

SREE NARAYANA COLLEGE, CHATHANNOOR

NSS UNIT 36(A) & (B)

N.S.S ACTIVITY REPORT

2021-2022

SREE NARAYANA COLLEGE, CHATHANNOOR

2021-2022

NSS UNIT 36(A)

N.S.S-EVENTS AND PROGRAMME

SL No	NAME OF THE PROGRAMME	DATE AND TIME	NUMBER OF PARTICIPANTS	MODE OF PROGRAMME
1	COVID RELATED ACTIVITIES	21/05/2021	18	OFF LINE

2	FIRST ADVISORY BOARD MEETING	4/6/2021	8	ONLINE
3	ENVIRONMENT DAY	5/6/2021	78	OFF LINE ONLINE
4	ANAEMIA DAY AWARENESS CLASS	13/6/2021	82	ONLINE
5	INTERNATIONAL YOGA DAY	21/06/2021	90	ONLINE
6	GURUKULAM FEST	24/6/2021	120	ONLINE
6	DOCTOR 'S DAY	01/07/2021	95	ONLINE
7	INTERNATIONAL ANTI DRUGS DAY DOCTOR 'S DAY	01/07/2021 02/07/2021	10	ONLINE
8	INTERNATIONAL PLASTIC BAG FREE DAY	03/07/2021	50	ONLINE
9	ONE DAY ONE RUPEE	05/07/2021	4	OFFLINE
10	AGROPARK PROJECT	10/07/2021	100	ONLINE
11	NATIONAL PARENTS'DAY	25/07/2021	45	OFFLINE
12	CARGIL VIJAY DAY	26/07/2021	100	ONLINE
13	INTERNATIONAL TIGER DAY	29/07/2021	100	ONLINE
14	INTERNATIONAL FRIENDSHIPDAY	30/07/2021	90	ONLINE
15	WORLD HUMAN TRAFFICKING DAY	30/07/2021	100	ONLINE
16	INDEPENDENCE DAY	15/08/2021	100	ONLINE
17	AZADI KA AMRUTH MAHOTSAV	15/08/2021	20	ONLINE
18	HIROSHIMA DAY	06/08/2021	100	ONLINE
19	NAGASAKKI DAY	09/08/2021	15	ONLINE
20	TEACHERS'DAY	05/09/2021	100	ONLINE

21	VEGETABLES SALES AT CO-OPERATIVE SOCIETY MARKET	09/10/2021	5	OFFLINE
22	CHOLAM HARVESTING	28/10/2021		OFFLINE
23	CASHEW TREE PLANTING	29/10/2021	50	ONLINE
24	NATIONAL UNITY DAY	31/10/2021	60	ONLINE
25	HARVEST FESTIVAL	01/11/2021	55	OFFLINE
26	PALLIATIVE CARE ACTIVITIES	26/11/2021		OFFLINE
27	DEBATE ON ANTI DOWRY	26/11/2021		OFFLINE
28	AIDS DAY	01/12/2021	99	OFFLINE
29	TOBACCO ABUSE AWARENESS PROGRAMME	20/12/2021		ONLINE
30	SPECIAL CAMP	25 DEC.TO 31 DEC.	90	OFFLINE
31	REPUBLIC DAY PARADE	26/01/2022	35	OFFLINE
32	WHEEL CHAIR & WATER BED DISTRIBUTION	07/02/2022		OFFLINE
33	BLOOD DONATION CAMP	22/02/2022	30	OFFLINE
34	FELICITATION AND ORIENTATION PROGRAMME	24/02/2022	56	OFFLINE
35	SECONDARY PALLIATIVE TRAINING	02/03/2022	45	OFFLINE
36	EYE CHECKUP CAMP	19/03/2022	40	OFFLINE

COVID RELATED ACTIVITIES BY NSS VOLUNTEERS

NSS VOLUNTEERS ON DUTY

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5/8/21 12:36

Satellites	Latitude	Longitude	Weather	Altitude	Azimuth	VA	HA	Zoom
0	8.88314	76.598145	87°F / 0mi / 2mph	-73.70	NE 26°	17.24°	-95.69°	1.0x



Google Map (Normal) (Zoom Level 1...

Google Map (Normal) (Zoom Level 1...



Author: 5/8/21 12:37

REALME RMX1851



SERVICE AT COLECTORATE

NSS VOLUNTEER SARIKA



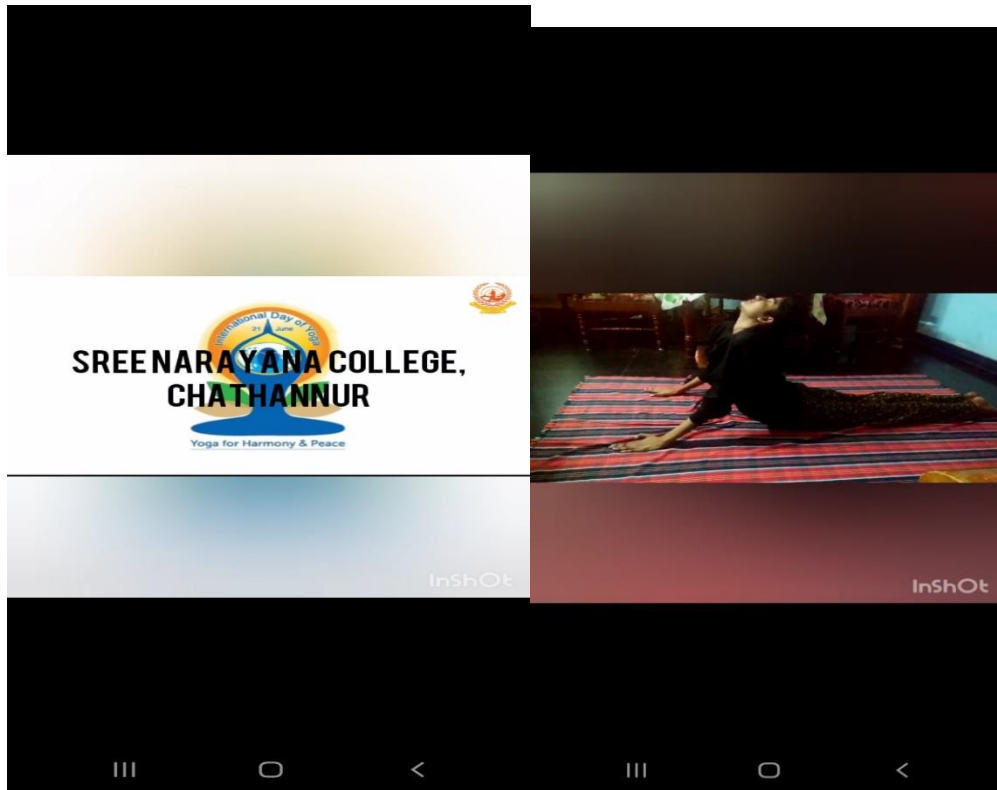
Volunteer Athul Murali

ENVIRONMENTAL DAY (JUNE 5)

We celebrated Environmental Day by planting different types of trees in the college campus. This programme is inaugurated by Sri. Jayalal MLA (Chathannur) in the presence of Panchayath President, College Ward member, Principal Dr. M S Latha , Programme officer Nisha.TV,Rasmi.K Nature club co-ordinator NishaSomarajanand NSS volunteers. This day is actually a celebration for NSS volunteers.



