

SREE NARAYANA COLLEGE

Karamcode P.O, Chathannur, Kerala- 691572

Affiliated to University of Kerala

NAAC accredited with 'B' grade



Email: snchthannur@gmail.com; Ph: 0474-2593312; Website: <https://snchathannur.ac.in/>

2021-22




7/6/2023

REPORT OF

DEPARTMENT OF PHYSICAL EDUCATION

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also. Since it has established, the Department has been flourishing in every possible ways amidst of its limitations. Now the Department is facilitated Kabaddi Court, Foot Ball Court, Volley Ball Court and Badminton Court.

Department of Physical Education S.N College Chathannur organised a webinar on, - "Basics Awareness of Yoga "for health and fitness education students and physical education fraternity on 21st Jun 2021, 08.30 AM TO 9.30 AM, resource Person was Dr.Rakhi Ramakrishnan , Physical Education Teacher CMGHSS Kuttur,Thrissur.Kerala. .

	<p>RESOURCE PERSON Dr.Rakhi Ramakrishnan</p> <p>(Physical education Teacher, CMGHSS Kuttur, Thrissur, Kerala)</p>	<p>SREE NARAYANA COLLEGE CHATHANNUR, KOLLAM, KERALA, INDIA. (Affiliated to University of Kerala Accredited by NAAC WITH ' B' Grade)</p>	
	<p>PROGRAMME SCHEDULE</p> <p>Welcome: Ms.Sarika S, (Dept. of I.C, Health and Fitness Education)</p> <p>Inaugural address: Dr.M.S Latha (Principal)</p> <p>InvitedTalk: Dr.Rakhi Ramakrishnan</p> <p>Vote ofThanks: Ms.Greeshma S S, (Dept. of I.C, Health and Fitness Education)</p>	<p>Organized by DEPARTMENT OF PHYSICAL EDUCATION S.N COLLEGE, CHATHANNUR</p> <p>WEBINAR</p>	
<p>ORGANIZING COMMITTEE</p> <p>Principal: Dr.M.S Latha Convener : Dr.Biju Sukumar (Head, Department of Physical Education. For more details contact: 09895334142 :09278927890.</p>		<p>“Basic Awareness of Yoga”</p> <p>On 21st Jun 2021 at 08.30 A.M Platform: Google Meet Click hear :https://meet.google.com/tdw-vusv-tgd</p>	

Department of Physical Education in association with Health club of our College took an initiative to give awareness class for Basics Awareness of Yoga for students. Department of physical education of our college also conducted an online competition based on the theme for promoting yoga in students community. The competition is based on the performance of students in one minute of video presentation of their own. Amazing responses from the students around 150 students participated. From that Maths Department of Vaishnavi Prasad got first prize. Reshma R.S History Department Second prize and Sreedthu S Kumar Department of History get third prize. From the students participation we could understand that how the students were interested in fitness matters. Besides that, department of physical education organised a national seminar on the "Basics Awareness of Yoga



Aswathy A R from Department of Mathematics performing Yoga on 21st June 2021



Reshma R S from Department of History performing Yoga on 21st June 2021



Vaishnavi Prasad

Mathematics performing Yoga on 21st June 2021

from Department of

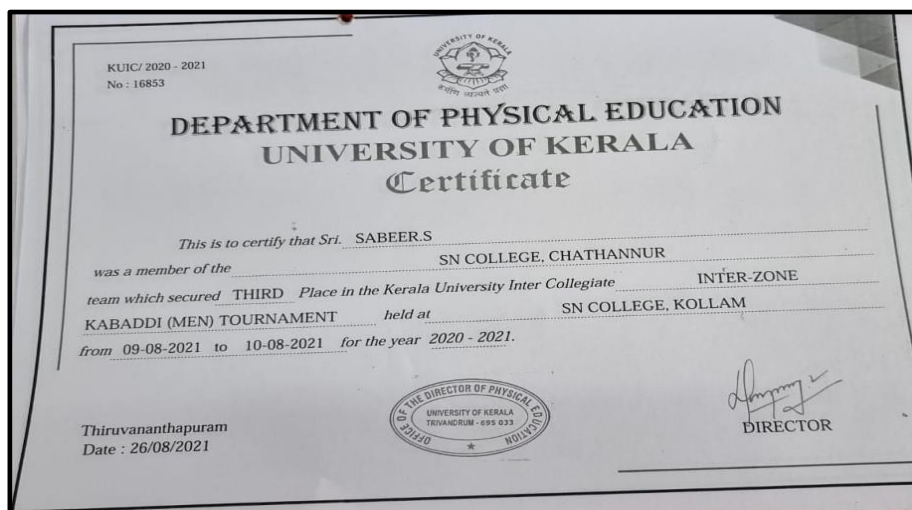


Athul S from Department of IC performing Yoga on 21st June 2021

In the academic year 2021-2022, students' performance in the intercollegiate competitions organized by University of Kerala in was highly commendable.



Kabaddi team, inter zone securing third position on 8/9/2021



Certificate secure by Sabeer Securing third place in kabbadi tournament



Certificate secure by Maneesh M B Securing third place in Inter zone kabaddi tournament



ABHIJITH D second BA History secured second place in Inter collegiate Boxing Championship held on 3/12/2021 & 4/12/2021 at Sreepadam stadium Attingal.

KERALA UNIVERSITY INTER COLLEGIATE BOXING CHAMPIONSHIP

Intercollegiate at Boxing Competition held on 12/08/2021 at Attingal Palace





Certificate secured by Abhijith D for securing second place in Boxing

SECURING THIRD POSITION IN KERALA UNIVERSITY INTER COLLEGIATE

KABADDI CHAMPIONSHIP AT S.H. CAMPUS PALAYAM.



Students of SN College Chathannur securing third place in Inter Collegiate Kabaddi Championship

PARTICIPATING KERALA UNIVERSITY INTER COLLEGIATE



FOOTBALL CHAMPIONSHIP

Students participated in the kerala university intercollegiate football championship



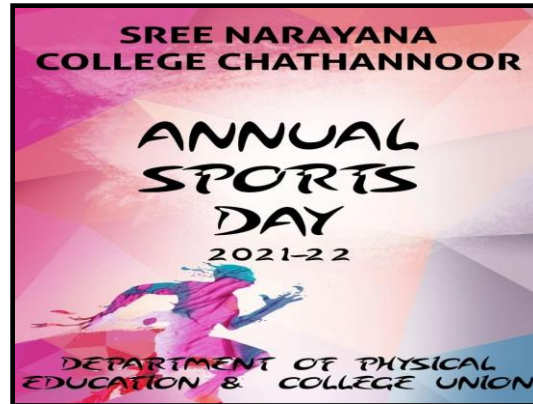
Students
in

participated
cricket as part

of inter class sports tournaments on 29/03/2021

PARTICIPATING KERALA UNIVERSITY INTER CHAMPIONSHIP

Department arranged various intramural tournaments such as cricket, football etc.. with the help of college union members.



Department of Physical Education organized Annual Sports Day On 28th & 29th March 2022 Inaugurated by Dr. M.S Latha Principal S.N College Chathannur.

The following events have been organized for the inter-class sports tournaments for students:

- CRICKET (Men & Women)
- FOOTBALL
- KABADDI
- VOLLEYBALL
- TUG OF WAR
- DISCUS THROW
- 100 METER RACING
- 50 METER RACING
- SHORPUT

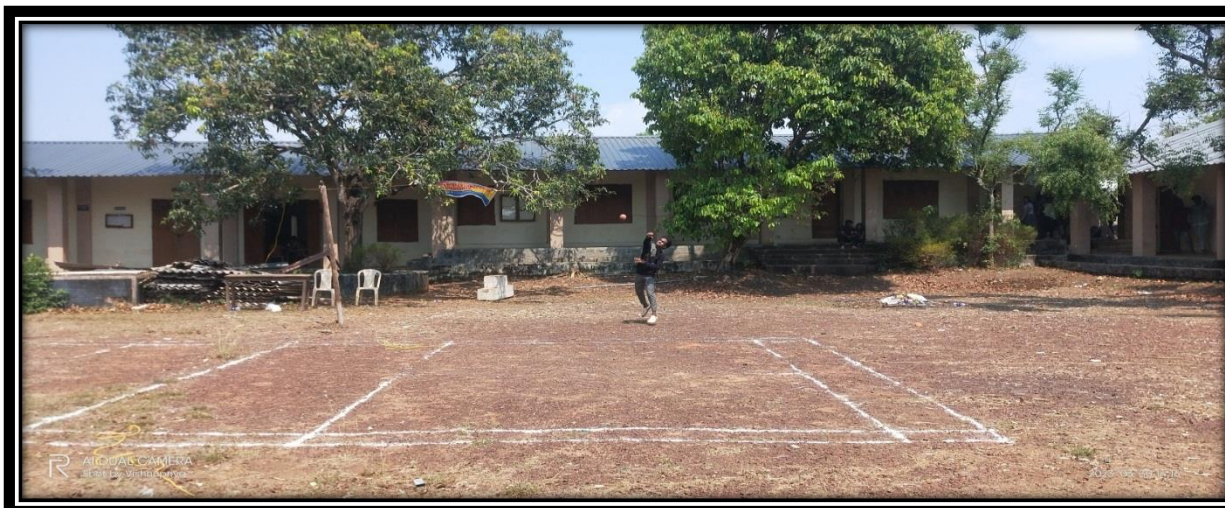
Students playing cricket as part of inter class sports tournament held on 29/03/2021

