



SREE NARYANA COLLEGE CHATHANNUR



2.2.1 - THE INSTITUTION ASSESSES STUDENTS' LEARNING LEVELS AND ORGANISES SPECIAL PROGRAMMES FOR BOTH SLOW AND ADVANCED LEARNERS.



ADDITIONAL INFORMATION:

SL.NO	PARTICULARS	PAGE NUMBER
1.	Mentoring Policy	3-4
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A} MENTORING POLICY :

The Mentor–Mentee Program is an essential part of an institute, facilitating a connection between faculty and students. Mentoring offers students emotional and instrumental support, guidance, encouragement, and fosters a positive environment within the institution. A mentor plays a crucial role in nurturing students and positively influencing their academic success. Mentees can seek advice from their mentors on both educational and personal matters. The program aims to enhance students' diverse skills while promoting strong interpersonal relationships between faculty and students. In relation to the College Council and Academic Monitoring Committee, we are releasing the Mentor–Mentee list for both UG and PG students. Each faculty member will mentor a group of 20 students based on the enrolment numbers in each program. Mentors are required to compile a list of their assigned mentees, including details such as Name, Class, Division, Roll Number, Aadhar Number, Contact Number, and Email ID. Mentors should encourage and support their mentees in various areas, including academic performance and extracurricular activities, while also providing guidance on issues such as academics, university results, hostel accommodations, fees, placements, career advice, higher studies, transport for day scholars, club activities, social extension projects, certificate courses, and skill development courses.

OBJECTIVES OF MENTORSHIP PROGRAM

- Mentors can take on various roles, including that of a model, advisor, friend, teacher, and resource person. Each of these roles contributes significantly to the mentor–mentee relationship.
- They have the potential to bring about significant changes in the mentees' social, professional, and academic viewpoints.
- Mentors can serve as coaches by providing advice, suggestions, and guidance to mentees regarding their career planning and future advancement.
- Offering support in both academic and non–academic areas.
- Motivating and helping students stay focused on achieving their learning goals, which enhances their academic performance.

- Offer students guidance, encouragement, and advice related to their overall well-being, including mental and emotional health.
- Listen patiently to students' concerns and support them in resolving their issues.
- Foster and inspire students' interest and enthusiasm in academics, as well as co-curricular and extracurricular activities.

DUTIES AND RESPONSIBILITIES OF A MENTOR.

- ✓ Encourage the personal and professional growth of the mentee.
- ✓ Enhance the mentee's leadership and management skills.
- ✓ Assist the mentee in forming a deeper, more meaningful connection with the institute.
- ✓ Expose the mentee to the emerging talent pool.
- ✓ Offer career guidance and advice on transitioning from the classroom to the workplace.
- ✓ Establish a professional standard as a role model and example for others.
- ✓ Develop the interpersonal skills necessary for future dentist-patient relationships.
- ✓ Enhance relationships with colleagues and supervisors.

BENEFITS TO THE INSTITUTE.

- The mentorship program will strengthen community connections.
- It will inspire and motivate students, boosting the overall morale of the learning community.
- The program aims to maximize individual student achievements while supporting those who may be facing challenges.
- It will enhance the skills and abilities of both staff and students, improve attendance, and foster positive relationships between teachers and students.

The Internal Quality Assurance Cell has emphasized the importance of introducing a mentoring system in addition to the existing tutor system in classes, and has recommended its implementation.

B} INTERNSHIP PROGRAMMES .



Internship programs play a crucial role for college students by offering valuable opportunities to connect academic learning with real-world experience. These programs allow students to apply classroom knowledge in practical environments, deepening their understanding of key concepts and helping them develop vital skills like communication, problem-solving, and time management. Internships also provide students with the chance to explore different industries and career options, guiding them in making more informed decisions about their professional paths. By immersing students in the work culture, internships help them learn about organizational structures, ethical standards, and professional behavior. Additionally, internships significantly boost employability, giving students a competitive edge in the job market by highlighting their practical experience, initiative, and flexibility. The networking opportunities offered during internships can lead to valuable connections with mentors, peers, and future employers, while also increasing the chances of securing full-time employment after graduation. In essence, internships not only strengthen students' resumes but also foster greater confidence, independence, and readiness to transition into the workforce, making them an indispensable part of the college experience.