INTERNATIONAL YOGA DAY CELEBRATION ON ONLINE- 21 JUNE 2021



GURUKULAM FEST ,GURUVANDHANAM





സർഗാത്മകത തെളിഞ്ഞ കലാവിരുന്ന്

എറുമ്പായ കലാലോകനങ്ങളോടെ ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിൽ ഗുരുകുലം ഫെസ്റ്റ്



Alina D Lopez
For the Mother
Lecture ...Light Music



Neelina Mathan
Presentation for
M. Com 1st year



Arushi R
For the
Class member ...Lecture



Karthik A
For the Mother
Lecture ...Lecture



Arushi R
For the Mother
Lecture ...Lecture



Arushi R
For the Mother
Lecture ...Lecture



Arushi R
For the Mother
Lecture ...Lecture



Arushi R
For the Mother
Lecture ...Lecture

Today, 10:27 am



ചാത്തന്നൂർ എസ്.എൻ.കോളേജിൽ ഗുരുകുലം ഫെസ്റ്റ് സംഘടിപ്പിച്ചു

ചാത്തന്നൂർ ▶ ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിലെ എത്തിക്സ് കമ്മിറ്റിയുടെയും എൻ.എസ്.എസിന്റെയും ആഭിമുഖ്യത്തിൽ ഗുരുകുലം ഫെസ്റ്റ് - ഗുരുവന്ദനം 2021 സംഘടിപ്പിച്ചു. ഓൺലൈനായി സംഘടിപ്പിച്ച ഗുരുകുലം ഫെസ്റ്റിന്റെ ഉദ്ഘാടനം കേരള യൂണിവേഴ്സിറ്റി വൈസ് ചാൻസലർ ഡോ. വി.പി.മഹാദേവൻ പിള്ള നിർവഹിച്ചു. പ്രിൻസിപ്പൽ ഡോ. എം.എസ്.ലത അധ്യക്ഷത വഹിച്ചു. എത്തിക്സ് കമ്മിറ്റിയുടെ ഡിജിറ്റൽ മാഗസിന്റെ പ്രകാശനം എസ്.എൻ. ട്രസ്റ്റ് ട്രഷറർ ഡോ. ജയദേവനും യു ട്യൂബ് ചാനലിന്റെ ഉദ്ഘാടനം കവി ഇഞ്ചക്കാട് ബാലചന്ദ്രനും നിർവഹിച്ചു.

ഒരുവർഷമായി 'ഗുരുകുലം പദ്ധതി'യിൽ പരിശീലനം നേടിയ വിദ്യാർത്ഥികൾക്ക് സർഗാത്മക കഴിവുകൾ അവതരിപ്പിക്കാനുള്ള വേദിയായി ഗുരുകുലം ഫെസ്റ്റ്. സംഗീതം, നൃത്തം, ക്രാഫ്റ്റ്, യോഗ, ചിത്രരചന,



ചാത്തന്നൂർ എസ്.എൻ.കോളേജിൽ ഓൺലൈനായി സംഘടിപ്പിച്ച ഗുരുകുലം ഫെസ്റ്റ്-ഗുരുവന്ദനം കേരള യൂണിവേഴ്സിറ്റി വൈസ് ചാൻസലർ ഡോ. വി.പി.മഹാദേവൻ പിള്ള ഉദ്ഘാടനം ചെയ്യുന്നു

വയലിൻ, ഭാഷാപഠനം, പി.എസ്.സി. പരീക്ഷ തുടങ്ങിയ മേഖലകളിലാണ് ഗുരുകുലം പദ്ധതിയിലൂടെ കുട്ടികൾക്ക് പരിശീലനം നൽകിയത്.

കമ്മിറ്റി കൺവീനർ ടി.വി.നിഷ, നടൻ ഷിയാസ് കരീം, ഗായകനായ സിയ ഉര ഹക്ക്, അസി. പ്രൊഫ. ഡോ. രാണി രാജീവൻ, എം.കിരൺ മോഹൻ, മുഹ്സിന, ആര്യ തുടങ്ങിയവർ സംസാരിച്ചു.

❖ CELEBRATION OF DOCTOR'S DAY (July 1 ,2021)

<https://drive.google.com/file/d/1bvletDkzFOnj-A9thn1wL2xqsToIEP3t/view?usp=drivesdk>



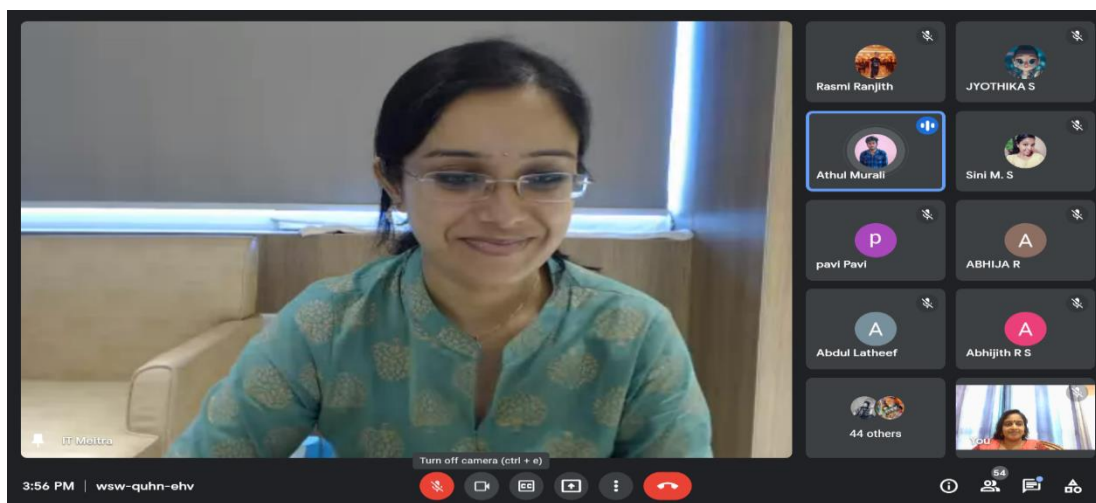
NSS volunteers created a video which shows the importance of doctors in society.

❖ **INTERNATIONAL ANTI DRUGS DAY (July 2, 2021)**

The Guru Arul initiative of Sree Narayana College, Chathannoor along with the NSS Unit and De-addiction club organised a webinar on the topic **SUBSTANCE ABUSE AND BEHAVIOURAL ADDICTION** which was conducted by Dr.Padmavathy R, who is a consultant pulmonologist at Meitra Hospital, Calicut, as part of the International Anti-drugs Day on 2nd July 2021 from 3.00 pm to 4.00pm. The webinar was very informative and helpful for the students and also the teachers who participated.