Students playing tug of war as part of inter class sports tournament held on 29/03/2021


Students playing shot-put as part of inter class sports tournament held on 28/03/2021



2020-21



Department of Physical Education in association with Health club of our College took an initiative to give awareness class for health and fitness education students about how to prevent corona virus by self-discipline and cleaning surroundings. The challenge was given to the students and they took an initiative to clean their surroundings. The coronavirus outbreak has been declared a pandemic, and it has become important to maintain personal hygiene to help stop the spread of the disease. The Centre for Disease Control (CDC) has laid down certain guidelines to help you keep your homes clean and free of the coronavirus infection. Clean and disinfect daily in high-touch surfaces within common areas like doorknobs, light switches and table tops, surrounding of home etc. Onam Corona- (CorOnam) Challenge 2/08/2020.

<p style="text-align: center;"><u>Task-1</u></p> <p>നിങ്ങളുടെ വീട്ടിലെ ഉപയോഗശൂന്യമായ പ്ലാസ്റ്റിക് കുപ്പികൾ, പഴയ പേപ്പറുകൾ, പഴയ പുസ്തകങ്ങൾ, തുടങ്ങിയവ ശേഖരിച്ച ശേഷം അവയെല്ലാം വെച്ചുവെച്ചു ചാക്കിലോ കവറിലോ അടയ്ക്കുക. എന്നിട്ട് അവയോടൊപ്പം നിൽക്കുന്ന ഫോട്ടോ Health and Fitness Education Whatsapp Group ഇൽ വെക്കുന്നതും 5 മണിക്ക് മുന്നേ പോസ്റ്റ് ചെയ്യുക.</p> <p style="text-align: center;">Organizing Committee</p> <p>Principal: Dr.Latha M.S Convenor: Dr.Biju Sukumar (Head, Department of Physical Education) Coordinators: Dr. C.S . Subhash Chandran , Ms. S Muthu For more details contact: 9278 9278 90</p>	<div style="text-align: center;">  <p>SREE NARAYANA COLLEGE CHATHANNUR (Affiliated to University of Kerala Accredited with B Grade by NAAC)</p> <p>Organized by Department of Physical Education in association with Health club</p> <hr/> <p>Onam Corona- Challenge</p> <hr/> <p>on 28th August 2020 at 07.00 am to 5.00 pm Platform :whatsapp Group</p> </div>
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The Department of Physical Education conducted a National level Quiz Competition on 28/08/2020 to 30/08/2020 as part of National Sports Day. More than 200 students participated in the competition.

**SREE NARAYANA COLLEGE
CHATHANNUR**

Affiliated to University of Kerala
Reaccredited with B Grade by NAAC



**Department of
Physical Education
PRESENTS**

**NATIONAL LEVEL ONLINE SPORTS
QUIZ COMPETITION-2020**

DATE-28/08/2020 to 30/08/2020

**NATIONAL LEVEL ONLINE
QUIZ COMPETITION AS
PART OF NATIONAL SPORTS
DAY AUGUST-29**

CONTACT INFO:
Dr. BIJU SUKUMAR- +919278927890

**COLLEGE FOOTBALL TEAM PARTICIPATED THE INTERCOLLEGIATE
TOURNAMENT ON 12/2/2021.**

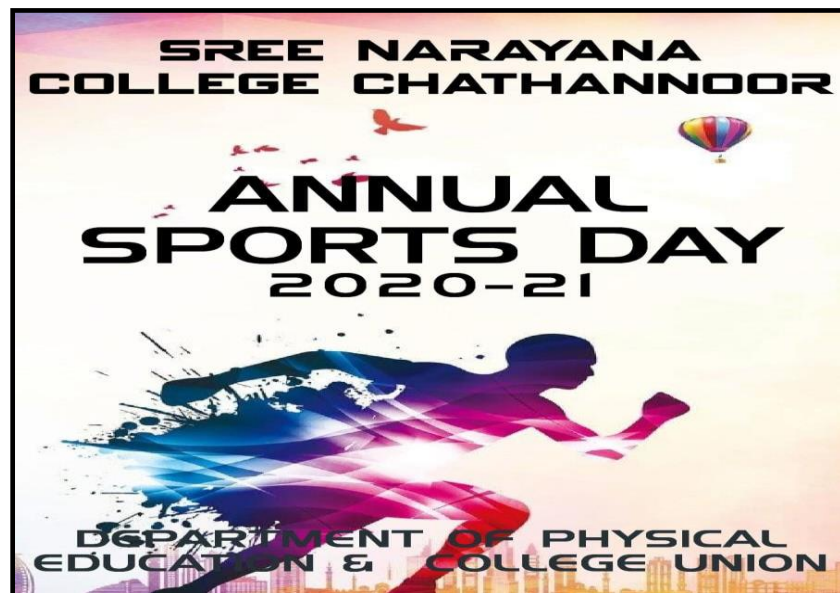


Students playing football as part of intercollegiate tournament held on 2/12/2021

Football Team of our college participated in intercollegiate tournament held on 2/12/2021



Department of Physical Education conduct annual sports day with the help of college union. Department organized the Annual Sports Day On 29/03/2021 inaugurated by Dr.M.S Latha Principal S.N College Chathannur.



Department of Physical Education organized Annual Sports Day on 29th March 2021 inaugurated by Dr. M.S Latha Principal S.N College Chathannur.

The following events have been organized for the inter-class sports tournaments for students:

- FOOTBALL
- TUG OF WAR

- 100 METER RACING
- 50 METER RACING



Students playing tug of war as part of interclass tournament held on 29/3/2021

2019-20

In the academic year 2019-2020 Department of Physical Education conducted separate coaching camps and practices matches for both men and women in football, cricket, kabaddi, Power Lifting, boxing and Track and Field.

Department conducts a talk on International Yoga Day on 21/06/2019.



SREE NARAYANA COLLEGE CHATHANNUR

chirakkara Kollam , Kerala - 691579

Affiliated to University of Kerala Accredited with B Grade by NAAC

DEPARTMENT OF PHYSICAL EDUCATION

DATE : 21 JUNE 2019 TIME : 10 AM
VENUE : COLLEGE AUDITORIUM

MY TYPE : MY YOGA



Dr. BIJU M G

*HOD , Departments of Commerce
S N College, Chathannur*

ORGANIZING COMMITTEE

Principal :

Dr. Subhash Chandran C S

Convener :

Shri . Dr. Biju Sukumar

HOD , Department of

Physical Education

S N College , Chathanoor.



Students participating in “Talk on International yoga day” at our college on 26/06/2019

Relevance of yoga is increasing day by day. In this year International Yoga Day, one of our eminent faculty member who is well versed in this topic interacted with students and shared his recent research works on yoga. Classes were rated highly effective by the active interaction of students. Dr.Biju reveals the core idea behind the classification of body types through his patented work.

As part of National Sports Day Department of Physical Education conducted an intra class cricket tournament on 29/08/2019.

**SREE NARAYANA COLLEGE
CHATHANNOOR**
Department of Physical Education
Presents,
**Department wise Cricket
match 2019-'20**
Friendly Matches For Men & Women
Date : 29/08/2019
Venue : College Ground
Time : 10:00 am

The poster features a background illustration of a cricket player in a blue uniform, captured in a batting stance. The text is overlaid on this illustration in various colors and bold fonts.

Students' performance in the intercollegiate competitions organized by University of Kerala in Football, Boxing, Kabaddi, Cricket, highly commendable. Kabaddi Team In this year North zone Securing Second position and Kerala university Fifth Position.



Kabaddi team of our college participated in inter collegiate tournament on 23/10/2019

Kabaddi Team In this year North zone Securing Second position and Kerala University Fifth Position.



Sabeer awarded Best Raider North Zone Kerala University Intercollegiate Kabaddi Championship held on 23/10/2019

Sabeer.S , Second year Maths Department Student, Selected for Best Raider North Zone Kerala University Intercollegiate Kabaddi Championship held at S.N college Cherthala.



