressed on the ever relevant prophecies of Gandhi and the necessity of re-reading Gandhian ethos for the sustainable development of the nation. Dr. Sujatha. K. S (Convenor, Centre for Gandhian Studies & Head, Department of History) welcomed the gathering and stressed on rethinking the culture of harmonious existence between man and the nature which Gandhi had prioritised.



SREE NARAYANA COLLEGE CHATHANNUR
CAREER OPPORTUNITIES IN MATHEMATICS

REPORT OF WEBINAR



**SREE NARAYANA COLLEGE
CHATHANNUR**

An Extension Programme of Department of
Mathematics

*A Webinar on
Career Opportunities in
Mathematics*

Presented by
II M.Sc Students

Date : 31.05.2022
Platform : Google meet Time : 6.00 PM

Welcome Speech : Dr. Rani Rajeevan
Presidential Address : Dr. M. S. Latha
Presentation : Students
Vote of thanks : Ahlam Shajahan (II B.Sc)

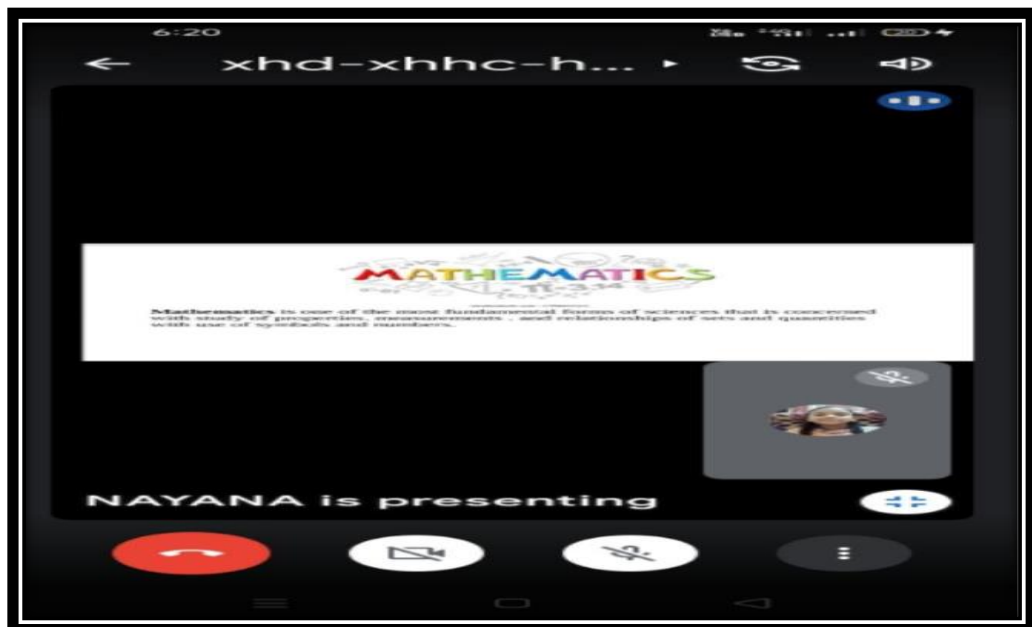
We are organising a webinar to familiarise the opportunities of Mathematics in
association with S. N Trust's Higher secondary school, Chathannur

Dr. Rani Rajeevan
HOD & Convenor

Dr. M S Latha
Principal

The Post Graduate Department of Mathematics conducted a webinar on “**Career Opportunities in Mathematics**” on 31 may 2022 at 6.00 pm via Google meet.

It was an outreach programme coordinated by second year M.Sc Mathematics students for the outgoing students of Sree Narayana Trust’s Higher Secondary School. Welcome speech was delivered by convener Dr. Rani Rajeevan , HOD and Assistant professor of Department of Mathematics .The session was presided over by Dr. M S Latha ,Principal of S N College Chathannur .All the students were actively participated in the interactive session. Vote of thanks were given by Kum. Ahalam Shajahan, a second year BSc student. A total of 49 members were participated in it .The effective session came to an end at 7:30 pm. This programme was very helpful for the Plus Two students.



Kum. Nayana Joy , a II M.Sc Mathematics student presenting the topic on “Career Opportunities in Mathematics”.



Sree Narayana College, Chathannur
Affiliated to University of Kerala
NAAC Accredited with B Grade



The ED Club of the college organises an Online Hands on Training Session on Hand wash & Mask making on 05/09/2021 @ 3.00 pm .




"SAFETY GOGGLES"



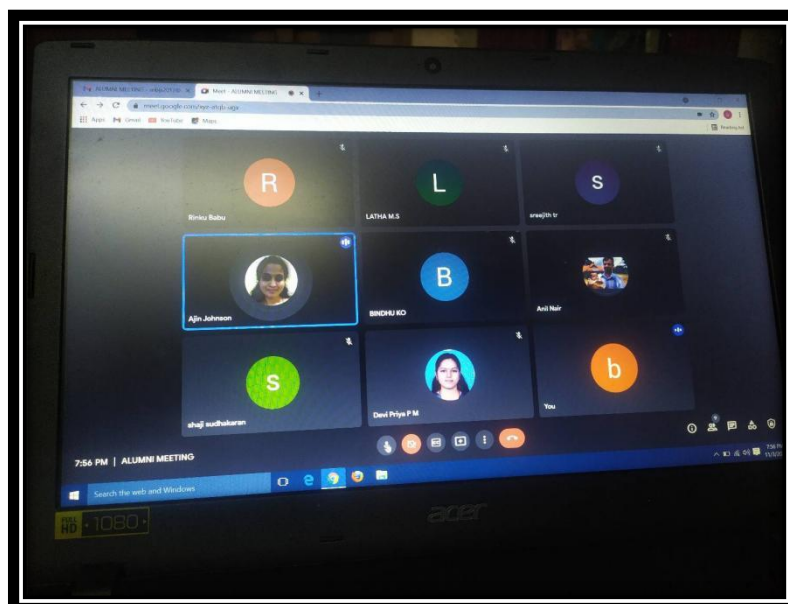
Smt. Saraswathy Radhakrishnan
Trainer

Principal : Dr.M.S.Latha

Coordinator
Smt.Biji.B.

Members :
Dr.Vidhya .RV.
Dr.Parvathy Nand

On 5th September 2021 ED Club of the college organizes an online Hands on Training on Hand Wash making & Mask Making . The Resource person of the programme was Smt. Saraswathy Radhakrishnan. In this workshop the welcome speech was delivered by Smt. Biji .B (Cordinator of ED Club), Presidential address was delivered by Dr. M S Latha (Principal , SN College ,



Chathannur) and vote of thanks was delivered by Dr. Parvathy Nand (Member of ED Club). In this online Workshop 29 students participated

29th march 2022 The Entrepreneurship Development Club in association with Investment Awareness Club organizes a webinar 'Intrapreneuers – A Road map to Successful Organization". The Resource person of the webinar was Dr. Sanitha Kk (Research Associate & Joint Secretary of Kerala Academy Of Social Science). In this webinar the welcome speech was delivered by Smt. Biji B (Coordinator of ED Club), Presidential address was delivered by Dr. M S Latha (Principal , SN College , Chathannur) & vote of thanks was delivered by Dr Parvathy Nand (Member of ED Club). A total of 32 students participated in the webinar. Through this webinar the students realized the role of entrepreneur in the the of a business organization

**SREE NARAYANA COLLEGE
CHATHANNUR**
Investment Awareness Club
Entrepreneurship Development Club
WEBINAR
**Intrapreneuers – A Roadmap
To Successful Organization**

Google Meet

29/03/2022
TIME - 7.00PM

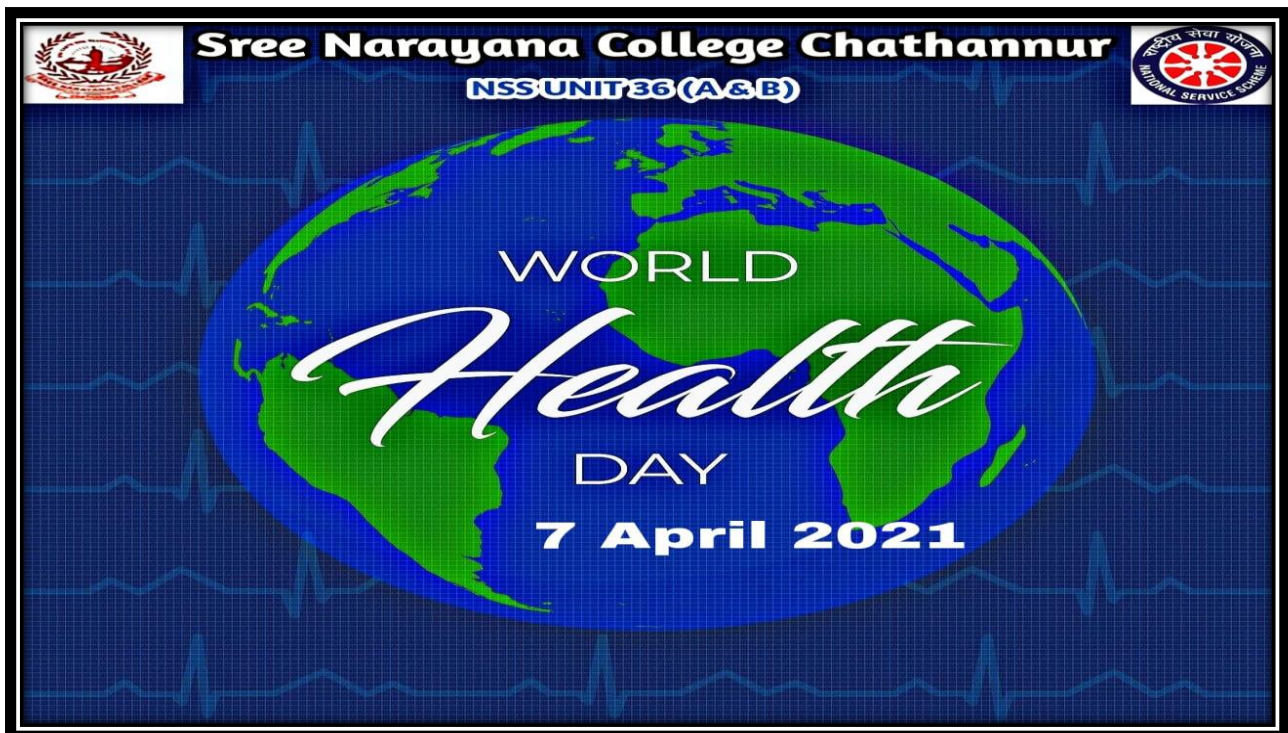
**RESOURCE PERSON
Dr Sanitha K K**

Coordinator : Smt.Biji.B (ED Club)
Members : Dr Parvathy Nand
Dr. Vidya R V

Dr S Vishnu
Coordinator
Dr Parvathy Nand (Member)
(Investment Awareness Club)

2020-21

World Health Day-7 April 2021



The nss unit 36A&B) of Sree Narayana college celebrated the world health day to draw attention to a subject of major importance to global health. An online webinar was conducted where its volunteers shared its happiness marking its 73rd anniversary of its WHO. The program sounds timely at the pandemic period.

WORLD THEATRE'S DAY-27 MARCH 2021



To raise the importance of theatre arts and how they play an important role in the field of entertainment the NSS unit of SN College Chathannur arranged an online programme in google meet where more than 100 students were present.

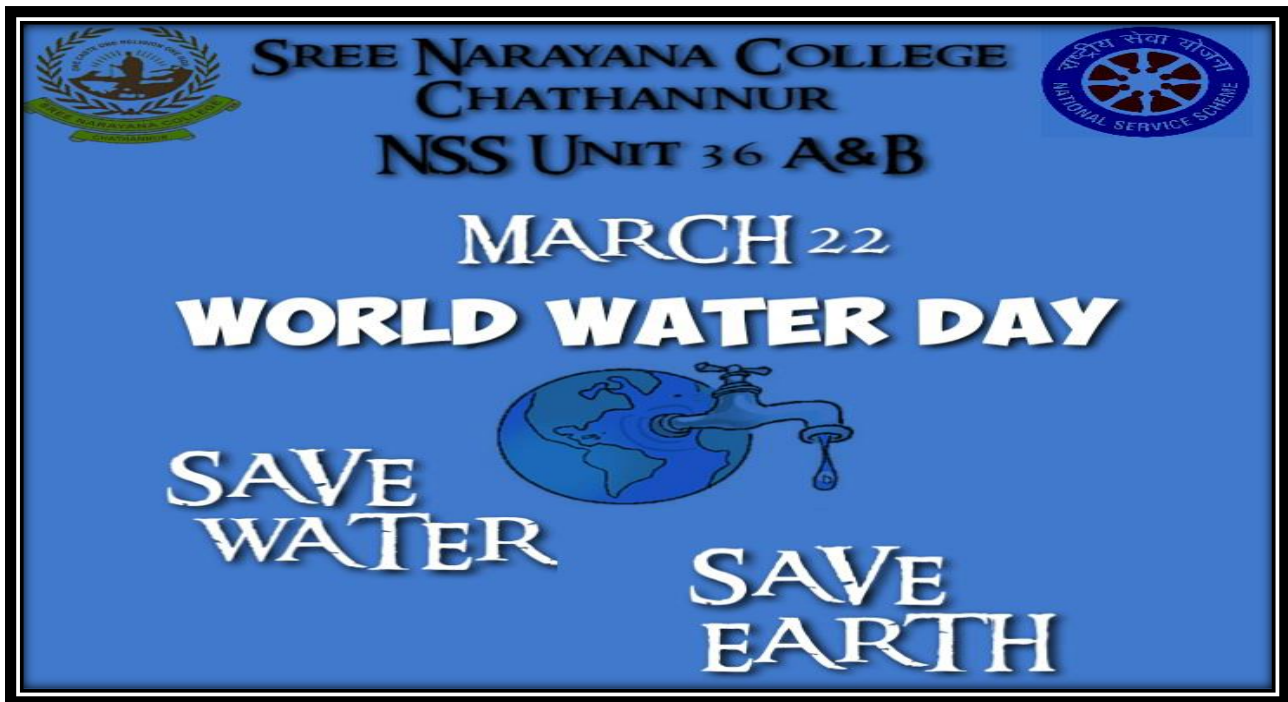
WORLD METROLOGICAL DAY-23 MARCH 2021



WORLD METEOROLOGICAL DAY

To show care the essential contribution of national meteorological and Hydrological services to the safety and wellbeing of society the NSS units of SN Chattannur conducted an online programme via google meet where more than hundred students were benefited.

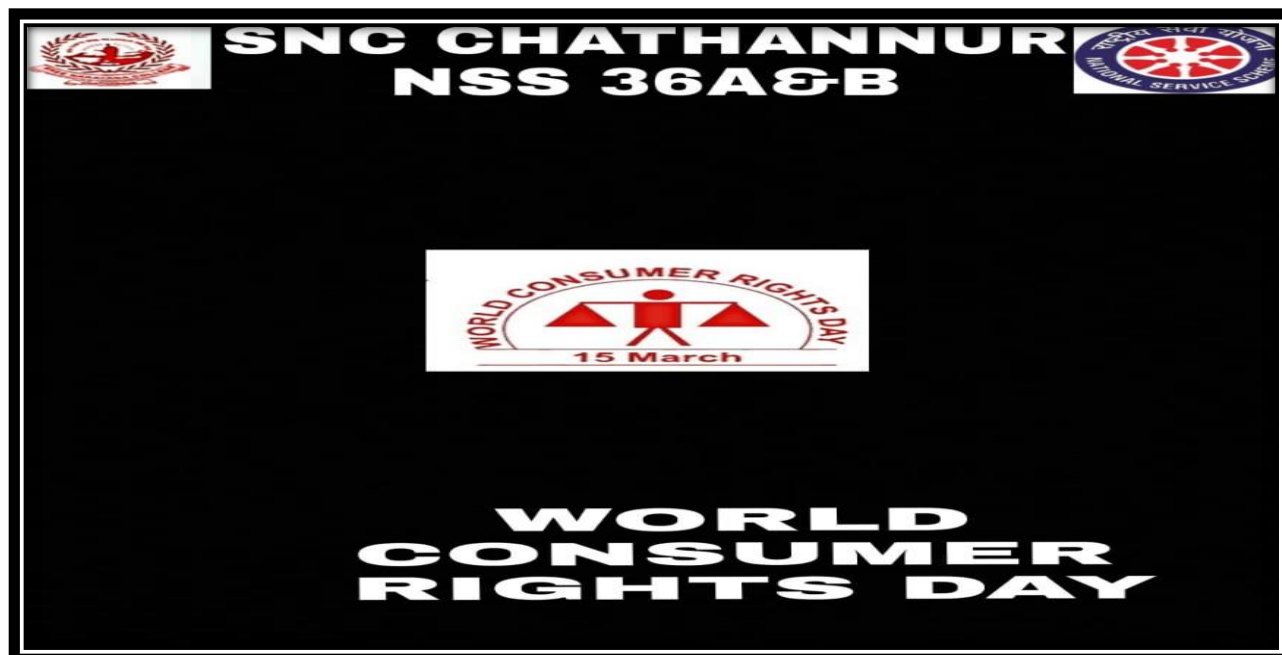
WORLD WATER DAY- 22 MARCH 2021



WORLD WATER DAY

To focus attention on the importance of the freshwater and to raise awareness of the 2 billion people living without access to water the natural service scheme of SN College Chathannur celebrated the world water day on 22 march via google meet .More than 90 NSS volunteers attended the meemeeting

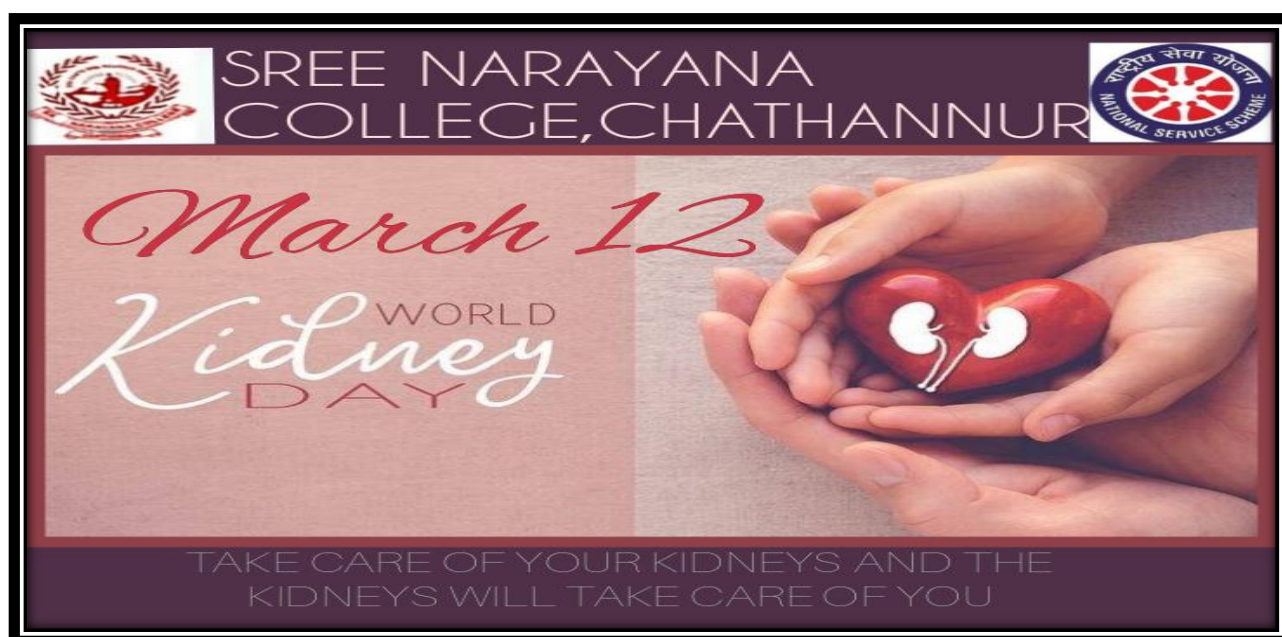
WORLD CONSUMER DAY-15 MARCH 2021



WORLD CONSUMER RIGHTS DAY

To raise awareness about the rights and needs of consumers the national service scheme celebrate of World Consumer Rights day on 15 March 2020 in online form more than 95 students attended the session

WORLD KIDNEY DAY-12 MARCH 2021



WORLD KIDNEY DAY

The NSS units of Sree Narayana College Chathannur celebrated global health awareness campaign focusing on the importance of the kidneys on 12 March 2021. Dr Praveen Namboothiri consultant nephrologist handled a session which was very useful for the students. Link was shared to an adopted village group also.

