## **REPORT ON HEALTH CLUB ACTIVITY 2022-2023**

Health club of our college usually guide the students to practice healthy habits among students community. Students were advised to participate various sports as well as academic activities through which they can achieve more knowledge to maintain a better life. This year club arrange a Expert talk session by arranging Dr.Rani .K.V., A Pioneer Educationist from Sree narayana Training college,Neduganda came to our college for delivering a Speech on "MENTAL HYGIENE AMONG HIGHER EDUCATION STUDENTS". It was a good interactive session for students community after a covid era. Students were actively participated in the group discussion based class. The outcome of the class was very meaning full for the students as well as teaching fraternity.

Programme was conducted on 05.08.2022 at our seminar hall ,Our Principal Dr.M.S.LATHA, Inaugurated function officially, Club co-coordinator Sri.Amjith.S Introduced Guest to the students and Smt.Muthu ,Member Health club delivered vote of thanks in the session

	SRE	E NARAYANA COLI CHATHANNUR	LEGE
		Health Club	
		Seminar	
	"Mental Hygiene Among Higher Education Students"		
	Dr. Rani K.V		
	Assistant Professor		
	Sree Narayana Training College, Nedunganda		
	Date & Time: 5 Aug. 2022 @ 1.00 pm		
		Venue: Seminar Hall	
	Principal	Coordinator	Member
	Dr. M.S Latha	Mr.Amjith S	Ms. Muthu. S