Sabeer.S, Second year Maths Department Student, Selected for for Kerala University All India Interuniversity Championship
Harisanth R.B B.Com third year Student Selected for Kerala state kabaddi Senior Team.



Harisanth R.B from B.Com Selected for Kerala state kabaddi Senior Team held on 23/10/2019



Kabaddi team after practice

In this Academic year Practice Matches Inaugurated by Dr. C.S.Subhash Chandran Principal In charge and Dr. Biju Sir H.O.D Department of Commerce.



Cricket Team of our college selcted for north zone



**PRACTICE MATCHES WITH S.N.C VS GLAXY CRICKET CLUB
KOLLAM.**

Practice matches with galaxy cricket club 2019-20

**PRACTICE MATCHES WITH S.N.C VS LOTUS CRICKET CLUB
KOLLAM.**

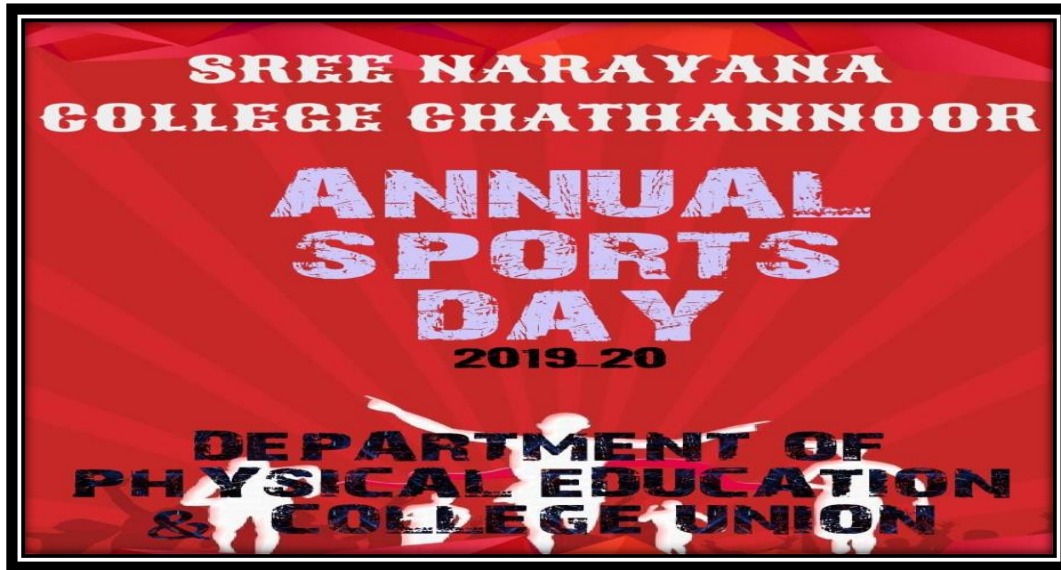
**PRACTICE MATCHES WITH S.N.C VS M.M.N.S.S COLLEGE
KOTTIYAM, KOLLAM.**



Practice matches with MMNSS kottiyam 2019-20



Department of Physical Education organized Annual Sports Day On 2nd & 3^{ed} March
2020 Inaugurated by Dr.M.S Latha Principal S.N College Chathannur



Considering the concept of “SPORTS FOR ALL” throughout the entire session we organized Inter-department tournaments for students as well as some sports activities .It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and tests one’s physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energetic them.

The following events have been organized for the inter-class sports tournaments for students:

- | | |
|--|---|
| <input type="checkbox"/> CRICKET (Men & Women) | <input type="checkbox"/> VOLLEYBALL |
| <input type="checkbox"/> FOOTBALL | <input type="checkbox"/> 100 METER RACING |
| <input type="checkbox"/> KABADDI | <input type="checkbox"/> 50 METER RACING |

Department of Maths came First History Second Third Position B.com and Fourth Chemistry
Department the medals to winners were given away by the Dr.M.S Latha Principal.



Securing award from principal for wining first prize in annual sports

2018-19

On account of International Yoga Day celebration, Sree Narayana college, Chathannur arranged a class for student community. Dr. Rajeev Kumar.R., Head of the Department of Physical Education, Government college, Kariavattom took a worthy session on the importance of Ashtang yoga



SREE NARAYANA COLLEGE CHATHANNUR

Chirakkara Kollam, Kerala - 691579

Affiliated to University of Kerala Accredited with B Grade by NAAC

**DEPARTMENT OF
PHYSICAL EDUCATION**

DATE : 21 JUNE 2019 TIME : 10 AM
VENUE : COLLEGE AUDITORIUM

**RELEVANCE OF HEALTH
& WELLNESS IN MODERN
ERA**



*Dr. Rajeev Kumar R
HOD, Department of Physical Education
Govt. College, Kariavattom*

ORGANIZING COMMITTEE

Principal :

Dr. Subhash Chandran C S

Convener :

Shri . Kiran Mohan M

HOD, Department of

Malayalam

S N College, Chathanoor.

As part of National Sports Day Department of Physical Education conducted an intra class volleyball tournament on 29/08/2018



Students participating on international yoga day celebration on 21/6/2019

**SREE NARAYANA COLLEGE
CHATHANNOOR**

Department of Physical Education
Presents,

**Intra class Badminton
match 2018-'19**

Friendly Matches For Men & Women

Date : 29/08/2018
Venue : College Ground
Time : 11:30 am

A colorful graphic of a badminton player in action, with a shuttlecock in motion, set against a background of flowing, multi-colored lines. The player is depicted in a dynamic pose, swinging a racket. The background features vibrant, abstract shapes in shades of orange, yellow, and blue, creating a sense of movement and energy.

Department of Physical Education of this Institution equipped the students to participate in various intercollegiate tournaments conducted by University of Kerala. Our college kabaddi men team got second place in south zone kabaddi championship which held at SN college, Chengannur. College cricket, football team participate in university level tournaments



Kabaddi team awarded second place in south zone in kabaddi championship at sn chengannur



Certificate secured by Sabeer s for south zone inter university tournament from 19/12/2018 to 23/12/2018

Department of Physical Education organized Annual Sports Day On 21st & 22nd March 2019
inaugurated by Dr.Subhash Chandran C S Principal in charge S.N College Chathannur.



The following events have been organized for the inter-class sports tournaments for students:

- | | |
|--|---|
| <input type="checkbox"/> CRICKET (Men & Women) | <input type="checkbox"/> DISCUS THROW |
| <input type="checkbox"/> FOOTBALL | <input type="checkbox"/> 100 METER RACING |
| <input type="checkbox"/> KABADDI | <input type="checkbox"/> 50 METER RACING |
| <input type="checkbox"/> VOLLEYBALL | <input type="checkbox"/> SHORPUT |
| <input type="checkbox"/> TUG OF WAR | |



Students playing Tug of war as part of interclass sports tournament

2017-2018

The Department of Physical Education organised a Talk on “Scientific Aspects on Traditional Yoga”. The Resource Person was Amjith S, HOD Dept. of Physical Education , S N Training College , Nedunganda. More than 100 students were participated in the event.



SREE NARAYANA COLLEGE CHATHANNUR
Chirakkara Kollam , Kerala - 691579
Affiliated to University of Kerala Accredited with B Grade by NAAC

DEPARTMENT OF PHYSICAL EDUCATION
DATE : JUNE 21 , 2017 TIME : 10 AM
VENUE : COLLEGE AUDITORIUM

**INVITED TALK ON
SCIENTIFIC ASPECTS
OF TRADITIONAL YOGA**



Dr. Subhash Chandran C S
Principal
Dr. Subhash Chandran C S
Convener
Shri . Kiran Mohan M
HOD , Department of Malayalam
S N College , Chathanoor

Dr. Amjith S
HOD, Department of Physical Education
S N Training College, Nedunganda

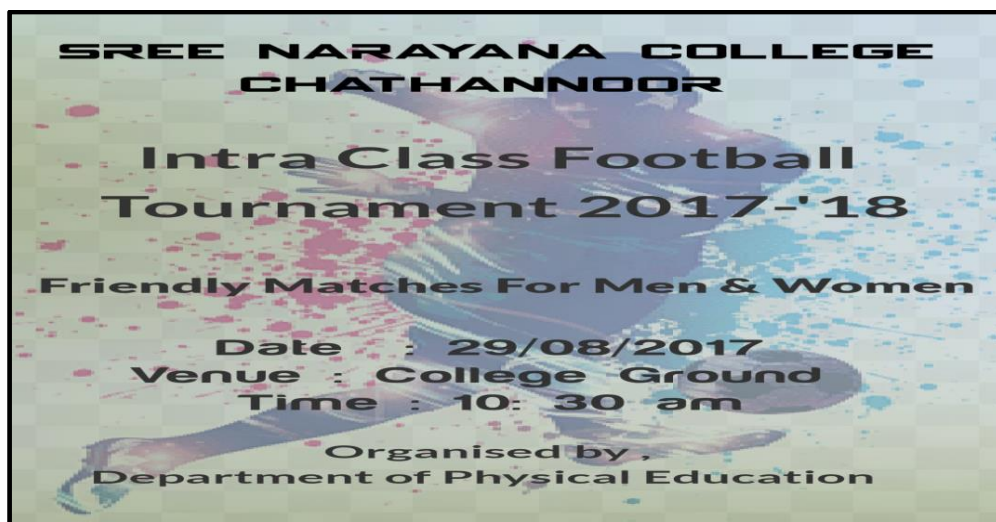


Students participating on yoga day celebration on 21/6/2017

Yoga plays a pivotal role in day to day life, In higher education arena students were eager to participate in various sports activities.in connection with each game a player should have to face various psychological and physiological situations. In our college department of physical education helps students to attain better mental tranquillity phase.