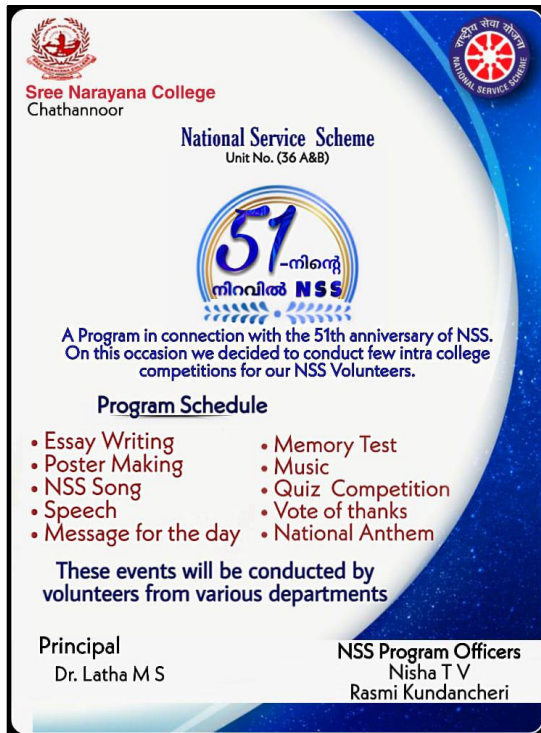
ZERO DISCRIMINATION DAY-1 MARCH 2021



ZERO DISCRIMINATION DAY

To highlight how people can become informed about and promote inclusion, compassion and peace the NSS Units of Sree Narayana College Chathannur celebrated Zero Discrimination Day March 1 2021 via Google Meet. Kollam District Collector Abdul Nasar Bayyil IAS addressed the meet.

NSS DAY CELEBRATION-24 SEPTEMBER 2020



Sree Narayana College
Chathannoor

National Service Scheme
Unit No. (36A&B)

51 -നീണ്ടു
തിരിവിലു **NSS**

A Program in connection with the 51th anniversary of NSS. On this occasion we decided to conduct few intra college competitions for our NSS Volunteers.

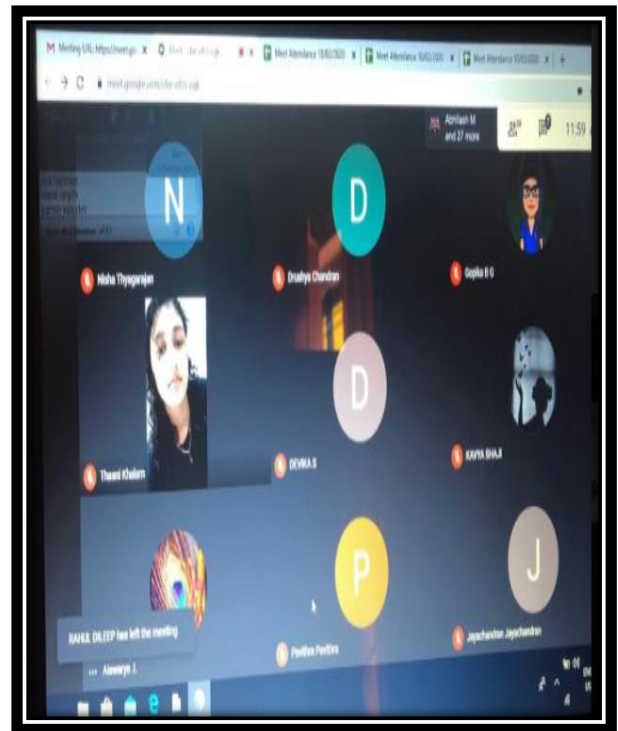
Program Schedule

- Essay Writing
- Poster Making
- NSS Song
- Speech
- Message for the day
- Memory Test
- Music
- Quiz Competition
- Vote of thanks
- National Anthem

These events will be conducted by volunteers from various departments

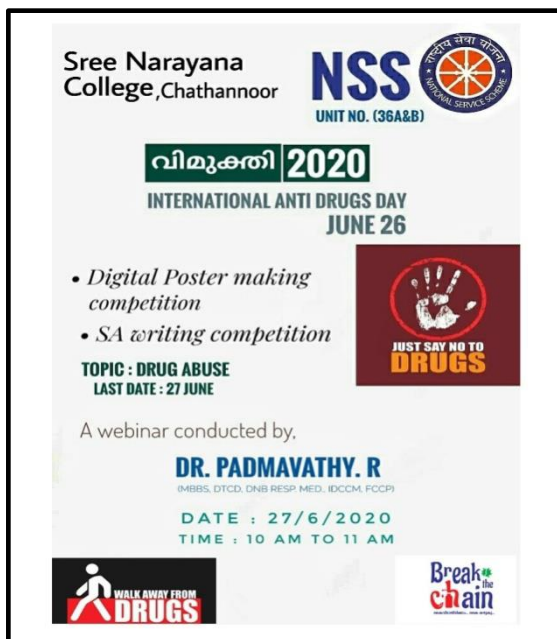
Principal
Dr. Latha M S

NSS Program Officers
Nisha T V
Rasmi Kundancheri



NSS DAY CELEBRATION

As part of NSS DAY celebration Sree Narayana College Chathannur Conducted online quiz competition and story telling event. The NSS programme officers addressed the volunteers and discussed the importance of the day and emphasized on the motto NOT ME BUT YOU



Sree Narayana College, Chathannoor

NSS
UNIT NO. (36A&B)

വിമുക്തി 2020
INTERNATIONAL ANTI DRUGS DAY
JUNE 26

- Digital Poster making competition
- SA writing competition

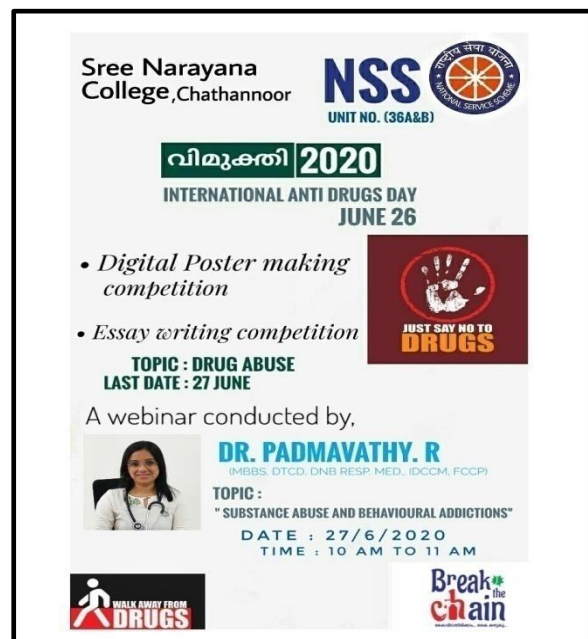
TOPIC : DRUG ABUSE
LAST DATE : 27 JUNE

A webinar conducted by,

DR. PADMAVATHY. R
(MBBS, DTCD, DNB RESP. MED., IDCCM, FCCP)

DATE : 27/6/2020
TIME : 10 AM TO 11 AM

WALK AWAY FROM DRUGS | **Break the chain**



Sree Narayana College, Chathannoor

NSS
UNIT NO. (36A&B)

വിമുക്തി 2020
INTERNATIONAL ANTI DRUGS DAY
JUNE 26

- Digital Poster making competition
- Essay writing competition

TOPIC : DRUG ABUSE
LAST DATE : 27 JUNE

A webinar conducted by,

DR. PADMAVATHY. R
(MBBS, DTCD, DNB RESP. MED., IDCCM, FCCP)

TOPIC :
"SUBSTANCE ABUSE AND BEHAVIOURAL ADDICTIONS"

DATE : 27/6/2020
TIME : 10 AM TO 11 AM

WALK AWAY FROM DRUGS | **Break the chain**

INTERNATIONAL ANTI-DRUGS DAY-26 JUNE 2020

INTERNATIONAL ANTI DRUGS DAY

In order to strengthen action and cooperation in achieving the goal of a world free of drug abuse the NSS UNITS 36[A&B] celebrated the international Anti-Drugs Day on 26 June via google meet. The Assistant Commissioner of Police Mr. Shainu Thomas delivered a wonderful speech on the impact of Drug Abuse on youth which was followed by an interactive session where the students cleared their doubts

WORLD AUTISM DAY-2 APRIL 2021



WORLD AUTISM DAY

To increase the understanding and acceptance of people with autism and the impact it has on the individual, the NSS unit of Sree Narayana college arranged an awareness programme for the students of the college at the seminar hall.

INTERNATIONAL DAY OF FOREST-21 MARCH 2021



The NSS units of Sree Narayana College celebrated International Day of Forest on 21st march to make awareness of its importance of all types of forest and to make them aware that health of forest will bring healthy people.

NCC ANNUAL REPORT 2020-2021

The National Cadets Corps aims at developing a group of trained and motivated youth who provide leadership in all walks of life. Various activities of the academic year 2020-2021 include the following:

Flags were raised in celebration of Republic Day and Independence Day by the NCC unit of Sree Narayana College unit. We constructed a firing range which was one of the proudest movements of the National Cadets Corps unit of Sree Narayana College, Chathannur. During the Covid-19 pandemic, sanitizers and masks were distributed at Varkala Ayiroor Police Station on 21-4-2020. Sanitizers and masks were also distributed to Police Station, Chathannur and District Hospital. Our NCC cadets performed Covid-19 duty at Kollam harbour. 14 NCC Cadets from our unit attended the 'Integrated Government Online Training Programme' (IGOT). 53 Cadets from our unit attended a seminar in connection with International Yoga day at Government HSS Chathannur on 02-10-2020. As per the instruction given by NCC Directorate, 53 Cadets from our unit downloaded Arogya Sethu App. The 'Fit India Freedom Run' commenced on 22 August 2020 and lasted till 02 October 2020. Our 53 Cadets participated in the long run.

FIRING RANGE CONSTRUCTION

1. Firing Range Construction on 05 March 2020 at college campus
Mask and Hand sanitizer distibution
2. Mask and Sanitizer distribution at Kollam Thaluk Hospital, Ayiroor and Chathannur Police Station. NCC officer and 5 cadets participated.



WOMEN'S STUDY UNIT -ACTIVITY REPORT

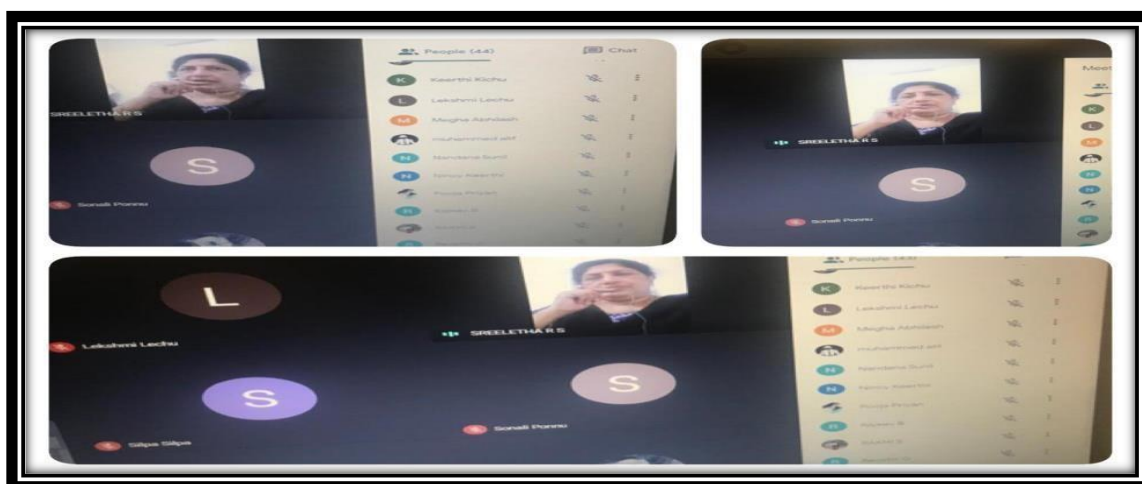
On 21st June 2020 ,Women's Study Unit of Sree Narayana College in association with Internal Quality Assurance Cell has observed International Yoga Day by organising an online yoga session for students through Zoom platform. The main aim of the program was to raise awareness and ignite a passion for fitness and yoga among the students and teachers. The virtual session started with a welcome speech by Smt.Jiji.P,Women's Study Unit coordinator. The session was handled by Ms.Janaki.M.Nair (Idea Star Singer finalist),a well trained yoga disciple of Sri.Rajesh,Sai Foundation,Kollam.The session started with a warm up exercise followed by a brief introduction of Surya Namaskar and its significance of daily practice in our body (from head to toe). The twelve yoga postures of Surya Namaskar were demonstrated with simultaneous breathing instructions that should be followed in each posture. The members have performed various other asanas too that young girls must incorporate into their daily routine that enables them to be positive, happy and healthy. She encouraged the participants to practice yoga regularly to remain fit, control emotions and improve concentration. This virtual session enabled our students to implement successfully this year's yoga hashtag of

'YOGA AT HOME'.

PRACTISING SURYA NAMASKAR



Women's Study Unit of Sree Narayana College, Chathannur in association with Women Protection Office and SAKHI-One Stop Centre, Kollam organised a webinar in the topic Gender Equality on 12.12.2020 at 11 PM via Google Meet. The programme was led by Smt.Sreeletha, Women Protection Officer, Kollam. The webinar emphasise the need of treating all human being equal irrespective of their gender, significance of gender equality and discussed the ill-effects of gender inequality and explained how it adversely affect the global development. Nearly 45 students participated in the webinar. Students got an opportunity to share their gender discrimination experiences and they even raised many questions regarding gender disparities and the resource persons clarified their doubts without any hesitation. Women's Study Unit Convenor Jiji.P proposed the welcome speech and Smt.Divya.B, Assistant Professor of Commerce delivered the vote of thanks in this programme .



SMT.SREELATHA HANDLING THE WEBINAR “GENDER EQUALITY” ON 12.12.2020

Women's Study Unit organised different programmes as a part of International Women's Day . We have simultaneously organised various *Webinars in collaboration with SAKHI: One Stop Centre Kollam (March 8-17)* and a webinar series on Gender Equity titled '*WOMEN LOOKS AHEAD*' in collaboration with

IQAC of our college from March 7 – 24 . The aim of the program was to empower young women force in the campus to achieve thriving milestones of success in their lives and also make them competent to take pertinent decisions

WEBINARS IN COLLABORATION WITH SAKHI: ONE STOP CENTRE, KOLLAM (MARCH 8-24)

Women's Study Unit of Sree Narayana College in association with SAKHI,One Stop Centre,Kollam conducted its first webinar titled''Laws related to Cyber Security and importance of Psycho Social Councelling''on the occasion of International Women's Day on 8 March 2021 in online mode via Google Meet platform at 12 PM. The main objective of this webinar was to alert the attendees about the possible cyber-attacks and crimes that are prevalent during in these days.The webinar witnessed participation from students of all courses and faculty members. The resource persons for the programme were Adv.Neethu Mohan(Caseworker) & Smt.Vishu Mol M (Psycho Social Counsellor) of SAKHI,One Stop Centre,Kollam.In the first part,Adv.Neethu discussed the types of social media crimes like profile hacking, photo morphing, shopping scams, dating scams, information theft and cyber bullying. And also spoke about the Statistics of Cyber crimes in our country and also explained the pathetic situation faced by the victims that they even don't know where to lodge complaints on cyber crimes. The second part of webinar helps the participants in getting an awareness of the significance of Psycho social counselling. They provide the contact number of the officials and offices for registering their complaints if they face such situation.

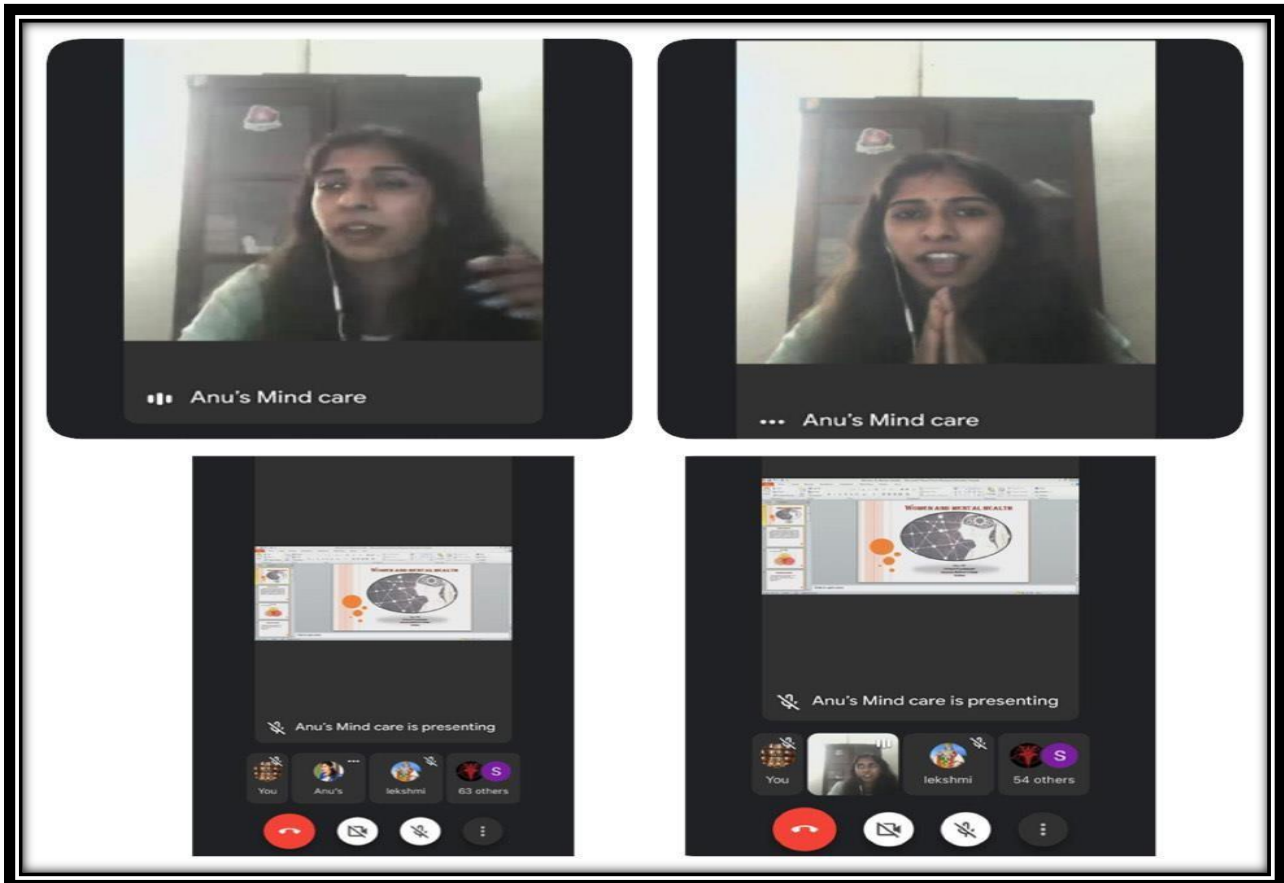
They advised the students to exercise caution while interacting over the web and asked students to enjoy the pleasures of freedom responsibly .