SREE NARAYANA COLLEGE CHATHANNOOR**MCOM 2022-24****INTERNSHIP DETAILS**

CANDIDATE CODE	NAME	INSTITUTION
59022130001	AMAL D	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130002	AMINA H	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130003	ANANDHU M	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130004	ANUSHA A S	PARIPPALLY RURAL CO-OPERATIVE SOCIETY LTD
59022130005	ASWATHY A	PARIPPALLY RURAL CO-OPERATIVE SOCIETY LTD
59022130006	BIJI M	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130007	DEVU O R	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130008	FOUSIYA S	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130009	KARTHIKA MADHU	PARIPPALLY RURAL CO-OPERATIVE SOCIETY LTD
59022130010	KARTHIKA S	THE COOPERATIVE URBAN BANK KOTTARAKKARA
59022130011	MIDHUN GOPAL	KERALA STATE CO-OPERATIVE BANK LTD (KERALA BANK), KOLLAM
59022130012	NIMISHA R	PARIPPALLY RURAL CO-OPERATIVE SOCIETY LTD
59022130013	PRANNOY A KUMAR	CHATHANNOOR SERVICE CO OPERATIVE BANK
59022130015	SREELEKSHMI L	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130016	SREEVISHAK M	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130017	SUJITH S	CHATHANNOOR SERVICE CO OPERATIVE BANK
59022130018	VISHAL SURESH	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130019	VISHNU DAS	REGIONAL SERVICE CO-OPERATIVE BANK, LTD NO . Q 153. CHATHANNOOR, KOLLAM
59022130020	VISMAYA G A	HE COOPERATIVE URBAN BANK KOTTARAKKARA



C}CERTIFICATE COURSES

REPORT ON CERTIFICATE COURSE IN HERITAGE GUIDING AND TOURISM MANAGEMENT

Department of History

Certificate Course Report: Heritage Guiding and Tourism Management

Academic Year: 2023-24

Conducted by: Department of History

REPORT OF CERTIFICATE COURSE 2023-24

The Department of History, with the support of the College Management, PTA, and IQAC, successfully organized a certificate course in Heritage Guiding and Tourism Management during the academic year 2023-24. This course aimed to empower students with essential knowledge and skills to promote, manage, and conserve cultural heritage while effectively navigating the tourism industry. It served as an academic initiative to align education with the demands of the cultural tourism sector.

The classes were handled by Dr.Sujatha.K.S, Head of the Department of History. The whole duration of this course was about 30hrs. The classes of this course have been started from October 2023 and the final classes were in January 2024. All the classes were held through offline mode. A total of 36 students from different categories have been joined in this course. Out of 36 participants, 25 were has successfully completed the course.

Course Overview

Title:Heritage Guiding and Tourism Management

Duration: October 2023 - January 2024

Mode:Offline

Hours: 30 hours

Course Supervisor: Dr. Sujatha K.S (H.O.D. , Department of History, Sree Narayana College, Chathannoor)

Participants: 36 students from diverse academic disciplines

Successful Completion Rate: 25 out of 36 participants

The course focused on providing practical insights into heritage tourism, fostering an understanding of the historical and cultural significance of heritage sites, and equipping students with guiding and management skills to cater to the growing tourism sector.

**SREE NARAYANA
COLLEGE, CHATHANNUR**
CERTIFIED TO UNIVERSITY OF KERALA

CERTIFICATE COURSE IN
**HERITAGE GUIDING
AND TOURISM
MANAGEMENT**
2023-24

OFFERED BY DEPARTMENT OF HISTORY



Objectives

1. To understand the significance of heritage and its preservation.
2. To develop guiding and interpretive skills for heritage sites.
3. To gain knowledge in tourism management and marketing strategies.
4. To learn about sustainable tourism practices.

The course was divided into several modules, each focusing on different aspects of heritage guiding and tourism management.

The classes were handled by Dr.Sujatha K.S. , Head of the Department of History

Assessments

Participants were assessed through a exam

Outcomes

By the end of the course, participants had:

1. Acquired a deep understanding of heritage and its importance.
2. Developed essential guiding and interpretive skills.
3. Learned effective tourism management and marketing strategies.
4. Gained insights into sustainable tourism practices.

Feedback

The course received positive feedback from participants, who appreciated the blend of theoretical knowledge and practical experience. Suggestions for future improvements included more interactive sessions and additional field visits.

Conclusion

The Heritage Guiding and Tourism Management course for the academic year 2023-24 was a resounding success, contributing to the professional development of students and promoting the preservation and sustainable management of cultural heritage. The Department of History looks forward to continuing this initiative in the coming years.

COURSE SYLLUBUS:

Certificate Course in Heritage Guiding and Tourism Management CURRICULUM

Module 1 : Heritage Studies

Tangible and Intangible Heritage – UNESCO and Heritage – Natural, Cultural and Mixed Heritage – World Heritage sites in India – Intangible Heritage of India -Archaeologically important Sites– Dances of India – Representative List of Intangible Cultural heritage of Humanity from India – Visual Arts of India .