Sri.Kiran Mohan.M. Convene this programme in a most befitting manner, Resource person Mr.Amjith.S took an elaborate session on “SCIENTIFIC ASPECTS OF TRADITIONAL YOGA”. Students were from various UG&PG Classes attended this session effectively.

As part of National Sports day Department of Physical Education conducted an intra class Football tournament on 29/08/2020.



Mr.Aromal Sathyan, Mr.Athul m.s, Mr.Prasanth.p.l. were represented University of Kerala in kabaddi men category.



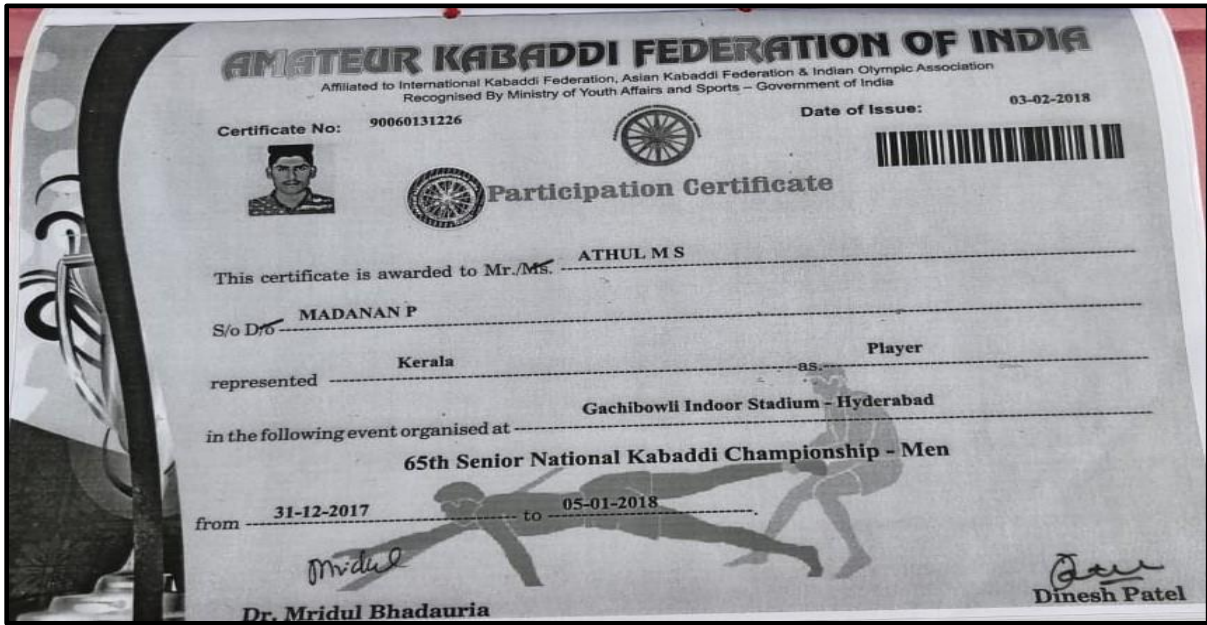


Secured second place for kabaddi tournament 2017-18



Certificate secured by Athul MS for winning second place in inter zone kabaddi tournament 2017-18

Certificate secured by Athul MS for the participation in south zone kabaddi tournament 2017-18



Certificate secured by Athul MS for participation in 65th senior national kabaddi champion ship 2017-18

Apart from extramural activities department arranged various intramural tournaments such as cricket, football etc.. With the help of college union members.



Department of Physical Education organized Annual Sports Day On 12th & 13th February 2018 inaugurated by Dr.Subhash Chandran C S Principal in charge S.N College Chathannur.

The following events have been organized for the inter-class sports tournaments for students:

- | | |
|--|---|
| <input type="checkbox"/> CRICKET (Men & Women) | <input type="checkbox"/> DISCUS THROW |
| <input type="checkbox"/> FOOTBALL | <input type="checkbox"/> 100 METER RACING |
| <input type="checkbox"/> KABADDI | <input type="checkbox"/> 50 METER RACING |
| <input type="checkbox"/> VOLLEYBALL | <input type="checkbox"/> SHOTPUT |
| <input type="checkbox"/> TUG OF WAR | |

Students participating in shot-put as part of inter class sports tournament 2017-18



Life is also just like a game. Sometimes, you win, and sometimes you lose. Participating in various games and sports develop a feeling of sporting spirit. In sports, the participating candidate may win or lose. The students learn to accept both victory and defeat with grace.

REPORT OF CULTURAL ACTIVITIES

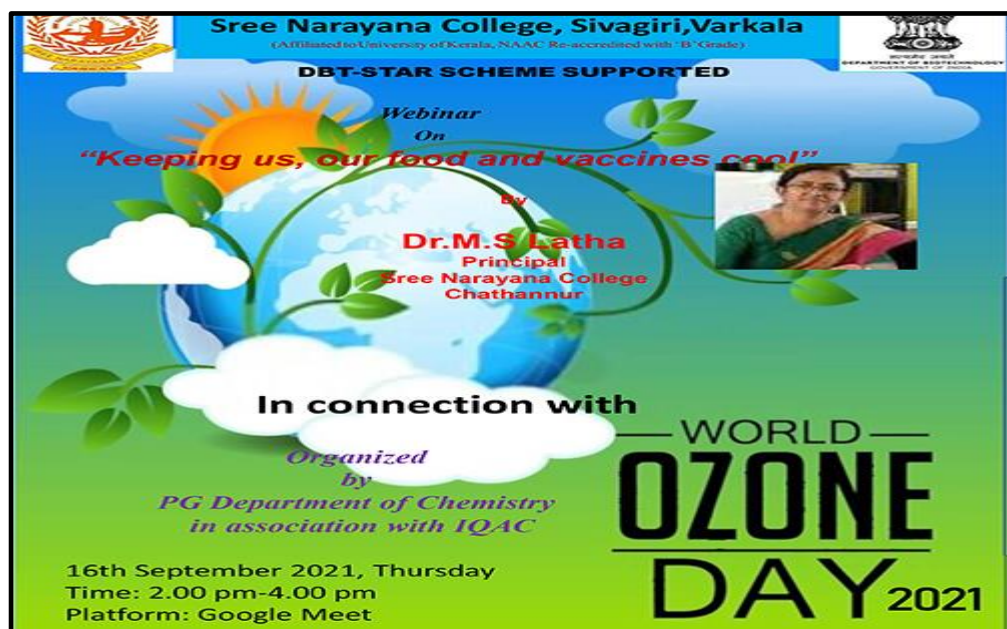
The cultural activities preparing students for real life and strengthening their personal skills. Cultural activities not only help students to identify themselves with the college, but also assist students to develop themselves in a desired field and also improve skills such as organizational, presentation, leadership and interpersonal communication. As social and cultural activities are of paramount importance, the college encourages all extra-curricular activities that are both in line with the educational objectives of the institution and meet the needs of the students. The college engages the students in various cultural activities throughout the year.

2021-22

Our college conducts various cultural activities in the academic year 2021-22. In June 24, 2021 ETHICS COMMITTEE and NSS unit jointly organize the GURUKULAM FEST AT 10.00 am on online platform.



In the World Ozone Day PG Department of Chemistry organise a webinar on “ Keeping us , our food and vaccines cool” taken by Dr. M.S.Latha , Principal Sree Narayana College



,Chathannur.

Prajeesh Prathap a student from Department of Maths won 2nd prize for Intercollegiate quiz competition conducted by Sree Narayana College Nedunganda , Kollam.