**SMT VISHUMOL AND ADV. NEETHU MOHAN HANDLING THE WEBINAR TITLED
“LAWS RELATED TO CYBER SECURITY AND IMPORTANCE OF PSYCHO SOCIAL
COUNSELLING” ON 08-03-2021**



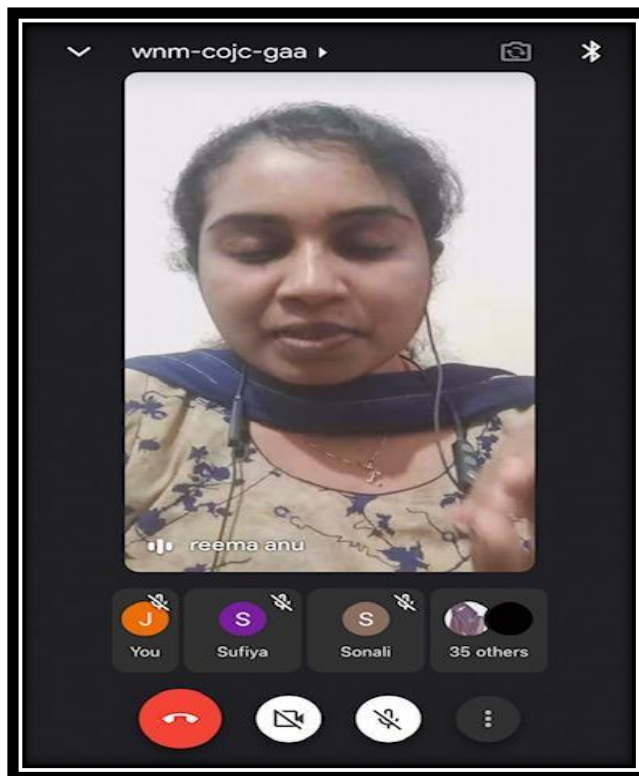
Women’s Study Unit of Sree Narayana College, Chathannur and SAKHI: One Stop Centre Kollam organised its second Webinar on **“Women and Mental Health”**. The webinar was held on 16th March 2021, 12.00 PM – 01.00 PM in Google Meet. **Smt.Anu.U V, Clinical Psychologist, Azezia Medical College, Kollam** was the Resource Person. Nearly 61 participants (Faculty & students) joined the webinar virtually. The webinar started with an introduction to mental health of human and explained how the mental health affects how we think, feel, and act. She also suggests some tips to students for relieving their stress as per the request from students side. It was a very informative session which helped everyone imbibe knowledge of acquiring good mental health.

Smt.Anu U V, Clinical Psychologist handling the webinar titled ‘Women and Mental Health’ on 16-03-2021



Women's Study Unit of Sree Narayana College, Chathannur and SAKHI: One Stop Centre Kollam has jointly organised its third Webinar on the topic "Personality development" The webinar was held on 17th March 2021, 11.00 AM – 12.00 PM in Google Meet platform. Smt.Reema.B.S, Rehabilitation Psychologist, Akkara Foundation Centre for Child Development, Kasargod was the resource person. The resource person discussed in detail how an outgoing and impressive personality will enhance the quality of learning of students and explained in detail the need of improving certain traits and how it contribute to overall personality. She also explained in detail how personality determines future professional success and the overall attitude towards one's life. She also discussed how Personality development of students instills them to face the world confidently. Nearly 40 participants (Faculty & students) joined the webinar virtually. After the presentations, the resource person responded to all questions from the participants.

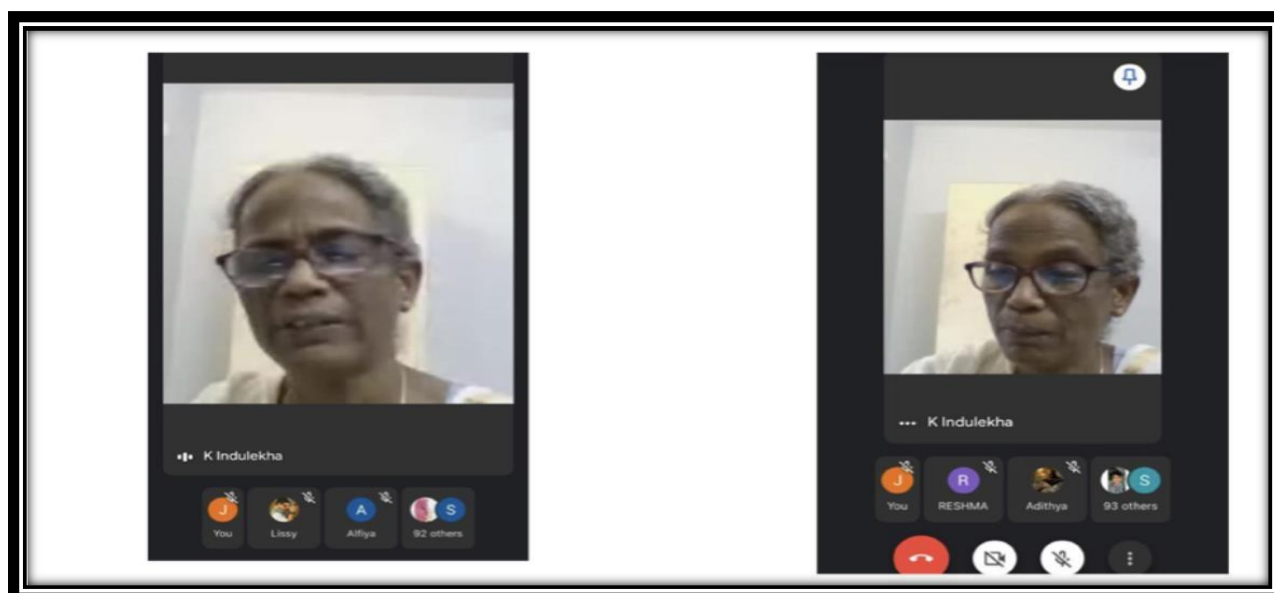
**SMT.REEMA.B.S,REHABILITATION PSYCHOLOGIST HANDLING THE WEBINAR
TITLED ‘PERSONALITY DEVELOPMENT ON 17-03-2021**



**WEBINAR SERIES ‘GENDER EQUALITY-WOMEN LOOKS
AHEAD (MARCH 7-24)**

The Women’s Study Unit in collaboration with the Internal Quality Assurance Cell of Sree Narayana College Chathannor has organised a webinar series on Gender Equity titled “**WOMAN LOOKS AHEAD**”, which was formally inaugurated by the Principal,Dr.M.S Latha via Google meet on 7 March 2021 at 6.00 PM. The aim of the program is to empower the young women force of our institution by giving them opportunities to interact and to listen the talks of eminent personalities in India and abroad. Smt.Jiji.P, the program coordinator gave a welcome address.The other members of Women’s Study Unit Smt.Muthu.S,Smt.Divya.B,Dr.Vidhya were also present.The first programme of the series started after the inaugural ceremony by a talk on “**Women and Higher Education**” .All the members of Women’s Study Unit and all faculties had attended the programme. The weminar was handled by **Dr.K.Indulekha** ,Professor School of Pure & Applied Physics , M G

University, Kottayam. She started the programme by giving a brief introduction on women and her importance on the society. This programme created awareness among the participants about how higher education promote women in her life. Also elucidated the current status of the participation of women in higher education (students & faculty) in our State and explained in detail how girls can tackle the major issue of unemployability even after acquiring high degrees. Nearly 91 students participated the webinar . After the presentations, the resource person responded to all questions from the participants. In the end, Dr. Vidhya, Assistant Professor of Chemistry offered a vote of thanks to the invited guest and all the participants for gracing the occasion by their solemn presence



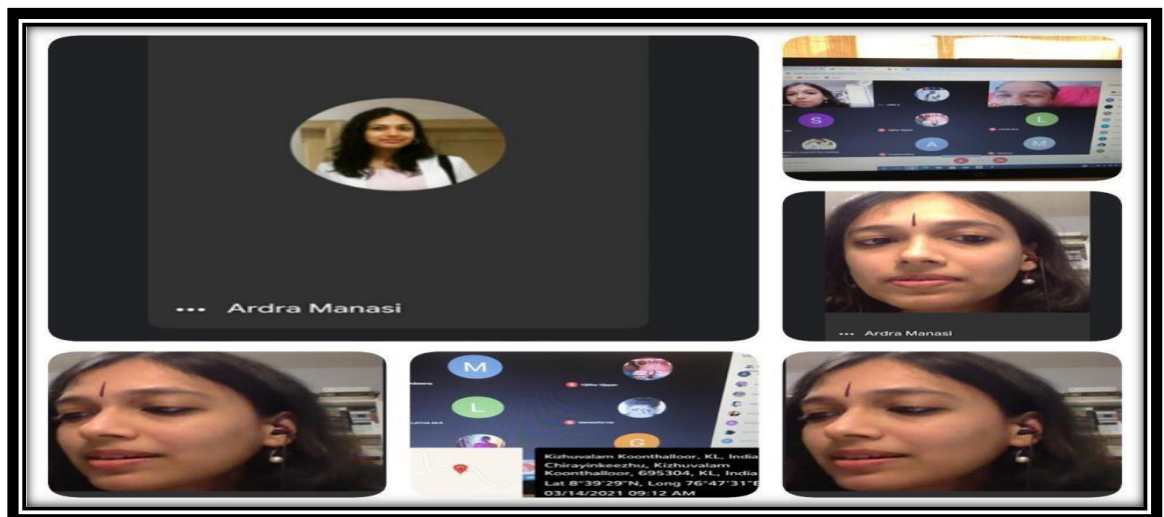
**DR.INDULEKHA HANDLING THE FIRST WEBINAR“WOMEN AND HIGHER EDUCATON”
ON 07.03.2021**

Women’s Study Unit of Sree Narayana College conducted its second online webinar as part of webinar series in the topic entitled “**ENGENDERING GOVERNANCE IN THE CONTEXT OF COVID-19**” on 8 th March 2021 at 6 PM .The session was handled by K.B.Valsala.Kumari ,Former IAS Officer Pathanamthitta. This programme created awareness among the participants about how governance can promote a women’s life in the society. She talked about the great women leaders from various parts of the world and also told about the great women warriors who efficiently handled this COVID -19 pandemic scenario.

**SMT.VALSALA KUMARI SHARING SCREEN DURING THE WEBINAR
“ENGENDERING GOVERNANCE IN THE CONTEXT OF COVID-19”**



Women’s Study Unit of Sree Narayana College organised its third webinar as part of webinar series in the topic **“THE IMPACT OF COVID-19 ON WOMEN’S LIVES”** on 14th March 2021 at 9.00 AM via Google Meet platform. The webinar was handled by Smt .Ardra Manasi ,Development Practitioner and Writer in New York. This programme created awareness among the participants about the life of women during COVID-19. She talked about both the positive and negative impact of COVID-19 in the life of a woman. The programme was an interactive one which provided a platform for the participants to share their experience and views on this topic as well .

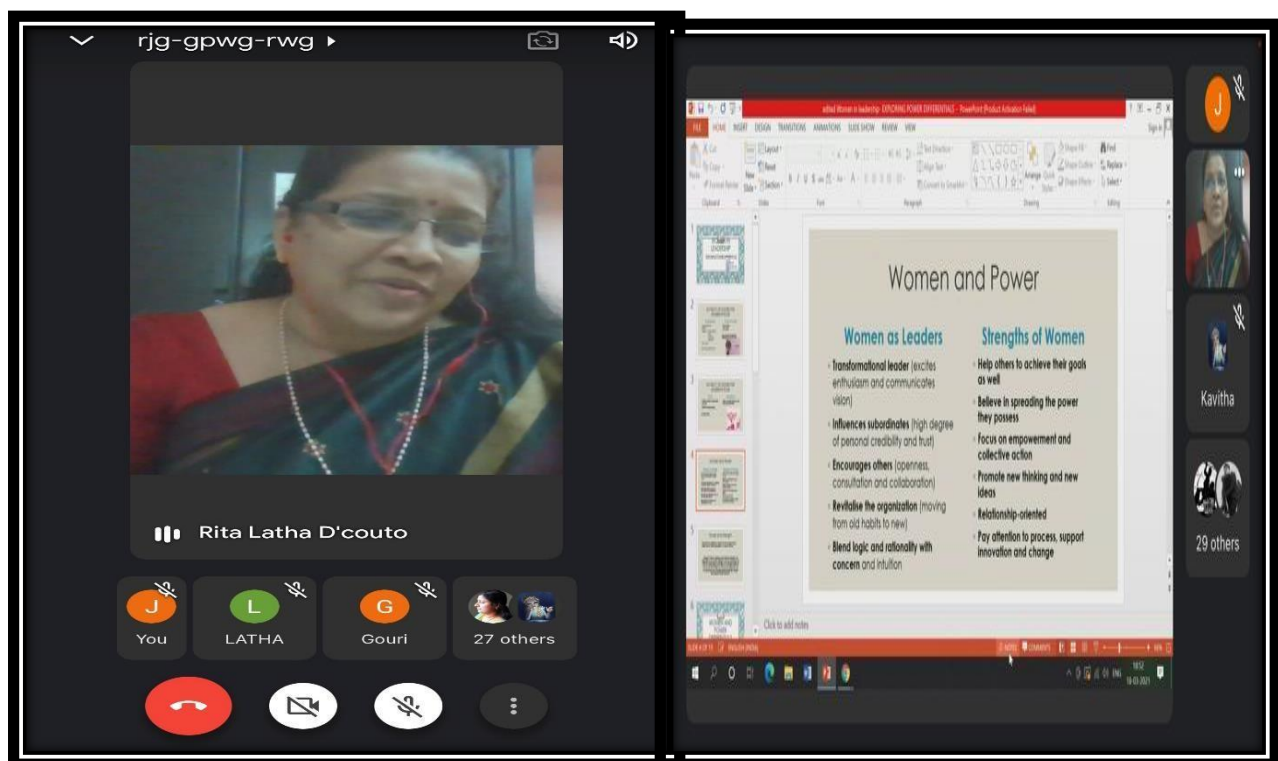


SMT.ARDRA MANASI HANDLING THE WEBINAR TITLED“THE IMPACT OF COVID-19 ON WOMEN’S LIVES” ON 14TH MARCH 2021

Women's Study Unit conducted its fourth webinar as part of webinar series on the topic entitled '*Women and Leadership: Exploring Power Differentials*' . The Webinar was held on 17 th March 2021, 6.30PM -7.30 PM in Google Meet platform.

Dr.Rita Latha D'Couto,Principal,St Joseph's College for Women,Kollam was the resource person. The webinar helps to inform the participants that Women as leaders and decision-makers at all levels are critical to advancing gender justice and gender equality—and to furthering economic, social, and political progress for all. She also spoke on the suitability of women for leadership role and also explained the power differentials .And also explained that if women are meaningfully represented and engaged in leadership bodies then the laws, rulings, and decisions are more likely to be inclusive, representative, and take diverse views into account. And also elucidate that countries with a greater proportion of women as top decision- legislatures have lower levels of income inequality.This session definitely motivates and encouraged all the participants to hold more executive leadership positions in their future life. After the presentations, the resource person responded to all questions from the participants.

**DR.RITA LATHA D'OUTO SHARING SCREEN DURING THE WEBINAR
"WOMEN AND LEADERSHIP: EXPLORING POWER DIFFERENTIALS"**



Women's Study Unit conducted its last webinar as part of webinar series on the topic entitled ***'ENTREPRENEURSHIP AND ETHICS: REPUTATION AS A DIFFERENTIATOR'*** by ***Smt.Jija Mahadevan Harisingh*** (Former Director General of Police Bangalore Urban, Karnataka India) on 24th March 2021 at 6PM via Google Meet. Almost 100 students participated in the open discussion. Smt.JIJA MAHADEVAN discussed about some leading eminent women personalities and their vast presence as women entrepreneurs which has led to the change in the demographic characteristics of business and economic growth of the country. The webinar was very informative and well organised. It motivated the students much more rather than usual conversation.



**SMT.JIJA MAHADEVAN SINGH HANDLING THE WEBINAR
ENTITLED“ENTREPRENEURSHIP AND ETHICS: REPUTATION AS A
DIFFERENTIATOR “ ON 07.03.2021**

Women's study unit plays an active role in the institution by empowering the girls, fostering cordial relations among the student community and thus creating an ambiance of amity and cordiality in the campus. WSU provides motivation, instills confidence, creates awareness regarding legal and gender rights and empowers them to take the right decisions in life and career, thereby molding them into resilient individuals and responsible citizens.

NATIONAL SCIENCE DAY CELEBRATION ON 28TH FEBRUARY 2021

As like every year, for commemorating the discovery of Raman Effect by the Indian veteran Nobel laureate Sir. C V Raman, this year also Science club of Sree Narayana College Chathannur celebrated National Science day on 28th February 2021. The theme of 2022 National science event was 'Integrated Approach in Science and Technology for a Sustainable Future'. As per the theme, this year's science day events were organized to impart scientific thinking among students for a sustainable future by integrating science and technology. Essay writing and on line poster design competition were conducted in this regard. Students presented many interesting and innovative ideas through their creative works.

SREE NARAYANA COLLEGE CHATHANNUR

Science club organizes

**NATIONAL SCIENCE DAY
CELEBRATION**

Program Highlights:

- Essay Writing & Poster Design Competition on 28. 02.2022
- Talk on the topic "Chemistry of Fragrance- Sustainable Utilization of Plant Diversity for Human well being" by Dr. Sruthy B on 09.03.2022 @ 11 am, Venue: Seminar Hall

Theme for Essay writing & Poster Design
"Integrated Approach in Science and Technology for a Sustainable Future"

Participants can submit their Essays & Posters from 28.02.2022, 10 am onwards to the email id: [<sncnrchemistry@gmail.com>](mailto:sncnrchemistry@gmail.com).
Essay & poster submission closes @ 10 pm on 01.03.2022.