Module 2 : Tangible Heritage Resources of India & Kerala

Major Temples – Palaces – Forts – Handicrafts – Craft Villages - National Parks, Wildlife Sanctuaries and Biosphere Reserves, Western Ghats; Intangible Heritage Resources of Kerala - Major Art forms.

Module 3 : History and Archaeology

History, Geography and Environment of Kerala- Archaeology – Pre- history- Megalithic Culture -Tools – Numismatics-Inscriptions-Literary Sources-Dynasties of Kerala.

Module 4 : Guides and Escorts

Tourism Definitions -Types of Tourism- Role of the Guide – Guiding as a Technique – Escorting a Tour –Travel and Tour Operations- Tour processes-Development of Tour Packages & marketing.

References:

- Kumar, R. (2018). *Guide and Escorts. Tourism Services and Operation – II*. New Delhi. IGNOU.
- Vasudevan, V. Vijayakumar, B. & Roy, S. (2017). *An Introduction to Business of Tourism*. New Delhi. Sage Publications
- Vijayakumar,B.,(2016). *Tour Guiding*. Thiruvananthapuram. State Institute of Languages Kerala.
- Vijayakumar,B.,(2008). *Tourism Growth and Development*. Thiruvananthapuram. State Institute of Languages Kerala.
- Middleton, V.T.C.(1988). *Marketing in Travel and Tourism*. Oxford. Heinemann.
- UNEP-WTO.(1995).*Making Tourism More Sustainable: A Guide for Policy Makers*.UNEP-WTO.
- Goodwin, H,(2011).*Taking Responsibility for Tourism*. Goodfellow Publishers.
- Weaver,D.(2006).*Sustainable Tourism*,Oxford.Elsevier.

**CERTIFICATE COURSE
LIST OF STUDENTS 2023-242**

Sl. No	Candidate Code	Name of the Candidate	Class
1.	14022130001	ABHINAY. A. S	III B.A. History
2.	14022130002	AKHILA. M. S	III B.A. History
3.	14022130003	ASIF. R	III B.A. History
4.	14022130004	ASWIN ASOK	III B.A. History
5.	14022130005	GOPIKA PRASAD. S	III B.A. History
6.	14022130006	KANNAN. V	III B.A. History
7.	14022130007	MUHAMMED ALTHAF. N	III B.A. History
8.	14022130008	PARVATHY PRADEEP	III B.A. History
9.	14022130009	SHAMILA. S	III B.A. History
10.	14022130011	A.B. APARNA ANILKUMAR	III B.A. History
11.	14022130012	ABHINAND. U	III B.A. History
12.	14022130013	AHALYA PRASAD. P	III B.A. History
13.	14022130014	AKSHAY. S	III B.A. History
14.	14022130015	ALEENA. K	III B.A. History
15.	14022130016	ALTHAF. J	III B.A. History
16.	14022130017	ANU. S	III B.A. History
17.	14022130018	ARCHANA. S	III B.A. History
18.	14022130019	ARJUN. G	III B.A. History
19.	14022130020	ARYA. S	III B.A. History
20.	14022130021	ATHIRA. S	III B.A. History
21.	14022130022	ATHUL SAJ	III B.A. History
22.	14022130023	DEVIKA. D	III B.A. History
23.	14022130024	FATHIMA. A	III B.A. History
24.	14022130025	GEETHU GOPI	III B.A. History
25.	14022130026	GOPIKA. J. S	III B.A. History
26.	14022130027	GOPIKA. M. S	III B.A. History
27.	14022130028	GOWRI. S	III B.A. History
28.	14022130029	HRIDYA DAS	III B.A. History
29.	14022130030	KARNNIKA. S	III B.A. History
30.	14022130031	LIYA SARASAN. S	III B.A. History
31.	14022130032	MEGHA MOHANDAS	III B.A. History
32.	14022130033	MIDHUN. M. S	III B.A. History
33.	14022130034	MOHAMMED SAHEER. M	III B.A. History
34.	14022130035	NIKHIL RAJ. S	III B.A. History
35.	14022130036	NIKHILKRISHNAN. U	III B.A. History
36.	14022130037	NITHYA. B	III B.A. History

ATTENDANCE SHEET:

			ATTENDANCE REGISTER FOR THE													MONTH OF				SEPTEMBER 20 23 24																			
No	NAME	Designation	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Weekly Days	Days Present	Days absent	Leave Taken	Remarks	
1	Abhinav A S		X	X	X	X	X				X	X	X	X	X																			X	X				
2	Akhila A S		X	X	X	X	X				X	X	X	X	X																				X	X			
3	Asif R		X	X	X	X	X				X	X	X	X	X																					X			
4	Abulhas Ali		X	X	X	X	X				X	X	X	X	X																					X	X		
5	Gopika Prasad S		X	X	X	X	X				X	X	X	X	X																					X	X		
6	Kannan V		X	X	X	X	X				X	X	X	X	X																					X			
7	Mubhammad Altaf N		X	X	X	X	X				X	X	X	X	X																					X	X		
8	Panabhu Pradeep		X	X	X	X	X				X	X	X	X	X																					X	X		
9	Shanila S		X	X	X	X	X				X	X	X	X	X																					X			
10	A B Anwarul Karim		X	X	X	X	X				X	X	X	X	X																					X	X		
11	Abhinav U		X	X	X	X	X				X	X	X	X	X																					X	X		
12	Abulha Prasad P		X	X	X	X	X				X	X	X	X	X																					X	X		
13	Akshay B		X	X	X	X	X				X	X	X	X	X																					X	ab		
14	Aleena K		X	X	X	X	X				X	X	X	X	X																					X	X		
15	Altaf J		X	X	X	X	X				X	X	X	X	X																					X	X		
16	Anu S		X	X	X	X	X				X	X	X	X	X																					X	X		
17	Arshana S		X	X	X	X	X				X	X	X	X	X																					X	X		
18	Arjun G		X	X	X	X	X				X	X	X	X	X																					X	X		
19	Arva S		X	X	X	X	X				X	X	X	X	X																					X	X		
20	Arhina S		X	X	X	X	X				X	X	X	X	X																					X	X		
21	Ahul Saj		X	X	X	X	X				X	ab	X	X	X																					X	X		
22	Devika D		X	X	X	X	X				X	X	X	X	X																					X	X		
23	Fathim A		X	X	X	X	X				X	X	X	X	X																					X	X		
24	Greetha Gopi		X	X	X	X	X				ab	X	X	X	X																					X	X		
25	Gopika J S		X	X	X	X	X				X	X	X	X	X																					X	X		
26	Gopika M S		X	X	X	X	X				X	X	X	X	X																					ab	X		
27	Gowri S		X	X	X	X	X				X	X	X	X	X																					X	X		
28	Krishna Das		X	X	X	X	X				X	X	X	X	X																					X	X		
29	Kanika S		X	X	X	X	X				X	X	X	X	X																					X	X		
30	Liya Saasan S		X	X	X	X	X				ab	X	X	X	ab	X																				X	ab		
31	Nekha Motandas		X	X	X	X	X				X	X	X	X	X																					X	X		
32	Nidhan M S		X	X	X	X	X				X	X	X	X	X																					X	X		
33	Mubhammad Saheer		X	X	X	X	X				X	X	X	X	X																					X	X		
34	Nikhil Raj S		X	X	X	X	X				X	X	X	X	X																					X	X		
35	Nikhil Kalsharan U		X	X	X	X	X				X	X	X	X	X																					X	X		
36	Alithya B		X	X	X	X	X				ab	X	X	X	X																					X	X		

Dhanu Kishore

QUESTION PAPER:

SREE NARAYANA COLLEGE, CHATHANNUR

Department of History

Certificate Course Question Paper

HERITAGE GUIDING AND TOURISM MANAGEMENT (JANUARY 2024)

I. Answer all questions each in one word or sentence

1. Name the father of Tourism
2. Name one wild life sanctuary in Kerala
3. Write any two components of tourism
4. Study about coins is called as?
5. Who is the current Minister of Tourism in India?
6. What is the colour of world tourism day?

(1x6=6)

II. Answer the question not exceeding 100 words

7. What are the major tourist attractions in Kerala

(1x4=4)

III. Answer the question in about 300 words

8. Write a note on common challenges in Indian Tourism

(1x15=15)

SAMPLE ASSIGNMENT:

HERITAGE GUIDING AND
TOURISM MANAGEMENT

Assignment

Topic : Definitions of Tourism.

Sajitha
BA HISTORY
Rollno: 40



Introduction

Tourism is the activity of traveling to and staying in place outside one's usual environment for leisure, business, or other purpose for a limited period. Here are some key definitions of tourism.

definition

1. UNWTO (United Nations World Tourism Organization)

"Tourism comprises the activities of person traveling to and staying in places outside their usual environment for not more than one consecutive year for leisure, business and other purpose".

