

SREE NARAYANA COLLEGE, CHATHANNUR



AQAR 2023-24

CRITERIA 7-INSTITUITONAL VALUES AND BEST PRACTICES

7.1-Institutional Values and Social Responsibilities

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the year

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The college management is very particular in giving opportunity to women in its recruitments to faculty positions and admitting girl students under management quota. It is a notable achievement that more than 80 per cent of students and more than 90 per cent of faculty belong to the female gender. The Institution is sensitive towards women issues and therefore imparts gender sensitivity among students and faculties through various clubs and cells, which conduct gender-sensitization programs.

1. Safety and Security

The college is providing safety and security with various means like CCTV and full time security personnel. The college also has the facility of a ladies hostel to help students coming from distant areas.



CCTV Camera

2. Counselling

The college adopted various methods to counsel the students like the tutorial system and special counselling sessions are provided by counsellors to the students facing either academic or personal problems.



3. Common Room.

A well built amenity center and fitness center are there to carryout recreational activities.

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Programmes conducted:

The Women Cell organized a seminar on "*Equality, Diversity & Social Inclusion*" in the Seminar Hall, aiming to promote awareness and dialogue on crucial societal issues. Ms.Jiji P, the Women Cell Coordinator, delivered a compelling welcome speech, emphasizing the significance of embracing equality, diversity, and social inclusion in creating a harmonious society. Mr. Abi R, Senator from Chathannur Panchayat, served as the resource person, providing valuable insights and perspectives on the topics of equality, diversity, and social inclusion. The seminar covered a range of topics, including gender equality, gender issues, and the importance of inclusivity in various aspects of life. Attendees actively participated in interactive sessions, engaging in discussions, sharing experiences, and exploring practical approaches to promoting gender equality and inclusion. Students and faculty members demonstrated enthusiastic engagement throughout the seminar, reflecting their interest in understanding and addressing societal challenges related to equality and diversity The seminar served as a platform for meaningful dialogue and reflection on pressing societal issues



SEMINAR ON 'HEALTHY RELATIONSHIPS'

The Women Studies Unit, in collaboration with the Women Cell, hosted a seminar on '*Healthy Relationships*' on March 19, 2024, at 12:00 PM in the Seminar Hall. The session aimed to educate attendees on fostering positive and supportive relationships. Ms.Bushra S, a Community Counsellor specializing in gender dynamics from Chathannur Panchayat, expertly led the session. Throughout the seminar, participants engaged in interactive discussions and activities centered around effective communication, setting boundaries, and resolving conflicts amicably within relationships. Ms.Bushra S provided invaluable insights and guidance, drawing from her extensive experience in counselling and gender studies. Attendees actively participated, sharing personal anecdotes and seeking advice on cultivating healthier relationships. The event served as a valuable platform for fostering understanding and promoting healthier interpersonal connections among individuals.



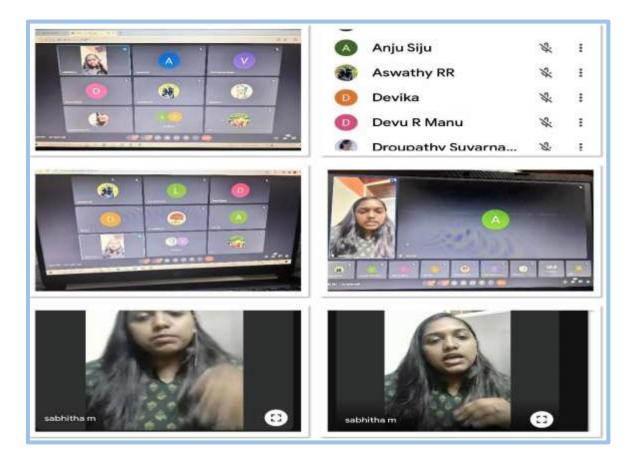
SEMINAR ON 'GENDER EQUALITY IN INDIA'

The Women's Cell of Sree Narayana College organised a thought-provoking program focused on 'Gender Equality in India', featuring Dr. Reetha Ravi as the esteemed resource person on 22/03/2024 at 10 pm. Dr. Reetha Ravi, an Associate Professor in General Education at Sree Narayana Training College, Nedunganda, delivered an insightful seminar in the college's seminar hall. The program commenced with an introduction highlighting her expertise and dedication to the topic of gender equality. Employing pedagogical tools such as PowerPoint presentations and video presentations, she elucidated the multifaceted dimensions of gender inequality prevalent in Indian society, addressing key issues and challenges faced by women and marginalized genders. Attendees were engaged in interactive discussions, reflecting on societal norms and stereotypes that perpetuate gender inequality. She emphasized the importance of education, advocacy, and policy reforms in promoting gender equality and empowering marginalized communities. The program sparked critical thinking and raised awareness among participants about the need for collective action to achieve gender parity. In conclusion, the seminar served as a catalyst for meaningful dialogue and action towards a more inclusive and equitable society.



WEBINAR ON 'MITHRA 181 WOMEN HELPLINE'

On March 31, 2024, at 6:00 PM, the Women's Cell organized an insightful webinar titled '*Mithra* **181 Women Helpline'** on the online platform Google Meet. The event aimed to raise awareness about the services provided by the Mithra 181 Women Helpline in supporting women in distress. Led by Adv. Sabitha M, a distinguished team member of Mithra 181 Women Helpline, the webinar provided valuable insights into the helpline's operations, services offered, and the importance of seeking timely assistance for issues such as domestic violence, harassment, and discrimination. Participants engaged in an interactive session, seeking clarifications and discussing ways to promote the helpline's services within their communities. The webinar concluded with a renewed commitment to supporting and empowering women, emphasizing the crucial role of initiatives like Mithra 181 Women Helpline in safeguarding women's rights and well-being



Webinar on 'Mithra 181 Women Helpline'

Distribution of sanitary napkin and first aid kit

The department heads of college had formally requested the procurement and distribution of sanitary napkins and first aid kits for girls. This initiative aims to support female students by providing essential health and hygiene products. Supplying sanitary napkins will help students manage menstrual hygiene without financial burden, while first aid kits will ensure readiness for minor health issues. The request highlighting the importance of this support in fostering a safe and supportive environment for female students .The women study unit take initiative to take purchase sanitary napkin& first aid kits and distributed to all HODs of department for girls students.



Sanitary napkin and first aid kit distributed to maths department



Sanitary napkin and first aid kit distributed to History department



Sanitary napkin and first aid kit distributed to Chemistry department



Sanitary napkin and first aid kit distributed to Commerce department