Coordinators & Science Club Members:



• Dr. Vidhya R.V.	Dr. M. S. Latha	Dr. N. B Sreekala
• Ms. Muthu S.	Principal	HoD
• Ms. Bhavyasree P.G.		Dept. Of Chemistry

RED RIBBON CLUB
ANNUAL REPORT 2020-2021

Red Ribbon Club is a movement started by the Government of India in schools and colleges through which students will spread awareness over HIV/AIDS. Red Ribbon Clubs are envisaged to instill among all the students the value of service, promote healthy life style and increase access to safe and adequate quantities of blood to all the needy by promotion of regular voluntary blood donation.

Club have certain objectives such as ;To reduce new occurrence of HIV infection among youth through awareness of HIV prevention method ,to induce the spirit among youth to help and support the people living with HIV /AIDS, to promote voluntary blood donation among youth. To achieve this objectives, a number of activities were conducted in the college as part of the Red Ribbon Club.


As Part of World Health Day on 14/06/2020 Red Ribbon Club organised a webinar on the topic 'Thyroid in adolescence' and the session was led by Dr Arun Mohan M(Consultant and Head, Department of Radiodiagnosis,SUT Hospital Pattom,TVM) Around 90 students and teachers participated in this webinar. Students raised many questions regarding the topic and the doctor clarified their doubts .Programme convenor Nisha.T V delivered the welcome speech and student's representative Sufiya delivered vote of thanks.

SREE NARAYANA COLLEGE CHATHANNOOR
Red Ribbon club
World Blood Donor Day
June 14 2020
Programmes
Welcome speech
Smt.Nisha T V
Presidential Address
M.S Latha (Principal)
 **Awareness class**
Time : 11 am
Topic : Thyroid in Adolescence

Dr Arun Mohan M
Consultant and Head
Dept of Radiodiagnosis
SUT HOSPITAL PATTOM
TRIVANDRUM
Vote of Thanks
Sufiya

CHILDREN'S DAY

As part of Childrens Day on 14/11/2020 organised a counseling class for student's mental support.The counseling class led by Dr.Lal chand,Assistant Professor psychiatry,at Govt mrdical college TVM,was indeed an informative class for the students on the queries that pop up in their day to day life.

"Stress Management"



Resource Person

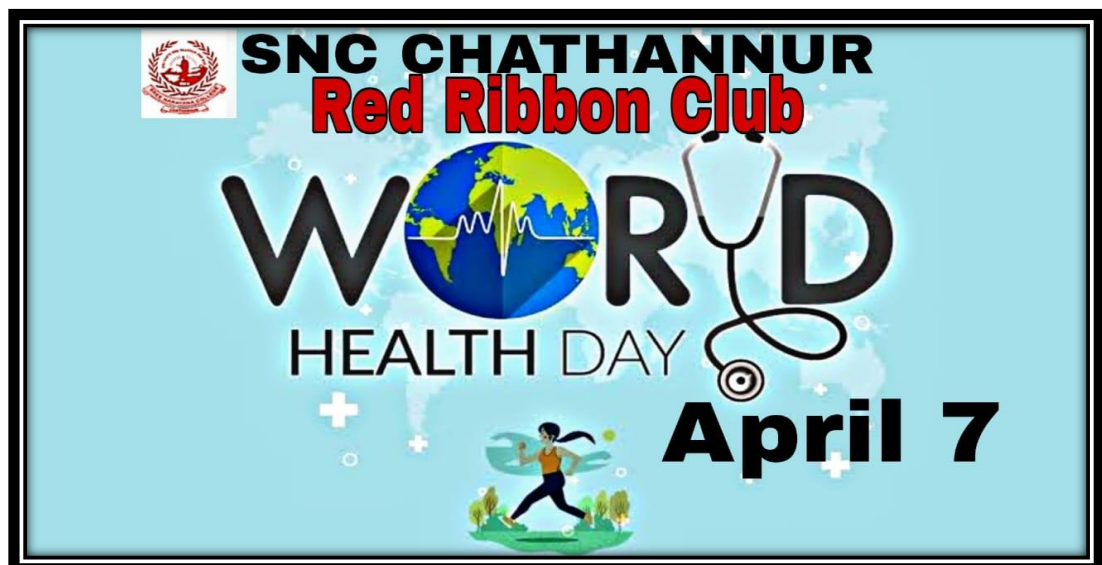
Dr. A Lallchand
Assistant Professor of Psychiatry
Govt. Medical College, Trivandrum

Topic : Depression, Stress Management
and Exam anxiety

Date	Time	Platform
14 th November, 2020	3 PM to 4 PM	

WORLD HEALTH DAY

As part of World Health Day on 07/04/2021, students also was given awareness via the online platform through poster making.



AIDS DAY

On AIDS Day (1/12/2020) students lit lamps to announce their presence as a beacon for AIDS patients.



We also organised a webinar on 24 -12-2020 on the topic "FIRST AID" and the session was led by Dr .Padmavathy.R (MBBS. PTCD ,DNB,RESP,MED Gold Medallist)IDCCM ,FCCP) consultant pulmanologist &intensivist,S K Hospital and spring garden medical centre ,TVM . Around 68 students and teachers participated in this webinar. Students raised many questions regarding drugs abuse and the doctor clarified their doubts without any hesitation

"കൗതുകകരമായ കമ്പ്യൂട്ടറുകൾ"
Proudly Organises a Webinar
"First Aid"

Resource Person



Dr. Padmavathy R
(MBBS, DTCD, DNB RESP. MED. (GOLD MEDALIST) , IDCCM, FCCP)
• Consultant Pulmonologist & Intensivist
Spring Garden Medical Centre - Trivandrum
• Social Health Activist & Public Speaker - Against tobacco substance abuse and new age behavioural addiction. Did awareness sessions for more than 20000 students of school & college across Trivandrum. Numerous TV/Radio program, Media articles, Journal Publications.

Date : 24/12/2020 **Time : 3 - 3:45 PM**


BLOOD DONATION

ON 31/03/2021 ,Second DC student Akhil became a role model by donating blood on his birthday.



On 21/4/2021,First Bcom Degree student PAVAN become model by donating blood during covid period.





**SREE NARAYANA COLLEGE
CHATHANNUR**

**An Outreach Programme by Department of
Mathematics**

*A Webinar on
Opportunities of Mathematics*

**Presented by
II M.Sc Students**

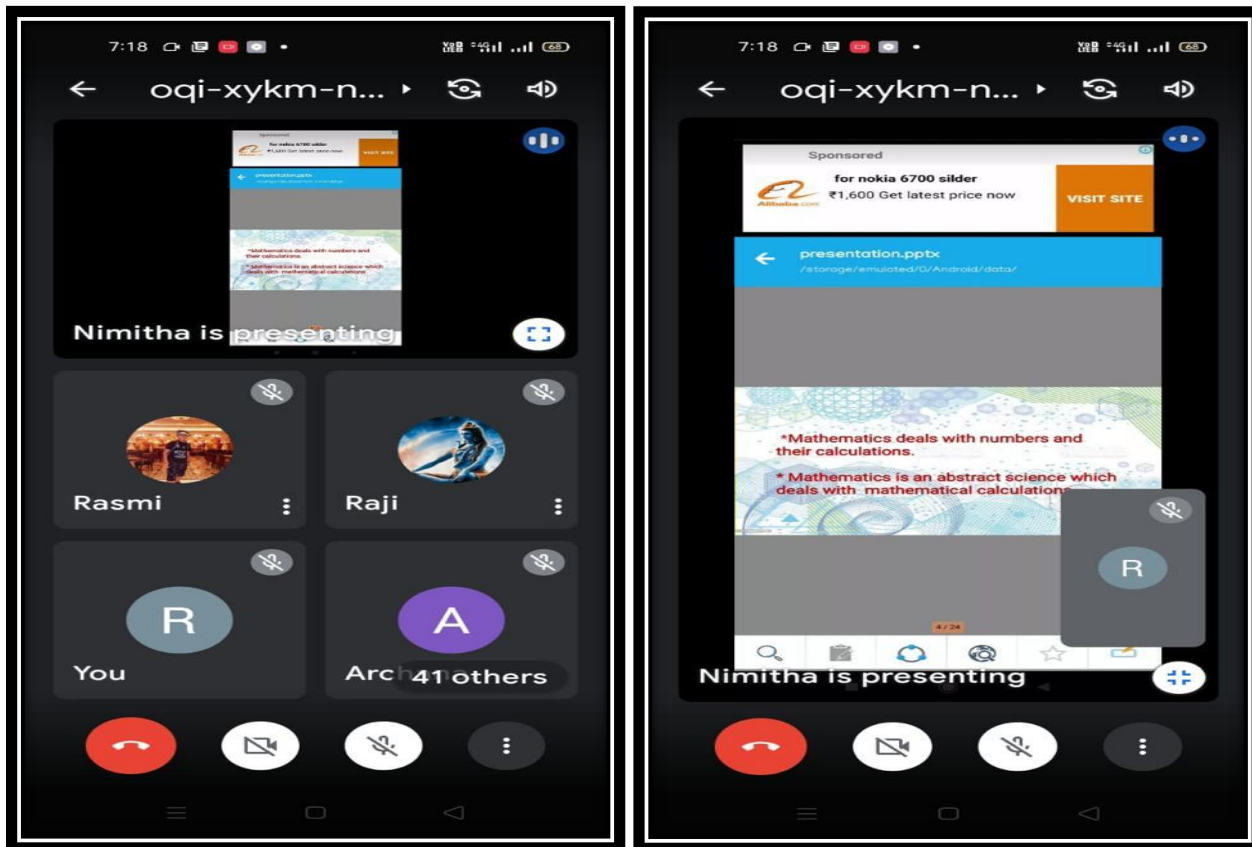
Date : 22.02.2021
Plat form : Google meet Time : 6.00 PM

Welcome Speech : Dr. Rani Rajeevan
Presidential Address : Dr. M. S. Latha
Presentation : Nimitha G S (II M.Sc)
Vote of thanks : Archana. (Plus two student)

We are organising a webinar to familiarise the opportunities of Mathematics in association with S. N Trust's Higher secondary school, Chathanur

Dr. Rani Rajeevan
HOD & Convenor

Dr. M S Latha
Principal



The Post Graduate Department of Mathematics conducted a webinar on **“Opportunities of Mathematics”** on 22nd February 2021 at 6.00 pm via

Google meet. It was an outreach programme coordinated by second year M.Sc Mathematics students for the outgoing students of Sree Narayana Trust’s Higher Secondary School. Dr. Rani Rajeevan , HOD and Assistant professor of Department of Mathematics delivered the welcome speech. The presentation was carried out by Kum. Nimitha G S, a second MSc Mathematics student. All the students were actively participated in the interactive session. Vote of thanks were given by Kum. Archana, a plus two student. A total of 48 students were participated in it .The effective session came to an end at 7:30 pm. This programme was very helpful for the Plus Two students.

Kum. Nimitha G S, II M.Sc Mathematics student presenting the topic on Opportunities of Mathematics

NCC ANNUAL REPORT 2019-2020

NCC plays an important role in developing qualities of leadership and patriotism among the youth various activities of the academic year 2019-2020 include the following:

As part of the celebration of Republic day and Independence day in our College NCC Cadets held a flag hoisting ceremony. Various flood relief activities and fund contribution was successfully completed by our NCC unit. Observing International Yoga day, we attended the yoga practice and held a cleaning drive at Kollam beach with our 30 NCC Cadets. An awareness programme on AIDS was conducted by the NCC unit in our college. A blood donation camp was conducted by our NCC unit on 10-12-2019. 'Swatchatha Hi Seva Hai', an awareness rally was organised by our NCC unit on 11-12-2019. As part of this programme, we also organised a seminar and initiated a cleaning drive at the Chathannur KSRTC Bus station. 43 NCC cadets were present.

FLOOD RELIEF FUND COLLECTION AND DISTRIBUTION

1. Flood relief activities and fund contribution done by NCC Unit 14 August 2019. 30 cadets and NCC officer were participated.



FLAG HOSTING



2. Independence Day Celebration and Flag Hosting on 15 August 2019. Prof. Binoy S hosting the flag. NCC officer and 45 cadets were participated.

YOGA DAY CELEBRATION AT KOLLAM BEACH



3. Attend International Yoga Day Celebration activities and Meeting at Kollam Beach on 2 October 2019. Programme conducted by kollamg group. 30 cadets were presented in that programme.

AIDS DAY AWARENESS SEMINAR



4. AIDS Day awareness Seminar conducted on 10 December 2019. ANO Maj.Dr.Subhash Chandran conducted the seminar and 45 cadets were participated.

SWACHATHA HI SEVA SEMINAR



S

6. Swachatha Hi Seva Seminar conducted on 11 December 2019. ANO taking the seminar and 40 cadets participated.

CLEANING PROGRAMME AT CHATHANNUR KSRTC DEPO



7. A cleaning programme conducted at KSRTC Depo Chathannur on 11 December 2019. 53 cadets participated.

FLAG HOSTING



Republic Day celebration and Flag hosting on 26 January 2020. Prof Resmi hosting the flag. ANO and 50 cadets participated the programme.

WORLD ENVIRONMENT DAY 2021 CELEBRATION ON 5TH JUNE 2021.

Science club and Department of Chemistry jointly organized a webinar on World Environment day, 5th June 2021. The theme of this year's World Environment Day was Ecosystem Restoration. On this regard, a webinar was organized on this day to provide awareness among students for the need of restoring and recovering ecosystems. The Resource person for the event was Dr. C. T. Aravindakumar, Pro Vice-Chancellor, Mahatma Gandhi University. Professor, School of environmental sciences and the webinar was conducted through Google Meet platform. Dr. M S Latha, Principal, and Dr. N B Sreekala, the head of the chemistry department, spoke at the event. The resource person, Dr. Aravindkumar delivered the talk on the topic "Sustainable Development in Ecosystem Restoration".

SREE NARAYANA COLLEGE, CHATHANNUR

Department of Chemistry

WORLD ENVIRONMENT DAY CELEBRATIONS 2021

A webinar on
"Sustainable Development in Ecosystem Restoration"

RESOURCE PERSON



Dr. C.T. ARAVINDAKUMAR
Pro Vice-Chancellor, Mahatma Gandhi University
Professor, School of Environmental Sciences

on **05-06-2021**
at **11.00 am**

Platform 

ORGANIZING COMMITTEE
Dr. M . S LATHA (PRINCIPAL), Dr. N . B SREEKALA (Convener), Ms. MUTHU . S & Dr. VIDHYA R . V (Co-ordinators)

OZONE DAY CELEBRATION ON 16TH SEPTEMBER 2021

World ozone day is being celebrated on 16th of September every year by Science club of Sree Narayana College Chathannur, to spread the awareness in young minds about the importance of ozone layer, what are the factors that cause its depletion and what may be the possible solution for protecting our ozone layer. Every year, Science club organizes the activities for the ozone day, in such a way to instil scientific temperaments and research attitude among students regarding possible preventive measures and solutions for ozone layer protection. In 2021 also Science club in association with Department of chemistry organized science day celebration and theme for the program was “Montreal Protocol -'Keeping us, our food and vaccines cool”. Online quiz and Essay writing competition were conducted in this regard on the topic “Ozone for Life”, and received many thought provoking and interesting ideas through their essays. Science club always attempts to support students by organizing such type of events in order to inculcate ideas and improve scientific views among the students.

The poster is divided into two main vertical sections. The left section has a red background and contains the college's logo at the top, followed by the name 'SREE NARAYANA COLLEGE CHATHANNUR' and 'DEPARTMENT OF CHEMISTRY'. Below this is the theme: 'Theme 2021- Montreal Protocol- Keeping us, our food and vaccines cool'. The right section has a dark blue background with a globe held by two hands. It features the text 'WORLD OZONE DAY 2021' at the top, followed by 'ONLINE QUIZ & ESSAY WRITING COMPETITION' and the date '16/9/2021'. The topic 'Topic: Ozone for Life' is written in large white letters. At the bottom, it lists the 'Principal' (Dr. M.S Latha), 'H.O.D' (Dr. N.B Sreekala), and 'Coordinators' (Ms. Muthu.S, Dr. Vidhya R.V & Dr. Shaiju. P).

WORLD OZONE DAY 2021

ONLINE QUIZ & ESSAY WRITING COMPETITION
16/9/2021

Topic: Ozone for Life

Principal
Dr. M.S Latha

H.O.D
Dr. N.B Sreekala

Coordinators
Ms. Muthu.S, Dr. Vidhya R.V & Dr. Shaiju. P

SREE NARAYANA COLLEGE CHATHANNUR
DEPARTMENT OF CHEMISTRY

Theme 2021- Montreal Protocol- Keeping us, our food and vaccines cool

NATIONAL SERVICE SCHEME

ANNUAL REPORT

2019-2020

In the academic year 2019 as well, the NSS unit of our college organised many different and vibrant programmes. The campus of the college was cleaned in advance of the opening of the college in the month of June. The World Environment Day was duly observed by planting saplings in the college campus and homes. Our college unit has organised many programmes related to food donation with the aim of giving a small helping hand to the needy people living around us. As part of this, for the first time, our volunteers visited 'Tanal' an old age home in Keralapuram where they were fed and spend a day with them. Apart from that, our volunteers have also actively participated in Nanmamaram scheme implemented with the aim of giving food to the patients of RCC in Trivandrum once in a month. Our volunteers visited Anandhatheeram, rehabilitation centre for mentally challenged students near the college and provided food items to them. In association with IMA and Parippally Medical College, blood donation camp was organised two times in the campus and many volunteers donated blood. Volunteers have visited adopted village several times as part of social survey. During the visit awareness was imparted in each house about environment maintenance and mosquito control method. Cloth bags were also distributed to villagers with aim of encouraging cloth bags to replace plastic bags. In 2019 when there was a flood in Kerala, volunteers visited the affected areas and provide assistance to the needy. A collection centre was opened in the college with aim of providing essential items to the victims. Teachers, non teachers and volunteers participated in this effort and collected items were handed over to Kollam District collector in the presence of college principal. Annual seven days camp of NSS was organised in Uliyanad school in December and it was officially inaugurated by Dr.Anitha Sankar, former principle of SN College, Kollam. Health awareness, leadership training, cleaning activities, cultural programmes and social interaction programmes were included in the agenda of seven days camp. Many agricultural activities were organised at college with the object of promoting agriculture and bringing young generation closer to agriculture. Volunteers participated in Tapioca and Paddy harvesting conducted in our adopted village. The NSS unit in association with all departments of college organised a food fest in a colourful way. NSS unit of the college and Kollam Pain and Palliative care unit have jointly started a palliative care unit in the college. Pain and Care Trust Kollam head Dr.Jayasree inaugurated the event. As part of anti alcohol/drugs awareness programme, the volunteers of our college organised a street drama entitled Vimukthi. When the pandemic of Covid 19 broke out in March, volunteers of our college participated directly and indirectly in many activities related to it. Sanitizer was manufactured by college itself and distributed the same to police station, auto stand, bus station and other public places.