2. Mathieson and Wall [1982]

"Tourism is the temporary movement of people to destinations outside their normal place of work and residence, the activities undertaken during their stay in those destinations, and the facilities created to cater to their need"

**CERTIFICATE COURSE
MARKSHEET**

Sl. No	Candidate Code	Name of the Candidate	Marks (Max. Marks - 25)
1.	14022130001	ABHINAY. A. S	20
2.	14022130002	AKHILA. M. S	8
3.	14022130003	ASIF. R	22
4.	14022130004	ASWIN ASOK	7
5.	14022130005	GOPIKA PRASAD. S	17
6.	14022130006	KANNAN. V	20
7.	14022130007	MUHAMMED ALTHAF. N	8
8.	14022130008	PARVATHY PRADEEP	7
9.	14022130009	SHAMILA. S	Ab
10.	14022130011	A.B. APARNA ANILKUMAR	16
11.	14022130012	ABHINAND. U	18
12.	14022130013	AHALYA PRASAD. P	18
13.	14022130014	AKSHAY. S	19
14.	14022130015	ALEENA. K	21
15.	14022130016	ALTHAF. J	19
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17.	14022130018	ARCHANA. S	18
18.	14022130019	ARJUN. G	19
19.	14022130020	ARYA. S	21
20.	14022130021	ATHIRA. S	22
21.	14022130022	ATHUL SAJ	17
22.	14022130023	DEVIKA. D	22
23.	14022130024	FATHIMA. A	15
24.	14022130025	GEETHU GOPI	18
25.	14022130026	GOPIKA. J. S	21
26.	14022130027	GOPIKA. M. S	20
27.	14022130028	GOWRI. S	19
28.	14022130029	HRIDYA DAS	18
29.	14022130030	KARNNIKA. S	8
30.	14022130031	LIYA SARASAN. S	6
31.	14022130032	MEGHA MOHANDAS	9
32.	14022130033	MIDHUN. M. S	2
33.	14022130034	MOHAMMED SAHEER. M	20
34.	14022130035	NIKHIL RAJ. S	8
35.	14022130036	NIKHILKRISHNAN. U	7
36.	14022130037	NITHYA. B	20

SREE NARAYANA COLLEGE ,
CHATHANNUR
DEPARTMENT OF HISTORY

Certificate of Completion

This is to certify that Mr./Ms. _____ has
successfully completed the college level certificate course on
Heritage training and Tourism Management 2023-24 organised by
Department of History, Sree Narayana College, Chathannoor


SIGNATURE OF PRINCIPAL


Course
Coordinator



D} REMEDIAL CLASS.

Remedial classes play an essential role in helping college students who face specific academic challenges. These classes offer students the chance to reinforce their foundational knowledge in areas where they may have gaps, ensuring they are better equipped for more advanced courses. By providing individualized instruction and focused attention, remedial classes help students gain confidence in their abilities, enhance their academic performance, and decrease the risk of falling behind in future coursework. They also create a supportive environment where students can ask questions and receive targeted feedback, allowing them to address challenges at their own pace. Additionally, remedial classes serve as an important bridge for students transitioning from high school to college, helping them adjust to the higher academic standards and expectations. In the end, remedial classes are crucial for fostering student success, offering essential support to ensure that all students, regardless of their academic background, can excel in their educational journey.

Remedial class - Semester 2

The remedial class for B.Sc Mathematics Semester 2 has been conducted for core course Mathematics, Complementary course statistics, physics and language Course - III. The classes for core Course "foundations of Mathematics" was taken by Dr. Rani Rajeevan on 4/08/2023, 8/08/2023, 9/08/2023 from 9.30 am to 12.30 pm and complementary course "Probability theory and Random variables" was taken by Smt. Anjana S.S. on 4/08/2023, 8/08/2023, 9/08/2023 from 1.00 pm to 3.30 pm. The classes for language course - III was taken by Dr. Nisha Somarajan on 3/08/2023, 10/08/2023, 11/08/2023 from 9.30 am to 12.30 pm and Complementary course "Thermal physics and statistical mechanics" was taken by Ms. Bhauya Sree P.G. on 22/08/2023 & 23/08/2023 from 9.30 am to 3 pm.

Dr Rani Rajeevan



Ms Seethy



Ms Anjana S.S



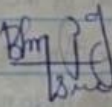
Dr. Kieran Mohan



Dr Nisha Somarajan



Dr Bhauya Sree P.G.



Attendance Sheet - Semester II

Mathematics

Reg. No.	Name	25/08/2022	26/08/2022	27/08/2022	29/08/2022
22020130018	Aiswarya B.S.	P	P	P	P
22020130031	Shasiya S.	A	P	P	P
22020130032	Snehal S.T.	P	P	P	P

Date	Name of Teacher	Topics Covered.
25/08/2022	Ramsiya B.	Statements, logical connectives, truth tables, conditional statements, tautology and contradiction.
26/08/2022	Ramsiya B.	Sets and Relations, Functions.
27/08/2022	Thara Thankaraj	Parametric equations of a curve, Polar co-ordinate systems.
29/08/2022	Thara Thankaraj	Conic sections, Kepler's laws, related problems.