SREE NARAYANA COLLEGE CHATHANNOOR
International Antidrug Day
26 June 2021
Organized by
NSS (UNIT 36 A&B) & De-Addiction Club
WEBINAR
Resource person
Dr Padmavathy R
Consultant Pulmonologist
Meitra Hospital, Calicut
TOPIC : SUBSTANCE ABUSE AND BEHAVIOURAL ADDICTION
Date : 2 July 2021
Time : 3 pm to 4 pm



3:56 PM | wsw-qunn-ehv

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44 others

you

Abhijith R S

ABHIJA R

Sini M. S

JYOTHIKA S

Rasmil Ranjith

Athul Murali

pavi Pavi

Abdul Latheef

INTERNATIONAL PLASTIC BAG FREE DAY (July3, 20



Sree Narayana College Chathannoor

NSS unit36(A&B)



July 3,2020

**International plastic bag free
day**

ALL NSS Volunteers made paper bags and cloth bags and distributed in college.

VANAMAHOLSAVAM (July 7,2021)

As a part of 'VanaMaholsavam' 2021,the Guru Arul initiative of Chathannoor SN College along with the NSS unit, Nature club and 'BhoomiMithraSena' and the forest department, together initiated and celebrated the same by planting tree saplings all around the college campus province. The the programme was inaugurated by Honourable Minister Sri. A K Saseendran and MLA Sri. G S Jayalal presided the

meeting. College Principal Dr. M S Latha welcomed the gathering. Chief Forest Conservator, Southern Circle, Kollam Sri. Sanjay Kumar, Chirakkara Panchayat President Smt. C Susheela Devi and many more distinguished guests were present.

ശ്രീ നാരായണ കോളേജ്, ചാത്തന്നൂർ
'കാനന്ദായ'
ഉദ്ഘാടനം
 (07/07/2021)
 ബുധനാഴ്ച
 12.30 pm

ശ്രീ എ കെ ശശീന്ദ്രൻ
 (ബഹു.വനംവകുപ്പ് മന്ത്രി)

വനമഹോത്സവം 2021 ന്റെ ഭാഗമായി സംസ്ഥാന വനം വകുപ്പുമായി ചേർന്ന് നേച്ചർ ക്ലബിന്റെയും എൻ.എസ്.എസിന്റെയും ഭൂമിത്രസേന ക്ലബിന്റെയും സംയുക്താഭിമുഖ്യത്തിൽ കോളേജ് ക്യാമ്പസിൽ 2000 വൃക്ഷത്തൈകൾ വച്ചു പിടിപ്പിക്കുന്നു

പ്രിൻസിപ്പാൾ
 ഡോ.എം.എസ്.ലത

നേച്ചർ ക്ലബ്
 ഡോ.നിഷാ സോമരാജൻ
 കിരൺ മോഹൻ എം
ഭൂമിത്രസേന ക്ലബ്
 ബിനോയ് എസ്

എൻ.എസ്.എസ്
 രശ്മി കുമാരമേവതി(PO)
 നിഷ ദി വി(PO)

മികച്ച വൃക്ഷവൽക്കരണത്തിന് അവാർഡ്: എ കെ ശശീന്ദ്രൻ

കൊല്ലം

വനംവകുപ്പ് നടപ്പാക്കുന്ന സ്ഥാപന വനവൽക്കരണ പദ്ധതി പ്രകാരം മികച്ചതിനയിൽ മരങ്ങൾ നട്ടുവളർത്തി പരിപാലിക്കുന്ന സ്ഥാപനങ്ങൾക്ക് അവാർഡ് ഏർപ്പെടുത്തുമെന്ന് മന്ത്രി എ കെ ശശീന്ദ്രൻ പറഞ്ഞു. ചാത്തന്നൂർ എസ് എൻ കോളേജിൽ വൃക്ഷവൽക്കരണ പദ്ധതി ഉദ്ഘാടനം ചെയ്യുകയായിരുന്നു മന്ത്രി.



ചാത്തന്നൂർ എസ്എൻ കോളേജിൽ വൃക്ഷവൽക്കരണ പദ്ധതി മന്ത്രി എ കെ ശശീന്ദ്രൻ ഉദ്ഘാടനം ചെയ്യുന്നു

വൃക്ഷത്തൈ പരിപാലനം, വളർച്ച എന്നിവ പരിശോധിച്ച് മൂന്നാംവർഷം മുതലാണ് സ്ഥാപനങ്ങളെ അവാർഡിനായി പരിഗണിക്കുക. ഇതിനായി വനംവകുപ്പ് പ്രത്യേക മാർഗനിർദ്ദേശ പുറപ്പെടുവിക്കും. വനവൽക്കരണം പരിപാടിയുടെ ഭാഗമായി ഇൻസെന്റീവും നൽകും. കൊല്ലം സാമൂഹ്യവൽക്കരണ വിഭാഗം നൽകുന്ന 2000 ഹെലവ

കുഴഞ്ഞ കോളേജ് ക്യാമ്പസിൽ നട്ടുപിടിപ്പാലിക്കും. ജി എസ് ജയലാൽ എം എൽഎ അധ്യക്ഷനായി. ദക്ഷിണമേഖലാ ചീഫ് ഫോറസ്റ്റ് കൺസർവേറ്റർ സഞ്ജയൻകുമാർ, ചീറക്കര പഞ്ചായത്ത് പ്രസിഡന്റ് സുശീലാദേവി, ജില്ലാ പഞ്ചായത്ത് അംഗം ശ്രീജ ഹരിഷ്, വിനീത ദീപ, കോളേജ് പ്രിൻസിപ്പൽ എം എസ് ലത, കൊല്ലം സോഷ്യൽ ഫോറസ്റ്റി എസിഎഫ് വി ജി അനിൽകുമാർ തുടങ്ങിയവർ പങ്കെടുത്തു.

AGRO PARK PROJECT (July 10,2021)

The Guru Arul initiative Chathannur, SN College, as part of the Agro Park project, sowed seeds for the Land Paddy Cultivation. The program is the joint venture of The College, together with the "KrishiBhavan" and Chirakkara Grama Panchayat. The inauguration was done by Sri. NK Premachandran MP. College Principal Dr. MS Latha, Chirakkara



CORN CULTIVATION

NATIONAL PARENTS DAY (July 25,2021)



As part of parents' day celebration NSS volunteers took photos with the family and posted in the NSS whatsapp group.

❖ **KARGIL VIJAY DIWAS (July 26,2021)**



As part of Kargilvijay divas NSS volunteers lightened the lamp and prayed for the martyrs of the Kargil war.

ONE DAY ONE RUPEE PROJECT(JULY 5,2021)



SUPPLYING STUDY MATERIAL FOR FINANCIALLY BACKWARD STUDENT



Bag distributed to the student in adopted village.

INTERNATIONAL TIGER DAY(July 29,2021)



As part of International tiger day celebration our unit conduct essay writing competition and drawing competition.

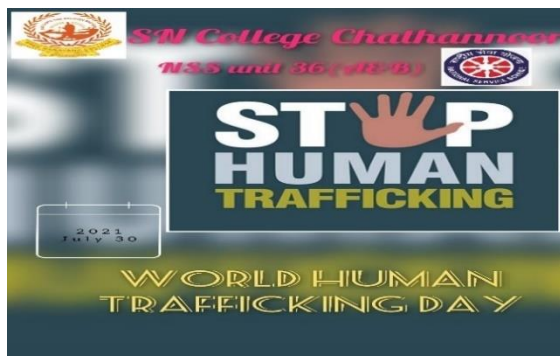
❖ **INTERNATIONAL FRIENDSHIP DAY** (July 30 ,2021)

https://drive.google.com/file/d/1_I--A4xmvJQqyPX5M0DGELc76cvg9582/view?usp=drivesdk



On that day volunteers gathered at college and shared their memorable events with friends from childhood onwards and also took photos.