SREE NARAYANA TRAINING COLLEGE
Nedunganda, Varkala
(Affiliated to University of Kerala, Recognised by NCTE, Reaccredited by NAAC with Grade B)

NATIONAL SERVICE SCHEME

Proudly announces Results of Inter Collegiate Quiz Competition

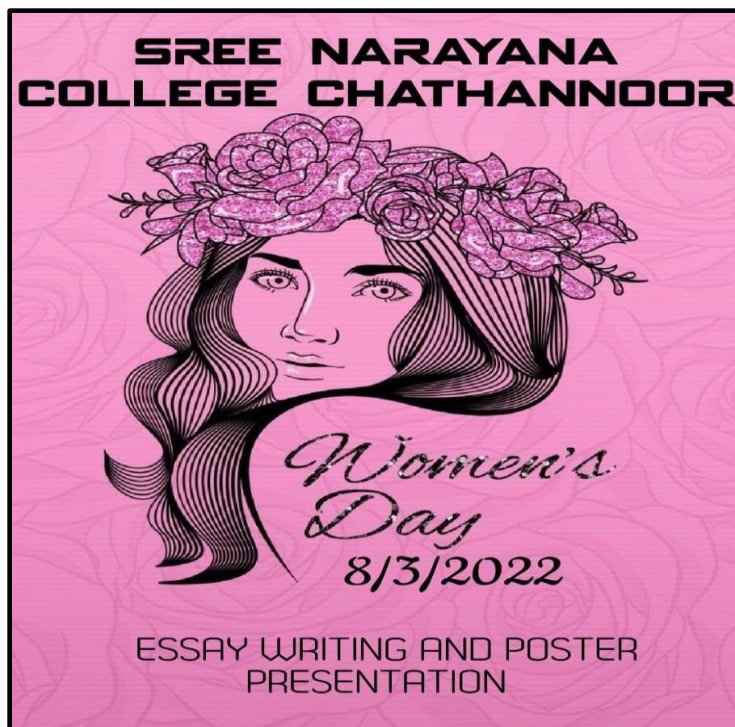
1
MANUEL DOMINIC MATHEW
7TH SEMESTER BBA LLB
GOVT LAW COLLEGE THRISSUR

2
PRAJEESH PRATHAP
SREE NARAYANA COLLEGE
CHATHANNOOR.

3
AYSHAT ZAKIYYA M
3 YEAR LLB
GOVT LAW COLLEGE THRISSUR

Congratulations!

The women cell of the college conducts an essay writing competition and poster presentation on March 8, 2022 at the seminar hall. More than 80 students participated in the programme.



The college Youth festival for current academic year was held on 24th and 25th March 2022. Various programmes are conducted on the day.

More than 120 students participated on various items

Certificates secured by Prajeesh Prathap and Sufiya N for poem writing and essay writing competition 2021-22



SREE NARAYANA COLLEGE , CHATHANNUR

COLLEGE YOUTH FESTIVAL TO BE HELD ON 24/03/2022 TO 25/03/2022

It is informed that the Youth Festival for the year 2021-22 will be conducted on 24/03/2022 and 25/03/2022 at seminar hall from 10am to 4pm . Following categories of events will be considered for the youth festival:

Sl. No.	Name of the Event
1	Classical Music Solo
2	Classical Instrumental Solo
3	Light Music
4	Western Music
5	Group Song
6	Nadan Pattu
7	Recitation-Malayalam, English, Hindi
8	Story writing- Malayalam, English, Hindi
9	Poem writing- Malayalam, English, Hindi
10	Essay writing
11	Drawing
12	Quiz
13	Classical dance-Bharatanatyam, Mohiniyattam, Keralanadanam, Kuchipudi
14	Folk Dance
15	Group Dance
16	Mimicry
17	Monoact
18	Mime
19	Skit
20	Drama

All interested students in participating the events mentioned above should register their names on or before 22/03/2022 to the Event Co-ordinator Dr. Kiran Mohan M

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PRINCIPAL



Sree Narayana College Chathannoor
Chirkkara, Kollam, Kerala

CERTIFICATE

*This is to certify that Mr / Ms. Pranjeesh Panthap
has participated the college level competition
on Youth Festival 2021-22 for the item
Poem Writing organised by the college*

Principal *LMBS*



Sree Narayana College Chathannoor
Chirkkara, Kollam, Kerala

CERTIFICATE

*This is to certify that Mr / Ms. Sufiya N
has participated the college level competition
on Youth Festival 2021-22 for the item
Essay Writing organised by the college*

Principal *LMBS*



The college day 2021-22 was conducted on 29/03/2022 at the seminar hall. More than 65 students participated in different events.

Participating in vanjipattu competition held at snc womens kollam 2021-22



2020-21

Due to the covid pandemic only few programmes are conducted in the academic year 2020-21. A photography competition was conducted on 25th January, 2021 organised by TOURISM CLUB

A



poster presentation on National Science Day was conducted by Science club on 28/02/2021 at Seminar hall

**Sree Narayana College
Chathannoor**

SEMINAR PRESENTATION

ON NATIONAL SCIENCE DAY

Date : 28/02/2021
Venue: Seminar Hall

By,
Science Club

The college youth festival 2020-21 was conducted on 25th March 2021 .



SREE NARAYANA COLLEGE , CHATHANNUR

COLLEGE YOUTH FESTIVAL TO BE HELD ON 25/03/2021

It is informed that the Youth Festival for the year 2020 -21 will be conducted on 25/03/2021 at seminar hall from 10am to 4pm . Following categories of events will be considered for the youth festival:

Sl. No.	Name of the Event
1	Light Music
2	Western Music
3	Group Song
4	Nadan Pattu
5	Recitation-Malayalam, English, Hindi
6	Story writing- Malayalam, English, Hindi
7	Poem writing- Malayalam, English, Hindi
8	Essay writing
9	Drawing
10	Quiz
11	Classical dance-Bharatanatyam, Mohiniyattam, Keralanadanam, Kuchipudi
12	Folk Dance
13	Group Dance
14	Mimicry
15	Monoact
16	Mime

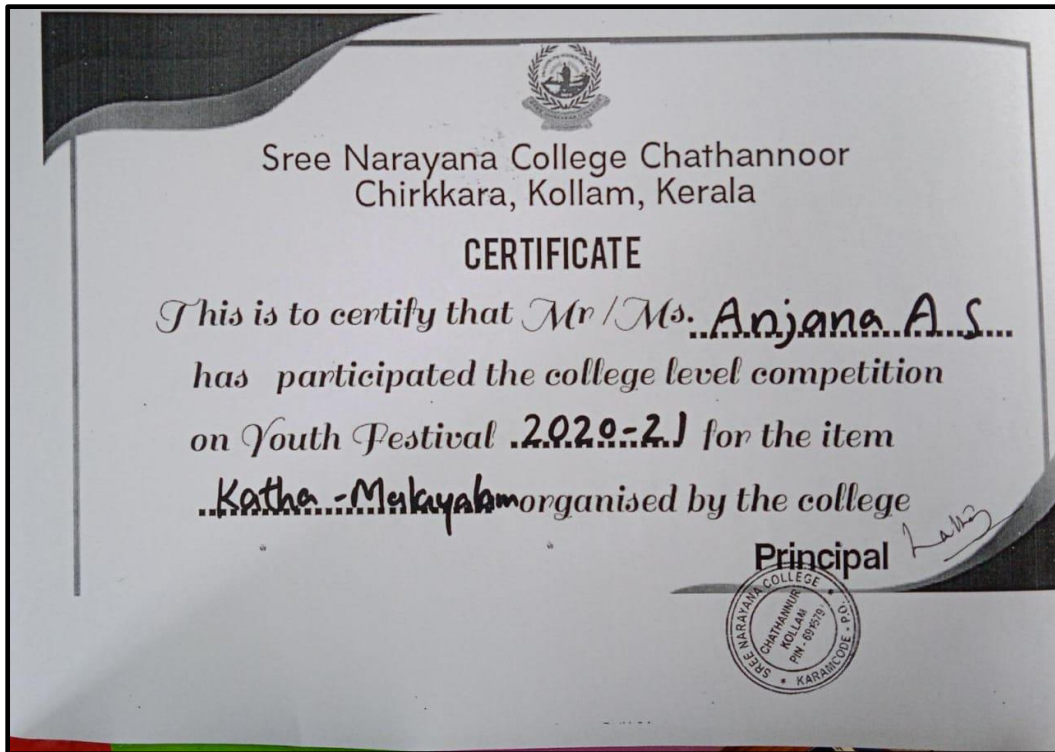
All interested students in participating the events mentioned above should register their names on or before 23/03/2021 to the Event Co-ordinator Shri. Kiran Mohan M .