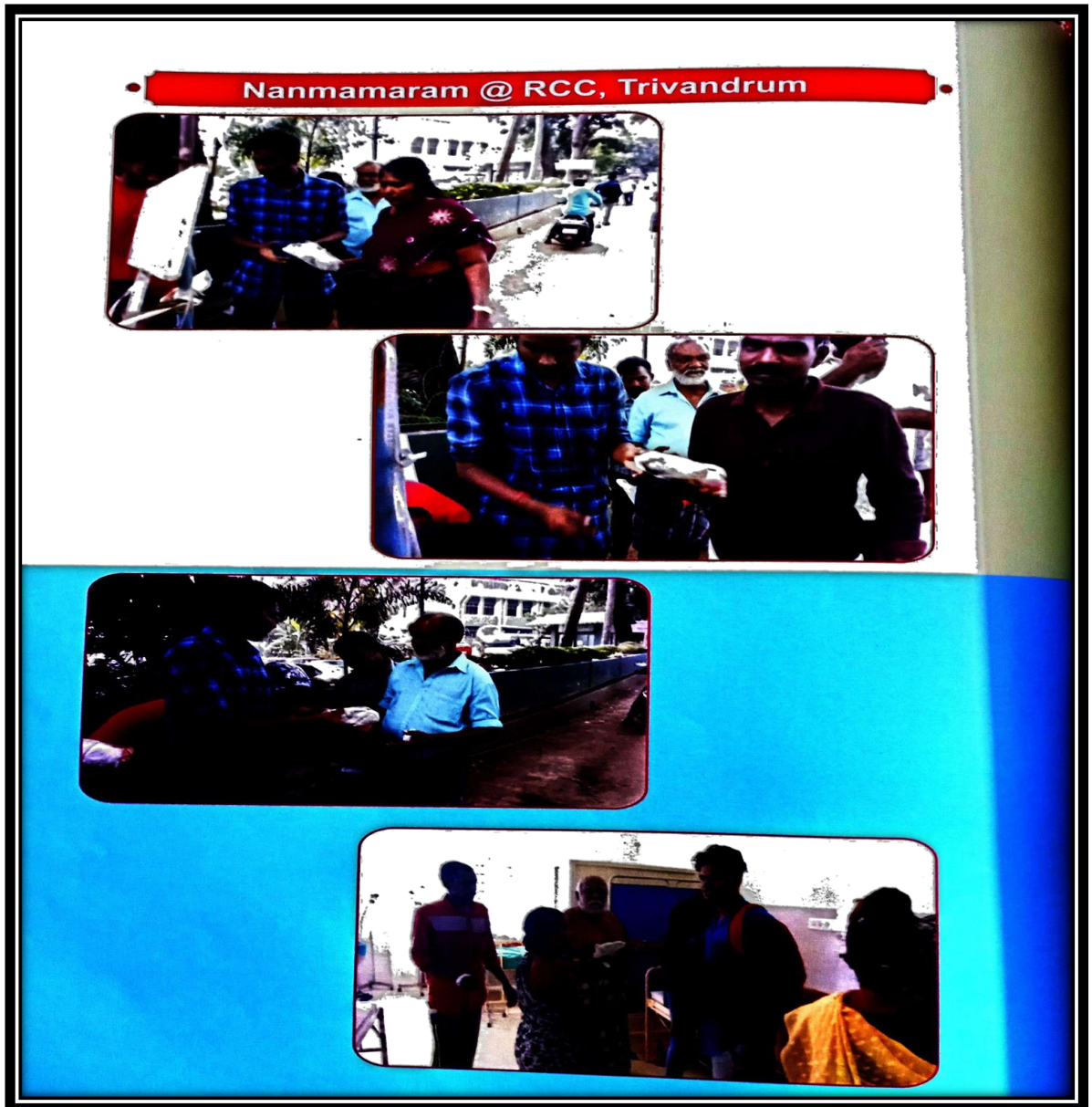
Covid-19



Covid-19



Mask and Sanitizer distribution at campus, Public places, Police station ect., on 16/03/2020. NSS Co-ordinator and 15 volunteers participated on this programme.



NSS

Sanitizer making in association with Department of Chemistry and inauguration of its distribution done by college Principal Dr M S Latha.

Food distribution at RCC Trivandrum



Food distribution at Thaluk hospital Paravoor

Vimukthi-Skit Presentation



Vimukthi drugs awareness programme

Social and Economic survey @ adopted village and cloth bag distribution



Swachh Bharath Abhiyan @ PHC, Chathannoor



Hospital cleaning as part of Swachh Bharath Abhiyan

Camp Activities



വാർഷിക സപ്തദിന ക്യാമ്പ്

കൊല്ലം : പാതാമന്തലം ശ്രീനാരായണ കോളേജിലെ നാഷണൽ സർവീസ് സെൽ കമ്മിറ്റിക്ക് ആഭിമുഖ്യത്തിൽ സംഘടിപ്പിച്ച അന്യ വാർഷിക സപ്തദിന ക്യാമ്പിന് ഉദ്ദേശ്യകാലാവസ്ഥയോടനുസരിച്ച് ഹൈസ്കൂളിൽ തുടരുകയായി. മുൻ സ്പോർ്റ് എൻ. എസ്. എസ്. ഓഫീസിലും വടക്കേവീള എസ്. എൻ. കെ. കോളേജിലുമായി പ്രിൻസിപ്പലായ ഗോ. സി. അനിതാശങ്കർ ഉദ്ഘാടനം നിർവ്വഹിച്ചു. കോളേജ് പ്രിൻസിപ്പൽ ഗോ. സി. എസ്. സുഭാഷ് ചന്ദ്രൻ അദ്ധ്യക്ഷത വഹിച്ചു. പാതാമന്തലം എൻ. ഡി. പി. യൂണിയൻ പ്രസിഡന്റ് ബി. ബി. ഗോപകുമാർ, കൊച്ചേഴ്സ് വിഭാഗം മേധാവിയായ എം. ജി. ബിജു, സ്റ്റാഫ് സെക്രട്ടറി എം. കിരൺമോഹൻ, ഉദ്ദേശ്യകാലാവസ്ഥയോടനുസരിച്ച് എ. പ്രസിഡന്റ് ഡി. യു. ദീപ, ഓഫീസിലായിരിക്കെ വി. ശിവപ്രകാശ് തുടങ്ങിയവർ സംസാരിച്ചു. പ്രോഗ്രാം ഓഫീസറായ എസ്. ബിനോയ് സ്വാഗതവും വി. നിഷ്കന്തിയും പറഞ്ഞു. യുവജനങ്ങളെ കൈകൊർക്കാനും എന്തെങ്കിലും തടയാതെയാണ് ഇത്തവണ ഏഴ് ദിവസത്തെ ക്യാമ്പിന് സംഘടിപ്പിച്ചിരിക്കുന്നത്. ആരോഗ്യവേദനകൾക്കും മാനുവൽ പരിശീലനം, ശുചീകരണ പ്രവർത്തനങ്ങൾ സാഹസിക പരിപാടികൾ തുടങ്ങിയ വിവിധ പ്രവർത്തനങ്ങൾ സപ്തദിന കർമ്മ പരിപാടിയിൽ ഉൾപ്പെടുത്തിയിട്ടുണ്ട്.

Camp Activities



Camp Activities



Camp Activities



Food Fest



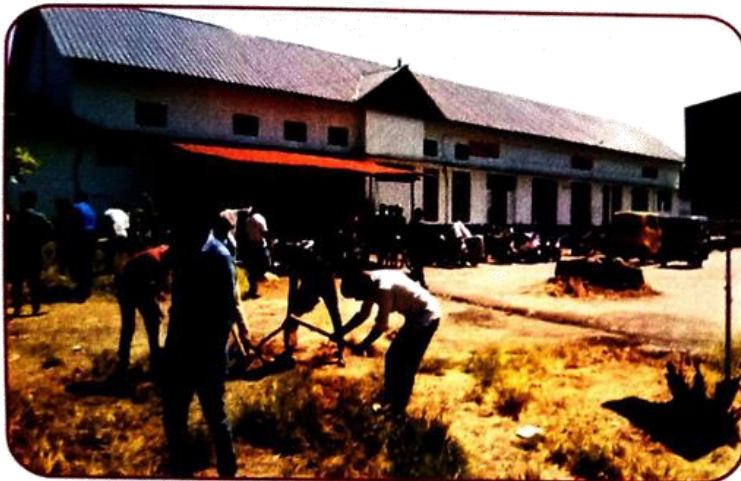
Food Fest



NSS Unit organised Food fest at college campus



Paravoor Railway Station Cleaning



Fit India Campaign



Flood Relief Activities



Flood Relief Activities



Tree Plantation Programme



NCC ANNUAL REPORT 2019-2020

NCC plays an important role in developing qualities of leadership and patriotism among the youth various activities of the academic year 2019-2020 include the following:

As part of the celebration of Republic Day and Independence day in our College NCC Cadets held a flag hoisting ceremony. Various flood relief activities and fund contribution was successfully



completed by our NCC unit. Observing International Yoga day, we attended the yoga practice and held a cleaning drive at Kollam beach with our 30 NCC Cadets. An awareness programme on AIDS was conducted by the NCC unit in our college. A blood donation camp was conducted by our NCC unit on 10-12-2019. 'Swatchatha Hi Seva Hai', an awareness rally was organised by our NCC unit on 11-12-2019. As part of this programme, we also organised a seminar and initiated a cleaning drive at the Chathannur KSRTC Bus station. 43 NCC cadets were present.



കേരള കാമുദി
 Kollam SINCE 1911 06 Feb 2022



ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ ദത്തുഗ്രാമത്തിൽ സംഘടിപ്പിക്കുന്ന ജീവകാരുണ്യ പ്രവർത്തനങ്ങളുടെ ഭാഗമായുള്ള വീൽ ചെയർ ഗ്രാമപഞ്ചായത്ത് അംഗം വിനീത ദീപ ഏറ്റുവാങ്ങുന്നു

കാരുണ്യ സ്വർശമായി ചാത്തന്നൂർ എസ്.എൻ കോളേജ്

ചാത്തന്നൂർ: ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ ദത്തുഗ്രാമത്തിൽ സംഘടിപ്പിക്കുന്ന ജീവകാരുണ്യ പ്രവർത്തനങ്ങൾക്ക് തുടക്കമായി. സർവ്വേയിലൂടെ തിരഞ്ഞെടുക്കപ്പെട്ട നിർദ്ധനരായ കുടുംബങ്ങൾക്ക് വീൽ ചെയർ, എയർ ബെഡ്, ഡയപ്പർ, കോട്ടൺ തുടങ്ങി അവശ്യ സാധനങ്ങൾ വിതരണം ചെയ്തു. കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം.എസ്.

ലതജ്ജ്വലാസനം നിർവ്വഹിച്ചു. വീൽ ചെയർ ഗ്രാമ പഞ്ചായത്ത് അംഗം വിനീത ദീപവിനകൈമാറി. പ്രോഗ്രാം ഓഫീസർമാരും അസി. പ്രൊഫസർമാരായ ടി.വി. നിഷ, കെ. രശ്മി, ഡൽഹിയിൽ കഴിഞ്ഞ റിപ്പബ്ലിക്ക് ദിനപരേഡിൽ പങ്കെടുത്ത എൻ.എസ്.എസ് വോളണ്ടിയർ അഖിൽ എസ്. രാജ്, മറ്റു എൻ.എസ്.എസ് വോളണ്ടിയർമാരായ ആരോമൽ, പ്രജന, മൂനീന തുടങ്ങിയവർ പരിപാടിക്ക് നേതൃത്വം നൽകി.

KERALA KAUMUDI EPAPER
 Clipping Kerala Kaumudi - Kollam

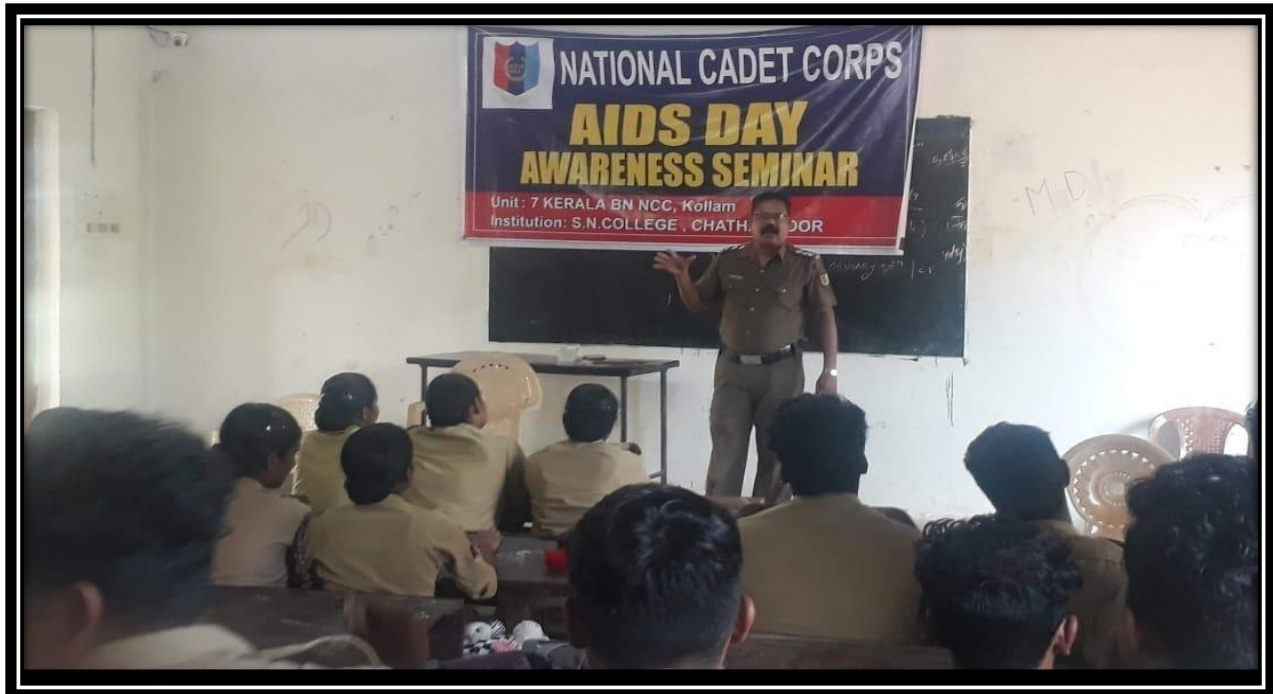
2. Independence Day Celebration and Flag Hosting on 15 August 2019



1. Attend International Yoga Day Celebration activities and Meeting at Kollam Beach on 2 October 2019.

Farming activities @ adopted village





2. AIDS Day awareness Seminar conducted on 10 December 2019.



3. Swachatha Hi Sewa Seminar conducted on 11 December 2019.



4. A cleaning programme conducted at KSRTC Depo Chathannuron 11 December 2019.



5. Republic Day celebration and Flag hosting on 26 January 2020

ENTREPRENEURSHIP DEVELOPMENT CLB

2019-20

Self-Employment is a powerful tool to create work and boost the economy. We know that an entrepreneurial attitude is now a days a necessity, not only for the entrepreneurs but also for the employees . If education equip students with an entrepreneurial mindset at the outset of their careers, they will be more engaged and take ownership of their own success. The Department of Industries & commerce, Government of kerala in association with Education Department formulated a scheme to set up “Entrepreneurship Development Club “ in schools and colleges of state to inculcate “ Entrepreneurship culture” amongst youth and equip them with the skills , techniques and confidence to act as torch bearers of enterprise for the new generation.

The Entrepreneurship Development Club started its functioning in the college from the academic year 2013-14 with the mission to create an entrepreneurial culture among students and in some cases support local start up and small business. The formal inauguration of the club was on 26 February 2014 by the principal **Dr. Sasidharan** of the college . Since then, several activities were undertaken by the club.

VISION:

To make development on students on students in the essentials of conceiving, planning ,initiating and launching an economic activity or an enterprise successfully.

MISSION :

The mission of ED Club is to inculcate entrepreneurial skill and knowledge among students.

The inauguration of the club was done on 18/7/2014 by Sri Bijoy S Industrial Extension Officer Ittikara Block, Chathannur. On this day A workshop was conducted regarding ONLINE STOCK TRADING in association with Geojith varkala branch . The workshop enriches the Students with their basics of stock market and online trading. The programme was inaugurated by Dr. CS Subash Chandran, prof. in charge of principal. Presidential address was delivered by the Head of the Department of Commerce Dr. MG Biju, Vote of thanks was delivered by Dr Parvathy Nand, (Asst.Prof., PG Department of commerce).





SREE NARAYANA COLLEGE, CHATHANNUR
 Affiliated to University of Kerala
 NAAC Accredited with 'B' Grade

Entrepreneurship Development Club proudly organizes
HANDS-ON TRAINING IN DETERGENT POWDER MAKING
 &
LIQUID DISH WASH MAKING

RESOURCE PERSON: **SMT. SARASWATHI RADHAKRISHNAN**
 Jan Shikshan Sansthan
 Trainer

Venue: Seminar Hall
Date: 24 & 25, Nov. 2017

Principal
Dr. C.S. SUBHASH CHANDRAN

Coordinator
Smt. BIJI. B.

PRATICAL SESSION OF ONLINE TRADING

On 28/11/2019 & 29/11/2019 The ED Club of our college organized a workshop on Detergent powder making and Hand wash liquid making. The resource person of the workshop was Smt. Saraswathy Radhakrishnan. The workshop was inaugurated by Dr. CS Subash Chandran (principal in charge). Majority of the students participated in work shop was from Commerce Department. These two workshops are very useful to students, and they ensure that they make the product at their home for their family and two students says that they teach this their mother, and they take it as a business.

HAND WASH LIQUID MAKING BY ED CLUB MEMBERS



DETERGENT MAKING BY ED CLUB MEMBERS



WEBINARS IN

COLLABORATION WITH SAKHI: ONE STOP CENTRE

,KOLLAM (MARCH 8-24)

Women's Study Unit of Sree Narayana College in association with SAKHI,One Stop

Centre, Kollam conducted its first webinar titled 'Laws related to Cyber Security and importance of Psycho Social Counselling' on the occasion of International Women's Day on 8 March 2021 in online mode via Google Meet platform at 12 PM. The main objective of this webinar was to alert the attendees about the possible cyber-attacks and crimes that are prevalent during these days. The webinar witnessed participation from students of all courses and faculty members. The resource persons for the programme were Adv. Neethu Mohan (Caseworker) & Smt. Vishu Mol M (Psycho Social Counsellor) of SAKHI, One Stop Centre, Kollam. In the first part, Adv. Neethu discussed the types of social media crimes like profile hacking, photo morphing, shopping scams, dating scams, information theft and cyber bullying. And also spoke about the Statistics of Cybercrimes in our country and also explained the pathetic situation faced by the victims that they even don't know where to lodge complaints on cybercrimes. The second part of webinar helps the participants in getting an awareness of the significance of Psycho social counselling. They provide the contact number of the officials and offices for registering their complaints if they face such situation. They advised the students to exercise caution while interacting over the web and asked students to enjoy the pleasures of freedom responsibly.