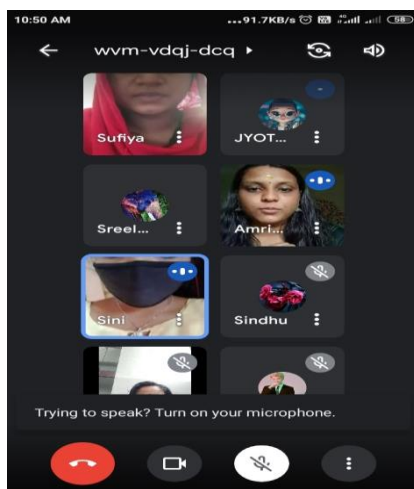
❖ **WORLD HUMAN TRAFFICKING DAY** (July 30,2021)



As part of World human trafficking day, volunteers prepared placard against human trafficking.

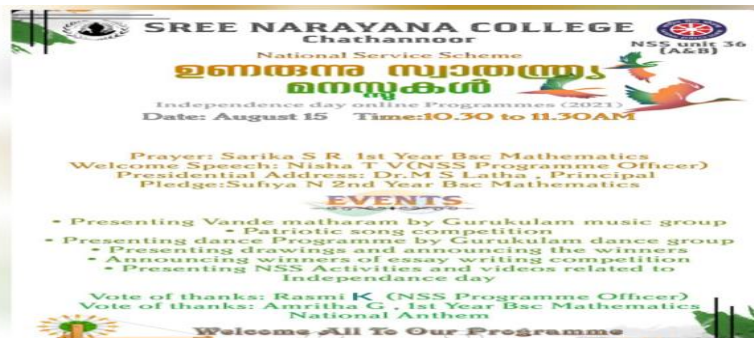
❖ **INDEPENDENCE DAY CELEBRATION** (August 15,2021)

The



Independence Day programs began with the NSS prayer. The welcome address was given by NSS P.O, Nisha.T.V, and the program was officially inaugurated by College Principal Dr. MS. Latha. Gurukulam dance team performed dance and the Gurukulam music group conducted patriotic song competition in which

Sarika.SR from 1st year B.Sc. Maths grabbed the first place. Drawing competitions were also conducted in which the first place was bagged by Amrita. G from 1st year BSc Maths. A pledge of NASH MUKTH BHARATH was done against drugs. Vote of thanks was delivered by NSS programme officer Rasmi K.



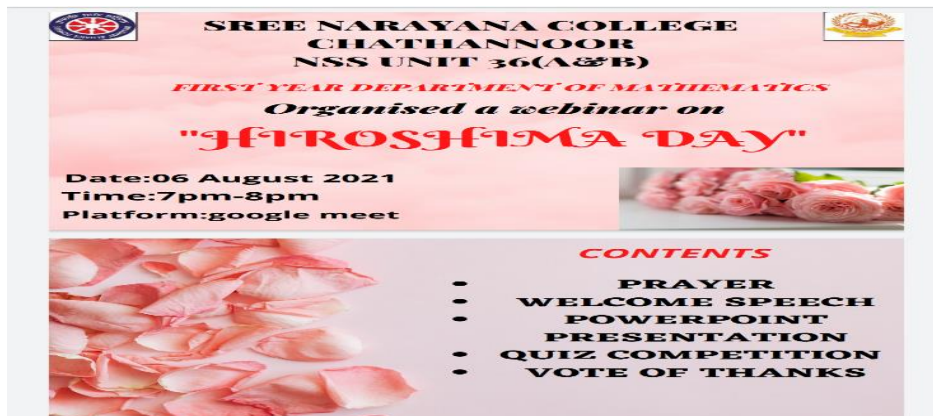
CAMPUS CLEANING

As part of the 75th anniversary of Indian Independence, 'Azaadikaamruth', NSS volunteers organised a cleaning campaign in the college campus. Their activities were conducted both inside and outside the campus.



❖ **HIROSHIMA DAY (06/08/2021)**

S.N College, Chathannur along with NSS Unit, on Aug 6th between 7pm and 8pm celebrated the Hiroshima Day. Sarika SR of 1st year BSc Maths lead the prayer and Devika Shankar C delivered the welcome address. A video based on atom bomb blasting was premiered during the program, followed by a speech on the importance of Hiroshima day, the working of atom bombs it's after effects, and the way they overcame the adversities. The program concluded with the vote of thanks proposed by Jisha UM.

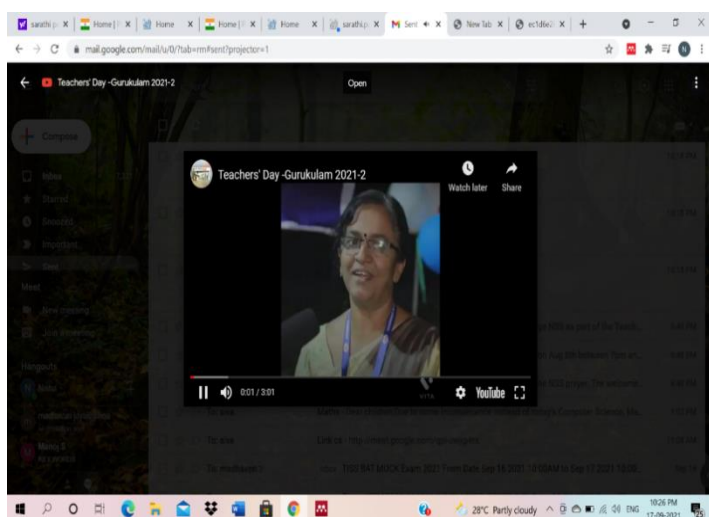


❖ **NAGASAKIDAY(AUGUST9,2021)**



❖ TEACHER'S DAY CELEBRATION (05/08/2021)

Various programs were conducted by the college NSS as part of the Teacher's Day on September 5th. The welcome address was delivered by the NSS Volunteer JyothiMeena and the program was inaugurated by College Principal Dr MS. Latha. The NSS Volunteers of 1st year BA History spoke about the importance of teacher's day. The whole teaching faculty of the college was present during the program and the students created and presented video mentioning how thankful they are for the teachers. A drawing competition was conducted on this occasion and Nandhana L of 1st year B.Com bagged the first place. Later the NSS Volunteers presented the Teacher's Day special program. The program was concluded by the vote of thanks proposed by ThrishaUdayan, an NSS Volunteer from 1st year BA History



CASHEW TREE PLANTING

The NSS unit and Nature club of Sree Narayana college, Chathannur in association with the "ThanalorukkamVilavedukkam " Programme of City Police planted fifty cashew trees on 29 October 2021 at college campus .City Crime branch sub inspector Mr. Rajesh inaugurated the function. College Principal gave presidential address and planted cashew tree. Sub inspector Sri. Shanavas, Anilkumar and Janamythri police officers Dineshan and Anilkumar were also present in the auspicious occasion. NSS Volunteers

actively participated in the inauguration and planted some cashew tree. On 1 November 2021 the NSS volunteers prepared the land for plantation and planted the remaining cashew trees. NSS programme officers NSS programme officers, Nisha T.V, Rasmi were also present in the function. Small groups of volunteers waters the plants frequently.