Statistics

Reg. No.	Name	30/08/2022	31/08/2022	01/09/2022	03/09/2022	05/09/2022
22020130002	Akshay A	A	P	P	P	P
22020130006	Maneesh M. B.	P	A	A	P	P
22020130007	Nikhil M.S.	P	P	P	P	A
22020130003	Abdul Latheef A	P	P	P	P	P
22020130014	Abhijith R.S.	P	P	P	A	P
22020130017	Ahalya A.	P	P	P	P	P
22020130018	Aiswarya B.S.	P	A	A	P	P
22020130019	Amritha G.	A	P	P	A	P
22020130020	Aarjun P.R.	P	P	A	P	A
22020130025	Jobin Sunny	P	P	P	P	P
22020130030	Sarika S.R.	P	P	P	A	P
22020130031	Shasiya S.	A	P	P	A	P
22020130032	Snehal S.T.	P	P	P	P	P

Date	Name of Teacher	Topics Covered.
30/08/2022	Vishnu Priya	Probability and Baye's theorem.
31/08/2022	Vishnu Priya	Random variables and related problems
01/09/2022	Vishnu Priya	Bivariate Random Variables
03/09/2022	Vishnu Priya	Joint pdf, Marginal pdf, Conditional pdf and problems
05/09/2022	Vishnu Priya	Expectation of Random Variables.



E} PERSONAL COUNSELLING :

Personal counselling is incredibly important for college students as it provides crucial support for their emotional, psychological, and mental well-being during a time of significant change and growth. College years are often marked by academic pressures, social challenges, and the process of self-discovery, which can sometimes lead to stress, anxiety, depression, or other mental health issues. Personal counselling offers students a safe, confidential space to express their concerns, process their emotions, and gain valuable insights into how to cope with difficulties.

Through counselling, students can develop better coping strategies, enhance their emotional resilience, and gain clarity on personal issues that may affect their academic performance and overall well-being. It also helps students manage stress, improve their interpersonal skills, and navigate relationships, whether personal or academic. Moreover, counselling can assist students in dealing with issues such as homesickness, identity struggles, or the pressures of balancing academic responsibilities with personal life.

By addressing mental health proactively, personal counselling helps students build emotional intelligence and a greater sense of self-awareness, which are essential for their personal growth and future success. It can also prevent small problems from escalating into more serious mental health crises, promoting a healthier and more productive college experience. In essence, personal counselling is a vital resource that supports students in managing the complexities of college life, fostering their overall well-being, and helping them thrive both academically and personally.

COUNSELLING REPORT 2022/2023

Counselling cell of our college under the leadership of Mrs. Ranga has promoted episodes of counselling to the needy students from various departments. From our department, needy students were selected by the concerned teachers and offered counselling by our experienced Jeevami Counsellor.