Smt Vishumol and Adv. Neethu Mohan handling the webinar titled “Laws related to Cyber Security and importance of Psycho Social Counselling” on 08-03-2021

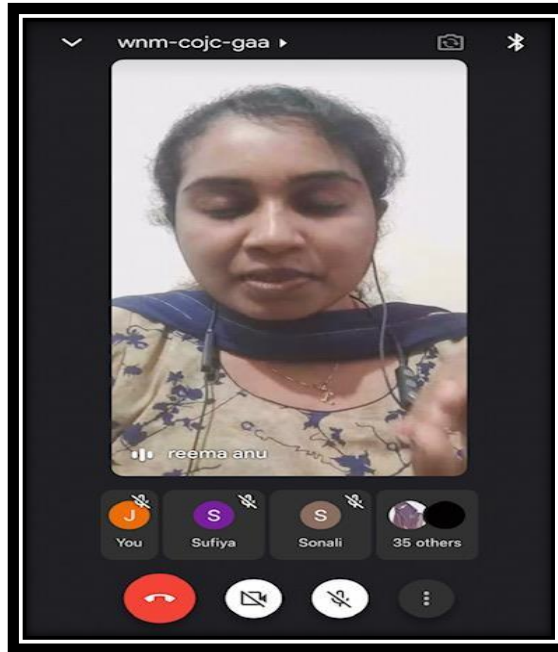


Women’s Study Unit of Sree Narayana College, Chathannur and SAKHI: One Stop Centre Kollam organised its second Webinar on **“Women and Mental Health”**. The webinar was held on 16th March 2021, 12.00 PM – 01.00 PM in Google Meet. **Smt. Anu. U V, Clinical Psychologist, Azezia Medical College, Kollam** was the Resource Person. Nearly 61 participants (Faculty & students) joined the webinar virtually. The webinar started with an introduction to mental health of human and explained how the mental health affects how we think, feel, and act. She also suggests some tips to students for relieving their stress as per the request from students’ side. It was a very informative session which helped everyone imbibe knowledge of acquiring good mental health.



Smt.Anu U V,Clinical Psychologist handling the webinar titled ‘Women and Mental Health’ on 16-03-2021

Women’s Study Unit of Sree Narayana College,Chathannur and SAKHI: One Stop Centre Kollam has jointly organised its third Webinar on the topic “Personality development” The webinar was held on 17th March 2021, 11.00 AM – 12.00 PM in Google Meet platform. Smt.Reema.B.S,Rehabilitation Psychologist,Akkara Foundation Centre for Child Development,Kasargod was the resource person. The resource person discussed in detail how an outgoing and impressive personality will enhance the quality of learning of students and explained in detail the need of improving certain traits and how it contribute to overall personality. She also explained in detail how personality determines future professional success and the overall attitude towards one’s life. She also discussed how Personality development of students instills them to face the world confidently. Nearly 40 participants (Faculty & students) joined the webinar virtually. After the presentations, the resource person responded to all questions from the participants.

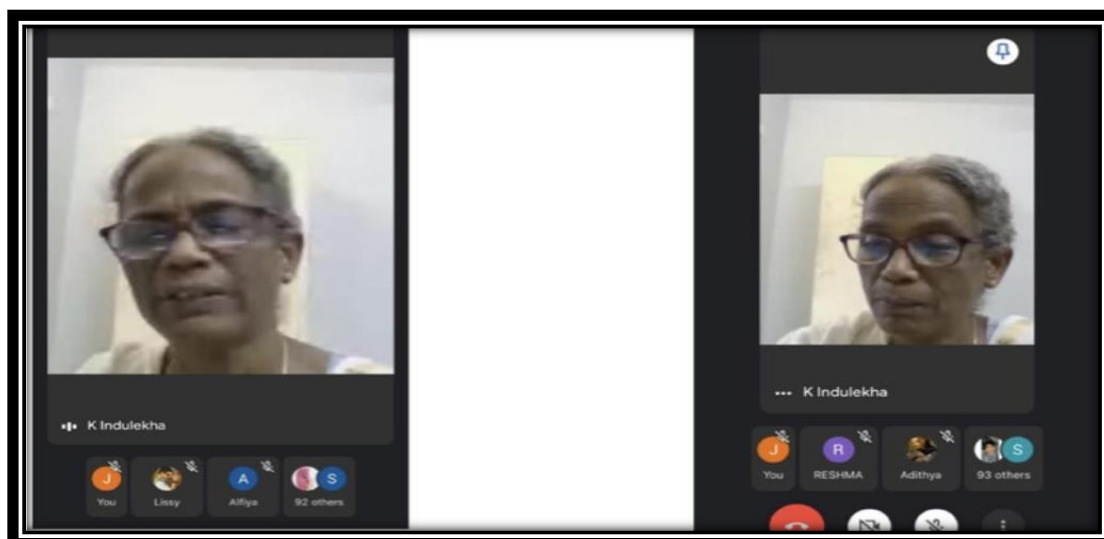


Smt.Reema.B.S,Rehabilitation Psychologist handling the webinar titled ‘Personality Development’ on 17-03-2021

WEBINAR SERIES ‘GENDER EQUALITY-WOMEN LOOKS AHEAD (MARCH 7-24)

The Women’s Study Unit in collaboration with the Internal Quality Assurance Cell of Sree Narayana College Chathannor has organised a webinar series on Gender Equity titled “***WOMAN LOOKS AHEAD***”, which was formally inaugurated by the Principal,Dr.M.S Latha via Google meet on 7 March 2021 at 6.00 PM. The aim of the program is to empower the young women force of our institution by giving them opportunities to interact and to listen the talks of eminent personalities in India and abroad. Smt.Jiji.P, the program coordinator gave a welcome address.The other members of Women’s Study Unit Smt.Muthu.S,Smt.Divya.B,Dr.Vidhya were also present.The first programme of the series started after the inaugural ceremony by a talk on “***Women and Higher Education***” .All the members of Women’s Study Unit and all faculties had attended the programme. The webinar was handled by

Dr.K.Indulekha ,Professor School of Pure & Applied Physics , M G University,Kottayam.She started the programme by giving a brief introduction on women and her importance on the society. This programme created awareness among the participants about how higher education promote women in her life.Also elucidated the current status of the participation of women in higher education (students & faculty) in our State and explained in detail how girls can tackle the major issue of unemployability evenafter acquiring high degrees.Nearly 91 studentsparticipated the webinar . After the presentations, the resource person responded to all questions from the participants. In the end, Dr.Vidhya,Assistant Professor of Chemistry offered a vote of thanks to the invited guest and all the participants for gracing the occasion by their solemn presence



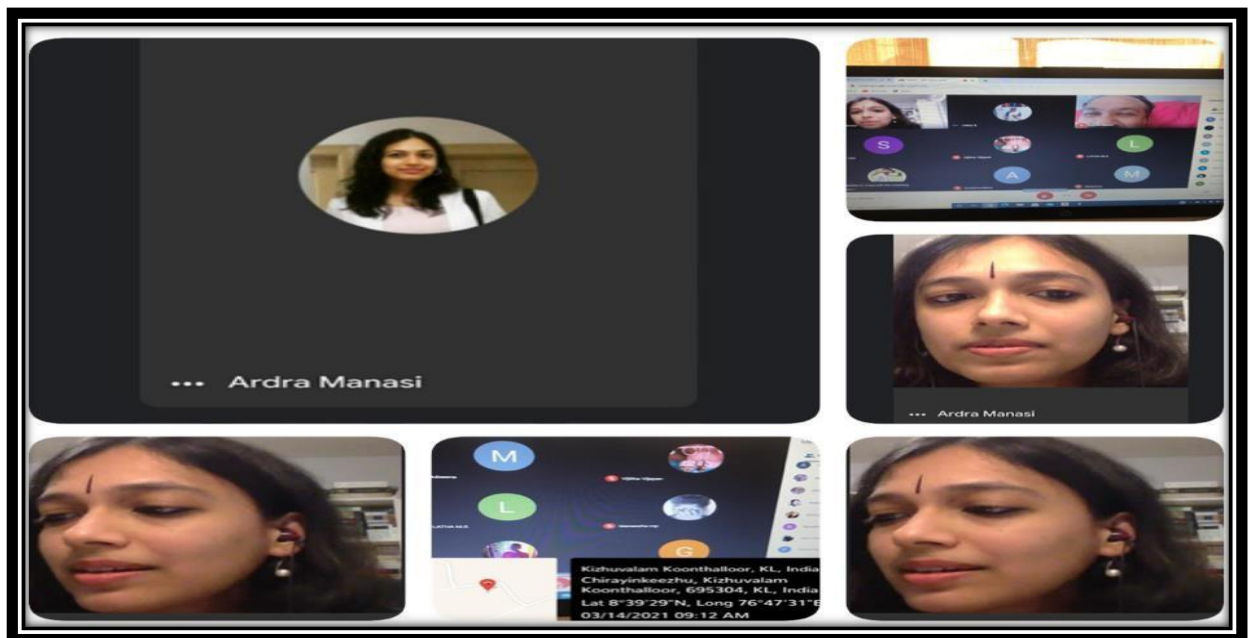
Dr.Indulekha handling the first webinar“Women and Higher Educaton” on 07.03.2021

Women’s Study Unit of Sree Narayana College conducted its second online webinar as part of webinar series in the topic entitled “**ENGENDERING GOVERNANCE IN THE CONTEXT OF COVID-19**”on 8 th March 2021at 6 PM .The session washandled by K.B.Valsala.Kumari ,Former IAS Officer Pathanamthitta. This programme created awareness among the participants about how governance can promote a women’s life in the society.She talked about the great women leaders from various parts of the world and also told about the great women warriors whoefficiently handled this COVID -19 pandemic scenario.

Smt.Valsala Kumari sharing screen during the webinar “Engendering Governance In The Context Of Covid-19”

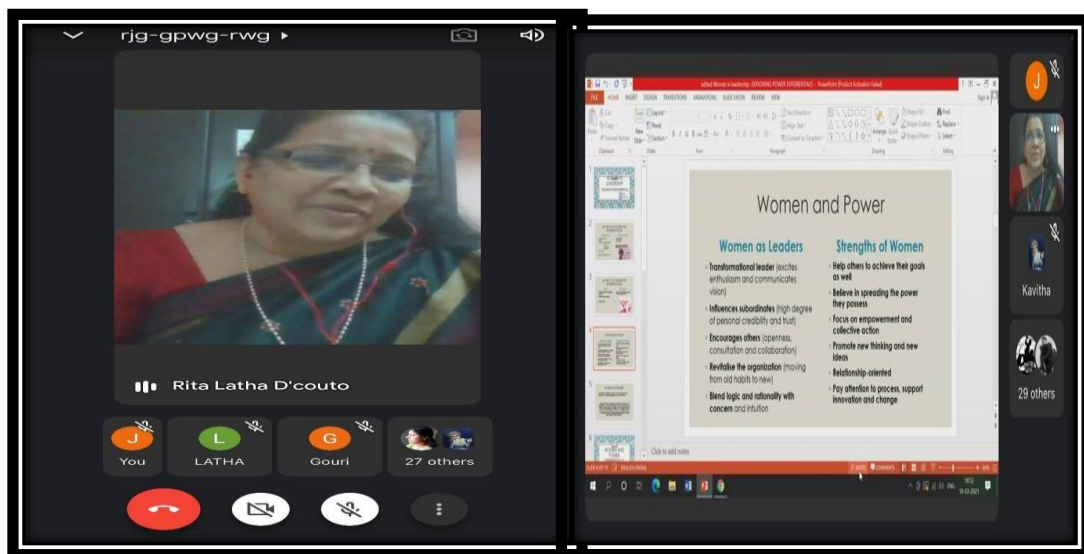


Women’s Study Unit of Sree Narayana College organised its third webinar as part of webinar series in the topic **“THE IMPACT OF COVID-19 ON WOMEN’S LIVES”** on 14th March 2021 at 9.00 AM via Google Meet platform. The webinar was handled by Smt .Ardra Manasi ,Development Practitioner and Writer in New York. This programme created awareness among the participants about the life of women during COVID-19. She talked about both the positive and negative impact of COVID-19 in the life of a woman. The programme was an interactive one which provided a platform for the participants to share their experience and views on this topic as well .



Smt.Ardra Manasi handling the webinar titled “The Impact Of Covid-19 on Women’s Lives” on 14th March 2021

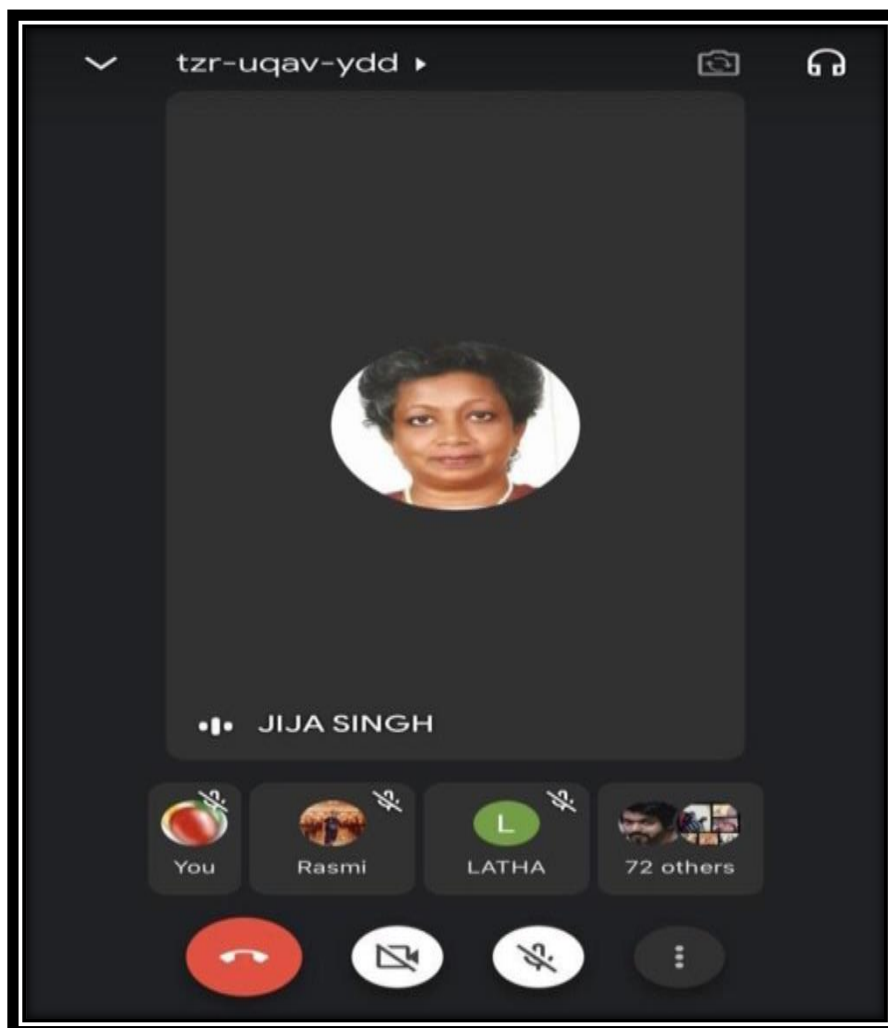
Women’s Study Unit conducted its fourth webinar as part of webinar series on the topic entitled ‘*Women and Leadership: Exploring Power Differentials*’ . The Webinar was held on 17 th March 2021, 6.30PM -7.30 PM in Google Meet platform. Dr.Rita Latha D’Couto,Principal,St Joseph’s College for Women,Kollam was the resource person. The webinar helps to inform the participants that Women as leaders and decision-makers at all levels are critical to advancing gender justice and gender equality—and to furthering economic, social, and political progress for all. She also spoke on the suitability of women for leadership role and also explained the power differentials .And also explained that if women are meaningfully represented and engaged in leadership bodies then the laws, rulings, and decisions are more likely to be inclusive, representative, and take diverse views into account. And also elucidate that countries with a greater proportion of women as top decision- legislatures have lower levels of income inequality. This session definitely motivates and encouraged all the participants to hold more executive leadership positions in their future life. After the presentations, the resource person responded to all questions from the participants.



**DR.RITA LATHA D’COUTO SHARING SCREEN DURING THE WEBINAR
“WOMEN AND LEADERSHIP: EXPLORING POWER DIFFERENTIALS”**

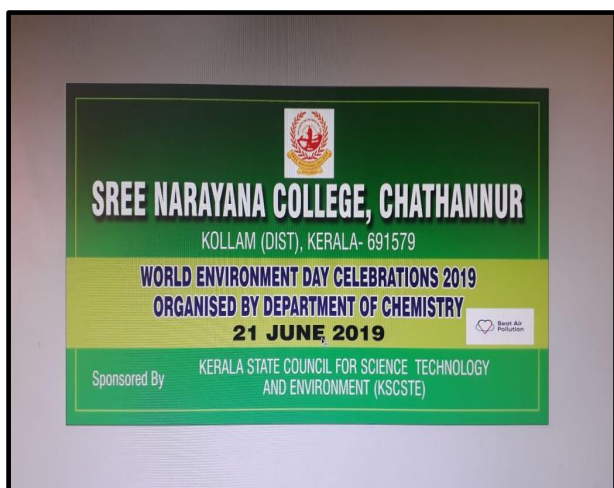
Women's Study Unit conducted its last webinar as part of webinar series on the topic entitled **'ENTREPRENEURSHIP AND ETHICS: REPUTATION AS A DIFFERENTIATOR'** by **Smt.Jija Mahadevan Harisingh** (Former Director General of Police Bangalore Urban, Karnataka India) on 24th March 2021 at 6PM via Google Meet. Almost 100 students participated in the open discussion. Smt.JIJAMAHADEVAN discussed about some leading eminent women personalities and their vast presence as women entrepreneurs which has led to the change in the demographic characteristics of business and economic growth of the country. The webinar was very informative and well organised. It motivated the students much more rather than usual conversation.

Smt.Jija Mahadevan Singh handling the webinar entitled "ENTREPRENEURSHIP AND ETHICS: REPUTATION AS A DIFFERENTIATOR" on 07.03.2021



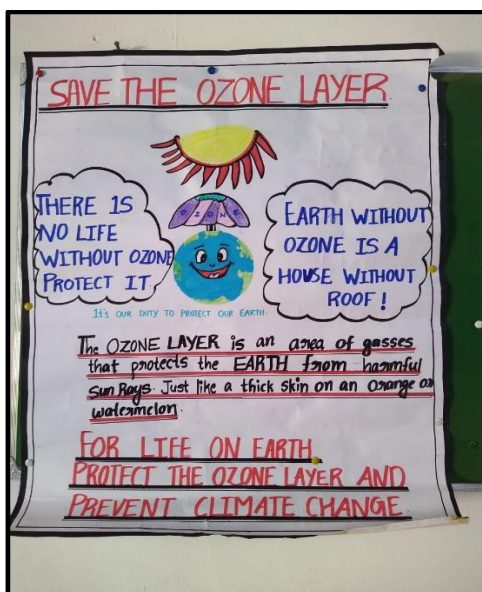
• WORLD ENVIRONMENT DAY CELEBRATIONS, JUNE 2019

The theme of the year was “Beat Air Pollution”. In connection with World Environment Day 2019 a seminar on “Air Pollution” was conducted on 21-06-2019, sponsored by Kerala State Council for Science Technology & Environment. The seminar was handled by Dr. Shalom Gnana Thanka V, Professor, Department of Environmental Science, University of Kerala, Karyavattom. Along with the seminar, paper presentation was conducted which was actively participated by the students.



• WORLD OZONE DAY CELEBRATIONS, SEPTEMBER 2019

In connection with the World Ozone Day, a poster presentation competition was conducted on 16-09-2019.



•NATIONAL SCIENCE DAY CELEBRATIONS, FEBRUARY 2020

In connection with the National Science Day, a quiz competition was successfully conducted on 28-02-2020 with the participation of students from all the semester of our department.