SREE NARAYANA COLLEGE
 CHATHANNUR, KOLLAM
NSS UNIT (36A&B)
Cashew Tree Planting Inauguration
 തണലൊരുകൊം വിളവെടുക്കൊം
29th October 2021

Time: 9.30am **Venue: College Campus**

Programmes

Inauguration :	Mr. Rajesh. (Sub Inspector, Kollam City Crime Branch)
Presidential Address :	Dr. MS.Latha (Principal, SN College, Chathannur)
Felicitation :	Mr. Shanavas. (Sub Inspector,
Vote of thanks :	Athul Murali (NSS Volunteer)

Principal
Dr. MS. Latha

NSS Programme Officers
Smt. Nisha TV
Smt. Rasmi Kundancheri

ചാത്തന്നൂർ എസ്.എൻ കോളേജിൽ 'തണലൊരുകൊം വിളവെടുക്കൊം' പദ്ധതി

കൊല്ലം: ചാത്തന്നൂർ എസ്. എൻ കോളേജിൽ സിറ്റി പൊലീസിന്റെ സഹകരണത്തോടെയുള്ള 'തണലൊരുകൊം വിളവെടുക്കൊം' കശുമാവ് തൈ നടപ്പിൽ പദ്ധതിക്ക് തുടക്കമായി. സിറ്റി ക്രൈംബ്രാഞ്ച് സബ് ഇൻസ്പെക്ടർ രാജേഷ് ഉദ്ഘാടനം നിർവഹിച്ചു.

കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം.എസ്. ലത അദ്ധ്യക്ഷത വഹിച്ചു. സബ് ഇൻസ്പെക്ടർ ഷാനവാസ്, അനിൽകുമാർ, ജനമൈത്രി പൊലീസ് ഉദ്യോഗസ്ഥരായ ദിനേശൻ, അനീൽകുമാർ, എൻ.എസ്. എസ്.പ്രോഗ്രാം ഓഫീസർമാരായ ടി.വി. നിഷ, കെ. രശ്മി, നേച്ചർ ക്ലബ്ബ് കോ ഓഡിനേറ്റർ ഡോ. നിഷ സോമരാജൻ, ഡോ. എസ്. വിഷ്ണു, ബി. ദി



ചാത്തന്നൂർ എസ്.എൻ കോളേജിൽ സിറ്റി പൊലീസിന്റെ സഹകരണത്തോടെ നടപ്പാക്കുന്ന 'തണലൊരുകൊം വിളവെടുക്കൊം' പദ്ധതി കശുമാവ് തൈ നടക്കുകയാണ് സിറ്റി ക്രൈംബ്രാഞ്ച് സബ് ഇൻസ്പെക്ടർ രാജേഷ് ഉദ്ഘാടനം ചെയ്യുന്നു

വ്യത്യസ്ത മേഖലകളിലുള്ള കോളേജ് എസ്.എസ്.എസ് യൂണിറ്റിന്റെയും നേച്ചർ ക്ലബിന്റെയും ഭൂമി സേന ക്ലബിന്റെയും ആഭിമുഖ്യത്തിലാണ് പരിപാടി സംഘടിപ്പിച്ചത്.

NATIONAL UNITY DAY

To honour Sardar Vallabhai Patel 's contribution to India's Independence and unity, the union ministry of home affairs in 2014 declared that the National Unity Day will be celebrated on his birth anniversary. As a part of this celebration NSS unit of Sree Narayana College Chathannur conducted various programmes. We started our programme with NSS Song. NSS Volunteers Aswathy PB and Keerthi AS made a speech on the topic 'Remembrance of Sardar Vallabhai Patel' and we took the Pledge for Rastriya Ekta Divas. Some of the volunteers presented the thoughts of Sardar Patel. One of the first year volunteer Ardra R Udayan from first year B.Sc. Mathematics prepared and conducted a quiz about Sardar Patel and Gopika GS reached at the first position. Athira R from third year B.Sc Mathematics sang a beautiful patriotic song in the online programme through Google Meet. We also conducted an essay writing competition on the topic 'Importance of Unity in the development of a Country 'and Nandana P from first B.Com secured the first prize. First year B.Com student Sabarinath P made a nice drawing which depicts the strength of unity. The Programme officers addressed the volunteers and shared their views on National Unity Day celebration. Jyothika from first year B.com welcomed the students and Sreelekshmi Antharjanam delivered the vote thanks for the programme.

HARVEST FESTIVAL (01/11/2021)

Harvest Festival was celebrated in Chathannoor, SN College. Paddy cultivation, which was a joint venture of Krishibhavan, Panchayath, and NSS Unit, of our college, was harvested on November 1. Panchayath President Suseela Devi inaugurated the harvest festival. The program was presided by College Principal Dr. M S Latha. ChirakkaraGaramapanchayath member, VineethaDeepu, and Krishibhavan officers Unnikrishnapillai, Rajesh R, College lecturers Nisha TV (NSS Progrqm Officer), Dr. Vishnu, Smt. Jiji P, Ardra R, Hostel Staffs Jagdeesh, Deepa, Geetha, and numerous students participated in this Harvest festival. The program started with everyone singing the NSS Song and later on moved on to harvest songs. All these gave even more energy to the people who took part in the program.



ചാത്തന്നൂർ എസ്.എൻ.കോളേജിൽ കൊയ്ത്തുത്സവം

ചാത്തന്നൂർ ▶ ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിൽ കൊയ്ത്തുത്സവം നടത്തി. കോളേജിലെ എൻ.എസ്.എസ്.യൂണിറ്റ്, ഭൂമി ശ്രമസേന, നേഷർ കൂബ്ബ് എന്നിവയുടെ നേതൃത്വത്തിൽ ചിറക്കര ഗ്രാമപഞ്ചായത്തിന്റെയും കൃഷി വേണെറയും സഹകരണത്തോടെ നടത്തിയ നെൽക്കൃഷിയുടെ വിളവെടുപ്പാണ് ആഘോഷമാക്കിയത്.

എൻ.എസ്.എസ്.ഗീതത്തോടെ കൊയ്തുപാട്ടും താളവുമിട്ട് നടന്ന കൊയ്ത്തുത്സവം ഗ്രാമപഞ്ചായത്ത് പ്രസിഡൻ്റ് സി.സുശീലാദേവി ഉദ്ഘാടനം ചെയ്തു.

കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം.എസ്.ലത അധ്യക്ഷത വഹിച്ചു. ഗ്രാമപഞ്ചായത്ത് അംഗം വിനീത ദീപ, കൃഷിവേൻ ഉദ്യോഗസ്ഥരായ ഉണ്ണിക്കൃഷ്ണപിള്ള, ആർ.രാജേഷ്, എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ ടി.വി.നിഷ, അധ്യാപകരായ ഡോ. വിഷ്ണു, പി



ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിൽ കൊയ്ത്തുത്സവം ചിറക്കര ഗ്രാമപഞ്ചായത്ത് പ്രസിഡൻ്റ് സി.സുശീലാദേവി ഉദ്ഘാടനം ചെയ്യുന്നു

.ജിജി, ആർ.ആർ.ദ്ര, ജിനു, ഹോസ്റ്റൽ ജീവനക്കാരായ ജഗദീഷ്, ദീപ, ഗീത, കോളേജ് വിദ്യാർഥികൾ തുടങ്ങിയവർ പങ്കെടുത്തു.

AIDS DAY- (DECEMBER 1,2021)

On 01/12/2021 we celebrated NSS Day by taking pledge to 'End Inequalities'. Students gathered in college ground and made themselves like the shape of 'Red Ribbon'. The NSS volunteers made AIDS day posters ,conduct awareness classes, and also conduct a discussion in each department about HOW TO BE TO BE SAFE FROM AIDS .



TOBACCO ABUSE AWARENESS PROGRAMME

NSS unit of Sree Narayana College, Chathannur in association with National health mission Kollam and District Medical office organized an awareness class on "Tobacco Abuse "on 20 December 2021. Kalakkode health inspector Sri. Baiju R and retired excise officer and de-addiction councillor C B Vijayakumar handled the sessions. Principal in charge Binoy S presided over the meeting, Programme officers RasmiKundancheri gave welcome speech and Nisha TV delivered the vote

of thanks for the programme. Palliative care co-ordinator Jency and Kalakkode health supervisor Mr.Roni were also present in the programme.



Kollam, Meenad, 691579, KL, India

Latitude
8.845822 N

Longitude
76.722437 E

Local 10:53:03 AM
GMT 05:23:03 AM

Altitude 64.41 meters
Monday, 12/20/2021

SREE NARAYANA COLLEGE
CHATHANNOOR, KOLLAM
NSS UNIT (36A&B)

National Health mission Kollam & District Medical Office (Health)
In association with
NSS Unit Sree Narayana College Chathannur
Organizing an Awareness Programme on **Tobacco Abuse**
On 20th December 2021

Programme Schedule
(9am to 12pm)

NSS Song	:	NSS Volunteers
Welcome Speech	:	Rasmi Kundancheri(NSS PO)
Presidential Address	:	Dr. MS.Latha (Principal ,SN College,Chathannur)
Resource Persons	:	Byju R(Health Inspector, Kalakkode) Jency (Block Palliative Coordinator) CB Vijayakumar(Rtd. Ex-cis officer, De-addiction Counselor)
Feed Back Session	:	NSS Volunteers
Vote of thanks	:	Nisha TV(NSS PO)

NSS Programme Officers
Smt.Rasmi Kundancheri
Smt. Nisha TV

Principal
Dr.MS.Latha

ചാത്തന്നൂർ എസ്.എൻ. കോളേജിൽ ലഹരിവിരുദ്ധ സെമിനാർ



▶ ചാത്തന്നൂർ എസ്.എൻ. കോളേജിലെ എൻ.എസ്.എസ്. യൂണിറ്റും നാഷണൽ ഹെൽത്ത് മിഷനും ജില്ലാ മെഡിക്കൽ ഓഫീസും സംയുക്തമായി നടത്തിയ ലഹരി വിരുദ്ധ സെമിനാർ

ചാത്തന്നൂർ ▶ ചാത്തന്നൂർ എസ്. എൻ. കോളേജിലെ എൻ.എസ്. എസ്. യൂണിറ്റും നാഷണൽ ഹെൽത്ത് മിഷനും ജില്ലാ മെഡിക്കൽ ഓഫീസും സംയുക്തമായി ലഹരിവിരുദ്ധ സെമിനാർ സംഘടിപ്പിച്ചു. കോളേജ് ഓഡിറ്റോറിയത്തിൽ നടന്ന ലഹരിവിരുദ്ധ ബോധവൽകരണ ക്ലാസ് മുൻ എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ എസ്.ബിനോയ് ഉദ്ഘാടനം ചെയ്തു.

കലശ്ശോക് ഹെൽത്ത് ഇൻ

സ്പെക്ടർ ആർ.ബൈജു, ഡി-അഡിക്ഷൻ കൗൺസലറും റിട്ട. എക്സൈസ് ഉദ്യോഗസ്ഥനുമായ സി.ബി.വിജയകുമാർ എന്നിവർ ക്ലാസെടുത്തു. ബ്ലോക്ക് പാലിയേറ്റീവ് കോ-ഓർഡിനേറ്റർ ജെൻസി, കലശ്ശോക് ഹെൽത്ത് സൂപ്പർവൈസർ റോണി, എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർമാരായ കെ.രശ്മി, ടി.വി.നിഷ, വിദ്യാർഥി പ്രതിനിധി അമൃത എന്നിവർ ചടങ്ങിൽ പങ്കെടുത്തു സംസാരിച്ചു.

❖ SPECIAL CAMP



The poster features the National Service Scheme (NSS) logo on the top left and the Sree Narayana College logo on the top right. The central text reads: 'SREE NARAYANA COLLEGE CHATHANNUR, KOLLAM NSS UNIT (36A&B) SEVEN DAYS ANNUAL CAMP' followed by Malayalam text 'പ്രായശ്ചിത്തം' and 'Youth For Prevention & Mitigation of Covid-19 Camp Inauguration 25th December 2021'. It specifies the time as 1.30pm and the venue as Seminar Hall. A list of programmes and their respective officers is provided, along with the names of the Principal and NSS Programme Officers.

Time: 1.30pm **Vennue: Seminar Hall**

Programmes

NSS Song	:	(NSS Volunteers)
Welcome Speech	:	Nisha TV (NSS PO)
Presidential Address	:	Dr. MS.Latha (Principal ,SN College,Chathannur)
Inauguration	:	Vinitha Dipu(College Ward Member)
Felicitation	:	Captain Dr. CS Subhash Chandran (NCC Officer)
Vote of thanks	:	Rasmi K (NSS PO)

Principal
Dr.MS.Latha

NSS Programme Officers
Smt. Nisha TV
Smt..Rasmi Kundancheri

Day 1

The NSS unit of Sree Narayana College, Chathannur organized a camp which officially started on 25 December 2021 at 1.30pm. The Programme began with the NSS song. The event was inaugurated by our college ward member. Our Principal Dr. MS Latha presided over the function and the NSS programme officers Nisha TV Delivered the Welcome speech and RasmiKundancheri delivered vote of thanks for the function.

After the inaugural ceremony NSS volunteers took the task of Canteen premises in the presence of NSS programme officers. Volunteers were divided in to groups and assigned the tasks to each group. Volunteers replaced unnecessary wirings and furnitures. Plastic waste and furniture were removed. The third year students guided freshers in completing the task. The camp ended at 5.30 pm with the national anthem.

Day 2

The secondary camp started with NSS song and previous day's experience sharing. The whole volunteers divided in to 10 groups and first 3 groups cleaned the canteen to make it a kitchen for the camp. The rest went for cleaning the campus. The programme officers were there to help the students by providing guidance. After campus cleaning lunch was provided.