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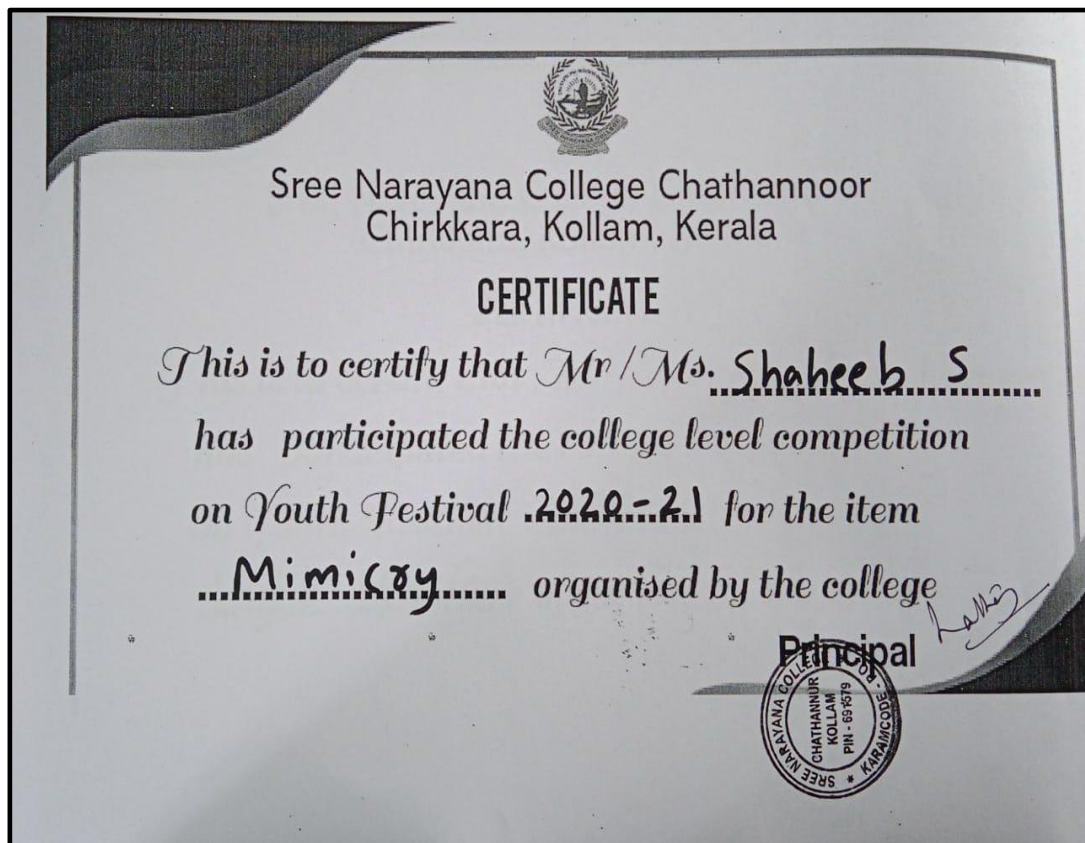



PRINCIPAL



Certificate secured by Anjana A S for malayalam kadha writing competition 2020-21

Certificate secured by Shabeeb S for mimicry competition 2020-21

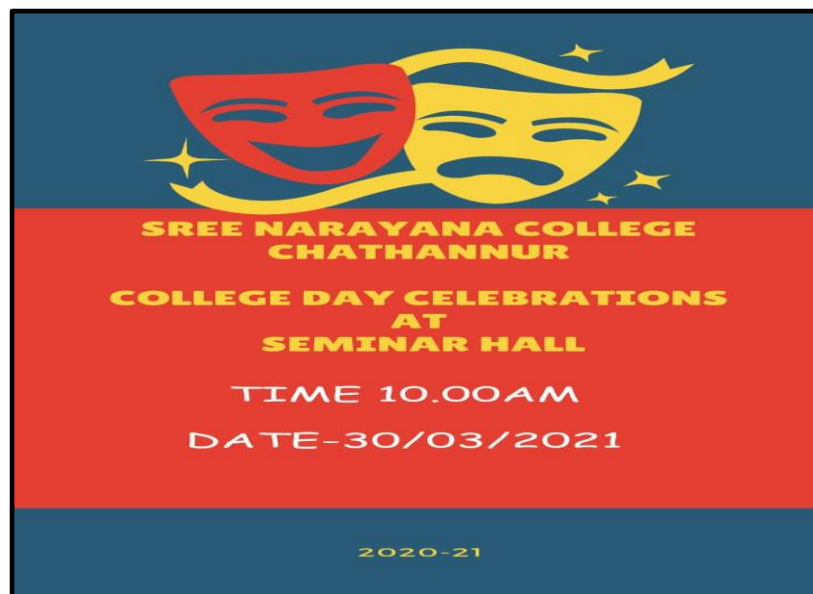




Certificate secured by Aardra Udayan for light music competition 2020-21

More than 100 students participated in different events.

The college day was conducted on 30/03/2021 at the seminar hall.



2019-20

In the academic year 2019-20 various cultural events are organised by the college. Departmentwise athappookkalam, onappattu, thiruvathira are conducted as part of Onam celebration .



Pookkalam created by students as part of onam celebration 2019-20

The college Youth Festival was conducted on 10th and 11th February 2020.



SREE NARAYANA COLLEGE , CHATHANNUR

COLLEGE YOUTH FESTIVAL TO BE HELD ON 10/02/2020 TO 11/02/2020

It is informed that the Youth Festival for the year 2019 -20 will be conducted on 10/02/2020 and 11/02/2020 at seminar hall from 10am to 4pm . Following categories of events will be considered for the youth festival:

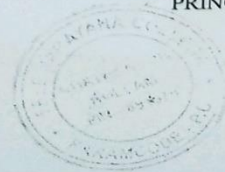
Sl. No.	Name of the Event
1	Classical Music Solo
2	Classical Instrumental Solo
3	Light Music
4	Western Music
5	Group Song
6	Nadan Pattu
7	Recitation-Malayalam, English, Hindi
8	Story writing- Malayalam, English, Hindi
9	Poem writing- Malayalam, English, Hindi
10	Upanyasam -Malayalam
11	Drawing
12	Quiz
13	Classical dance-Bharatanatyam, Mohiniyattam, Keralanadanam, Kuchipudi
14	Folk Dance
15	Group Dance
16	Mimicry
17	Mime

All interested students in participating the events mentioned above should register their names on or before 07/02/2020 to the Event Co-ordinator Shri. Kiran Mohan M .


PRINCIPAL

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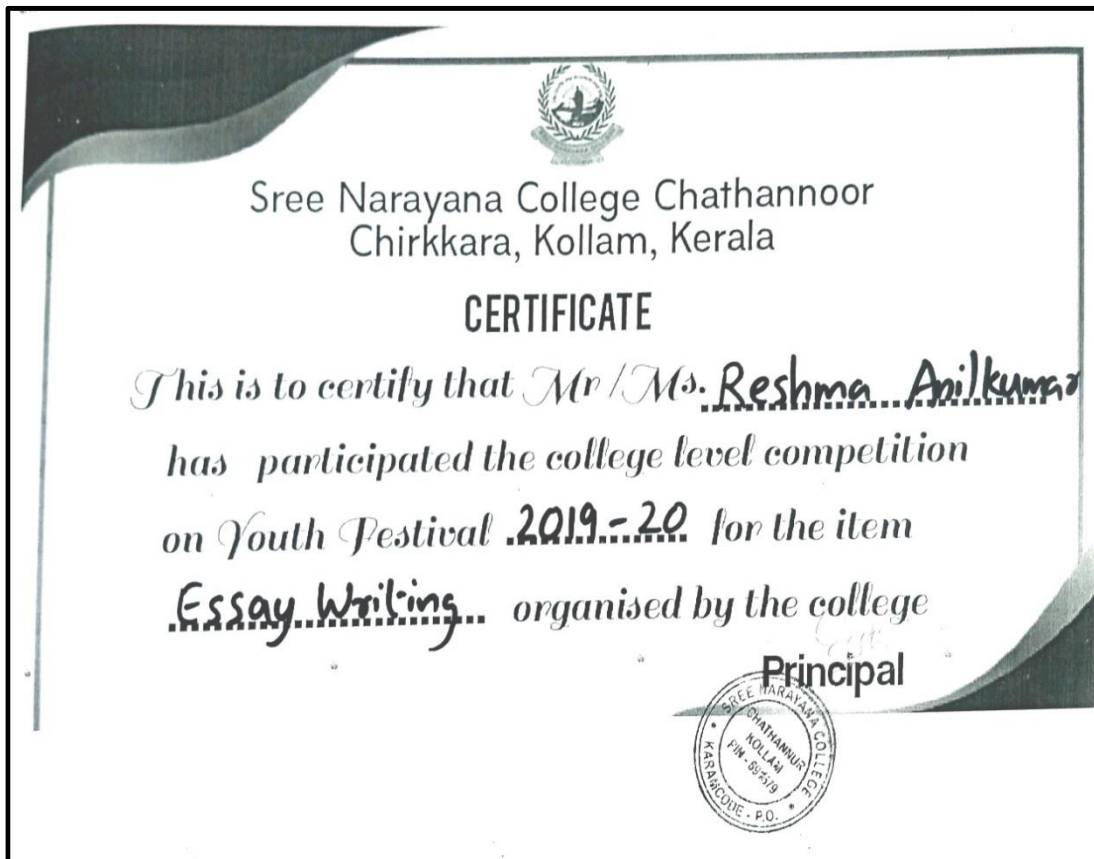
2. The File



Students participating in mime competition for college youth festival 2019-20



Certificate secured by Reshma anilkumar for essay writing competition held on 2019-20





Certificate secured by Shabeeb S for Mimicry competition held on 2019-20

The college day of the year 2019-20 was conducted on 27/03/2020. More than 100 students participated in different events.