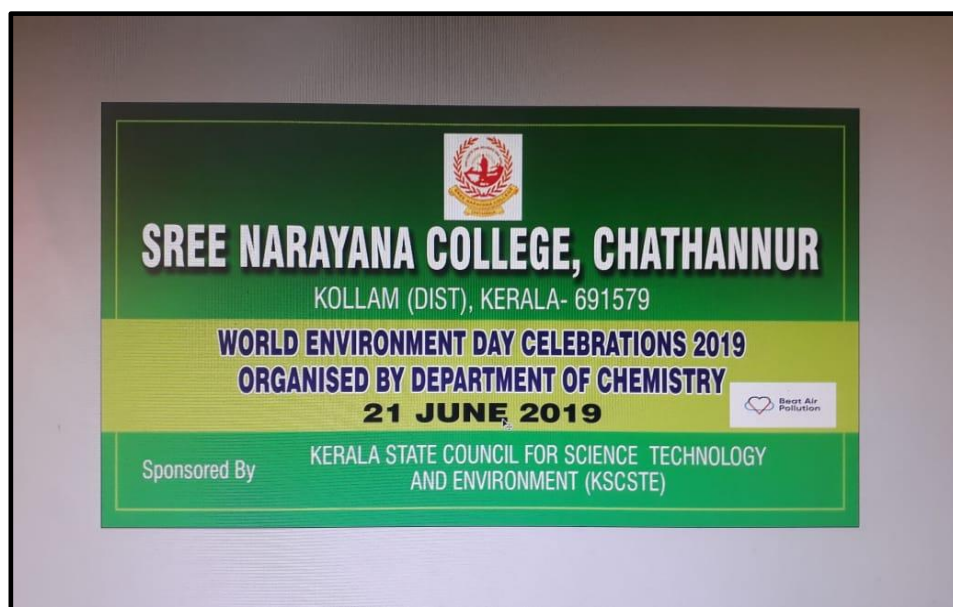
DEPARTMENT OF CHEMISTRY

ANNUAL REPORT 2019-20

The department of chemistry gives emphasis to both curricular as well as co-curricular activities as it is an important factor for the development of the students. Some of the major activities that was undertaken during the academic year 2019-20 are as follows:

•WORLD ENVIRONMENT DAY CELEBRATIONS, JUNE 2019

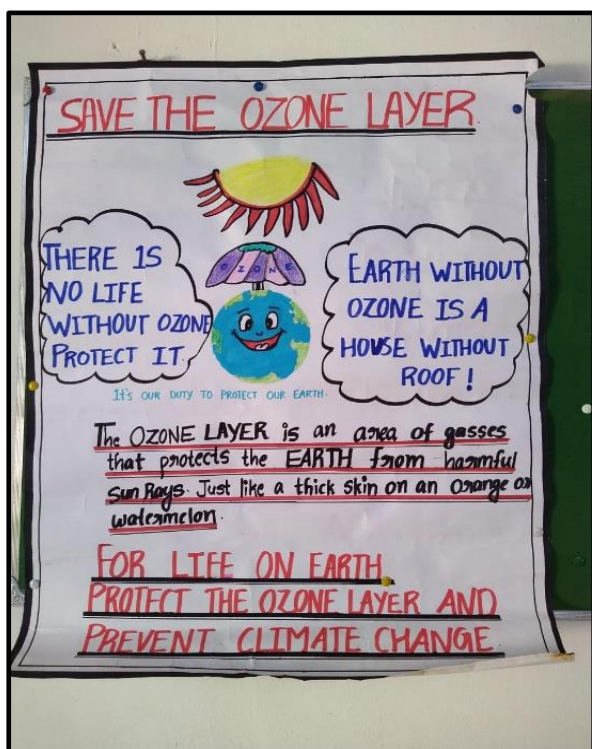
The theme of the year was “Beat Air Pollution”. In connection with World Environment Day 2019 a seminar on “Air Pollution” was conducted on 21-06-2019, sponsored by Kerala State Council for Science Technology & Environment. The seminar was handled by Dr. Shalom Gnana Thanka V, Professor, Department of Environmental Science, University of Kerala, Karyavattom. Along with the seminar, paper presentation was conducted which was actively participated by the students



- PTA meeting was conducted for the students of all the semesters. Progress achieved by the students and their weak areas were discussed.

- **WORLD OZONE DAY CELEBRATIONS, SEPTEMBER 2019**

In connection with the World Ozone Day, a poster presentation competition was conducted on 16-10-2019.



- **CAMPUS CLEANING**

The students of first year Industrial Chemistry took part in campus cleaning session held on 07-12-2019.

- As a part of the curriculum, our final year students carried out project work at KMML, Kollam, Travancore Titanium products Ltd, TVM.

- **NATIONAL SCIENCE DAY CELEBRATIONS, FEBRUARY 2020**

In connection with the National Science Day, a quiz competition was successfully conducted on 28-02-2020 with the participation of students from all the semester of our department.

• **SOCIETAL AWARENESS PROGRAMME**

An awareness programme on the outbreak of novel coronavirus for the society was executed by the department. About 10 students of first year accompanied by 2 tutors; Dr. Vidhya R V and Dr. Soumyamol S visited the nearby households on 03-02-2020.



• In the view of outbreak of novel coronavirus, the teachers of our department; Ms. Muthu S, Dr Vidhya R V and Dr Soumyamol S, produced sanitizers for the students of our college. It was handed over to our Principal, Dr M S Latha.

M Mathrubhumi മാതൃഭൂമി

വിദ്യാർത്ഥികൾക്ക് സാനിറ്റൈസറുമായി അധ്യാപകർ

ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിലെ രസതന്ത്രവിഭാഗം അധ്യാപകർ തയ്യാറാക്കിയ ഹാൻഡ് സാനിറ്റൈസർ പ്രിൻസിപ്പൽ ഡോ. എം.എസ്.ലതയ്ക്ക് കൈമാറുന്നു

ചാത്തന്നൂർ ▶ കോറോണ വൈറസ് പടരുന്ന സാഹചര്യത്തിൽ ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിൽ പരീക്ഷയെഴുതാൻ എത്തുന്ന വിദ്യാർത്ഥികൾക്കായി ഹാൻഡ് സാനിറ്റൈസർ നൽകി അധ്യാപകർ. രസതന്ത്ര വിഭാഗം അധ്യാപകരായ ഡോ. എൻ.ബി.ശ്രീകല, മുത്തു ജയരാജ്, ഡോ. വിദ്യ ആർ.വി., ഡോ. സൗമ്യമോൾ എന്നിവരുടെ നേതൃത്വത്തിലാണ് ഹാൻഡ് സാനിറ്റൈസർ നിർമ്മിച്ചത്. കോളേജിനു സമീപത്തെ ഓട്ടോറിക്ഷ തൊഴിലാളികൾക്കും സൗജന്യമായി ഹാൻഡ് സാനിറ്റൈസർ നിർമ്മിച്ചു നൽകാനൊരുങ്ങുകയാണ് അധ്യാപകർ.

21/03/2020 CHATHANUR Pg 02

The syllabus prescribed by the Kerala University for all the semesters were completed and internal assessment was conducted during the course. Since the examinations of the final semester was delayed due to covid-19, the result was not published.

BHOOMITHRA SENA

ANNUAL REPORT 2020-21

Due to the closure of the college due to Covid 19, in 2020-21 Bhoomithra Sena couldn't organise regular activities inside the campus. By planting saplings at home members celebrated World Environment Day.



TREE PLANTATION PROGRAMMES AT HOME AS PART OF WOLD ENVIRONMENT DAY.



NATIONAL SERVICE SCHEME
ANNUAL REPORT
2018- 2019

The NSS units of the college carried out several activities both inside and outside the college during the academic year 2018 – 2019. While calamity happened due to flood in Kerala, the volunteers of our college participated in the activities of different relief camps operated at Trivandrum, Kollam and Pathanamthitta. The volunteers stayed at the relief camps day and night and engaged in sorting and packing of medicines, essential items etc. As per the instructions from NSS cell of Kerala University, Programme Officers of the college coordinated the activities. Volunteers and Programme Officers frequently visited the relief camps and gave physical and mental support to the victims of the flood. At the time of flood our college also started a unit to collect essential commodities and finally handed over it to the District Collector in the presence of the principal. Our NSS volunteers also volunteered to do the cleaning work in the affected areas as part of rehabilitating the people. During the academic year, two blood donation camps were organised in the college in association with IMA Kollam. Volunteers participated in the paddy harvesting at the adopted village along with village members gave a new experience to them. A small vegetable garden has been prepared in our college in association with Krishi Bhavan, Chirakkara. Panchayath president, agriculture officer, teachers and non teachers participated in the inauguration ceremony. Volunteers were divided into groups and assigned the responsibilities for the day to day maintenance of the farm. A unit called greenbelt force was started with the aim of maintaining the cleanliness of the college campus. Members sensitised the students about the disposal of food waste and keeping classroom clean. As part of palliative care, volunteers visited old age home, Karunalayam and provided all palliative care assistance to the deserving. Medical camps were organised by involving the students of the college and village members. The ‘Nanmamaram’ scheme which was started with the objective of feeding RCC patients once in a month has been operationalised very successfully. As part of the social survey volunteers visited adopted village and collected information through interview schedule. Annual seven day camp was organised in the month of December at Uliyanadu school. In the following months too, NSS organised many programmes with the co operation of volunteers.



2018 - 2019 REGULAR ACTIVITIES

No.	Date	Name of the programme	No.of volunteers participated
1	31.5.2018	Campus cleaning	53
2	5.6.2018	Environmental day celebration	62
3	10.6.2018	Campus cleaning	50
4	20.6.2018	Participation of PO in Suchitwa Mission Meeting	2
5	26.6.2018	Seminar based on anti drugs	76
6	27.6.2018	Advisory board meeting	60
7	9.7.2018	College cleaning	66
8	20.7.2018	Survey in adopted village	22
9	13.8.2018	Meeting of volunteers	86

10	18.8.2018	Flood relief operations	70
11	25.8.2018	Leadership class	50
12	5.9.2018	Campus cleaning	36
13	24.9.2018	Swach Bharat magic show	64
14	26.9.2018	Blood donation	110
15	27.9.2018	Gandhi Jayanthi celebrations	52
16	6.10.2018	Participation of volunteers in leadership training programme- BJM College	2
17	8.10.2018	Participation of volunteer in pre- RD selection process	2
18	31.10.2018	Campus cleaning	46
19	1.11.2018	Karunalayam visit	60
20	9.11.2018	Participation of volunteers in leadership programme of Don Bosco College	2

21	27.11.2018	Meeting of volunteers	66
22	1.12.2018	AIDS day function	102
23	8.12.2018	Campus cleaning	84
24	18.12.2018	Meeting connected with 7days camp	5

26	8.1.2019	RCC food donation	5
27	18.1.2019	Snehanilayam visit	61
28	26.1.2019	Republic day celebration	80
29	27.1.2019	Vegetable garden inauguration	70
30	26.2.2019	Campus cleaning	83
31	13.3.2019	Blood donation	43
32	14.3.2019	Eye test camp	104

33	20.3.2019	Teenage issues awareness class	73
34	29.3.2019	Send off to volunteers	120

ANNUAL SPECIAL CAMP 2018

The annual special camping started on 21 December 2018 at Govt. High School Uliyanadu.

21-12- 2018(Day)

The inauguration of the ceremony started with prayer song. NSS Programme Officer Sri. Binoy S welcomed the audience and Principal Dr, T Pradeep presided over the function. Smt, Laila Ithikkara Block Panchayat President inaugurated the function. Mr. T A Deepu Chirakkara panchayat president delivered key note address. Smt. Geetha Kumari Amma Headmistress, Govt. HSS Uliyanadu, Dr. M G Biju, HOD Dept. of Commerce, Smt. Resmi. K HOD, Dept of Mathematics, Ronank Raj college union chairman, Mr. Deepu D, PTA president, Govt HSS UliyanQ offered felicitation to the function. Programme officer Dr. Kiran Mohan expressed vote of thanks. After the completion of inaugural session, afternoon session started with an amazing segment of Mr. S Sreenath, Soft Skill Trainer.

22-12-2018 (2ndDay)

Second day of the camp started with prayer. After the breakfast volunteers gathered in the seminar hall for a session on "GROUP DYNAMICS" Adv. Sudeer C, Trainer of leadership led the class. After the lunch break, volunteers joined for an another session based on " MENTAL HEALTH AND LIFE SUCCESS". Dr. Deepak Sugathan, Student Counselor was the resource person. Evaluation of the camp programme started at 8 pm.

23-12-2018 (3rd Day)

The 3rd day of the programme started with prayer. Then volunteers went to seminar hall for attending YOGA. Trainer, Mr V Prasad led the class. After the breakfast volunteers joined again for a class on "PERSONALITY DEVELOPMENT". Trainer, Mr. A Shaharudeen co-ordinated the class. Various activities were given to volunteers to bring out their hidden potentials. Then volunteers were engaged in cleaning the surrounding areas of the camp. Refreshments were also arranged for volunteers. Cultural Programme started at 8 pm.

24-12-2018 (4th Day)

4th day programme started with prayer, then volunteers joined for YOGA. The group of that day served breakfast to volunteers. The first session of the day was based on Self Employment and it was led by social worker Sri Chempazhanthy Haridas. He imparted knowledge to the volunteers on how to make paper bag, soap and candles. After the lunch volunteers went to adopted village as part of social survey. They collected data by using questionnaire. Volunteers again joined in the seminar hall at 7 pm for a debate on dowry system. Cultural programme started at 8.30 pm.

25-12-2018 (5th Day)

On the 5th day, after prayer as usual, the volunteers engaged in yoga. The first session of the day was about "Blood Donation" and it was led by Sri. Rateesh Sahadevan, General Secretary KEBS. After that as part of memory training, the volunteers again gathered in the seminar hall at 2 pm. Renowned memory trainer Mr. Rajesh Maheswar led the class. The session of the day ended with the programme of Suchitwa Mission Smt.LShylaja Member of "Suchithwa Mission" Kollam was the resource person.

26-12-2018 (6th Day)

On the 6th day after prayer and yoga volunteers went to college for campus cleaning. A few volunteers went to adopted village to continue the survey programme which was suspended previous day. Both the groups returned to the camp at 5 pm. Volunteers gathered again at 7 pm in the seminar hall for camp evaluation.

27-12-2018 (7th Day)

7th day (last day) started with morning prayer. After breakfast volunteers gathered in the seminar hall for a session based on "Cyber Laws" Mr. Ancesh Kumar S Assistant Professor Mannanam NSS college was the resource person. After the lunch the volunteers again joined in the seminar hall for closing ceremony. Mr, Binoy S Prognmmme Officer, welcomed the audience. Volunteers shared their experiences of the camp, and finally Mr. Kiran Mohan(PO) expressed vote of thanks.

FLOODRELIEF OPERATIONS CONDUCTED BY NSS UNIT



FLOODRELIEF OPERATIONS OF NSS UNIT



Flood

FLOOD RELIEF OPERATION OF NSS UNIT AT CHENGANNOOR



Flood

FLOOD RELIEF OPERATION CONDUCTED BY NSS UNIT



Flood

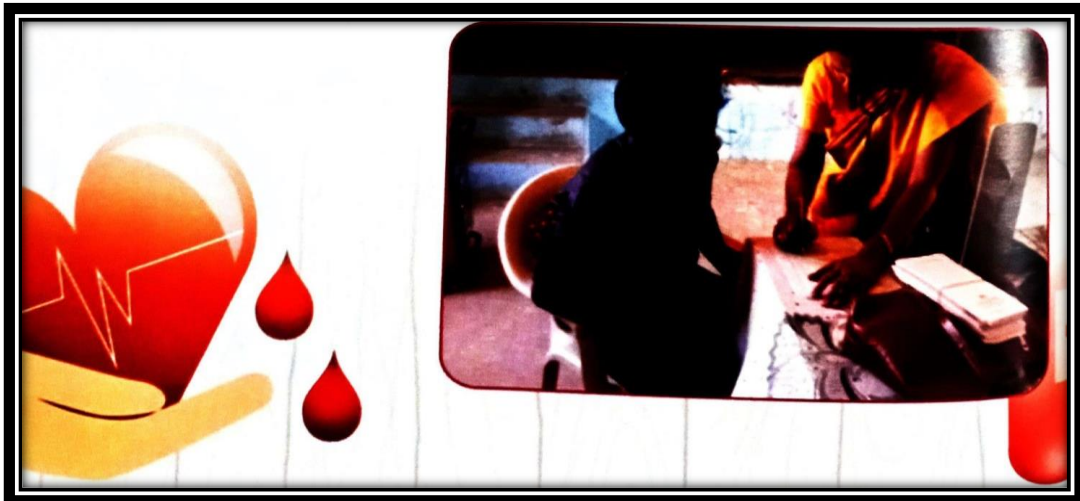
INTERNATIONAL YOGA DAY CELEBRATION AT COLLEGE CAMPUS



Flood



BLOOD DONATION CAMP CONDUCTED BY NSS UNIT WITH ASSOCIATION OF IMA AT COLLEGE CAMPUS



Flood



**BLOOD DONATION CAMP CONDUCTED BY NSS UNIT WITH
ASSOCIATION OF IMA AT COLLEGE CAMPUS**

Koyithulsavam @ Chirakkara



NSS UNIT CONDUCTED PADDY HARVESTING AT CHIRAKKARA
PANCHAYATH



Vegetable Garden



VEGETABLES GARDEN IN THE COLLEGE CAMPUS

VEGETABLE GARDEN IN THE COLLEGE CAMPUS



Vegetable Garden



Vegetable Garden



Vegetable Garden





IN ORDER TO PROMOTE THE AWARENESS OF CAMPUS CLEANING AND
WASTE MANAGEMENT, NSS UNITS INTRODUCED " GREEN BELT
FORCE"