The afternoon session was arranged in seminar hall. NSS Volunteer Miss. Malu delivered welcome speech for the Women empowerment programme " Orange the World Campaign". The whole volunteers were divided in to groups and gave some time to write down their ideas to overcome the difficulties that a woman facing in societies. Each group collected positive ideas and each of them discussed in detail. Every one participated the signature campaign conducted by the team. NSS volunteer Goutham delivered vote of thanks for the programme.

Cultural Programme

Next session started by reading news report of previous day activities. The cultural programme started at 1.30pm at college auditorium. There were music, poem recitation etc. The senior NSS volunteers shared their experiences which was really useful for the volunteers in achieving specific goals. After the event the volunteers were given tea and upma. The whole programme ended at 5 pm with the National Anthem.





Day 3

The third day of the camp began with yoga class under the guidance of yoga instructor Dr.Sreeraj S R, AyushGramam, Ithikkara National Ayush mission at 8.30 am. The yoga instructor took the yoga class with great dedication. The Volunteers participated with great enthusiasm, interest and eagerness. The session was refreshing and reviving and conveyed the importance of making yoga an integral part of our daily life. After this session the students were engaged in shifting unused asbestos sheets to unused areas of the college campus. The students




were provided lunch at 12.30pm.

SREE NARAYANA COLLEGE
CHATHANNUR, KOLLAM
NSS UNIT (36&B)

SEVEN DAYS ANNUAL CAMP
Youth For Prevention & Mitigation of Covid-19
Yoga in Daily Life
27th December 2021

Time: 9.00am **Venue: Seminar Hall**

Programmes

NSS Song	:	NSS Volunteers
Welcome Speech	:	NSS Volunteers
Class Led By	:	 Dr. Sreeraj S R (Ayushgram, Ithikkara, National Ayush Mission)
Vote of thanks	:	NSS Volunteers

Principal
Dr.MS.Latha

NSS Programme Officers
Smt. Nisha TV
Smt. Rasmi Kundancheri



❖ FIRE AND SAFETY

The programme began with the NSS song by the volunteers'. As per the officials instruction the chairs were arranged in semi-circular shape. Fire and Safety officer Sri. Domanic took the classes very interestingly with the help of dummies. Students and teachers were actively participated in demonstration session. They gave Some First Aid class also. After this session refreshments were also provided for fire and safety officers and volunteers.



❖ CULTURAL PROGRAMME

Volunteers actively participated in Folk song, Group Song, Dance programme, etc. The members from group 2 read the previous day's camp report. After the orientation class by the NSS Programme officers and Senior NSS volunteers' camp ended by singing National Anthem.



Day 4

Fourth day of the NSS camp began by NSS song followed by yoga. Then volunteers were grouped for field work and one group took charge of kitchen work. Refreshments were provided in between the field work.

After the field work students were gathered at seminar hall and actively participated in debate "Social media – a boon or a bane ". Athira U from History department acted as debate moderator. Involvement of all the volunteers were ensured by programme officers.

After lunch students got a workshop by Saraswathy madam. She demonstrated mat making technique and all volunteers engaged in making different kind of mats. We provided upma and tea as an evening snack.



Day 5

Fifth day of NSS camp was started with NSS song followed by Yoga .The main programme of this day was 'Eye checking Camp'. NSS Programme officer

welcomed the officials of the eye checking camp. Dr.Sini ,District hospital Kollam gave an awareness class. NSS volunteers visited nearby houses and gave awareness class about eye care and importance of eye donation. People from college ward came to the NSS camp to check their eyes and essential medicines were provided. Actually our camp was a blessing to the college ward inmates.



After cleaning of college campus cultural programme was started. All the NSS volunteers shared their talents, ambitions. They actively participated in cultural programmes.

Day 6

Sixth Day of our camp the camp started with as usually by NSS song followed by yoga. Then we arranged an orientation programme by Ajay Sreedhar, HSST NSS technical advisor. The mentor made the class very interesting with the use of aids. He could understand the importance of cooperation among students by activity.



All NSS volunteers actively participated in field work and after taking refreshments they were very busy in cultural programmes.

Day 7

Seventh day of our NSS camp started with NSS song followed by Yoga. After cleaning and plastic removal from our college campus volunteers engaged in Payasam preparation and lunch making. They made a delicious payasam and served among students and college officials.



The volunteers shared their experience of the seven day camp. After this senior NSS volunteers brought a cake and camp ended by cutting cake.



The volunteers shared their experience of the seven day camp. After this senior NSS volunteers brought a cake and camp ended by cutting cake.

KURIVIKKORU KUDUNNEER

REPUBLIC DAY PARADE

In the Republic day parade at Delhi, Akhil S Raj, 3rd year B.Com student of SN College ,Chathannoor represented Kerala.





BLOOD DONATION CAMP

As a joint venture of the NSS Unit of Chathannoor, SN college, All Kerala Blood Donors Society, Govt. Medical College Kollam, a blood donation camp was conducted in the college campus on 22/2/22 at 9.30 am. Over a 100 students volunteered to donate their blood. From those students, after screening, blood was collected from 50 of them. The program was led by the NSS POs Nisha TV, Resmi K, the doctors, nurses and volunteers of Medical College, Kollam. The blood donation camp was a grand success.



**Sree Narayana College
Chathannur, kollam
NSS UNIT (36A&B)**



BLOOD DONATION CAMP



**In Association with
All Kerala Blood Donors Society (KEBS)
&
Govt. Medical College, kollam**

**DATE: 22.02.2022
TIME: 9:30 am
VENUE: SEMINAR HALL
SNC CHATHANNUR**



FELICITATION AND ORIENTATION PROGRAMME

On 24 February 2022 NSS unit of Sree Narayana College, Chathannur arranged a felicitation programme for Akhil S Raj who participated in Republic Day Parade in 2022 from our college. College Principal Dr. MS Latha inaugurated the programme and college ward member Vinitha Dipu and Commerce department head Dr. MG Biju gave felicitation speech. College principal honoured Mr. Akhil with memento and NSS higher secondary technical advisor Ajaysreedhar honoured him with Ponnada. Akhil S Raj shared his experience of attending Republic day parade very proudly and volunteers inspired from his words. NSS Programme officers Nisha TV delivered the welcome speech and Rasmi Kundancheri expressed the gratitude for this programme.

On the same day we arranged an orientation class for NSS volunteers. Higher secondary technical advisor Mr. Ajay Sreedhar conducted class with lot of activities. Volunteers were actively participated in all activities and they expressed their happiness and gratitude at the end of the programme.