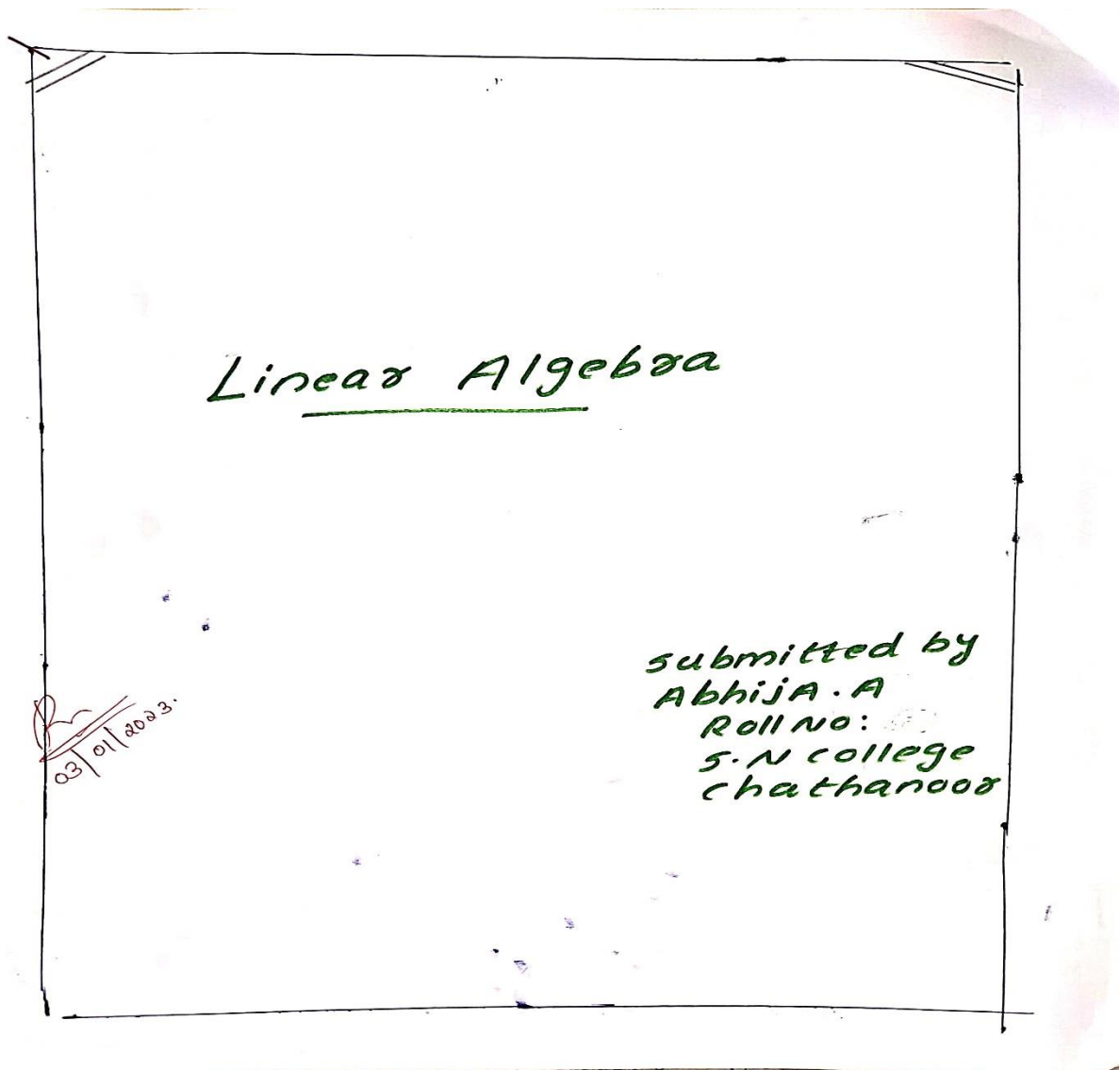
Date	Name of the student	Class
27/08/2023	SINI . M . B ANAL	II B.A. History II B.A. History





F} ASSIGNMENTS :

Assignments are crucial for college students as they reinforce learning by encouraging students to engage deeply with course material. They help develop essential skills such as critical thinking, time management, and research abilities. By completing assignments, students gain a better understanding of the subject matter, enhance their ability to analyze and solve problems, and improve their written and oral communication skills. Assignments also promote self-discipline and responsibility, as students learn to manage deadlines and produce quality work. Overall, they are an important tool for reinforcing concepts, preparing for exams, and fostering personal and academic growth.



Theorem

Let $\begin{pmatrix} a & b \\ c & d \end{pmatrix}$ be an arbitrary matrix. We can find elementary matrices e_1, e_2, e_3, e_4 and a diagonal matrix $\begin{pmatrix} d_1 & 0 \\ 0 & d_2 \end{pmatrix}$, such that $e_1 e_2 \begin{pmatrix} a & b \\ c & d \end{pmatrix} e_3 e_4 = \begin{pmatrix} d_1 & 0 \\ 0 & d_2 \end{pmatrix}$

Proof

Suppose $a \neq 0$, we have

$$\begin{pmatrix} 1 & 0 \\ k & 1 \end{pmatrix} \begin{pmatrix} a & b \\ c & d \end{pmatrix} = \begin{pmatrix} a & b \\ ka+c & kb+d \end{pmatrix}$$

Taking $k = -c/a$, we get

$$\begin{pmatrix} 1 & 0 \\ k & 1 \end{pmatrix} \begin{pmatrix} a & b \\ c & d \end{pmatrix} = \begin{pmatrix} a & b \\ 0 & \alpha \end{pmatrix}$$

where $\alpha = -(c/a)b + d$. Also

$$\begin{pmatrix} a & b \\ 0 & \alpha \end{pmatrix} \begin{pmatrix} 1 & m \\ 0 & 1 \end{pmatrix} = \begin{pmatrix} a & ma+b \\ 0 & \alpha \end{pmatrix}$$

Taking $m = -b/a$, we get

$$\begin{pmatrix} a & b \\ 0 & \alpha \end{pmatrix} \begin{pmatrix} 1 & m \\ 0 & 1 \end{pmatrix} = \begin{pmatrix} a & 0 \\ 0 & \alpha \end{pmatrix}$$