2018-19

During the academic year 2018-19 various cultural activities are organised by the college. A poster presentation organised by Science club related to World Environment Day was conducted on 05/06/2018 at the Seminar hall.

Department of Physical Education conducts a quiz competition as part of International Yoga Day. 80 students were participated in the competition, Neethu M student from Department of Mathematics won the first prize and Karthika J S from Department of Chemistry won the second prize.



SREE NARAYANA COLLEGE CHATHANNUR

DEPARTMENT OF PHYSICAL EDUCATION
ORGANISED QUIZ COMPETITION

*Related to International
Yoga Day*



DATE : 21/06/2018
VENUE: SEMINAR HALL
TIME : 2.00PM

The college youth festival of the year 2018-19 organised on 27th and 28th February 2019. The literary items are conducted on 27th March 2019



SREE NARAYANA COLLEGE , CHATHANNUR

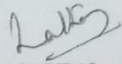
COLLEGE YOUTH FESTIVAL TO BE HELD ON 27/02/2019 TO 28/02/2019

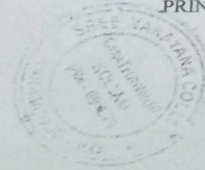
It is informed that the Youth Festival for the year 2018 -19 will be conducted on 27/02/2019 and 28/02/2019 at seminar hall from 10am to 4pm . Following categories of events will be considered for the youth festival:

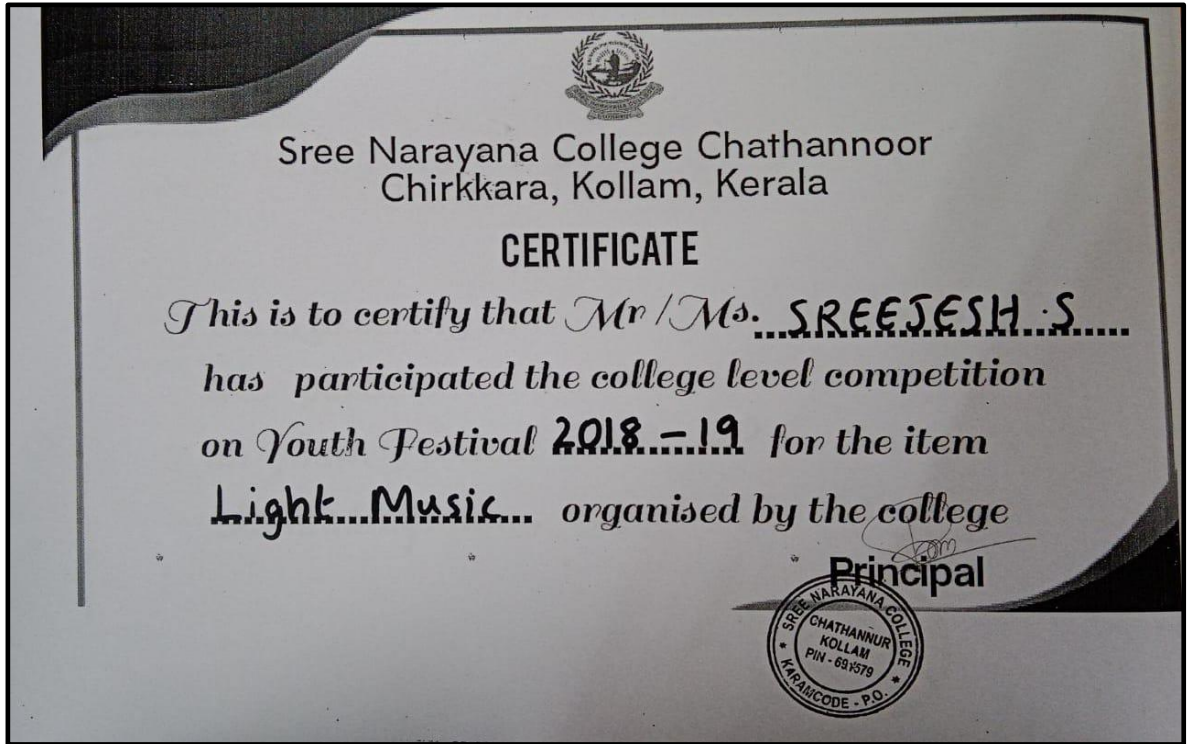
Sl. No.	Name of the Event
1	Classical Music Solo
2	Classical Instrumental Solo
3	Light Music
4	Western Music
5	Group Song
6	Nadan Pattu
7	Recitation-Malayalam, English, Hindi
8	Story writing- Malayalam, English, Hindi
9	Poem writing- Malayalam, English, Hindi
10	Upanyasam Malayalam
11	Drawing
12	Quiz
13	Classical dance-Bharatanatyam, Mohiniyattam, Keralanadanam, Kuchipudi
14	Folk Dance
15	Group Dance
16	Mimicry
18	Mime

All interested students in participating the events mentioned above should register their names on or before 25/02/2019 to the Event Co-ordinator Shri. Kiran Mohan M.

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PRINCIPAL

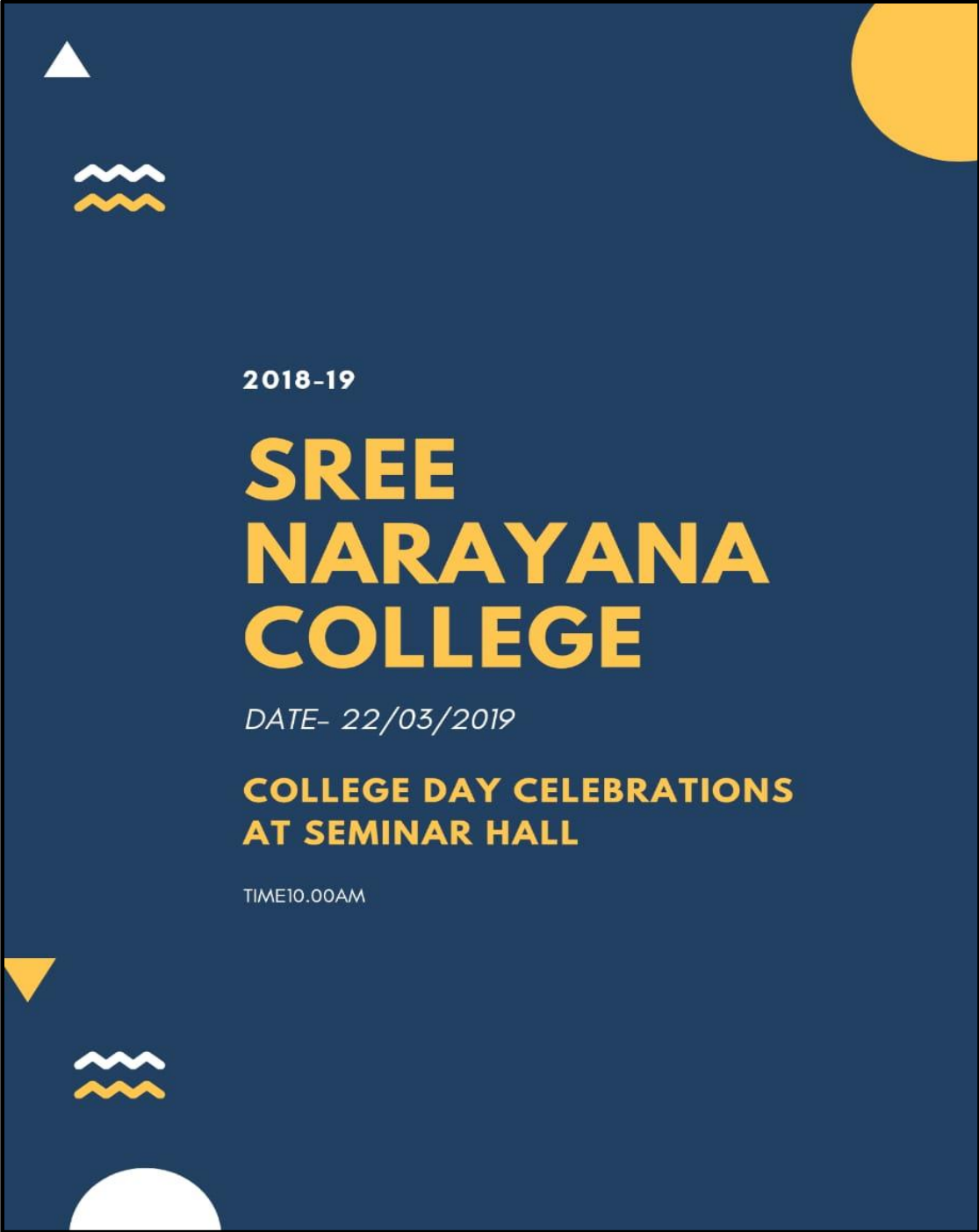




Certificate secured by Sreejesh s for light music competition held on 2018-19

Poster presentation related to women's day organised by women's cell was conducted on 08/03/2019 at the seminar hall.