SREE NARAYANA COLLEGE
CHATHANNUR, KOLLAM
NSS UNIT - (36A&B)

FELICITATION CEREMONY & ORIENTATION PROGRAMME
24th February 2022

Time: 1.00 pm
Venue: Seminar Hall

Programmes

NSS Song	:	NSS Volunteers
Welcome Speech	:	Nisha TV (NSS PO)
Inauguration	:	Dr. MS. Latha (Principal, SN College Chathannur)
Felicitation Speech	:	Vinitha Dipu (College Ward Member)
	:	Dr. MG Biju (HOD, Dept. of Commerce)
Experience Sharing	:	Haridev H (College Union Chairman)
	:	Akhil S Raj (Participant of Republic Day Parade - 2022)
Vote of Thanks	:	Rasmi K (NSS PO)
Orientation Class		
Resource Persons	:	Ajaysreedhar SV (Technical Advisor) National Service Scheme Higher Secondary Education, Thiruvangthapuram)

NSS Programme Officers
Smt. Rasmi Kundancheri
Smt. Nisha TV

Principal
Dr. MS. Latha

We Request your Esteemed Presence

CHOLAM HARVESTING (28/10/2021)

As the joint venture of Bhoomithrasena, NSS unit and Nature club, the corn cultivation in SN College Chathannoor was inaugurated by MP Sri. Premachandran on 14/07/2021. The harvest of the same was inaugurated by Dr. MS Latha, principal, on 28/10/2021. NSS volunteers and other students also participated in the harvest festival. Tasty dishes were prepared from the harvested corn and was distributed among the teachers and students.





CHOLAM VADA DISTRIBUTION



PALLIATIVE CARE PROGRAMME

Our college has a palliative care unit. As part of Palliative care programme of Kerala University we extended our palliative care activities in adopted village elaborately. As per the survey conducted by the NSS volunteers we identified the people who need palliative care support. The palliative care programme of this year was inaugurated by College principal Dr. MS Latha in the presence of ward member, teachers and students. We gave medical and palliative care assistance to the selected families. We got help from Asha worker to identify the most needy people. As per their needs we provide Wheel chairs, Waterbed, Cotton, adult diapers and other palliative care assistance.

ADOPTED VILLAGE SURVEY



PALLIATIVE CARE ACTIVITIES



WHEEL CHAIR AND WATER BED DISTRIBUTION



ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ ദത്തുഗ്രാമത്തിൽ സംഘടിപ്പിക്കുന്ന ജീവകാരുണ്യ പ്രവർത്തനങ്ങളുടെ ഭാഗമായുള്ള വീൽ ചെയർ ഗ്രാമപഞ്ചായത്ത് അംഗം വിനീത ദീപ ഏറ്റുവാങ്ങുന്നു

കാരുണ്യ സ്പർശമായി ചാത്തന്നൂർ എസ്.എൻ കോളേജ്

ചാത്തന്നൂർ: ചാത്തന്നൂർ ശ്രീനാരായണ കോളേജിലെ എൻ.എസ്.എസ്.യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ ദത്തുഗ്രാമത്തിൽ സംഘടിപ്പിക്കുന്ന ജീവകാരുണ്യ പ്രവർത്തനങ്ങൾക്ക് തുടക്കമായി. സർവേയിലൂടെ തിരഞ്ഞെടുക്കപ്പെട്ട നിർദ്ധനരായ കുടുംബങ്ങൾക്ക് വീൽ ചെയർ, എയർ ബെഡ്, ഡയപ്പർ, കോട്ടൺ തുടങ്ങി അവശ്യ സാധനങ്ങൾ വിതരണം ചെയ്തു. കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം.എസ്.

ലതജ് ലാടനും നിർവ്വഹിച്ചു. വീൽ ചെയർ ഗ്രാമപഞ്ചായത്ത് അംഗം വിനീത ദീപുവിന് കൈമാറി. പ്രോഗ്രാം ഓഫീസർമാരും അസി. പ്രോഗ്രാമസർമാരും അസി. പ്രോഗ്രാമസർമാരും ഡി. വി. നിഷ, കെ. രശ്മി, ഡൽഹിയിൽ കഴിഞ്ഞ റിപ്പബ്ലിക് ദിനപരേഡിൽ പങ്കെടുത്ത എൻ.എസ്.എസ് വോളണ്ടിയർ അഖിൽ എസ്. രാജ്, മറ്റു എൻ.എസ്.എസ് വോളണ്ടിയർമാരായ ആരോമൽ, പ്രജന, മൂനീറ തുടങ്ങിയവർ പരിപാടിക്ക് നേതൃത്വം നൽകി.

❖ POTHICHORU(10/02/2022)



DEBATE ON ANTI-DOWRY AT ETHIKKARA BLOCK PANCHAYATH
(26/11/2021)



NSS VOLUNTEERS AT VEGETABLE GARDEN



HANDING OVER ORGANIC VEGETABLES TO HOSTEL WARDEN



SALES IN CO-OPERATIVE MARKET

- ❖ ANANDHATHEERAM VISIT
CENTRE FOR MENTALLY CHALLENGED
STUDENT



FOOD SUPPLY

❖ SECONDARY PALLIATIVE TRAINING

On 2 March 2022 , NSS unit of Sree Narayana College, Chathannur in association with Ithikkara Block and CHC Kalakkode organized secondary palliative training for NSS volunteers. Ithikkara block health standing committee chairman A. Dasthakker presided over the meeting and Ithikkara block panchayath president Sadanandan Pillai Inaugurated the programme. College Principal Dr. MS Latha gave Key note address and kalakkode health inspector Byju R gave felicitation for the programme. Secondary palliative physiotherapist K.Reji handled the session very interestingly. NSS programme officers RasmiKundancheri delivered welcome speech and Nisha TV gave vote of thanks for the programme.100 volunteers were actively participated in the programme .Some of the volunteers expressed their willingness to cooperate in all the palliative care activities with them and some of them accompanied them for home visit.



SREE NARAYANA COLLEGE
CHATHANNUR, KOLLAM
NSS UNIT (36A&B)

Ithikkara Block Panchayath & CHC Kalakkode
in association with
NSS Unit Sree Narayana College Chathannur
Organizes Secondary Palliative Training for NSS Volunteers
02 March 2022

Time: 10.00 am
Venue: Seminar Hall

Programmes

NSS Song	:	NSS Volunteers
Welcome Speech	:	Rasmi K (NSS PO)
Inauguration	:	N. Sadanandhan Pillai (Ithikkara Block Panchayath President)
Presidential Address	:	A.Dasthakkeer (Health Standing Committee Chairman Ithikkara Block)
Key Note Adress	:	Dr.MS Latha (Principal)
Felicitation	:	Byju R(Health Inspector,Kalakkode)
Resource Person	:	K.Rejl (Physiothrapist - Secondary Palliative)
Feed Back Session	:	NSS Volunteers
Vote of thanks	:	Nisha TV(NSS PO)

NSS Programme Officers
Smt.Rasmi Kundancheri
Smt. Nisha TV

Principal
Dr.MS.Latha






OLDAGE HOME VISIT (10/03/2022)



Distribution of meals to the inmates

❖ EYE CHECKUP CAMP

 **Sree Narayana College,
Chathannur, Kollam
NSS UNIT 36(A&B)** 

**District Mobile Ophthalmic unit
Kollam in associated with Sree
Narayana College, Chathanoor
organizes a free Eye checkup camp for
college students and community**

TIME: 10.00AM
Date:19.03.2022

Venue:Seminar Hall

**NSS PROGRAM OFFICERS:
SMT. NISHA. TV
SMT. RASMI KUNDENCHERI**

**PRINCIPAL
DR.MS LATHA**