Thus we have

$$\begin{pmatrix} 1 & 0 \\ k & 1 \end{pmatrix} \begin{pmatrix} a & b \\ c & d \end{pmatrix} \begin{pmatrix} 1 & m \\ 0 & 1 \end{pmatrix} = \begin{pmatrix} a & 0 \\ 0 & \alpha \end{pmatrix}$$

if $a=0$, either $\begin{pmatrix} a & b \\ c & d \end{pmatrix}$ is the zero matrix, or some entry is non-zero, say $c \neq 0$. Then

$$\begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} a & b \\ c & d \end{pmatrix} = \begin{pmatrix} c & d \\ a & b \end{pmatrix}$$

Since $c \neq 0$, the preceding reasoning applies to $\begin{pmatrix} c & d \\ a & b \end{pmatrix}$

and we can choose shear matrices e_1 and e_3 such that

$$e_1 \begin{pmatrix} c & d \\ a & b \end{pmatrix} e_3 = e_1 e_2 \begin{pmatrix} a & b \\ c & d \end{pmatrix} e_3$$

is a diagonal matrix, where $e_2 = \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}$. If $b \neq 0$ or $d \neq 0$, we proceed in a similar way to obtain.

2) Verify that the sum of the squares of the distance from a point x to the 2 lines $ax+by=0$ and $bx-ay=0$ is equal to the square of the length of x .

Let $x = \begin{pmatrix} x_0 \\ y_0 \end{pmatrix}$ let d be the distance from x to the line $ax+by=0$. d' is the distance from x to the line $bx-ay=0$.

$$d = \frac{|ax_0 + by_0|}{\sqrt{a^2 + b^2}} \quad d' = \frac{|bx_0 - ay_0|}{\sqrt{a^2 + b^2}}$$

$$d^2 = \frac{|ax_0 + by_0|^2}{a^2 + b^2} \quad (d')^2 = \frac{|bx_0 - ay_0|^2}{a^2 + b^2}$$

$$d^2 + (d')^2 = \frac{a^2 x_0^2 + 2ax_0 by_0 + b^2 y_0^2 + b^2 x_0^2 - 2bx_0 ay_0 + a^2 y_0^2}{a^2 + b^2}$$

$$= \frac{a^2 (x_0^2 + y_0^2) + b^2 (x_0^2 + y_0^2)}{a^2 + b^2}$$

$$= \frac{(x_0^2 + y_0^2) (a^2 + b^2)}{a^2 + b^2}$$

$$= x_0^2 + y_0^2$$

$$= |x|^2$$

$$d^2 + (d')^2 = |x|^2. \text{ Hence the proof.}$$

20/5
5

Linear



G} SEMINARS.

Seminars are important for college students as they provide an opportunity to engage in interactive learning and deepen their understanding of specific topics. Participating in seminars allows students to develop critical thinking, presentation, and public speaking skills, as they often require presenting their research or ideas to peers. They also foster collaboration and open dialogue, encouraging students to share insights and learn from others. By attending seminars, students can stay updated on the latest trends in their field, enhance their academic knowledge, and build confidence in expressing their viewpoints. Overall, seminars contribute to both academic and personal growth.



(Parvathy A S IV sem M.Sc, 2021–2023 admission student, presenting the seminar portion allotted on the subject ‘ Functional Analysis II’ on the topic titled ‘Spectrum and numerical range’.)



H} CAREER GUIDANCE PROGRAM :

Career guidance programs are vital for college students as they help them navigate the often complex and competitive job market. These programs provide valuable insights into various career paths, industry trends, and the skills required for specific roles. Career counselors offer personalized advice, helping students identify their strengths, interests, and goals, while also providing support in resume building, interview preparation, and networking. By participating in career guidance programs, students gain a clearer understanding of their professional options, increase their employability, and make more informed decisions about their future career paths. The retired professor Dr. Deyanandhan, Associate professor Department of commerce, TKM College, Kollam had conducted an career guidance program among final year students of college





I} BRIDGE COURSE

17

2023 - 2024

Department of History conducted bridge course to the newly admitted students. 47 students were admitted in this academic year and all of them were participated in the course.

Subject :- Methodology & perspectives of Social Sciences

Topic covered :- History & its scope
Nature of history
Scope of history.

Students presented :- 1, 2, 3, 5, 6, 7, 8, 10, 11, 12, 13, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47.

Absentees :- 4, 9, 14,

Faculty engaged :- Dr. Seetha. K. S.

Seetha
PRINCIPAL
SREE NARAYANA COLLEGE
CHATHAMNUUR