2018-19

SREE NARAYANA COLLEGE

DATE- 22/03/2019

**COLLEGE DAY CELEBRATIONS
AT SEMINAR HALL**

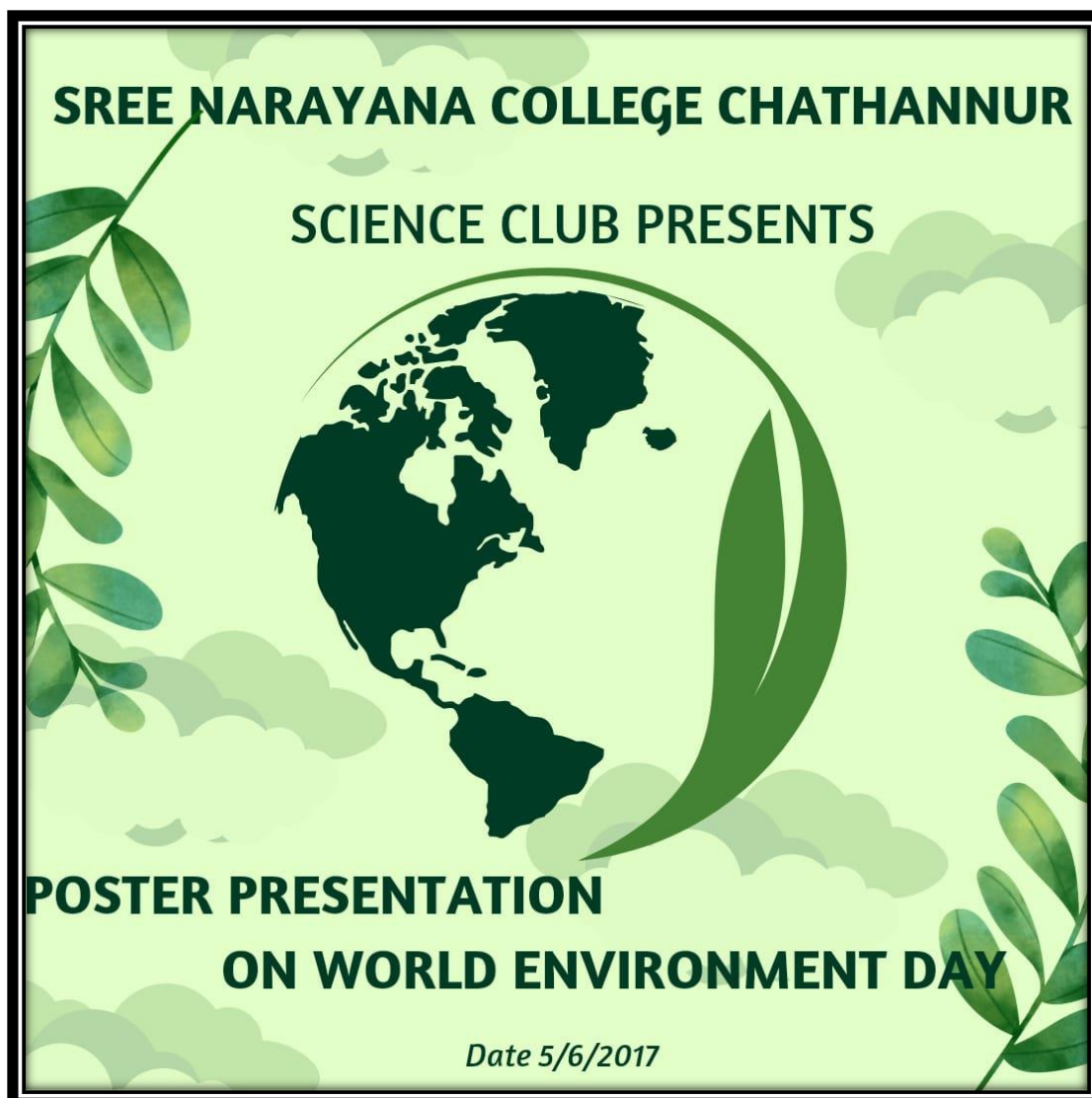
TIME 10.00AM

2017-18

In the academic year 2017-18 various cultural events are conducted in music , dance, story writing, quiz competition ,poster presentations , seminars etc...

A poster presentation organised by Science club related to the World Environment Day on

05/06/2017 and more than 50 students participated.





SREE NARAYANA COLLEGE CHATHANNUR

chirakkara Kollam , Kerala - 691579

Affiliated to University of Kerala Accredited with B Grade by NAAC

DEPARTMENT OF PHYSICAL EDUCATION

DATE : JUNE 21 , 2017 TIME : 10 AM

VENUE : COLLEGE AUDITORIUM

**INVITED TALK ON
SCIENTIFIC ASPECTS
OF TRADITIONAL YOGA**



*Sri: AMUTH. S
HOD, Department of Physical Education
S N Training College, Neduganda*

ORGANIZING COMMITTEE

Principal :

Dr. Subhash Chandran C S

Convener :

Shri . Kiran Mohan M

*HOD , Department of Malayalam
S N College , Chathanoor.*

DEPARTMENT OF PHYSICAL EDUCATION CONDUCTS A TALK ON SCIENTIFIC ASPECTS OF TRADITIONAL YOGA.

Poster Presentation related to " Healthy Environment" on World Nature Conservation Day conducted by Science club.

Onam celebrations was held on 31/08/2017 and department wise competitions are organised by cultural committee.

The college youth festival 2017-18 conducted on 08/02/2018 and 09/02/2018 at the seminar hall.



SREE NARAYANA COLLEGE , CHATHANNUR

COLLEGE YOUTH FESTIVAL TO BE HELD ON 08/02/2018 TO 09/02/2018

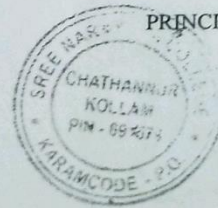
It is informed that the Youth Festival for the year 2017 -18 will be conducted on 08/02/2018 and 09/02/2018 at seminar hall from 10am to 4pm . Following categories of events will be considered for the youth festival:

Sl. No.	Name of the Event
1	Classical Music Solo
2	Classical Instrumental Solo
3	Light Music
4	Western Music
5	Group Song
6	Nadan Pattu
7	Recitation-Malayalam, English, Hindi
8	Story writing- Malayalam, English, Hindi
9	Poem writing- Malayalam, English, Hindi
10	Essay writing
11	Drawing
12	Quiz
13	Classical dance-Bharatanatyam, Mohiniyattam, Keralanadanam, Kuchipudi
14	Folk Dance
15	Group Dance
16	Mimicry
17	Monoact
18	Mime
19	Skit
20	Drama

All interested students in participating the events mentioned above should register their names on or before 07/02/2018 to the Event Co-ordinator Shri. Kiran Mohan M

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Sree Narayana College Chathannur
Chirkkara, Kollam, Kerala

CERTIFICATE

*This is to certify that Mr / Ms.DEVI.S.....
has participated the college level competition
on Youth Festival ..2017-18 for the item
BHARATHANATYAM organised by the college*

[Signature]
Principal



Certificate secured by Devi s for Bharathanatyam competition held 2017-18

Quiz competition related to National Science Day organised by Science club, SNC
Chathannur , more than 50 students participated .

**WOMEN'S CELL ORGANISED A POSTER PRESENTATION ON WOMEN'S DAY AT
THE SEMINAR HALL.**

The college day marks the official winding up of the academic year of the college.

of
the
18
on



College day is one of the most colourful events of campus. The college day of the academic year 2017-18 was conducted

28/03/2018.



The cultural activities are very important to encourage and promote the talent of the students.
Through cultural activities, students get opportunities to interact with others.