Book and food Donation @ Snehanilayam



Palliative Care Assistance @ College ward



**BOOK AND FOOD DONATION TO THE
SNEHANILAYAM BY NSS UNIT**

**FINANCIAL SUPPORT AS A PART OF PALLIATIVE CARE
PROGRAMME**

Karunalayam (Old Age Home) Visit-Chathan



NSS VOLUNTEERS VISIT KARUNALAYAM OLD AGE HOME

Eye Check up - Chaithanya Eye Hospital



NSS UNIT IN ASSOCIATED WITH CHAITHANYA EYE HOSPITAL CONDUCTED EYE CHECK UP CAMP

Nanmamaram @ RCC. Trivandrum

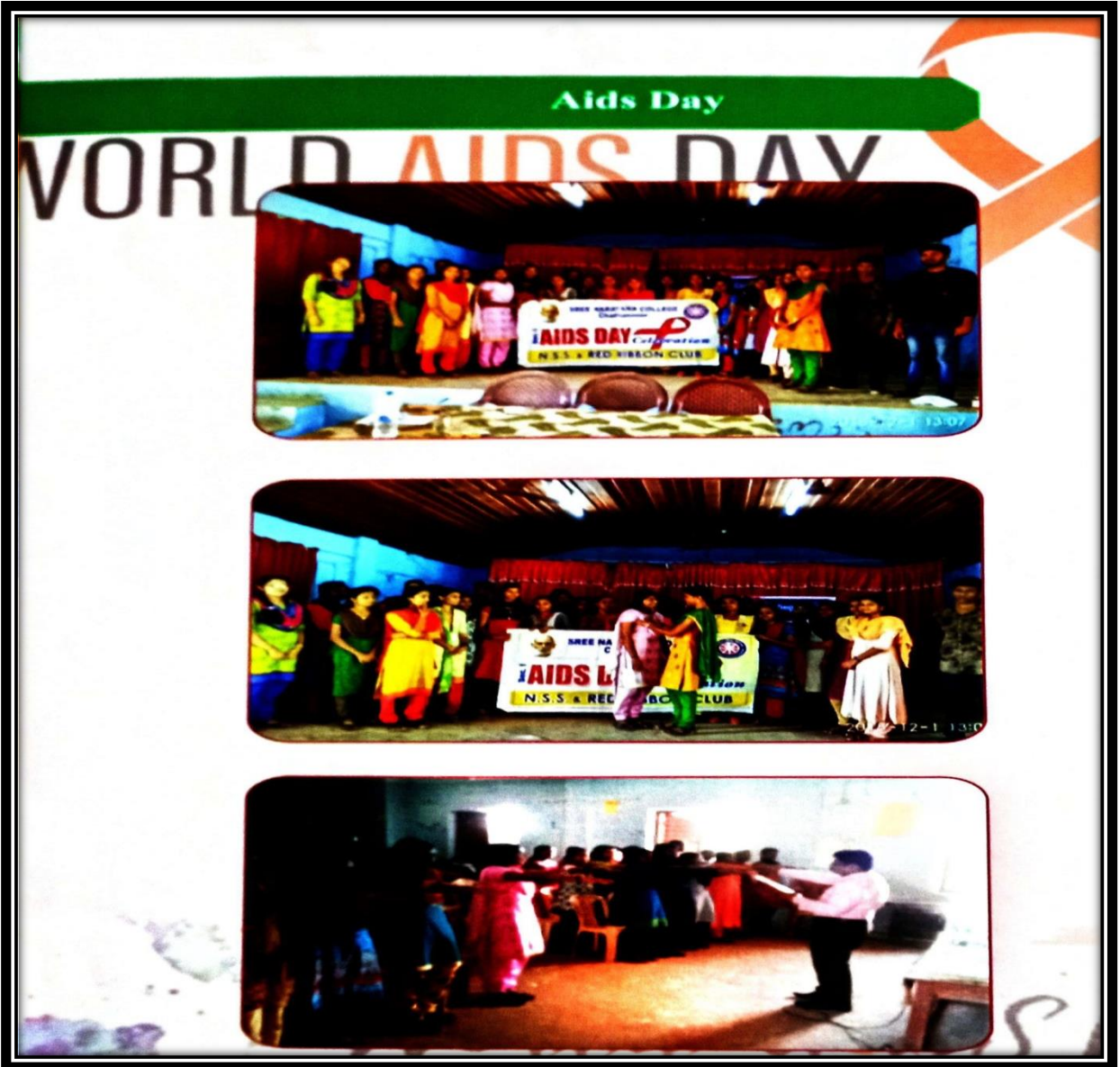


FOOD DONATION OF NSS UNIT AT RCC ,TRIVANDRUM

NSS UNIT SOCIAL ECONOMIC SURVEY AT COLLEGE WARD.



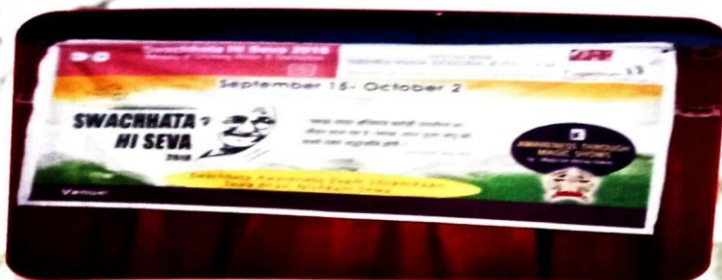
**WORLD AIDS DAY PROGRAMME. 75 VOLUNTEERS
PARTICIPATED.**



Homoeo Camp



Swachh Bharath Abhiyan-Magic Show



NSS UNIT CONDUCTED A HOMEIO MEDICAL CAMP IN THE COLLEGE CAMPUS



NCC ANNUAL REPORT 2018-2019

The National Cadets Corps aims at developing a group of trained and motivated youth who provide leadership in all walks of life. As part of the Independence Day and Republic Day celebrations, Sree Narayana College Chathannur's NCC unit raised the National Flag.

Various activities of the academic year include the following:

A mass awareness rally was conducted by the NCC unit of Sree Narayana College, Chathannur on 02-08-2018. 44 Cadets and the Associate NCC Officer participated in the rally. A cleaning drive

was conducted at the Chathannur Health Centre by the NCC unit of our college which turned out to be a great success. Our NCC cadets and NCC Officer, with our Commanding Officer, visited Karunalayam, an orphanage at Chathannur and served them lunch on 03-08-2018. We collected a flood relief fund and distributed essential materials to the District Collector, Kollam in 23-08-2018. We observed Flag Day on 22-11-2018 and also conducted a seminar in association with it. The second anniversary of the surgical strike was observed on 29-11-2018 and a seminar was conducted on behalf of this. International Yoga Day was celebrated at Government HSS Chathannur on 11-09-2018. 38 NCC Cadets participated. Our NCC unit contributed a flood relief fund to the District Collector on 14-09-2018. In connection with the environment day celebration, saplings were planted on our College ground on 24-11-2018. 40 NCC Cadets participated. Mini Marathon was held from Asramam ground, Kollam to NCC Head Quarters, Thevally, Kollam on 25-11-2018 and our cadet Ajith A.P won second prize.



1. MASS AWARENESS RALLY CONDUCTED BY NCC UNIT ON 2 AUGUST 2018



2. CONDUCTING CLEANING PROGRAMME AT PHC CHATHANNUR ON 2 AUGUST 2018.



3.NCC Cadets, NCC Officer with Commanding Officer Visited Karunalayam orphanage Chathannur and distributed one day Lunchon 03 August 2018



**4. FLOOD RELIEF MATERIAL
DISTRIBUTION AT THE OFFICE DISTRICT COLLECTOR KOLLAM ON 23 AUGUST
2018**



**3. SURGICAL SRIKE DAY II ANNIVERSARY SEMINAR
CONDUCTED ON 29 SEPTEMBER 2018**



4. INDEPENDENCE DAY CELEBRATION AND FLAG HOSTING ON 15 AUGUST 2018



5. TREE PLANTATION ON 24 NOVEMBER 2018 IN CONNECTION WITH ENVIRONMENT DAY CELEBRATION



6. REPUBLIC DAY CELEBRATION AND FLAG HOSTING ON 26 JANUARY 2019

ENTREPRENEURSHIP DEVELOPMENT CLUB

REPORT 2018-2019

The entrepreneurship development club (ED Club) is functioning with the intention to infuse creativity and innovation among students of our college. It is functioning with the intension of nurturing entrepreneurship skills of the students. The club organizes seminars and short term training programmes for the students. The state Govt. is encouraging the initiatives to promote entrepreneurship among the students. The Department of Industries and commerce, Govt. Of Kerala in association with Education Department formulated a scheme to set up "Entrepreneurship Development Club "in the colleges of the state to insulate " Entrepreneurship culture" among youth and equip them with knowledge, skill,techniques and confidence to act as torch bearers of Enterprise for the new generation.

OBJECTIVES OF THE CLUB

- To inculcate integrity, hard work , discipline, honesty etc. as constituents of entrepreneurship.
- To make students aware of the unlimited development potential of the state.
- To inculcate entrepreneurial culture among students .
- To induct entrepreneurial spirit in the institution.

MAJOR FUNCTIONS OF THE CLUB

- # Organise interactive sessions with successful entrepreneurs from outside as well as with in state.
- # Organise industrial visit to business enterprise with in the state.
- # To introduce talented youth to industrial research organisations.
- #Conduct exhibitions to explore the talent of the students.
- # Organise workshop.
- # Exposure to various events in different parts of the state related to industrial development.



On July 31 2018 , The Entrepreneurship Development Cell of University Of Kerala organizes “ YOUNG ENTREPRENEURSHIP CONCLAVE” on 31 st July 2018 at Senate Chamber , University Of Kerala, Palayam. The coordinator Smt. Biji .B and two student coordinators kumari Vishma and Akshara From Commerce Department actively participated in this program.



On November 8 & 9 2018, The EDClub of our college organized a Two days workshop on “PAPER BAG MAKING & PAPER PEN MAKING”. The resource person for the programme was Smt. Saraswathy Radhakrishnan. Welcome speech was delivered by the coordinator of ED club Smt. Biji B (Asst.Professor, PG Department of Commerce). The work shop was inaugurated & Presidential address was delivered by the college Principal Dr. Pradeep T . The two days workshop was very useful to the students. As a part of Plastic free campus the ED Club of the college gave this workshop students .



PAPER PEN MAKING BY ED CLUB MEMBERS



PAPER BAG MAKING BY ED CLUB MEMBERS WITH THE HELP OF TRAINER

ANNUAL REPORT 2018-19

As part of World Environment Day, Bhoomitra Sena planted saplings in the college in association with Forest Department. Around 50 members of Bhoomitra Sena participated in the paddy harvesting organised at our adopted village. Apart from the students, Panchayath members, the natives also participated. While calamity happened due to flood in Kerala, the members of the club participated in the activities of different relief camps operated at Trivandrum, Kollam and Pathanamthitta. Our college started a unit to collect the essential commodities and finally handed over it to the Kollam district collector in the presence of the principal. Our members also volunteered to do the cleaning work in the affected areas as part of rehabilitating the people.

Tree plantation programme as part of World Environment Day. 20 students participated in this





programme

**50 MEMBERS OF BHOOMITRA SENA PARTICIPATED IN THE PADDY HARVESTING
AT ADOPTED VILLAGE.**



**FLOOD RELIEF OPERATIONS - AUGUST 2018. 20 MEMBERS
PARTICIPATED IN THE PROGRAMME.**

**ANNUAL REPORT
2017 – 2018**

National service scheme was introduced in 1969 with the primary objective of developing personality and character of student youth through voluntary community service. Two NSS Units of 200 volunteers are functioning in our college. Volunteers have organised many activities inside and outside the college during the year to accomplish the goals with one mind. Volunteering for various task under NSS allow students to become confident, develop leadership skills and learn about different people from different walks of life. Blood Donation was the most prominent among the activities organised by NSS. Two blood donation camp were organised in the college in association with IMA. Volunteers have gone to many hospitals at Kollam for blood donation in emergency situations. We have received certificate of appreciation from IMA for organising more blood donation camps. Many activities related to agriculture were organised in the college to make young generation more familiar with agriculture and to promote them. We arranged seminars to educate the volunteers about the significance of important days such as Independence day, Gandhi Jayanthi, AIDS day, NSS day, Women's day etc. Leadership and motivation classes were also organised for the personality development of volunteers. In addition to these, many diverse programmes were organised to energise the young generation and make them more committed.

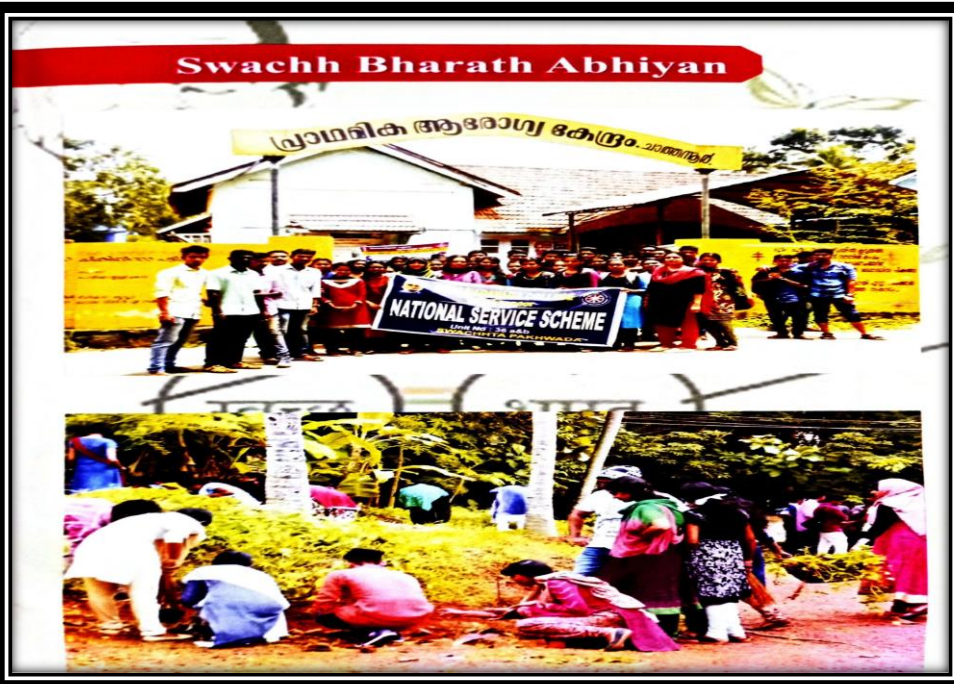
INTERNATIONAL YOGA DAY



International Yoga Day



Swachh Bharath Abhiyan



AS PART OF WORLD AIDS DAY NSS UNIT ORGANIZED A SEMINAR AND THEIR WAS A PLEDGE CEREMONY AFTER THE CLASS.

W



Motivation Class - Dr. Deepak Sugathan



Road Safety Class - Kollam City Police



NSS unit organized a blood donation camp in association with Indian Medical Association. 60 volunteers and many teachers donated blood. At the end, the authorities distributed certificates to the volunteers who donated.



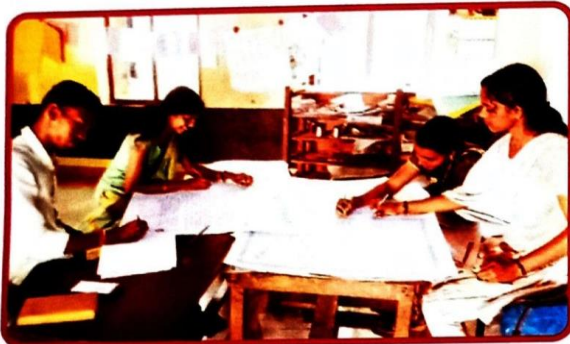
Counselling Class - Dr.Rosamma Philip



Chirakkara Grama Panchayth President Hon'ble Shri. Premachandran Asan Inaugurated the Seven Day Camp of NSS. Teachers, non teachers and volunteers were participated in the programme.

Lunch Time

Annual Seven Days Camp



Annual Seven Days Camp





ശ്രീനാരായണ കോളേജ്, ചാത്തന്നൂർ
നാഷണൽ സർവീസ് സ്കീം - സപ്തദിനക്യാമ്പ്. 2017-18



Annual Seven Days Camp



Christmas Celebrations



Teachers Day Celebrations

NSS unit organized a homoeo medical camp at adopted village. Many persons benefited from the camp.

Donation



Food and books donated to shelter home of poor girls - Chathannoor

Volunteers visited Snehanilayam, shelter home for economically disadvantaged girls, and distributed books and other study materials.

NCC plays an important role in developing qualities of leadership and patriotism among the youth. Various activities of the academic year 2017-2018 include the following:

With the Principal Dr. K.B. Sreekala raising the flag, the NCC unit of Sree Narayana College, Chathannur observed the Independence Day and the Republic Day. 45 NCC cadets attended the flag hoisting ceremony. Our NCC unit conducted a mass awareness rally in connection with 'Swatchatha Hi Seva Hai'. 45 NCC cadets and the Associate NCC Officer participated in the rally. A cleaning drive at Medical Health Centre was carried out



by our cadets.

1. Independence Day Celebration and Flag hosting on 15 August 2017



2. MASS AWARENESS RALLY CONDUCTED IN CONNECTION WITH SWACHATHA HI SEWA ON 27 SEPTEMBER 2017



3. UNIT CONDUCTED A CLEANING PROGRAMME AT MEDICAL HEALTH CENTRE CHATHANNUR ON 20 DECEMBER 2017



REPUBLIC DAY CELEBRATION AND FLAG HOSTING BY NCC UNIT ON 26 JANUARY

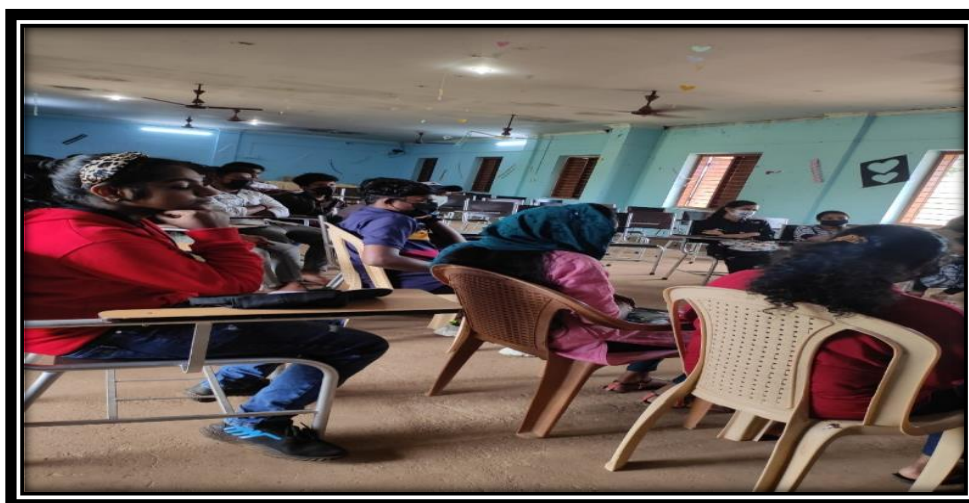
ENTREPRENEURSHIP DEVELOPMENT CLUB

REPORT 2017-18

Coordinator : BIJI B

With a view to meet the present challenges in the unemployment problems prevailing in the Liberalized, Privatized and Globalized economy and also creating an entrepreneur trend and culture in the state of Kerala, The Department of Industries , Govt. of Kerala has launched the Entrepreneurship Development Club in colleges. The main objectives of this club is to motivate the members to venture in to Industrial activity to change the negative mind set and attitude prevailing in the state on initiating or taking up entrepreneurship as a career to educating the members on various incentives offered by various financial agencies like the developmental banks and promotional agencies and to guiding the members on ‘‘ how to formulate project ideas’’.

On sixth October 2017 an Orientation Programme was given to the members of Ed Club students. The Resource person was Sri. A John (Industrial Extension Officer, Ittikkara Block). 32 students participated in this Programme. Welcome speech was delivered by the club coordinator Smt. BIJI.B (Assistant Professor, PG Department Of Commerce) . Inaguration and presidential address was delivered by Dr.C S Subash Chandran (In charge Of Principal Of Our college). The orientation Programme was very useful to the students as the same enlightend them about the various aspects of entrepreneurship. Vote of thanks was delivered by the ED Club student Coordinator Kumari. Manju M (4 th Sem M.Com student).



ANNUAL SEVEN DAYS CAMP

February 2018 a Quiz Competition was conducted to ED Club Members . 22 students participated in this programme. In this Quiz competition first prize got Kum. Chinnu Krishnanan Second prize got Anju (II B.Com Student).

STUDENTS PARTICIPATING IN QUIZ PROGRAM

- **NATIONAL SCIENCE DAY CELEBRATIONS**

The National Science Day 2018 was celebrated on 28-03-2018. A seminar on “Food Adulteration” by Dr. Shyamchand S S, Assistant Professor, University College, Trivandrum was organized. In the later half, a quiz competition was setup for the students.

